

Phowa Course Teaching Schedule

His Eminence Chöje Ayang Rinpoche

Saraha Nyingma Buddhist Institute, Eugene OR

July 5 - 14, 2013 (*indicates open to the public)

Day/Date	Time	Session
Fri, July 5	7pm - 9:30pm	* Introduction to Phowa
Sat, July 6	8am - 9am	Empowerment Preparation (Rinpoche/attendants only)
	9am - 1pm	*Buddha Amitabha Empowerment
	3pm - 6pm	Phowa Teaching
Sun, July 7	9am - 12pm	Phowa Teaching (continued)
	2pm - 5pm	Phowa teaching (continued)
Mon, July 8	9am - 12pm	*Vajrasattva Teaching - Four Powers, Visualization
	2pm - 5pm	*Nyingma Phowa Oral Transmission Blessing
	7pm - 9:30pm	Nyingma Phowa Practice
Tues, July 9	9am - 11:30am	Nyingma Phowa Practice
	2pm - 5pm	Drikung Phowa Teaching
	7pm - 9:30pm	*Drikung Phowa Oral Transmission Blessing
Wed, July 10	2pm - 5pm	Drikung Phowa Practice
	7pm - 9:30pm	*Three Excellences Teaching
Thur, July 11	9am - 11:30pm	Drikung Phowa Practice
	2pm - 5pm	*Buddha Amitabha Teaching, Visualization
	7pm - 9pm	*Namcho Amitabha Short Sadhana Instruction and Practice
Fri, July 12	9am - 11am	Short Nyingma Phowa Practice
	1pm - 4pm	Teaching on Doing Phowa for Others
	6pm - 9:30pm	*Milarepa Tsog Offering Prayer
Sat, July 13	9am - 12pm	Teaching on Doing Phowa for Oneself at the Moment of Death
	2pm - 5pm	Instruction on Phowa Practice After the Course
	7pm - 9pm	Short Drikung Phowa Practice
Sun, July 14	9am - 12pm	*Buddha Amitabha Tsog Offering Prayer
	2pm - 5pm	*Pureland Long Aspiration Prayer,

