

Ayang Rinpoche  
Saraha Nyingma Buddhist Institute  
September 27<sup>th</sup> – October 6<sup>th</sup>, 2013

**Onsite Lodging Option**

We have limited **indoor camping** at Saraha for \$25 per person per night. The \$25 lodging fee includes a continental breakfast from 7am-8am. There are no discounts that may be applied to lodging.

There are a **few minor inconveniences** that should be considered before you opt to stay here at Saraha:

**This is indoor camping.** These rooms do not have beds. You may bring a cot, blowup bed or whatever makes you comfortable. These rooms are limited to 5 people occupancy and will be divided into two rooms for men and two rooms for women. All rooms contain a sink, mirror, microwave, mini-fridge, table and chairs. Although we have a beautiful four acres of forest, camping will not be allowed outside.

**One shower room:** As there is one shower, it will be necessary to assign shower days to guests based on their room number. This means that you and your roommates will have a shower once every four days. You can work out among yourselves who showers when on your assigned shower days. You may also shower at Tamarack Wellness Center, which is located few blocks from Saraha. For more information about their facility hours go to [www.tamarackwellness.com](http://www.tamarackwellness.com)

**Smoking is not allowed** anywhere on the property.

**Quiet hours** from 10pm to 7pm will apply for this event as we are in a residential area.

**We have four restrooms** - Two are located in the main building and two are located on the lower level next to the lodging rooms.

**Continental breakfast** will consist of Coffee, Tea, Juice, Toast, Bagels/cream cheese, Hard Boiled Eggs, Oatmeal and granola. It will be available from 7am – 8am in the dining area next to the kitchen. At 8am

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sharp, we will be taking down breakfast tables to set up for teachings at 9am.

**Main building kitchen use** is not permitted by anyone other than those assigned to work there.

**Lodging cancellation policy:**

You may cancel any time before July 4<sup>th</sup>. A lodging cancellation fee of 10% will apply.