



Women's Hockey Invitational Tournament

TEAM FORMAT:

Open Team - *55+

18 players (16 skaters/2 goalies)

***Teams may include up to five (5) players who are 50+**

It is recommended that each team have sixteen (16) skaters and two (2) goalies (maximum) for a maximum of eighteen (18) players. A team must have a minimum of eleven (11) skaters plus a goalie dressed for each game.

Any persons not present at the scheduled commencement of play and throughout the competition are in default and are automatically disqualified from the tournament.

TOURNAMENT SCHEDULE

1. All games will consist of two (2) fifteen (15) minute stop time periods
2. Ties after the completion of round robin play will be broken in the following order:
 - a. Winner of round robin game between tied teams
 - b. The team with the fewest goals against
 - c. Goals for minus goals against
 - d. Goals for divided by goals against (highest quotient wins)
 - e. Best performance against first (1st) place team in division of tied teams
 - f. Least penalized teamDecision by tournament committee
3. The above rules will apply in sequence with no reverting back to determine placement of teams.
4. Ties in the **elimination games of the playoffs** will be broken by a five (5) minute sudden death overtime (stop time) period. If still tied, each team will compete in a best of **three (3)** shoot out. **If still tied, additional new shooters for each team would compete in a sudden death shoot-out until a winner is determined.**

RULE SOURCE:

Canadian Adult Recreational Hockey Association (CARHA). Specific rules will reference to Canadian Amateur Hockey Association Rules, with the exceptions listed under "Tournament Set-Up" and "Ice Hockey Rules Summary."

Websites

www.carhahockey.ca (see Referees on side menu, then Official Rule Book on page)

EVENT REQUIREMENTS:

Equipment

1. Teams should have 2 different sets of sweaters if possible.
2. All players must wear a Canadian Standards Association (CSA) approved helmet with the chin properly fastened. All players must wear at least a half face mask (full masks are strongly recommended).
3. CSA approved neck guards are a must for all players. Goaltenders shall be required to wear a CSA approved helmet with an approved facial protector that is securely attached and not modified or altered in any way.
4. All players are required to keep their helmets on, when on the ice, on the bench or in the penalty box.
5. Non-compliance of equipment regulations will result in a minor penalty being assessed.
6. Mouth guards (in mouth are recommended)

OFFICIALS:

Two (2) Referees

One (1) Scorekeeper

One (1) Timer

HOCKEY RULES SUMMARY:

1. The home team for each game will be identified on the schedule.
2. The home team will wear light coloured jerseys, or jerseys that do not conflict with colours of the other team. It is recommended that all team have 2 distinct jerseys available.
3. Players may play for one team only
4. A Player must play in at least one (1) round robin game to be eligible for the playoff rounds.
5. Body checking is NOT permitted.
6. No Fighting, Any player assessed a Major Penalty for Fighting will be ineligible for the remainder of the tournament.
7. NO Slap Shots.
 - A player who uses a “slap shot” during the game shall be assessed a Minor Penalty. If an injury occurs as a result of a “slap shot”, a Major Penalty shall be assessed.
 - A player who uses the action of a “Fake Slap Shot” for the purpose of intimidating an opposing player and/or opposing goalie shall be assessed a Minor Penalty
8. A team may pull their goalie at any time.
9. Any player assessed three (3) penalties in a single game will be ejected for the remainder of the game. Double minors count as TWO (2) Penalties.
10. Major Penalties will result in a minimum suspension of one game. Dependant of the severity of the penalty the suspension could be more severe.