

MENTAL HEALTH & HIGH SCHOOL CURRICULUM GUIDE TRAINING

In collaboration with the Canadian Mental Health Association, Dr. Stan Kutcher, the Sun Life Financial Chair in Adolescent Mental Health, has developed the Mental Health & High School Curriculum Guide and corresponding training program. The curriculum and training are designed to support secondary school teachers to better address education about mental health and mental illness in the classroom. The objectives of this training program will be achieved in a 1-day session on August 21, 2013 in the Scarfe Auditorium at the University of British Columbia.

LOCATION

Neville Scarfe Building, University of British Columbia
2125 Main Mall, Vancouver, BC

PROGRAM OBJECTIVES

- To provide participants with an introduction to normal brain functioning and common mental illnesses in young people;
- To empower educators to integrate the Mental Health & High School Curriculum Guide into the classroom;
- To provide educators with an understanding of effective teaching strategies for the classroom.

PROGRAM MODULES – Wednesday, August 21, 2013

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| • Introduction & Pre-Course Evaluation | 9:00am - 9:30am |
| • Context of Youth Mental Health | 9:30am - 10:30am |
| • BREAK | 10:30am – 10:45am |
| • Mental Health Literacy: Concepts & Applications | 10:45am – 11:30pm |
| • Mental Health Curriculum: Overview | 11:30pm – 12:00pm |
| • LUNCH (On Site) | 12:00pm – 12:45pm |
| • Mental Health Curriculum: Components & Application | 12:45pm – 1:45pm |
| • BREAK | 1:45pm – 2:00pm |
| • Mental Health Curriculum: Slide Deck | 2:00pm – 3:00pm |
| • Conclusions & Post-Course Evaluation | 3:00pm – 3:15pm |

EVALUATION REPORT

This training program has been evaluated at a number of different sites in Canada. Evaluations demonstrate significant increase in knowledge and very positive satisfaction rating. For more information visit: www.teenmentalhealth.org. All our programs are evaluated using pre and post training knowledge reviews and Likert scale based program satisfaction scores.