

The Power of Water - Aquatic Shoulder Rehabilitation

Join us for a Webinar on October 10

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Use of the Aquatic Medium to Expedite Rehab Following Shoulder Injury or Surgery:

The purpose of this webinar will be to briefly review the physical properties of water and how they impact a patient's aquatic session. The majority of the session will be spent reviewing a variety of aquatic exercises specific to the shoulder/ UE. These will progress from standing, supine, and prone activities with instruction on progression of activities utilizing a variety of equipment. A treatment flow sheet will also be provided for participants to use with their clients.

Following this presentation viewers will be able to:

1. Identify at least 3 physical properties of water and the impact on treatment
2. Recognize patient populations that will benefit from treatment in the aquatic medium.
3. Carry through an aquatic exercise program for a patient with shoulder impairment from initiation of treatment to discharge.

Presenter: Veronica Paquette, PT, ATRIC, PRC

Veronica Paquette is a physical therapist and owner of Essex Aquatic & Rehab Center in Essex Junction, VT. Veronica graduated from the University of Vermont with a BS in Physical Therapy and is certified in Aquatic Rehabilitation. She is a member of the American Physical Therapy Association and the APTA Aquatics Section. She has been certified through the Aquatic Therapy and Rehab Institute since 1997 and through the Postural Restoration Institute since 2010.

Practicing in the physical therapy profession since 1990, Veronica has developed a passion for treating patients in the aquatic medium. Opening the doors to her own private practice 12 years ago and adding private therapy pools has allowed her the ability to continue to pursue her passion of treatment in the aquatic medium.

This session is for educational purposes and no CPE or CEUs will be given for this webinar.

Title: *The Power of Water - Aquatic Shoulder Rehabilitation*

Date: Thursday, October 10, 2013

Time: 12:00 PM - 1:00 PM CDT

After registering you will receive a confirmation email containing information about joining the Webinar.

System Requirements

PC-based attendees

Required: Windows® 8, 7, Vista, XP or 2003 Server

Mac®-based attendees

Required: Mac OS® X 10.6 or newer

Mobile attendees

Required: iPhone®, iPad®, Android™ phone or Android tablet