

## GRAMATAN VILLAGE

Helping you live confidently at home in the community you love.

December 2013

Dear Friend:

## **Season's Greetings!**

It's that time of year when we try to show our loved ones just how much we care. What better gift for our parents or other older relatives than a membership in Gramatan Village? As children, nieces, nephews and other caring family members, we hope to be able to provide what they need as they age but some of us are far away or simply need advice and assistance ourselves on how best to enable our loved ones to remain safely and comfortably in their homes.

Gramatan Village is a gift to the whole family. By making your loved one a member, you gain peace of mind and they have access to so many benefits: yoga classes to keep them fit and flexible; outings to a meal or a museum to keep them socially connected.; nutrition education seminars to help them maintain healthy eating habits; volunteers who will drive them to medical appointments or to the grocery store, or pick up a prescription at the drug store for them. Most valuable of all, Gramatan Village's skilled staff is always on hand for one-on-one consultations—with the member or his or her family—to assess the needs of each individual, to find a reliable, pre-screened service provider to meet those needs or in some cases to step in and do it themselves.

Gramatan Village is one way to have another set of helping hands (capable, well-trained ones) aiding families as we encounter the myriad challenges—and opportunities—of helping our loved ones as they age. What a gift!

Please contact the office (914-337-1338) for more information or consult the website at <u>www.gramatanvillage.org</u>. Let's make the coming year a safe, comfortable and healthy one for our older relatives.

Happy Holidays!

Sincerely,

Nancy Hand

Nancy Hand Co-Chair

Thomas Kenney Co-Chair

85 Pondfield Road, Bronxville, New York 10708 914 337.1338 fax 914 337.1339 Website: www.gramatanvillage.org Email: info@gramatanvillage.org

*Co-Chairs* Nancy Hand Thomas Kenney *Treasurer* Robert C. Seabring *Secretary* Elizabeth Folberth

## Directors

Suzanne M. Bloomer J. Gregory Coleman John A. Corry Thatcher Drew David O. Fuller Carol F. Godfrey Donald M. Grav Warren F. Ilchman Marcia M. Lee Timothy McGrath Mary Liz Mulligan Gary Reetz Ruth Shearer Peter C. Thorp Schatze Thorp Kerry Walsh Peter Williamson William W. Zambelli

*Chairman Emeritus* John A. Corry

Executive Director Julie Dalton

