

Employee Owned

# Redner's

## WAREHOUSE MARKETS

Serving Our Local Communities Since 1970

PRICES EFFECTIVE 7/27/14 - 8/2/14

Like Us On facebook



**Pump Up Your Savings!**  
**SAVE 10¢ PER GALLON**  
*\*See Store for Details.*



# ibotta

The FREE app that pays you CASH for shopping at Redner's.



# \$1.98

Bone-In, Flat  
**Pork Spare Ribs** family pack, lb.  
 Save \$1.50 lb.



**Redner's**  
 80% Lean  
**Ground Beef**  
 family pack, lb.  
**\$2.48**  
 Save \$1.50 lb.

Giorgio  
 Steak Cut  
**Mushrooms**  
**3/\$5**  
 Save \$2.44 on 3



Low Glycemic Index of 22  
  
 Juicy  
**Bing Cherries**  
**\$1.98**  
 lb.  
 Save \$2.00 lb.

Fresh  
**Salmon Fillets**  
**\$6.98**  
 lb.  
 Save \$2.00 lb.



**Pepsi, Diet Pepsi,  
 Mtn Dew or Sierra Mist**  
 6 pk/24 fl.oz. or 8 pk/17.5 fl.oz.  
**5/\$11**  
 Save up to \$16.45 on 5



**Stella**  
 "Deli Sliced"  
**Provolone  
 Cheese**  
**\$5.98**  
 lb.  
 Save \$1.50 lb.



In-Store Baked!  
**Hoagie Rolls**  
**\$1.79**  
 4 pk./14 ct.  
 Save 50¢

**Redner's**  
 "Deli Sliced"  
 95% Fat Free  
 Honey Cured  
**Ham**  
**\$3.98**  
 lb.  
 Save \$1.50 lb.

**BUY 5 AND GET 2 FREE**

Purchases must be made in a single transaction between 7/27 - 8/2/14. Discount taken at time of purchase. (Final Price 7 for \$5)

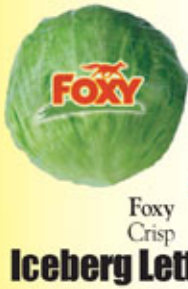
**5/\$5**

vitaminwater, smartwater, fruitwater



Bounty  
 White, Prints or Select-a-See  
 Regular Rolls  
**Paper Towels**  
**\$5.99**  
 8 rolls  
 Save up to \$4.30

Snapple  
 Assorted Varieties  
**Drinks or Teas**  
 12 pk./16 fl.oz. glass bottles  
**\$6.99**  
 Save \$5.00



Mix & Match  
**10\$ FOR 10**  
 Save up to \$19.00 on 10



**Sweet Grape Tomatoes** pint



Turkey Hill  
 Assorted Varieties  
**Ice Cream, Frozen Dairy Dessert,  
 Sherbet or Frozen Yogurt** 1.5 qt.  
**2/\$5**  
 Save up to \$3.18 on 2  
 48 fl.oz. All Natural Ice Cream 2/\$7

Most Stores Open 24 Hours • We Reserve The Right To Limit Quantities • No Dealers Please • Not All Products Available In All Stores • Not Responsible For Typographical Errors • Save Amounts Based on Suggested Regular Retail

# Redner's Sizzling Summer SALE-A-BRATION

# LAST WEEK!

**Redner's**  
Fresh, Microwavable  
Self Seasoned, Rub It!  
**Salmon Portion**  
**\$4.98**  
6 oz.  
Save \$1.00



Milford Valley  
Patties, Strips or Nuggets  
**Family Pack Chicken**  
30 oz.



**Buy One - Get One  
of the Same  
FREE**

Regular Retail \$6.20

Hatfield  
"Deliciously Sliced"  
Regular  
**Tavern Ham**  
**\$5.48**  
lb.  
Save \$1.50 lb.



Culinary Circle  
Assorted Varieties  
Ultra Thin or Rising Crust  
**Pizza**  
**2/\$8**  
14.1-31.3 oz.  
Save \$2.00 on 2

Fresh Express  
Assorted Varieties  
Gourmet Cafe Creative Classics  
**Salad Bowls**  
**2/\$5**  
4.5-6.25 oz.  
Save \$2.96 on 2



Bakery Fresh!  
Strawberry or Blueberry  
**Large Muffins**  
**\$2.98**  
4 pk./16 oz.  
Save \$1.00

PowerAde  
Assorted Flavors  
**Sports Drink**  
**69¢**  
32 fl. oz.  
Save 30¢



Clover Farms  
Assorted Varieties  
**Icy Tea** 1/2 gallon  
Lemonade Included  
Save \$3.90 on 10

**10\$ FOR 10**

Essential Everyday  
14 oz. Toasted Oats, 12.25 oz. Honey Nut  
Toasted Oats, 18 oz. Corn Flakes  
or 15 oz. Frosted Flakes  
**Cereal**  
**2/\$4**  
Save up to 99¢ on 2



Not Injected With Solution or Broth  
All Natural, Grade A  
Skinless & Boneless  
**Chicken Thighs** family pack, lb  
**\$1.98**  
Save \$1.00 lb.



Entenmann's  
Select Varieties  
**Baked Goods**  
**2/\$6**  
5.5-24.5 oz.  
Save up to \$7.90 on 2  
Donut Bags & Cereal Bar Varieties Excluded



Klondike, Magnum  
or Fruttare  
Assorted Varieties  
**Ice Cream Novelties** 3-6 ct.  
**2/\$6**  
Save up to \$2.98 on 2

**Mix & Match 10\$ FOR 10**  
Save up to \$6.90 on 10

Hunt's Assorted Varieties **Barbecue Sauce** 18 oz.  
Barilla Select Varieties **Pasta** 12-16 oz.

**CLIP AND SAVE**

IN-STORE COUPON OFFER VALID 7/27/14 - 8/2/14

**SAVE \$2**  
when you buy any 2  
Gibson greeting cards

To redeem offer take this coupon and your two greeting cards to checkout. Limit one coupon per required purchase. Cannot be combined with any other offer. Void if copied or prohibited by law. Any other use constitutes fraud. Valid only if redeemed at participating Redner's Warehouse Market stores with the purchase of Gibson greeting cards. Valid only in the United States. Customer is responsible for all applicable sales tax.

3-in-one coupon only  
Not to be redeemed for credit.  
Other expires August 3, 2014.

Redner's Gibson  
©ABC, LLC

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**Summer SALE-CELEBRATION**



Cook's Regular or Thick Cut Bone-In Ham Steak lb. **\$2.98**  
Save \$1.00 lb.

**Not Injected With Solution or Broth**



Perdue Grade A Boneless & Skinless Chicken Breasts small pack, lb. **\$3.98**  
Save \$1.00 lb.



Perdue 93% Lean Ground Turkey 16 oz. **2/\$7**  
Save 96¢ on 2

**Buy One - Get One of the Same FREE**



Prima Familia Fully Cooked Italian Style Meatballs 9.6 oz. Regular Retail \$3.98

**Summer SALE-CELEBRATION**



Bone-In Quartered Loin Pork Chops lb. **\$2.48**  
Save 80¢ lb.



Perdue Oven Ready Roaster Chicken 96 oz. **\$9.98**  
Save \$1.00



Gold Leaf Chicken Leg Quarters 10 lb. bag **\$7.98**  
Save \$1.50

**ANGUS**



Boneless Beef New York Strip Steak family pack, lb. **\$7.98**  
Save \$3.00 lb.

**Redner's**



Bone-In Center Cut Pork Chops family pack, lb. **\$2.68**

**Country-Style Spare Ribs** family pack, lb. **\$2.98**

**Hatfield Sliced Canadian Ham** 6 ct. **\$1.98**

**Assorted Varieties Sliced Bacon** 16 ct. **\$5.48**



Nathan's Original, Bigger Than The Bun or Cheese Beef Franks 14 ct. **\$3.98**

**Redner's All Natural, Grade A Skinless & Boneless Thin Sliced Chicken Breasts** lb. **\$3.48**  
**Not Injected With Solution or Broth**

Perdue 93% Lean Turkey Burgers 16 ct. **2/\$7**

**The Philly Steak** 100% All Beef Sandwich Steaks 9 ct. **2/\$7**

**The Philly Homestyle Beef Patties** 64 ct. **\$9.98**

**Bubba Burger** Original or Sweet Onion Beef Chuck Burgers 2 lb. box **\$9.99**

**PICK 5/\$19.95**  
OVER 75 ITEMS AVAILABLE EVERY WEEK

Berk's Pretzel Franks 12 ct.	Matlaw's Bacon or Chorizo Stuffed Clams 15 ct.	Tyson All Natural Chicken Wings lb.
Jennie-O Turkey Store Jumbo Turkey Franks 45 ct.	Hatfield Classic Ham Steak 14 ct.	Tyson Assorted Varieties Grilled & Ready Chicken or Steak 8 ct.
Sugandale Ready Bacon 16 ct.	Johnsonville Bratwurst or Checkerboard Grillers 16 ct.	Pilgrim's Cheesy Nuggets or Skinny Dip'n Chunks Breaded Chicken 22-28 ct.

**Summer SALE-CELEBRATION**

Mama Rosa's Cheese or Pepperoni Mini Kids Pizzas 17 ct. **2/\$5**

Jennie-O Turkey Store Assorted Flavors Turkey Breast Tenderloins 24 ct. **\$6.98**

Wholey Cod Fillets 16 ct. **\$3.98**

Tyson Individually Frozen Tender & Tasty Chicken Wings 45 ct. **\$6.98**

Mama Lucia Italian-Style or Turkey Fully Cooked Meatballs 25.6 oz. **2/\$8**

Kunzler Southwestern Style Franks 14 ct. **2/\$7**

**LAST WEEK**

**SEAFOOD**



Fresh, Sustainable Flounder Fillets lb. **\$6.48**



Fresh, Machine Picked Claw Crabmeat 16 oz. **\$5.98**

**Buy One - Get One FREE**



Louis Kemp Chunk, Flake or Leg Style Imitation Crabmeat Crab Delights 8 ct. **\$3.98**  
8 oz. Lobster Chunk Included Regular Retail \$2.98



Gulf Pride 16-20 ct. Easy Peel, Raw Domestic Shrimp 16 ct. bag **\$12.48**



Oven Ready Almond Crusted Flounder Fillets lb. **\$7.48**



Farm Raised Stuffed Salmon Fillet lb. **\$7.98**  
Stuffed with Redner's Crabmeat Stuffing



Fresh Bay Scallops lb. **\$4.48**



10 oz. Frozen Lobster Tails each **\$18.98**

**BAKERY**



Bakery Fresh! Lemon Meringue Pie 25 ct. **\$3.99**

**In-Store Baked!**

French Bread Stix 2 pk./24 ct. **99¢**

**In-Store Baked!** Assorted Varieties Whoopie Cookie Sandwiches 6 pk. **\$2.99**



Redner's Apple Fritters 4 pk./14 ct. **\$2.99**

Redner's Powdered, Glazed or Devil's Food Donut Holes 14-16 ct. **\$2.99**



8" Double Layer Red Velvet Cake 32 ct. **\$7.99**

**PICK 3 For \$9.99!**

**Hatfield**  
Virginia Brand  
Ham

**Mac Rossini**  
Bacon Topped  
Turkey Breast  
Premium Angus  
Roast Beef

**Jennie-O**  
Honey Roasted  
Turkey Breast  
Oven Roasted  
Breast of Chicken

**STELLA** Mozzarella Cheese  
**White American**  
Cheese

**Redner's**  
"Deli Sliced"  
97% Fat Free  
Medium Rare  
**Roast Beef** lb.  
Save \$1.00 lb.

**\$6.98**

**Redner's**  
"Deli Sliced"  
96% Fat Free  
**Honey Tavern Ham** lb.  
Save \$1.00 lb.

**\$4.48**

**Stella**  
"Deli Sliced"  
Original or Reduced Fat  
**Lorraine Swiss Cheese** lb.  
Save \$2.00 lb.

**\$5.98**

**Redner's**  
"Deli Sliced"  
99% Fat Free  
Oven Roasted  
**Original Turkey Breast** lb.  
Save \$1.00 lb.

**\$4.98**

**Redner's**  
"Deli Sliced"  
**Premium Bologna** lb.  
**\$3.48**

**Redner's**  
"Deli Sliced"  
**Olive or Pickle & Pimento Loaf** lb. **\$3.98**  
**Amish Macaroni Salad** lb. **\$2.18**

**A SIMPLE SUMMER SIDE DISH!**  
**Isabelle's Kitchen Bruschetta** lb. **\$4.48**

**Redner's**  
**Ring Bologna**  
Original Whole, lb. **\$3.98**  
Original or Garlic Halves, lb. **\$4.18**

**Stella**  
"Deli Sliced"  
**Baby Swiss Cheese** lb.  
**\$5.98**

**Hatfield**  
"Deli Sliced"  
**Peppered Ham** lb.  
**\$5.48**

**Reser's Fine Foods**  
Original or Amish  
**Potato or Macaroni Salad** 48 oz.  
**\$3.98**

**Hearn Kirkwood**  
**Greek Pasta Salad** lb.  
**\$4.98**

**Redner's Summer Sale - A-B-RATION**  
**LAST WEEK**

**READY TO EAT**

**Store Model**  
10-12" Italian Sub **\$5.49**  
20-22" Italian Sub **\$7.98**

**Italian Wrap** each **\$3.79**  
**6" Italian Sub** each **\$3.19**  
Original or Caesar Style  
**Grilled Chicken Wrap on Wheat Tortilla** each **\$3.79**

**McCain French Fries** lb. **\$1.78**  
**Onion Rings** lb. **\$3.78**  
**Cheeseburger** each **\$1.29**

**Sold Hot!**  
Fully Cooked  
Drums or Thighs  
**Rotisserie Chicken** each **88¢**  
Fully Cooked  
**Fried Split Chicken Breast** each **\$1.78**

**PRODUCE**

**Low Glycemic Index of 22**  
**Northwest Juicy Bing Cherries** lb.  
Save \$2.00 lb.  
**\$1.98**

**Sweet & Juicy White or Red Seedless Grapes** lb.  
Save \$1.00 lb.  
**\$1.98**

**Super Sweet Ready to Eat Whole Pineapples** each  
Save 96¢ on 2  
**2/\$5**

**Locally Grown**  
**Fresh, Loose Sweet Corn** each  
Save \$1.00 on 5  
**5/\$2**

**Ripe & Juicy Cantaloupe** each **2/\$5**  
**Sweet & Juicy Halves or Quarters Seedless Watermelon** lb. **68¢**

**Fresh & Juicy California Strawberries** 16 oz. **\$2.98**  
**PA Grown Simply Sweet Onions** lb. **98¢**

**Refreshing & Delicious Kent Mangoes** each **4/\$5**  
**Redner's Russet Potatoes** 5 lb. bag **\$2.98**  
Great on the Grill

**Fresh Express Iceberg Garden Salad or Old Fashioned Cole Slaw** 12 or 16 oz. **\$1.28**  
**Fresh Express Asian, Southwest, Caesar or Bacon Caesar Salad Kits** each **2/\$5**

**NATURAL/ORGANIC**

**USDA ORGANIC**  
**Stonyfield Select Varieties Ultra-Pasteurized Organic Milk** half gallon  
Omega-3 Varieties Excluded  
**\$3.79**

**USDA ORGANIC**  
**Giorgio Organic Whole White Mushrooms** 8 oz. **2/\$4**  
**USDA ORGANIC**  
**Organic Sweet & Juicy Pineapples** each **\$3.48**

**USDA ORGANIC**  
**Organic Mangoes** each **4/\$5**

**San-J Assorted Varieties Gluten Free Sauce** 10 oz. **\$3.49**  
**Gluten Free**

# BACK TO SCHOOL SAVINGS

Purchase \$30 of P&G products\* and receive a \$10 Visa® Prepaid Card by mail.\*\*



Participating Products:



LOOK FOR ADDITIONAL COUPON SAVINGS AVAILABLE IN MOST SUNDAY PAPERS.

\*Mail-in offer. Official offer form and original cash register receipt showing retailer name must be obtained from the same participating store. Mail-in offer forms from a non-participating store will not be honored. Purchase must be made in one transaction. Sales tax is not included towards purchase. Limit one per household. Offer ends 9/30/14. Not valid for any Procter & Gamble OTC product reimbursed or paid under Medicaid, Medicare, or any other federal or state healthcare program, including state medical and pharmacy assistance programs, or where prohibited by law that voids in Massachusetts if any part of the product cost is reimbursed by public or private health insurance. See mail-in offer form for complete details. For Customer Service call 855-269-6434. ©2014 Procter & Gamble. Cards are issued by Citibank, N.A. pursuant to a license from Visa U.S.A. Inc. and managed by Cit Prepaid Services. Cards will not have cash access and can be used everywhere Visa debit cards are accepted.

**Bounty**  
White, Prints or Select-a-Site  
Regular Rolls  
Paper Towels 8 mls **\$5.99**

**Charmin**  
Assorted Varieties  
12 Double Rolls or 6 Mega Rolls  
Bathroom Tissue **\$6.99**

**Puffs**  
Basic, Ultra or Plus Lotion  
Tissue Cubes 56 or 64 ct. **10s FOR 10**

**Dawn**  
Assorted Varieties  
Dishwashing Liquid 20-24 fl.oz. **\$2.49**  
10.1 fl.oz. Direct Foam Varieties Included

**Cascade**  
Select Varieties  
16-20 ct. ActionPacs or  
75 oz. Powder or Gel  
Dishwasher Detergent **\$3.99**  
Complete Powder & Gel Excluded

**Febreze**  
Select Varieties  
Air Effects, Stick & Refresh  
or Car Vent Clips  
Air Freshener each **\$2.49**

**Swiffer**  
Assorted Varieties  
24 ct. Wet or 32 ct. Dry  
Sweeper Pads **\$6.79**  
6-10 pk. Duster Refills Included

**Mr. Clean**  
Assorted Scents  
Spray Cleaner 32 fl.oz. **\$1.99**  
40 fl.oz. Multi-Surface Varieties \$2.39

**Extra Power**  
Magic Eraser 2pk. **\$2.39**

**Downy**  
Assorted Scents  
Fabric Softener 48-60 loads **\$3.99**  
13.2 oz. Downy Unstopables \$5.99

**Tide**  
Assorted Varieties  
Liquid Detergent 48-50 L.oz. **\$4.99**

**Bounce**  
Assorted Scents  
Fabric Softener Sheets 70-80 ct. **2/\$7**

**Gain**  
Assorted Varieties  
Scent Booster  
Fireworks 13.2 ct. **\$5.99**

**Olay**  
Assorted Varieties  
Beauty Bars 6 ct. **\$5.59**

**Ivory**  
Original or Aloe  
Bath Bars 10 ct. **\$3.99**

**Gillette or Old Spice**  
Assorted Varieties  
Body Wash 16-18 fl.oz. **\$2.99**  
6 ct. Old Spice Bar Soap \$3.69

**Safeguard**  
White with Aloe or Beige  
Antibacterial  
Deodorant Soap 4 ct. **\$2.49**

**Herbal Essences**  
Assorted Varieties  
Body Wash 15.8 fl.oz. **\$2.99**

**Pampers**  
Assorted Varieties  
Baby Dry 64-104 ct.  
or Cruisers 54-92 ct.  
Diaper Box **\$24.99**

**Assorted Varieties**  
Baby Wipe Refills 1pk. **\$5.99**

**Luvs**  
Sizes 2 thru 6  
Big Value! Diapers 64-108 ct. **\$15.99**

**Pantene**  
Assorted Varieties  
Shampoo or  
Conditioner 12.6 fl.oz. **2/\$7**

**Head & Shoulders**  
Select Varieties  
Shampoo or  
Conditioner 13.5-14.2 fl.oz. **\$4.99**

**Crest**  
Assorted Varieties  
Complete or Pro-Health  
Toothpaste 5.8-6.2 oz. **\$2.99**

**Assorted Varieties**  
Pro-Health Rinse 1L. **\$4.49**

**Gillette**  
Assorted Varieties  
Satin Care or Gillette Series  
Shave Gel 7.9 oz. **\$1.99**

**Assorted Varieties**  
Good News, Custom Plus or Daisy  
Disposable Razors 10-12 pk. **\$7.99**

**Old Spice**  
Assorted Varieties  
Fresh or Wild Collection  
Deodorant 2.6-3 ct. **\$3.49**

**Secret**  
Select Varieties  
Antiperspirant/  
Deodorant 2.6-2.7 ct. **\$3.49**  
pH Balanced Varieties Excluded

**Prilosec OTC**  
Acid Reducer 14 ct. **\$9.99**

**Always**  
Select Varieties  
Radiant or Infinity  
Sanitary Pads 12-18 ct. **\$3.89**

**Tampax**  
Regular or Super  
Radiant or Pearl  
Tampons 16 or 18 ct. **\$3.89**

## SAVINGS IN EVERY AISLE

**Essential EVERYDAY**

**Apple Sauce** 46-48 oz. **\$1.79**

**Peanut Butter** 40 oz. **\$3.79**

**Natural Peanut Butter** 16 oz. **3/\$5**

**Concord Grape Jelly** 32 oz. **3/\$5**

**Strawberry Preserves** 15 oz. **2/\$3**

**A WONDERFUL WAKE UP!**

**Maxwell House**  
Assorted Varieties  
Single Serve  
Coffee 12 pk. **\$5.99**  
Save up to \$1.10

**Chock full of Nuts**  
Assorted Varieties  
Ground Coffee 12.3-11.3 oz. **\$2.99**

**Gevalia**  
Assorted Varieties  
Single Serve Caps  
Coffee 6 or 12 pk. **\$5.99**

**Gourmet Coffee Cups** 12 pk. **\$5.99**  
Works in Keurig® Style Brewers

**Redner's**  
Orange Pekoe Decaf, Green  
Tea or Green Tea Decaf  
Tea Bags 48 ct. **3/\$5**

**Redner's**  
100% Apple Juice 64 fl.oz. **2/\$3**

**Mrs. Butterworth's**  
Original, Lite or Sugar Free  
Syrup 24 fl.oz. **2/\$5**

**Brookside**  
Assorted Varieties  
Dark Chocolate 7 oz. **2/\$6**

**General Mills**  
18 oz. Original Cheerios,  
18 oz. Reese's Puffs, 16.2 oz.  
Cinnamon Toast Crunch or  
16 oz. Lucky Charms  
**Cereal 2/\$6**  
Save up to \$2.78 on 2

**Quaker**  
Original or Cinnamon  
Life Cereal 18 oz. **2/\$6**

**Assorted Varieties**  
Real Medleys  
Oatmeal Cups 2.46-2.64 oz. **2/\$3**

**Assorted Varieties**  
15.5-17 oz. Cereal or  
5 ct. Fruit & Nut Bars  
Real Medleys **2/\$6**

**Strawberry or Vanilla**  
Oats & Yogurt  
Sandwich Biscuits 6 pk. **2/\$5**

**Essential EVERYDAY**

**Apple Sauce** 46-48 oz. **\$1.79**

**Peanut Butter** 40 oz. **\$3.79**

**Natural Peanut Butter** 16 oz. **3/\$5**

**Concord Grape Jelly** 32 oz. **3/\$5**

**Strawberry Preserves** 15 oz. **2/\$3**

**Melitta**  
Assorted Varieties  
Café de Europa  
Gourmet Coffee Cups 12 pk. **\$5.99**  
Works in Keurig® Style Brewers

**Keelber**  
Assorted Varieties  
Ice Cream Cones,  
Cups or Bowls 35 ct. **2/\$4**

**Keelber**  
Assorted Varieties  
Ice Cream Cones,  
Cups or Bowls 35 ct. **2/\$4**

**Redner's**  
Tomato Ketchup  
**89¢**  
24 oz.  
32 or 36 oz. \$1.59  
Pure or Extra Virgin  
Olive Oil  
**\$7.99**  
51 fl. oz.

Worber's  
Vinegar  
White Distilled  
**\$1.69**  
pail  
Apple Cider  
**\$2.79**  
pail

Bush's Best  
Assorted Varieties  
Grillin' Beans  
**2/\$4**  
11-27 oz.

Propel  
Assorted Varieties  
Nutrient Enhanced  
Water Beverage  
**79¢**  
24 fl. oz.

Gatorade  
Assorted Varieties  
Thirst Quencher  
**10¢ FOR 10**  
12 fl. oz.

Welch's  
Assorted Varieties  
100% Juice  
Farmer's Pick  
**2/\$5**  
46 fl. oz.  
64 fl. oz. Light & Essentials  
Juice Included  
Welch's  
Original or White  
100% Grape Juice  
**2/\$5**  
46 fl. oz.

**Redner's**  
2 Ply Strength Jumbo  
Paper Towels  
12 rolls  
Save \$1.40  
**\$7.59**

**NEW!**  
Pepperidge Farm  
Assorted Varieties  
Goldfish  
Mac & Cheese  
5.5 oz.  
Save up to \$4.50 on 10  
**10¢ FOR 10**

Starkist  
Water or Oil  
Chunk Light Tuna  
**89¢**  
5 oz.

Barilla  
Assorted Varieties  
Pasta Sauce  
**\$2.19**  
24 oz.

Nissin  
Assorted Varieties  
Chow Mein or  
Chow Noodles  
**4/\$3**  
3.51-4 oz.

V8  
Assorted Varieties  
V-Fusion  
**3/\$7**  
46 fl. oz.  
Assorted Varieties  
100% Vegetable  
Juice  
**2/\$5**  
46 fl. oz. bottle

Langers  
Assorted Varieties  
Strawberry or Citrus  
Juice Cocktail  
**2/\$3**  
64 fl. oz.  
Disney 100% Juice 64 fl. oz. 2/\$4

Kleenex  
Giant Rolls  
Viva  
Paper Towels  
**\$9.99**  
5 rolls  
Reg. Rolls Viva Vantage Paper Towels \$1.89

**Redner's**  
1000 Sheets per Roll  
Bathroom Tissue  
**\$12.59**  
24 roll

Nissin  
Assorted Varieties  
Ramen Noodle Soup  
Big Cup Noodles  
**2/89¢**  
2.82 oz.

Nissin  
Assorted Varieties  
Oodles of Noodles  
Top Ramen  
**5/\$1**  
3 oz.  
6 pk. 3/\$4, 12 pk. \$2.39

Nissin  
Assorted Varieties  
Ramen Noodle Soup  
Cup Noodles  
**3/\$1**  
2.25 oz.  
3 pk. 10/\$10, 6 pk. 2/\$4

Nissin  
Assorted Varieties  
Bowl Noodles  
**4/\$3**  
3.26-3.36 oz.  
4.3 oz. Souper Meals Included

Deer Park or Poland Spring  
Natural Spring Water  
**2/\$4**  
12 pk./8 fl. oz.  
8 pk./8 fl. oz. Deer Park with Fluoride Included

Deer Park  
Sport Bottle  
Natural Spring Water  
**2/\$7**  
12 pk./23.7 fl. oz.

Perrier  
Assorted Varieties  
Sparkling Natural  
Mineral Water  
**4/\$5**  
25.3-33.8 fl. oz.

Tradewinds  
Assorted Varieties  
Slow Brewed  
Iced Tea  
**2/\$4**  
1 gal.

Kleenex  
Cometelle  
Double Rolls  
Toilet Paper  
**\$9.99**  
18 rolls

**Specialty ITEMS**  
Maille  
Assorted Varieties  
Mustard  
**\$3.19**  
7.2-8.1 oz.  
Hi I'm Skinny  
Assorted Varieties  
Snack Sticks  
**2/\$6**  
7 oz.  
Wasa  
7 Grains or Wholemeal Wheat  
Crisp 'n Light  
Crackerbread  
**3/\$5**  
4.9 oz.  
Woeber's  
Assorted Varieties  
Sandwich Pal Mustard  
**2/\$5**  
16 oz.  
Horseshoe & Wasabi Varieties Included

**INTERNATIONAL**  
GOYA  
Yellow Rice  
Lemon Angelitos  
Pasta  
Canned Beef  
Malta Goya  
Malt Beverage  
GOYA  
Malt Beverage  
10 pk./7 fl. oz.  
**\$4.99**  
Select Varieties  
Fruit Nectar  
Passion Fruit \$1.59  
33.8 fl. oz.  
**\$1.49**  
Multi-Pack  
Yellow Rice Mix  
24 oz.  
**\$4.19**  
Yellow Rice & Seafood Dinner  
Paella  
19 oz.  
**\$4.39**  
Corned Beef  
12 oz.  
**\$3.99**

Cat's Pride  
Scented or Fragrance Free  
Fresh & Light  
Scoopable  
Cat Litter  
**\$6.49**  
15 lb.  
Kingsford  
Original or Mesquite  
Charcoal  
**\$4.99**  
2.9 or 5.1 lb.  
Match Light Charcoal 6-3 or 6-7 lb. \$5.49

Schmidt  
Seeded or Unseeded  
Italian Bread  
20 oz.  
Regular Retail \$3.49  
**1/2 Price**

Martin's  
Long or Sandwich  
Potato Rolls  
**2/\$4**  
5 pk.

Kellogg's  
Assorted Varieties  
4.8 oz. Special K or  
9.2-16 oz. Town House  
Crackers or Chips  
**2/\$5**

Nabisco  
All Varieties  
Teddy Grahams  
10 oz.  
Save 90¢  
**\$1.99**

Frito Lay  
Assorted Varieties  
7.5-9 oz. Ruffles or  
9-12 oz. Tostitos Cantina  
Snacks  
**2/\$6**  
Natural & Baked! Excluded

Lipton  
Assorted Varieties  
Iced Tea  
**\$4.99**  
12 pk./16.9 fl. oz.

**3/\$10**  
Pepsi, Diet Pepsi, Mtn Dew  
or Sierra Mist  
12 pk./12 fl. oz.  
Save \$7.07 on 3

Nabisco  
All Varieties  
Oreo Cookies  
**\$2.99**  
11.3-15.25 oz.

**3/\$4**  
Coca-Cola  
Classic, Diet, Diet Caffeine  
Free or Coke Zero  
2 liter  
Save \$1.37 on 3

**4/\$10**  
Coca-Cola  
Classic, Diet,  
Coke Zero or Sprite  
6 pk./16.9 fl. oz. or 8 pk./7.5 fl. oz.  
Fuze 6 pk./16.9 fl. oz. Included

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**Ben & Jerry's Assorted Flavors Ice Cream** per pint  
 Save \$1.99

**Breyers Assorted Varieties Ice Cream or Frozen Dairy Dessert** 1.5 qt.  
**2/\$6**

**Koebler Assorted Varieties Ice Cream Cones, Cups or Bowls** 3.5-oz.  
**2/\$4**

**Essential Everyday Assorted Varieties Frozen Waffles** 12.3-oz.  
**4/\$5**

**Hanover Family Pack Soft Pretzels** 18-oz.  
**\$2.99**



**Turkey Hill Assorted Varieties Ice Cream, Sherbet, Frozen Dairy Dessert or Frozen Yogurt** 1.5 qt.  
 48 fl.oz. All Natural Ice Cream 2/\$7  
 Save up to \$3.18 on 2

**Turkey Hill Assorted Varieties Stuff'd Frozen Dairy Dessert** 1.5 qt.  
**\$1.19**

**Turkey Hill Assorted Varieties Ice Cream Sandwiches or Sundae Cones** 44-pk.  
**2/\$4**

**Totino's Assorted Varieties Pizza, Pizzeria or Bold Rolls** 17.4-19.8-oz.  
**3/\$8**



**Pictsweet Assorted Varieties Original or Steam'ables Deluxe Vegetables** 8-12 oz.  
**4/\$5**  
 Save \$2.16 on 4

**McCain Assorted Varieties Frozen Potatoes** 19-32 oz.  
**2/\$4**

**Essential Everyday Bread, Breadsheets or Texas Toast Garlic Bread** 10.5-16-oz.  
**2/\$3**

**Essential Everyday Garlic Dinner Rolls** 8-oz.  
**3/\$5**

**Swanson Chicken or Turkey Pot Pies** 7-oz.  
**4/\$3**



**Ellio's Assorted Varieties Pizza** 14.76-19.64-oz.  
 Save up to \$2.90 on 2

**On-Cor Assorted Varieties Traditionals Entrees** 25-28-oz.  
**2/\$4**

**On-Cor Assorted Varieties Selects Entrees** 26-28-oz.  
**2/\$5**

**Swanson Select Varieties Hungry-Man Dinners** 131-16-oz.  
**3/\$7**  
 Selects Variety Excluded

**Lean Cuisine Assorted Varieties Simple Favorites** 8.5-11.5-oz.  
**5/\$10**  
 6-oz. French Bread Pizza Included



**Tropicana Assorted Varieties Orange or Grapefruit Juice** 59 fl.oz.  
 6 pk./8 fl.oz. Varieties Included  
 Save up to \$1.60

**Tropicana Assorted Varieties 50% Less Sugar & Calories Trop50 Juice** 59 fl.oz.  
**\$3.29**

**Tropicana Assorted Varieties 100% Fruit & Vegetable Farmstand Juice** 46 fl.oz.  
**\$3.29**

**Lipton Assorted Varieties All Natural Pure Leaf Tea** 59 fl.oz.  
**3/\$5**



**Sargento Assorted Varieties Shredded Cheese** 5-8 oz.  
 Save up to \$1.90

**Breakstone's Salted or Unsalted Quarters or Whipped All Natural Butter** 8-oz.  
**\$1.99**

**Egg-Lands Best Grade A All Natural Large Eggs** dozen  
**\$1.99**

**Helva Good Assorted Varieties Greek Style Yogurt Dip** 12-oz.  
**\$1.79**



**Borden White or Yellow Cheese Singles** 16-oz.  
 10-oz. Natural String Cheese Included  
 Save up to \$2.38 on 2

**Land O' Lakes Pure & Creamy Margarine Sticks** 16-oz.  
**2/\$3**

**Donald Duck Original, Country Style or Plus Calcium Orange Juice** 59 fl.oz.  
**2/\$4**

**Nestlé Lowfat Nesquik** 56 fl.oz. 4 pk./8 fl.oz. Included  
**2/\$6**



**Essential Everyday Assorted Varieties Jumbo Biscuits** 16-oz.  
 Save \$1.67 on 3

**Shamrock Farms Original or Fat Free Half & Half** 32 fl.oz.  
**2/\$4**

**Nestlé Assorted Flavors Coffee-Mate Creamer** 64 fl.oz.  
**\$5.39**

**Redner's Original or Raspberry Lemonade** 59 fl.oz.  
**2/\$4**

**healthCents** Ask Meredith Your Questions at [healthcents@rednersmarkets.com](mailto:healthcents@rednersmarkets.com)

**Atkins Select Varieties Shakes or Snack Bars** 4.5-pk. Meal Bars Excluded  
**\$4.99**

**Calorie Control.** As we age, our metabolism starts to slow down, so calorie control for weight maintenance will be very important. Portion and hunger control will need to be the focus. Atkins® Daybreak™ and Advantage™ bars are perfect as a snack or a light meal.

**AGING GRACEFULLY**

**SPICE IT UP AND DITCH THE SALT.** If you are over the age of 50, you should limit your sodium intake to 1,500 mg per day. Don't forget sodium isn't just in table salt; it's hidden in many of the foods we eat daily.

**STAY ACTIVE.** Not only will physical activity keep your weight in check, it will also help maintain flexibility and muscle strength.

**SAFETY FIRST.** Don't forget the basics of Food Safety: Clean, Separate, Cook, and Chill. Our immune systems weaken as we age, which puts older adults at an increased risk for food-borne illnesses.

**BOOST** Vanilla, Chocolate or Strawberry Complete Nutritional Drink  
**\$8.49**

6-pk./8 fl.oz. High Protein & Calorie Smart Excluded  
**Get your Calcium-Rich Foods.** Boost® Nutritional Drinks are also an excellent source of Calcium and Vitamin D, while including many other important nutrients in an easy-to-drink and tasty shake!

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