

Employee Owned



Redner's WAREHOUSE MARKETS

Serving Our Local Communities Since 1970
PRICES EFFECTIVE 7/27/14 - 8/2/14



Pump Up Your Savings! SAVE 10¢ PER GALLON

*See Store for Details.



ibotta

The FREE app that pays you CASH for shopping at Redner's.



\$1.98

Bone-In, Flat
Pork Spare Ribs family pack, lb.
Save \$1.50 lb.



Redner's 80% Lean Ground Beef

family pack, lb.

\$2.48

Save \$1.50 lb.

Giorgio Steak Cut Mushrooms 3/\$5
Save \$2.44 on 3



Low Glycemic Index of 22
Northwest Cherries
Juicy Bing Cherries
\$1.98 lb.
Save \$2.00 lb.

Fresh
Salmon Fillets
\$6.98 lb.
Save \$2.00 lb.



Pepsi, Diet Pepsi, Mtn Dew or Sierra Mist
6 pk/24 fl.oz. or 8 pk/17.5 fl.oz.
5/\$11
Save up to \$16.45 on 5



Stella "Deli Sliced" Old World Provolone Cheese
\$5.98 lb.
Save \$1.50 lb.



In-Store Baked!
Hoagie Rolls
\$1.79 4 pk./14 ct.
Save 50¢

Redner's "Deli Sliced" 95% Fat Free Honey Cured Ham
\$3.98 lb.
Save \$1.50 lb.



BUY 5 AND GET 2 FREE

Glacéau Assorted Flavors
20 fl.oz. **vitaminwater**
23.7 fl.oz. **smartwater**
or 16.9 fl.oz. **fruitwater**

Purchases must be made in a single transaction between 7/27 - 8/2/14. Discount taken at time of purchase. (Final Price 7 for \$5)

5/\$5



Bounty White, Prints or Select-a-See Regular Rolls
Paper Towels
\$5.99 8 rolls
Save up to \$4.30

Snapple Assorted Varieties
Drinks or Teas
12 pk./16 fl.oz. glass bottles
\$6.99
Save \$5.00



Mix & Match
10\$ FOR 10
Save up to \$19.00 on 10



Foxy Crisp Iceberg Lettuce each
Sweet Grape Tomatoes pint
GREAT WITH SALADS

Turkey Hill Assorted Varieties Ice Cream, Frozen Dairy Dessert, Sherbet or Frozen Yogurt 1.5 qt.
2/\$5
Save up to \$3.18 on 2
48 fl.oz. All Natural Ice Cream 2/\$7

Redner's Sizzling Summer SALE-A-BRATION

LAST WEEK!

Redner's
Fresh, Microwavable
Self Seasoned, Rub It!
Salmon Portion
\$4.98
6 oz.
Save \$1.00



Milford Valley
Patties, Strips or Nuggets
Family Pack Chicken
30 oz.

**Buy One - Get One
of the Same
FREE**

Regular Retail \$6.20

Hatfield
"Deli Sliced"
Regular
Tavern Ham
\$5.48
lb.
Save \$1.50 lb.



Culinary Circle
Assorted Varieties
Ultra Thin or Rising Crust
Pizza
2/\$8
14.1-31.3 oz.
Save \$2.00 on 2

Fresh Express
Assorted Varieties
Gourmet Cafe Creative Classics
Salad Bowls
2/\$5
4.5-6.25 oz.
Save \$2.96 on 2



Bakery Fresh!
Strawberry or Blueberry
Large Muffins
\$2.98
4 pk./16 oz.
Save \$1.00

PowerAde
Assorted Flavors
Sports Drink
69¢
32 fl. oz.
Save 30¢



Clover Farms
Assorted Varieties
Icy Tea 1/2 gallon
Lemonade Included
Save \$3.90 on 10

10\$ FOR 10

Essential Everyday
14 oz. Toasted Oats, 12.25 oz. Honey Nut,
Toasted Oats, 18 oz. Corn Flakes
or 15 oz. Frosted Flakes
Cereal
2/\$4
Save up to 99¢ on 2



Not Injected With Solution or Broth
All Natural, Grade A
Skinless & Boneless
Chicken Thighs family pack, lb
\$1.98
Save \$1.00 lb.



Entenmann's
Select Varieties
Baked Goods
2/\$6
5.5-24.5 oz.
Save up to \$7.90 on 2
Donut Bags & Cereal Bar Varieties Excluded



Klondike, Magnum
or Fruttare
Assorted Varieties
Ice Cream Novelties 3-6 ct.
2/\$6
Save up to \$2.98 on 2

Mix & Match 10\$ FOR 10
Save up to \$6.90 on 10

Hunt's Assorted Varieties **Barbecue Sauce** 18 oz.
Barilla Select Varieties **Pasta** 12-16 oz.

CLIP AND SAVE

IN-STORE COUPON OFFER VALID 7/27/14 - 8/2/14

SAVE \$2
when you buy any 2
Gibson greeting cards

To redeem offer take this coupon and your two greeting cards to checkout. Limit one coupon per required purchase. Cannot be combined with any other offer. Void if copied or prohibited by law. Any other use constitutes fraud. Valid only if redeemed at participating Redner's Warehouse Market stores with the purchase of Gibson greeting cards. Valid only in the United States. Customer is responsible for all applicable sales tax.

3-in-one coupon only
Not to be redeemed for credit.
Other expires August 3, 2014.

Redner's Gibson
0 15984 70028 0

SALE-ABRATON



Cook's Regular or Thick Cut Bone-In Ham Steak lb. **\$2.98**
Save \$1.00 lb.

Hot Injected With Solution or Broth



Perdue Grade A Boneless & Skinless Chicken Breasts small pack, lb. **\$3.98**
Save \$1.00 lb.



Perdue 93% Lean Ground Turkey 16 oz. **2/\$7**
Save 96¢ on 2

Buy One - Get One of the Same FREE



Prima Familia Fully Cooked Italian Style Meatballs 9.6 oz. **FREE**
Regular Retail \$3.99

PORK



Bone-In Quartered Loin Pork Chops lb. **\$2.48**
Save 80¢ lb.



Perdue Oven Ready Roaster Chicken 9/6 oz. **\$9.98**
Save \$1.00



Gold Leaf Chicken Leg Quarters 10 lb/bug **\$7.98**
Save \$1.50

ANGUS



Boneless Beef New York Strip Steak family pack, lb. **\$7.98**
Save \$3.00 lb.

Redner's

Bone-In Center Cut Pork Chops family pack, lb. **\$2.68**

Bone-In Country-Style Spare Ribs family pack, lb. **\$2.98**

Hatfield Sliced Canadian Ham 6 ct. **\$1.98**

Assorted Varieties Sliced Bacon 16 ct. **\$5.48**

Nathan's

Original, Bigger Than The Bars or Cheese Beef Franks 14 ct. **\$3.98**

Berks Premium Sliced Bacon 16 ct. **\$5.98**

Grill Meat Franks 6/3. **\$17.98**

Redner's

All Natural, Grade A Skinless & Boneless Thin Sliced Chicken Breasts lb. **\$3.48**

Not Injected With Solution or Broth

Perdue 93% Lean Turkey Burgers 16 ct. **2/\$7**

The Philly Steak

The Philly Steak 100% All Beef Sandwich Steaks 9 ct. **2/\$7**

The Philly

The Philly Homestyle Beef Patties 64 ct. **\$9.98**

Bubba Burger

Original or Sweet Onion Beef Chuck Burgers 2 lb. box **\$9.99**

PICK 5/\$19.95
OVER 75 ITEMS AVAILABLE EVERY WEEK

Berks Pretzel Franks 12 ct. **\$2.98**

Jennie-O Turkey Store Jumbo Turkey Franks 48 ct. **\$2.98**

Sugardale Ready Bacon 16 ct. **\$2.98**

Hatfield Classic Ham Steak 14 ct. **\$2.98**

Johnsonville Breakfast or Checklar Bacon Grillers 16 ct. **\$2.98**

Matlaw's Bacon or Chorizo Stuffed Clams 15 ct. **\$2.98**

Prima Porta Country or Hot or Sweet Italian Sausage Links 24 ct. **\$2.98**

Tyson All Natural Chicken Wings lb. **\$2.98**

Tyson Assorted Varieties Grilled & Ready Chicken or Steak 8 ct. **\$2.98**

Pilgrim's Cheesy Nuggets or Skinny Dip'n Chunks Breaded Chicken 22-24 ct. **\$2.98**

Redner's Special Savings SALE-ABRATON

Mama Rosa's Cheese or Pepperoni Mini Kids Pizzas 17 ct. **2/\$5**

Jennie-O Turkey Store Assorted Flavors Turkey Breast Tenderloins 24 ct. **\$6.98**

Wholey Cod Fillets 16 ct. **\$3.98**

Tyson Individually Frozen Tender & Tasty Chicken Wings 48 ct. **\$6.98**

Mama Lucia Italian-Style or Turkey Fully Cooked Meatballs 25.6 ct. **2/\$8**

Kunzler Southwestern Style Franks 14 ct. **2/\$7**

LAST WEEK

SEAFOOD



Fresh, Sustainable Flounder Fillets lb. **\$6.48**

Oven Ready Almond Crusted Flounder Fillets lb. **\$7.48**



Domestic & Pasteurized Lump Crabmeat 8 ct. **\$11.98**

Farm Raised Stuffed Salmon Fillet lb. **\$7.98**
Stuffed with Redner's Crabmeat Stuffing

Redner's Special Savings SALE-ABRATON

Louis Kemp Chunk, Flake or Leg Style Imitation Crabmeat Crab Delights 8 ct. **FREE**
8 oz. Lobster Chunk Included Regular Retail \$2.98

Previously Frozen Stuffed Clams each **\$1.48**



Fresh Bay Scallops lb. **\$4.48**

4 ct. Frozen Lobster Tails each **\$6.48**

BAKERY



Bakery Fresh! Lemon Meringue Pie 25 ct. **\$3.99**

In-Store Baked! French Bread Stix 2 pk/14 ct. **99¢**

In-Store Baked! Assorted Varieties Whoopie Cookie Sandwiches 6 pk. **\$2.99**

Redner's

Apple Fritters 4 pk/24 ct. **\$2.99**

Redner's

Powdered, Glazed or Devil Food Donut Holes 14-16 ct. **\$2.99**



8" Double Layer Red Velvet Cake 32 ct. **\$7.99**

PICK 3 For \$9.99!

Hatfield
Virginia Brand
Ham

Mac Rossini
Bacon Topped
Turkey Breast
Premium Angus
Roast Beef

Jennie-O
Honey Roasted
Turkey Breast
Oven Roasted
Breast of Chicken

STELLA Mozzarella Cheese
White American
Cheese

Redner's
"Deli Sliced"
97% Fat Free
Medium Rare
Roast Beef lb.
Save \$1.00 lb.

\$6.98

Redner's
"Deli Sliced"
96% Fat Free
Honey Tavern Ham lb.
Save \$1.00 lb.

\$4.48

Stella
"Deli Sliced"
Original or Reduced Fat
Lorraine Swiss Cheese lb.
Save \$2.00 lb.

\$5.98

Redner's
"Deli Sliced"
99% Fat Free
Oven Roasted
Original Turkey Breast lb.
Save \$1.00 lb.

\$4.98

Redner's
"Deli Sliced"
Premium Bologna lb.
\$3.48

Redner's
"Deli Sliced"
Olive or Pickle & Pimento Loaf lb. **\$3.98**
Amish Macaroni Salad lb. **\$2.18**

A SIMPLE SUMMER SIDE DISH!
Isabelle's Kitchen Bruschetta lb. **\$4.48**

Redner's
Ring Bologna
Original Whole, lb. **\$3.98**
Original or Garlic Halves, lb. **\$4.18**

Stella
"Deli Sliced"
Baby Swiss Cheese lb.
\$5.98

Hatfield
"Deli Sliced"
Peppered Ham lb.
\$5.48

Reser's Fine Foods
Original or Amish
Potato or Macaroni Salad 48 oz.
\$3.98

Hearn Kirkwood
Greek Pasta Salad lb.
\$4.98

Redner's Summer Sale - A-B-RATION
LAST WEEK

READY TO EAT

Store Model
10-12" Italian Sub **\$5.49**
20-22" Italian Sub **\$7.98**

Italian Wrap each **\$3.79**
6" Italian Sub each **\$3.19**
Original or Caesar Style
Grilled Chicken Wrap on Wheat Tortilla each **\$3.79**

McCain French Fries lb. **\$1.78**
Onion Rings lb. **\$3.78**
Cheeseburger each **\$1.29**

Sold Hot!
Fully Cooked
Drums or Thighs
Rotisserie Chicken each **88¢**
Fully Cooked Fried Split Chicken Breast each **\$1.78**

PRODUCE

Low Glycemic Index of 22
Northwest Juicy Bing Cherries lb.
Save \$2.00 lb.
\$1.98

Sweet & Juicy White or Red Seedless Grapes lb.
Save \$1.00 lb.
\$1.98

Super Sweet Ready to Eat Whole Pineapples each
Save 96¢ on 2
2/\$5

Locally Grown
Fresh, Loose Sweet Corn each
Save \$1.00 on 5
5/\$2

Ripe & Juicy Cantaloupe each **2/\$5**
Sweet & Juicy Halves or Quarters Seedless Watermelon lb. **68¢**

Fresh & Juicy California Strawberries 16 oz. **\$2.98**
PA Grown Simply Sweet Onions lb. **98¢**

Refreshing & Delicious Kent Mangoes each **4/\$5**
Redner's Russet Potatoes 5 lb. bag **\$2.98**
Great on the Grill

Fresh Express Iceberg Garden Salad or Old Fashioned Cole Slaw 12 or 16 oz. **\$1.28**
Fresh Express Asian, Southwest, Caesar or Bacon Caesar Salad Kits each **2/\$5**

NATURAL/ORGANIC

USDA ORGANIC
Stonyfield Select Varieties Ultra-Pasteurized Organic Milk half gallon
Omega-3 Varieties Excluded
\$3.79

USDA ORGANIC
Giorgio Organic Whole White Mushrooms 8 oz. **2/\$4**
USDA ORGANIC
Organic Sweet & Juicy Pineapples each **\$3.48**

USDA ORGANIC
Organic Mangoes each **4/\$5**

San-J Assorted Varieties Gluten Free Sauce 10 oz. **\$3.49**
Gluten Free

BACK TO SCHOOL SAVINGS

Purchase \$30 of P&G products* and receive a \$10 Visa® Prepaid Card by mail.**



Participating Products:



LOOK FOR ADDITIONAL COUPON SAVINGS AVAILABLE IN MOST SUNDAY PAPERS.

*Mail-in offer. Official offer form and original cash register receipt showing retailer name must be obtained from the same participating store. Mail-in offer forms from a non-participating store will not be honored. Purchase must be made in one transaction. Sales tax is not included towards purchase. Limit one per household. Offer ends 9/30/14. Not valid for any Procter & Gamble OTC product reimbursed or paid under Medicaid, Medicare, or any other federal or state healthcare program, including state medical and pharmacy assistance programs, or where prohibited by law that voids in Massachusetts if any part of the product cost is reimbursed by public or private health insurance. See mail-in offer form for complete details. For Customer Service call 855-269-6434. ©2014 Procter & Gamble. Cards are issued by Citibank, N.A. pursuant to a license from Visa U.S.A. Inc. and managed by Cit Prepaid Services. Cards will not have cash access and can be used everywhere Visa debit cards are accepted.

Bounty
White, Prints or Select-a-Site
Regular Rolls
Paper Towels 8 rolls **\$5.99**

Charmin
Assorted Varieties
12 Double Rolls or 6 Mega Rolls
Bathroom Tissue **\$6.99**

Puffs
Basic, Ultra or Plus Lotion
Tissue Cubes 56 or 64 ct. **10s FOR 10**

Dawn
Assorted Varieties
Dishwashing Liquid 20-24 fl.oz. **\$2.49**
10.1 fl.oz. Direct Foam Varieties Included

Cascade
Select Varieties
16-20 ct. ActionPacs or
75 oz. Powder or Gel
Dishwasher Detergent **\$3.99**
Complete Powder & Gel Excluded

Febreze
Select Varieties
Air Effects, Stick & Refresh
or Car Vent Clips
Air Freshener each **\$2.49**

Swiffer
Assorted Varieties
24 ct. Wet or 32 ct. Dry
Sweeper Pads **\$6.79**
6-10 pk. Duster Refills Included

Mr. Clean
Assorted Scents
Spray Cleaner 32 fl.oz. **\$1.99**
40 fl.oz. Multi-Surface Varieties \$2.39

Extra Power
Magic Eraser 2pk. **\$2.39**

Downy
Assorted Scents
Fabric Softener 48-60 loads **\$3.99**
13.2 oz. Downy Unstopables \$5.99

Tide
Assorted Varieties
Liquid Detergent 48-50 L.oz. **\$4.99**

Bounce
Assorted Scents
Fabric Softener Sheets 70-80 ct. **2/\$7**

Gain
Assorted Varieties
Scent Booster
Fireworks 13.2 ct. **\$5.99**

Olay
Assorted Varieties
Beauty Bars 6 ct. **\$5.59**

Ivory
Original or Aloe
Bath Bars 10 ct. **\$3.99**

Gillette or Old Spice
Assorted Varieties
Body Wash 16-18 fl.oz. **\$2.99**
6 ct. Old Spice Bar Soap \$3.69

Safeguard
White with Aloe or Beige
Antibacterial
Deodorant Soap 4 ct. **\$2.49**

Herbal Essences
Assorted Varieties
Body Wash 15.8 fl.oz. **\$2.99**

Pampers
Assorted Varieties
Baby Dry 64-104 ct.
or Cruisers 54-92 ct.
Diaper Box **\$24.99**

Assorted Varieties
Baby Wipe Refills 1pk. **\$5.99**

Luvs
Sizes 2 thru 6
Big Value! Diapers 64-108 ct. **\$15.99**

Pantene
Assorted Varieties
Shampoo or
Conditioner 12.6 fl.oz. **2/\$7**

Head & Shoulders
Select Varieties
Shampoo or
Conditioner 13.5-14.2 fl.oz. **\$4.99**

Crest
Assorted Varieties
Complete or Pro-Health
Toothpaste 5.8-6.2 oz. **\$2.99**

Assorted Varieties
Pro-Health Rinse 1L. **\$4.49**

Gillette
Assorted Varieties
Satin Care or Gillette Series
Shave Gel 7.9 oz. **\$1.99**

Assorted Varieties
Good News, Custom Plus or Daisy
Disposable Razors 10-12 pk. **\$7.99**

Old Spice
Assorted Varieties
Fresh or Wild Collection
Deodorant 2.6-3 ct. **\$3.49**

Secret
Select Varieties
Antiperspirant/
Deodorant 2.6-2.7 ct. **\$3.49**
pH Balanced Varieties Excluded

Prilosec OTC
Acid Reducer 14 ct. **\$9.99**

Always
Select Varieties
Radiant or Infinity
Sanitary Pads 12-18 ct. **\$3.89**

Tampax
Regular or Super
Radiant or Pearl
Tampons 16 or 18 ct. **\$3.89**

SAVINGS IN EVERY AISLE

Essential EVERYDAY

Apple Sauce 46-48 oz. **\$1.79**

Peanut Butter 40 oz. **\$3.79**

Natural Peanut Butter 16 oz. **3/\$5**

Concord Grape Jelly 32 oz. **3/\$5**

Strawberry Preserves 15 oz. **2/\$3**

A WONDERFUL WAKE UP!

Maxwell House
Assorted Varieties
Single Serve
Coffee 12 pk. **\$5.99**
Save up to \$1.10

For use in the Keurig® K-Cup® Brewing System

Chock full of Nuts
Assorted Varieties
Ground Coffee 12.3-11.3 oz. **\$2.99**

Gevalia
Assorted Varieties
Single Serve Caps
Coffee 6 or 12 pk. **\$5.99**

For use in the Keurig® K-Cup® Brewing System

Melitta
Assorted Varieties
Café de Europa
Gourmet Coffee Cups 12 pk. **\$5.99**
Works in Keurig® Style Brewers

Redner's
Orange Pekoe Decaf, Green
Tea or Green Tea Decaf
Tea Bags 48 ct. **3/\$5**

Redner's
100% Apple Juice 64 fl.oz. **2/\$3**

Mrs. Butterworth's
Original, Lite or Sugar Free
Syrup 24 fl.oz. **2/\$5**

Brookside
Assorted Varieties
Dark Chocolate 7 oz. **2/\$6**

Keenler
Assorted Varieties
Ice Cream Cones,
Cups or Bowls 35 ct. **2/\$4**

General Mills
18 oz. Original Cheerios,
18 oz. Reese's Puffs, 16.2 oz.
Cinnamon Toast Crunch or
16 oz. Lucky Charms
Cereal 2/\$6
Save up to \$2.78 on 2

Quaker
Original or Cinnamon
Life Cereal 18 oz. **2/\$6**

Assorted Varieties
Real Medleys
Oatmeal Cups 2.46-2.64 ct. **2/\$3**

Assorted Varieties
15.5-17 oz. Cereal or
5 ct. Fruit & Nut Bars
Real Medleys **2/\$6**

Strawberry or Vanilla
Oats & Yogurt
Sandwich Biscuits 6 pk. **2/\$5**

Redner's

Tomato Ketchup

89¢

24 oz. 32 or 36 oz. \$1.59

Pure or Extra Virgin

Olive Oil

\$7.99

Woeber's

Vinegar

White Distilled

\$1.69

pint

Apple Cider

\$2.79

Bush's Best Assorted Varieties Grillin' Beans

2/\$4

Propel Assorted Varieties

Nutrient Enhanced

Water Beverage

79¢

24 fl. oz.

10s FOR 10

Gatorade Assorted Varieties

Thirst Quencher

10s FOR 10

32 fl. oz.

Welch's Assorted Varieties

100% Juice

Farmer's Pick

2/\$5

46 fl. oz. Light & Essential Juice Included

Welch's Original or White

100% Grape Juice

2/\$5

46 fl. oz.

Redner's 2 Ply Strength Jumbo Paper Towels

\$7.59

12 rolls

Save \$1.40

Pepperidge Farm Assorted Varieties

Goldfish Mac & Cheese

10s FOR 10

3.5 oz.

Save up to \$4.50 on 10

Starkist Water or Oil

Chunk Light Tuna

89¢

5 oz.

Barilla Assorted Varieties

Pasta Sauce

\$2.19

24 oz.

Nissin Assorted Varieties

Chow Mein or Chow Noodles

4/\$3

3.51-4 oz.

V8 Assorted Varieties

100% Juice

V-Fusion

3/\$7

46 fl. oz.

Assorted Varieties

100% Vegetable Juice

2/\$5

46 fl. oz. bottle

Disney 100% Juice 64 fl. oz. 2/\$4

Kleenex Giant Rolls

Viva Paper Towels

\$9.99

5 rolls

Reg. Rolls Viva Vantage Paper Towels \$1.89

Redner's 1000 Sheets per Roll

Bathroom Tissue

\$12.59

24 rolls

Nissin Assorted Varieties

Big Cup Noodles

2/89¢

2.82 oz.

Nissin Assorted Varieties

Top Ramen

5/\$1

3 oz.

6 pk. 3/\$4. 12 pk. \$2.39

Nissin Assorted Varieties

Cup Noodles

3/\$1

2.25 oz.

3 pk. 10/\$10. 6 pk. 2/\$4

Nissin Assorted Varieties

Bowl Noodles

4/\$3

3.25-3.6 oz.

4.3 oz. Souper Meals Included

Deer Park or Poland Spring

Natural Spring Water

2/\$4

12 pk./8 fl. oz.

8 pk./8 fl. oz. Deer Park with Fluoride Included

Deer Park Sport Bottle

Natural Spring Water

2/\$7

12 pk./23.7 fl. oz.

Perrier Assorted Varieties

Sparkling Natural Mineral Water

4/\$5

25.3-33.5 fl. oz.

Tradewinds Assorted Varieties

Slow Brewed Iced Tea

2/\$4

1 gal.

Kleenex Cottonelle Double Rolls

Toilet Paper

\$9.99

16 rolls

Coca-Cola Classic, Diet, Diet Caffeine Free or Coke Zero

3/\$4

2 liter

Save \$1.27 on 3

Coca-Cola Classic, Diet, Coke Zero or Sprite

4/\$10

6 pk./26.9 fl. oz. or 6 pk./7.5 fl. oz.

8 pk./16.9 fl. oz. Included

Rock Star or Mtn Dew Amp

Energy Drinks

10s FOR 10

16 fl. oz.

Kingsford Original or Mesquite Charcoal

\$4.99

7.9 or 5.3 lb.

Match Light Charcoal 6.3 or 6.7 lb. \$5.49

Specialty ITEMS

Maille Assorted Varieties **Mustard** 7.2-8.1 oz. **\$3.19**

Hi I'm Skinny Assorted Varieties **Snack Sticks** 7 oz. **2/\$6**

Waso 7 Grain or Wholemeal Wheat **Crisp'n Light Crackerbread** 49 oz. **3/\$5**

Woeber's Assorted Varieties **Sandwich Pal Mustard** 36 oz. **2/\$5**
Horseradish & Wasabi Varieties Included

INTERNATIONAL

GOYA

Malt Beverage **Malta Goya** 12 pk./7 fl. oz. **\$4.99**

Select Varieties **Fruit Nectar** 13.8 fl. oz. **\$1.49**

Passion Fruit \$1.59

Multis-Pack **Yellow Rice Mix** 24 oz. **\$4.19**

Yellow Rice & Seafood Dinner **Paella** 19 oz. **\$4.39**

Corned Beef 12 oz. **\$3.99**

Car's Pride Scented or Fragrance Free **Fresh & Light Scoopable Cat Litter** 15 lb. **\$6.49**

Kingsford Original or Mesquite **Charcoal** **\$4.99**

Match Light Charcoal 6.3 or 6.7 lb. \$5.49

SNACKS & DRINKS

Schmidt Seeded or Unseeded **Italian Bread** 20 oz. **1/2 Price**

Regular Retail \$3.49

Nabisco All Varieties **Teddy Grahams** 10 oz. **\$1.99**

Save 90¢

Pepsi, Diet Pepsi, Mtn Dew or Sierra Mist 12 pk./12 fl. oz. **3/\$10**

Save \$7.07 on 3

Coca-Cola Classic, Diet, Diet Caffeine Free or Coke Zero 2 liter **3/\$4**

Save \$1.27 on 3

Martin's Long or Sandwich **Potato Rolls** 8 pk. **2/\$4**

Frito Lay Assorted Varieties **Snacks** 7.5-9 oz. Ruffles or 9-12 oz. Tostitos Contina **2/\$6**

Natural & Baked! Excluded

Nabisco All Varieties **Oreo Cookies** 11.3-15.25 oz. **\$2.99**

Coca-Cola Classic, Diet, Coke Zero or Sprite 6 pk./26.9 fl. oz. or 6 pk./7.5 fl. oz. **4/\$10**

8 pk./16.9 fl. oz. Included

Kellogg's Assorted Varieties **Crackers or Chips** 4.8 oz. Special K or 9.2-16 oz. Town House **2/\$5**

Lipton Assorted Varieties **Iced Tea** 12 pk./16.9 fl. oz. **\$3.99**

Aquafina **Pure Water** 24 pk./16.9 fl. oz. **\$3.99**

Rock Star or Mtn Dew Amp **Energy Drinks** 16 fl. oz. **10s FOR 10**

FROZEN



national ice cream month

Ben & Jerry's Assorted Flavors Ice Cream per pint **\$3.19**
Save \$1.99

Breyers Assorted Varieties Ice Cream or Frozen Dairy Dessert 1.5 qt. **2/\$6**

Koebler Assorted Varieties Ice Cream Cones, Cups or Bowls 3.5 ct. **2/\$4**

Essential Everyday Assorted Varieties Frozen Waffles 12.3 ct. **4/\$5**

Hanover Family Pack Soft Pretzels 18 ct. **\$2.99**



Turkey Hill Assorted Varieties Ice Cream, Sherbet, Frozen Dairy Dessert or Frozen Yogurt 1.5 qt. **2/\$5**
48 fl.oz. All Natural Ice Cream 2/\$7
Save up to \$3.18 on 2

Turkey Hill Assorted Varieties Stuff'd Frozen Dairy Dessert 1.5 qt. **\$1.19**

Turkey Hill Assorted Varieties Ice Cream Sandwiches or Sundae Cones 44 pk. **2/\$4**

Totino's Assorted Varieties Pizza, Pizzeria or Bold Rolls 17.4-19.8 ct. **3/\$8**



Pictsweet Assorted Varieties Original or Steam'ables Deluxe Vegetables 8-12 ct. **4/\$5**
Save \$2.16 on 4

McCain Assorted Varieties Frozen Potatoes 19-32 ct. **2/\$4**

Essential Everyday Bread, Breadsheets or Texas Toast Garlic Bread 10.5-16 ct. **2/\$3**

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Swanson Chicken or Turkey Pot Pies 7 ct. **4/\$3**



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Save up to \$2.50 on 2

On-Cor Assorted Varieties Traditionals Entrees 25-28 ct. **2/\$4**

On-Cor Assorted Varieties Selects Entrees 26-28 ct. **2/\$5**

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Selects Variety Excluded

Lean Cuisine Assorted Varieties Simple Favorites 8.5-11.5 ct. **5/\$10**
6 ct. French Bread Pizza Included



Tropicana Assorted Varieties Orange or Grapefruit Juice 59 fl.oz. **\$3.29**
6 pk./8 fl.oz. Varieties Included
Save up to \$1.60

Tropicana Assorted Varieties 50% Less Sugar & Calories Trop50 Juice 59 fl.oz. **\$3.29**
59 fl.oz. Trop 50 Lemonade 3/\$5

Tropicana Assorted Varieties 100% Fruit & Vegetable Farmstand Juice 46 fl.oz. **\$3.29**

Lipton Assorted Varieties All Natural Pure Leaf Tea 59 fl.oz. **3/\$5**



Sargento Assorted Varieties Shredded Cheese 5-8 ct. **\$2.19**
Save up to \$1.90

Breakstone's Salted or Unsalted Quarters or Whipped All Natural Butter 8 ct. **\$1.99**

Egg-Lands Best Grade A All Natural Large Eggs dozen **\$1.99**

Heluva Good Assorted Varieties Greek Style Yogurt Dip 12 ct. **\$1.79**



Borden White or Yellow Cheese Singles 16 ct. **2/\$6**
10 ct. Natural String Cheese Included
Save up to \$2.38 on 2

Land O' Lakes Pure & Creamy Margarine Sticks 16 ct. **2/\$3**

Donald Duck Original, Country Style or Plus Calcium Orange Juice 59 fl.oz. **2/\$4**

Nestlé Lowfat Nesquik 56 fl.oz. **2/\$6**
4 pk./8 fl.oz. Included



Essential Everyday Assorted Varieties Jumbo Biscuits 16 ct. **3/\$4**
Save \$1.67 on 3

Shamrock Farms Original or Fat Free Half & Half 32 fl.oz. **2/\$4**

Nestlé Assorted Flavors Coffee-Mate Creamer 64 fl.oz. **\$5.39**

Redner's Original or Raspberry Lemonade 59 fl.oz. **2/\$4**

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Atkins Select Varieties Shakes or Snack Bars 4.5 pk. **\$4.99**
Meal Bars Excluded

Calorie Control.
As we age, our metabolism starts to slow down, so calorie control for weight maintenance will be very important. Portion and hunger control will need to be the focus. Atkins® Daybreak™ and Advantage™ bars are perfect as a snack or a light meal.

AGING GRACEFULLY

SPICE IT UP AND DITCH THE SALT. If you are over the age of 50, you should limit your sodium intake to 1,500 mg per day. Don't forget sodium isn't just in table salt; it's hidden in many of the foods we eat daily.

STAY ACTIVE. Not only will physical activity keep your weight in check, it will also help maintain flexibility and muscle strength.

SAFETY FIRST. Don't forget the basics of Food Safety: Clean, Separate, Cook, and Chill. Our immune systems weaken as we age, which puts older adults at an increased risk for food-borne illnesses.

BOOST
Vanilla, Chocolate or Strawberry
Complete Nutritional Drink **\$8.49**
6 pk./8 fl.oz.
High Protein & Calorie Smart Excluded
Get your Calcium-Rich Foods.
Boost® Nutritional Drinks are also an excellent source of Calcium and Vitamin D, while including many other important nutrients in an easy-to-drink and tasty shake!

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