

CITY OF  
*City of Agoura Hills*  
*Department of Community Services*

# *"Senior Moments"*

*Great Recreational Programs for adults 50 +*

## Older American of The Year

See page 2 for more info  
about on-line registration!

Congratulations to Herb Eckerling for being selected as the Older American of the Year 2013 for the City of Agoura Hills. Herb graduated with a BS in Engineering from UCLA, followed by an MS in Business. He then graduated from law school with a JD degree. Herb prepared his first tax return for his first job at the age of 15...receiving a refund of his withholding. He has been doing taxes every year since, for himself and others, and for the AARP/IRS program since 1996 when he retired.

Herb has prepared taxes at the Mayor's Small Business Office in Reseda for five years, and for 13 years at the Agoura Hills Community Center...so far. He volunteers about 100 plus hours per tax season.

Herb is on the Board of Directors of his homeowners association and serves on the Finance Committee. He is involved in a variety of volunteer activities. Between Herb and his wife (Susan), they have four children, 10 grandchildren, and a great-grandson. They enjoy movies, western dancing, taking college classes (without tests) and quiet time at home. Thank you for donating your time and expertise to the City of Agoura Hills.

### Summer 2013

*July, August, September*

Visit us on Facebook at  
[www.facebook.com/agourahillsrec](http://www.facebook.com/agourahillsrec)

Join us on twitter at  
[twitter.com/cityagourahills](http://twitter.com/cityagourahills)

### Senior Services Staff

*Xochitl Castillo*  
Community Services Coordinator

*Zach Miller*  
Recreation Manager

*Cynthia Polich*  
Administrative Secretary

*Sue Dinich*  
Office Assistant

*Risa Middleton*  
Recreation Leader II

### Senior Advisory Committee

*Jack Albright*  
*Bobbie Constanten*

*Kenneth Myslik*

*Judy Shrum*

*Roslyn Steinberg*

*Sharon Taylor*

*Ellen Wohl*

*Agoura Hills*  
*Recreation Center*  
30610 Thousand Oaks Blvd.  
Agoura Hills, CA 91301  
(818) 597-7361



**AGOURA HILLS**

## Reyes Adobe Days

October 3, 4, 5, 6

At Reyes Adobe Park

Save the Date!



### Tax Prep Service Volunteers

### THANK YOU!

Thank you for the many hours of service given this tax season. Volunteers this tax season were: Herb, Tim, Marcy and Susan.

### Pool Use at Archstone Apartments

To use the pool at Archstone Apartments you must present your senior membership card. Pool hours are Monday through Friday 9:00am to 6:00pm.

Archstone Agoura Hills is located at:  
30856 Agoura Rd.

### Senior Advisory Committee Meeting

Senior Advisory Meetings are held at 10:00am on the 2nd Tuesday of the month. Meetings are held at the Agoura Hills community Room or the Agoura Hills Recreation Center. Call the Recreation Center at 818-597-7361 for meeting location.

**The Recreation Center is closed  
on the following dates:**

*The Center will be closed on  
July 4 and September 2.*

# Community Service Agencies & Organizations

Agoura Hills Public Library (818) 889-2278  
Department of Motor Vehicles (DMV) (800) 777-0133  
Meals On Wheels (805) 370-4295  
Medicare (800) 633-4227  
Social Security (805) 379-3427  
Southern California Gas Co. (800) 427-2200  
Wellness Community (805) 379-4777  
Dial-A-Ride (Agoura Hills) (818) 707-2005  
Dial-A Ride (Calabasas) (860) 878-2242

Animal Control (818) 991-0071  
Las Virgenes Water District (818) 251-2100  
Sheriff's Dept. (non emergency) (818) 878-1808  
Southern California Edison (800) 655-4555  
United States Post Office (800) 275-8777  
Urgent Care (Westlake Village) (818) 874-0900  
Urgent Care (Westlake Village) (818) 370-4000  
Urgent Care (Thousand Oaks) (805) 495-6866  
Dial-A-Ride (Thousand Oaks) (805) 495-3500

## Senior Concerns - A Non-Profit Organization Dedicated to Serving Seniors and Their Families

Senior Concerns is dedicated to administering quality of life programs for seniors with special needs. Their programs aim to keep families together and seniors active and in their homes as long as possible, by offering information and referrals tailored to individual families needs.

Senior Advocates can assist with questions about housing, transportation, legal issues, health issues, in-home care, facility placement, senior programs, and assistance programs. Advocates can also help complete forms and applications for programs and services. Advocates are available for one-on-one counseling and to present seminars at the Goebel Senior Center in Thousand Oaks, the Simi Valley Senior Center, and the Moorpark Active Adult Center. **An Advocate is at the Agoura Hills Recreation Center the third Wednesday of each month from 10:00am-1:00pm. Appointments required and can be made by calling (818) 597-7361.**

Senior Concerns, located in Thousand Oaks, serves Ventura and western Los Angeles counties, seniors, caregivers and families by providing quality programs, appropriate resources and educational outreach programs such as:

|                          |                  |  |
|--------------------------|------------------|--|
| Senior Advocates         | Adult Day Center | Alzheimer's Day Care Resource Center   |
| Caregiver Support Groups | Case Management  | Financial Abuse Specialist Team (FAST) |
| Meals on Wheels          |                  |  |

Senior Advocates are located at the Goebel Senior Center and may be reached at (805) 495-6250.

If you are interested in these or other programs offered by Senior Concerns you can call (805) 497-0189, or visit their website at [www.seniorconcerns.org](http://www.seniorconcerns.org).

## Dial-A-Ride

\$1.50 each way

General service includes point-to-point service anywhere within the city limits of Agoura Hills.

\$3 each way

Outside of the city, service only includes pre-determined destinations like:

|                 |                          |
|-----------------|--------------------------|
| The Oaks Mall   | Janss Mall               |
| DMV             | Local medical facilities |
| Senior Concerns | Auto Mall                |

**Dial-A-Ride (818) 707-2005**



*From the  
Sunshine Lady*

*Thinking of you  
Hazel Arillaga  
Beverly Chiramella  
Phyllis Sehrer*

*Condolences to the Families of  
Camilla Deysher  
JR Holdeman  
Sigmund Meieran  
Silvia Seifert*

# Reyes Adobe Historical Site

## Programs at the Reyes Adobe

### Public Tours

Tuesdays:

10:00am—2:00pm

2nd & 4th Saturdays:

1:00-4:00pm

Donations Accepted:

Adults \$3.00

Seniors \$2.00

Child: 5-12 \$1.00  
(under 5 free)

Educational/Group Tours:

May be scheduled by appointment

Contact Information:

30400 Rainbow Crest Dr. Agoura Hills, CA  
91301

Telephone: (818) 597-7361

2<sup>ND</sup> SATURDAY @ THE ADOBE

Fun things to do with  
the grandchildren!

Hands-on Activities at the Reyes Adobe

July 13, 2013

August 10, 2013

September 7, 2013

Activities are available

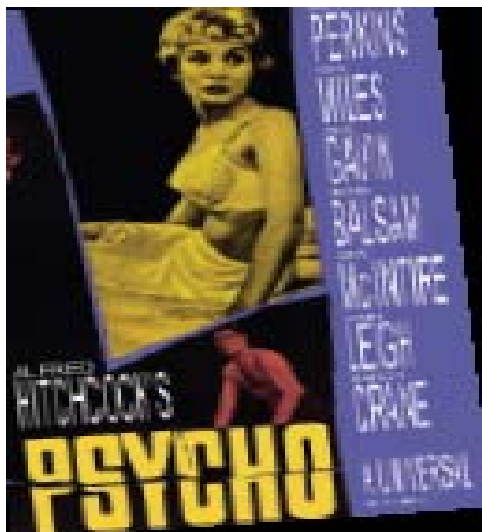
from 1:30—3:30pm



**Watercolor Art Classes**  
**Taught by David Deyell**

**Tuesdays 1:00-4:00pm**

**#363 July 2-July 23 \$48**  
**OR drop-in for \$15**



Movie in the Park

**PSYCHO**

Saturday, July 13th

at

Reyes Adobe Park

30400 Rainbow Crest Dr.

Bring your own chairs and blankets to sit on.

Join Marilyn Stefano, wife of screenwriter Joseph Stefano, for a Q & A session before the movie. Marilyn will share behind-the-scenes information and stories about her husband's role in Psycho, and his relationship with Alfred Hitchcock.

Donations welcome.

Doors open at 6:00pm.

Q & A session begins at 7:00pm.

**Go to [www.agourahillsrec.org](http://www.agourahillsrec.org) to register!**

# Fitness Classes@ the Agoura Hills Recreation Center

## Monday    Tuesday    Wednesday    Thursday    Friday

**Chair/Mat Gentle Yoga Therapy**  
11:00am-12:00pm

**Do It Now Senior Fitness**  
2:00-3:00pm

**Jazzercise Lite**  
8:45-9:45am

**Laugh, Flex, and Stretch**  
10:00-11:00am

**Zumba Gold**  
9:45am-10:45am

**Brain Fitness**  
1:00-2:30pm  
**Chair/Mat Gentle Yoga Therapy**  
11:00am-12:00pm  
(Summer Only)

**Jazzercise Lite**  
8:45-9:45am

**Arthritis Class**  
10:00-11:00am

**Dynamic Yoga**  
10:30-11:30am

**Do It Now Senior Fitness**  
2:00-3:00pm

**Zumba Gold**  
9:45-10:45am

### CHAIR/MAT GENTLE YOGA THERAPY

A very gentle form of yoga postures done mainly while sitting in a chair. Learn to use the breath as a healing tool. Class starts with a breath meditation to become centered and relaxed. We then move into gentle movements using our breath and work through the entire body. Chair Yoga may improve blood pressure, flexibility, balance, helps with depression, relieves stress and more. Practice yoga on an empty stomach and in comfortable clothes. Pre-registration recommended. New students enrolling in their first class may pay a one-time fee of \$9.00. Make-up classes are not available. Minimum class size 4 students. **No class 5/27, 7/24, 8/21. Instructor: Ilene Berke, Certified Yoga Therapist \***

#### Location: Recreation Center

|                |           |                         |                 |     |
|----------------|-----------|-------------------------|-----------------|-----|
| Activity # 278 | 4/8-6/3   | \$60 per 8 week session | 11:00am-12:00pm | Mon |
| Activity # 402 | 6/26-7/17 | \$30 per 4 week session | 11:00am-12:00pm | Wed |
| Activity # 403 | 7/31-8/28 | \$30 per 4 week session | 11:00am-12:00pm | Wed |

### DO IT NOW SENIOR FITNESS

Achieve fitness goals of **balance, strength, endurance, coordination, and flexibility!** Different weights and degrees of intensity in band resistance allow Seniors of different fitness levels to enjoy class camaraderie, upbeat music, and expert instruction. Stay motivated to maintain a healthy lifestyle! **No class 7/4. Instructor: Tamara Kilpatrick \* Location: Recreation Center**

|               |           |   |             |        |
|---------------|-----------|---|-------------|--------|
| Activity# 405 | 6/13-7/25 | \$35 twice/week, \$21 once/week, \$5 drop-in per 6 week session | 2:00-3:00pm | M/Thur |
| Activity# 407 | 7/29-9/9  | \$35 twice/week, \$21 once/week, \$5 drop-in per 6 week session | 2:00-3:00pm | M/Thur |

### LAUGH, FLEX AND STRETCH

If you find yourself losing your balance going up the stairs, climbing ladders, or using a shopping cart for balance, join us in this upbeat fitness program that promotes body balance for your life! Through movement and specific exercise set to music, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living. **Instructor: Lois Jackson \* Location: Recreation Center**

|                        |           |                                      |               |     |
|------------------------|-----------|--------------------------------------|---------------|-----|
| Activity# 324 (Spring) | 5/21-6/25 | \$21 per 6 week session, \$4 drop-in | 10:00-11:00am | Tue |
| Activity# 438          | 7/2-8/6   | \$21 per 6 week session, \$4 drop-in | 10:00-11:00am | Tue |
| Activity# 439          | 8/13-9/17 | \$21 per 6 week session, \$4 drop-in | 10:00-11:00am | Tue |

### SENIOR JAZZERCISE LITE

Exercise and have fun with your friends! The class offers non-competitive atmosphere, easy to follow routine, gentle warm-ups, non-impact aerobics, muscle toning, stretching segments, and cool-down. New participants should arrive 10 minutes before class to fill out paperwork. Payments are made to Elizabeth Eaves. **Must be a 2013 senior member. Instructor: Elizabeth Eaves \* Location: Recreation Center**

|               |          |                              |             |        |
|---------------|----------|------------------------------|-------------|--------|
| Activity# 431 | On-going | \$34 per eight class session | 8:45-9:45am | T/Thur |
|---------------|----------|------------------------------|-------------|--------|

### ARTHRITIS CLASS

This fun class teaches people with arthritis to take control of their fitness needs, and to do exercises that relieve rather than exacerbate their symptoms. Most, but not all of the exercises are done seated in a chair. This class incorporates dancing seated or standing, flexibility exercises, range of motion, strength training, endurance, coordination, deep breathing and relaxation techniques. In addition laughter, friendship and having a good time are very much a part of this class. **No class July 4. Instructor: Jane Carron \* Location: Recreation Center**

|               |           |         |             |               |      |
|---------------|-----------|---------|-------------|---------------|------|
| Activity# 383 | July      | \$7.50  | \$4 drop-in | 10:00-11:00am | Thur |
| Activity# 384 | August    | \$12.50 | \$4 drop-in | 10:00-11:00am | Thur |
| Activity# 385 | September | \$10    | \$4 drop-in | 10:00-11:00am | Thur |

*Class schedule subject to change.*  
**Agoura Hills Recreation Center (818) 597-7361**  
**Go to [www.agourahillsrec.org](http://www.agourahillsrec.org) to register.**

## \*New Class in Fall 2013\*

### PRE PILATES MAT CLASS

Pilates is a system of movement and strengthening that promotes full breath, healthy joint articulation and stability in the important muscles of the body. **Instructor: Ilene Berke \* Location: Recreation Center**  
This class will be offered in the Fall of 2013 on Wednesdays from 11:00am-12:00pm. Call the Recreation Center to add your name to the interest list at (818) 597-7361.

### BRAIN FITNESS PROGRAM

It's easy, it's fun and it's good for your brain! In this four-week Brain Fitness Exercise Program, each once a week 90 minute session provides stimulation to the six cognitive domain areas of the brain: Brain Games with Dakim Brain Fitness Program for 20 minutes, Body & Mind Exercises for 20 minutes, Brain Fitness Education for 20 minutes, Laughter IS your Best Medicine for 10 minutes, Wrap Up for 5 minutes, plus Q&A time. **Instructor: Tee Barr, Brain Fitness Program Coordinator \* Location: Recreation Center**

| <u>Activity#</u> | <u>Day</u> | <u>Time</u> | <u>Date</u> | <u>Fee</u>           |
|------------------|------------|-------------|-------------|----------------------|
| 276(Spring)      | Wed        | 1:00-2:30pm | 6/26-7/31   | \$75 or Drop-in \$15 |

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## Fitness Pass Program Classes

### **GENTLE YOGA will only be offered on an on-going basis by using the Fitness Pass!**

Your own special needs and limitations will be addressed as you work towards rediscovering your personal, radiant health. Bring a towel and a mat. **No class 5/27.** **Instructor: Ann Monahan and Chris Bannister \* Location: Recreation Center**

|              |          |                                    |               |               |
|--------------|----------|------------------------------------|---------------|---------------|
| Fitness pass | on-going | \$50/10 classes or \$8 drop-in fee | 8:30am-9:30am | Mon, Wed, Fri |
|--------------|----------|------------------------------------|---------------|---------------|

### **DYNAMIC YOGA**

Relieve stress while harmonizing the body, breath and mind. Develop strength, flexibility, and balance in a friendly non-competitive way. **Instructor: Chris Bannister \* Location: Recreation Center**

|              |          |                                    |               |      |
|--------------|----------|------------------------------------|---------------|------|
| Fitness pass | on-going | \$50/10 classes or \$8 drop-in fee | 10:30-11:30am | Thur |
|--------------|----------|------------------------------------|---------------|------|

### **ZUMBA GOLD**

Zumba Gold targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, like salsa, merengue, cumbia and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. It's a dance-fitness class that feels friendly, and most of all, fun. **There is no class on the third Wednesday of every month.** **Instructor: Del Herrera \* Location: Recreation Center**

|              |          |                                    |              |     |
|--------------|----------|------------------------------------|--------------|-----|
| Fitness pass | on-going | \$50/10 classes or \$8 drop-in fee | 9:45-10:45am | Wed |
| Fitness pass | on-going | \$50/10 classes or \$8 drop-in fee | 9:45-10:45am | Fri |

**Senior Fitness Pass is \$50 for 10 classes. Must be a 2013 Senior Member to purchase a \$50 Senior Fitness Pass.**

For additional information please call  
the Agoura Hills Recreation Center  
(818)597-7361

## Recreation Programs

# Birthday and Halloween Cards

We supply the materials and you assemble. Samples will be available for viewing. Each participant can make 4 cards. No experience necessary.

Pre-registration required.

*Thursday, August 15th*

*1:00pm—3:00pm*

*\$3 per person*



## SENIOR MEMBER SOCIAL

Have fun meeting with friends and listen to our guest speaker. Refreshments will be served. Pre-registration required.

| <u>Activity #</u> | <u>Day</u> | <u>Time</u>    | <u>Date</u> |
|-------------------|------------|----------------|-------------|
| 451               | Tue        | 11:00am-1:00pm | 7/9         |
| 700               | Tue        | 11:00am-1:00pm | 8/13        |

## Ongoing Activities At The Center

YR = Year Round Season for Online Registration

### Monday

Duplicate Bridge/Party Bridge Activity # 225 YR  
11:00am-3:00pm On-going Free

### Tuesday

Bingo—Must have four people to play Activity # 226 YR  
12:00-3:00pm On-going \$.50 card

Open Play - Bring your table/group

Call the day before for availability

11:00am - 3:00pm On-going Free

Book Club

Call center for book titles. Books will not be provided.

Activity# 393 11:15am-12:30pm 7/16 Free

Activity# 394 11:15am-12:30pm 8/20 Free

Activity# 395 11:15am-12:30pm 9/17 Free

### Wednesday

Senior Concerns Advocate

An advocate will be available the third Wednesday of each month to assist with various questions and to fill out forms. Call the Recreation Center to book an appointment.

(818)-597-7361.

10:00am-1:00pm 7/17 Free

10:00am-1:00pm 8/14 Free

10:00am-1:00pm 9/18 Free

Women's Talk Around Group Activity # 233 YR

11:00am - 12:30pm On-going Free

Current Events Discussion Group Activity # 235 YR

1:30-3:00pm On-going Free

### Thursday

Knitting & Crocheting Social Activity # 236 YR

11:00am-12:30pm On-going Free

Bingo—Must have four people to play. Activity # 226 YR

12:00-3:00pm On-going \$.50 card

### Friday

Duplicate Bridge Activity # 225 YR

11:00am-3:00pm On-going Free

Women's Discussion Group Activity # 234 YR

12:15 - 1:45pm On-going Free



### A Prime Home

**CARE SERVICES, LLC**  
266 Mobil Avenue, Suite 203 • Camarillo, CA 93010

A Prime Home Care Services, LLC provides a broad range of personalized, supportive home care services to clients.

Key services offered:

- ✓ We can provide caregivers within 2 hours from notice
- ✓ Our services are available 24/7
- ✓ All assigned caregivers are bonded and insured

For additional information, please call:  
Toll Free: 888.705.3988 • After Hours: 310.402.3575 or 818.274.7555

*"Quality Care You Can Rely On, People You Can Depend On"*

RN, LVN, PT, OT, CHHA, CAN, Private Duty, Hospital Sitter, Caregiver

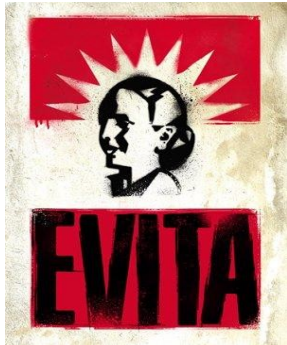
*New participants should call the Recreation Center before attending a program.  
Schedules subject to change.*

*Agoura Hills Recreation Center (818) 597-7361 [www.agourahillsrec.org](http://www.agourahillsrec.org)*



# BROADWAY L.A.

Eva Perón used her beauty and charisma to rise meteorically from the slums of Argentina to the presidential mansion as First Lady. Adored by her people as a champion for the poor, she became one of the most powerful women in the world — while her greed, outsized ambition and fragile health made her one of the most tragic.



Thursday, November 7, 2013

4:30-11:00PM

Pantages Theatre, Hollywood

\$61 per person

(Meal on your own)

Activity #702 (Fall)

Note: Moderate Walking. NO REFUNDS/CREDITS/TRANSFERS AFTER 9/5.

1-855-Go-2-UCLA | [uclahealth.org/conejovalley](http://uclahealth.org/conejovalley)



Now open in Westlake Village  
and Thousand Oaks

**UCLA** Health

it begins with U

# Your Tour Escort Team Jack, Jeri, Judy, Marilyn, Maxine, Pat, Sharon, Terry

## Slots of Fun

### Chumash Casino

Each participant will receive  
\$10 in Free Play on their Club  
Chumash Card.

Wednesday, July 10th

\$15 per person

Trip will be 8:00am—6:00pm

Transportation: 22 passenger shuttle

Activity # 452

THIS TRIP NEEDS A MINIMUM OF 18. NO  
REFUNDS/TRANSFERS/CREDITS AFTER 7/1.

### Boarding of the Bus

- All participants who use a cane, wheelchair, or walker have the option to board the bus first. Let the tour escort know when you are signing in.
- Front rows are reserved for the Tour Escort(s).

### Members and Guests

Must be a current 2013 Senior Member to enroll in all center activities, classes, and trips. Senior members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Enrolled guests must fill out a waiver and provide emergency contact information.

### Driver tip

- The driver tip is not included in our trip price.
- You are welcome to tip the driver when you check in with the tour escort.

*Go to [www.agourahillsrec.org](http://www.agourahillsrec.org)  
to register!*

## Summer 2013 Gourmet Luncheon Restaurants

### GOURMET SOCIAL LUNCHEON CLUB Ages 50+

Spend an afternoon experiencing fine restaurants, good conversation, and exploring different culinary palettes. Fee for transportation is \$5. Expect to pay \$15-20 for lunch (Cash only). Time is 11:00am - 2:00 pm. **NOTE: LIGHT/MODERATE WALKING. NO REFUNDS/CREDITS/TRANSFERS FOR GOURMET LUNCHEES.** Restaurant Locations: Subject to change.  
Bus Departs: Recreation Center

| <u>Activity#</u> | <u>Day</u> | <u>Date</u> | <u>Restaurant/Cuisine/Location</u>   |
|------------------|------------|-------------|--------------------------------------|
| 424              | Tue        | 7/2         | Rhumb Line/American/Ventura          |
| 425              | Wed        | 8/14        | C Street Restaurant/American/Ventura |
| 426              | Thur       | 9/12        | Nopalito Cafe/Mexican/Oxnard         |

# NEW!

## Fall 2013 Gourmet Dinner Restaurant

# NEW!

### GOURMET SOCIAL DINNER CLUB Ages 50+

A copy of the menu is available in the office. Fee for transportation is \$5. Participant pays for own meal. Note: Light/Moderate Walking. **NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR DINNER GOURMET.** Location: Santa Monica \* Bus Departs: Recreation Center

| <u>Activity #</u> | <u>Day</u> | <u>Date</u> | <u>Time</u>   | <u>Restaurant/Cuisine/Location</u>                     |
|-------------------|------------|-------------|---------------|--|
| 746               | TBD        | TBD         | 5:00pm-9:00pm | Valentino's Italian Restaurant/Italian<br>Santa Monica |



# Summer 2013 Trips

July, August, September

Senior member on-line, mail-in or walk-in registrations accepted now

***Phone-in registrations are no longer accepted!***

Arrive 30 minutes before departure time for check-in • Trip locations and times subject to change

Phone calls are a courtesy from our tour escorts

## Harbor Cruise \* Ages 50+

You will have a harbor cruise with lunch to follow. NOTE: Moderate/Extensive walking. NO REFUNDS/CREDITS/TRANSFERS AFTER 7/2. Location: Newport Beach \* Bus Departs: Recreation Center

| <u>Activity#</u> | <u>Day</u> | <u>Time</u>   | <u>Date</u> | <u>Fee</u> |
|------------------|------------|---------------|-------------|------------|
| #697             | Tue        | 9:30am-5:00pm | 7/16        | \$64       |

## Pirates Dinner Theatre \* Ages 50+

Join us as we visit the Pirates Theatre show. The trip includes reserved seating, dinner and show. NOTE: Light/Moderate walking. NO REFUNDS/CREDITS/TRANSFERS AFTER 8/2. Location: Buena Park \* Bus Departs: Recreation Center

| <u>Activity#</u> | <u>Day</u> | <u>Time</u>  | <u>Date</u> | <u>Fee</u> |
|------------------|------------|--------------|-------------|------------|
| 699              | Wed        | 3:30-10:00pm | 8/21        | \$64       |

## Aquarium of the Pacific \* Ages 50+

We will travel to the Aquarium of the Pacific where you can visit the new exhibits. There will be a variety of display booths by the Aquarium's services, education, animal husbandry departments and more. Lunch will be included.

Note: Moderate/Extensive walking. NO REFUNDS/CREDITS/TRANSFERS AFTER 8/22. Location: Long Beach \* Bus departs: Recreation Center

| <u>Activity#</u> | <u>Day</u> | <u>Time</u>   | <u>Date</u> | <u>Fee</u> |
|------------------|------------|---------------|-------------|------------|
| 701              | Fri        | 9:00am-5:00pm | 9/6         | \$54       |

## DAY TRIPPIN' ON THE SHUTTLE

### Ventura County Fair

"Boots, Barns and Banjos" is the theme of the Ventura County Fair. Join the group as you visit the different exhibit halls, stroll the grounds, and enjoy the afternoon entertainment. Lunch is on your own. Open to the first 20 who register. Note: Extensive walking - wear comfortable walking shoes. NO REFUNDS/CREDITS/TRANSFERS AFTER July 23. Location: Ventura Bus Departs: Recreation Center

| <u>Activity #</u> | <u>Day</u> | <u>Time</u>   | <u>Date</u> | <u>Fee</u> |
|-------------------|------------|---------------|-------------|------------|
| 698               | Tue        | 9:30am-4:00pm | 8/6         | \$15       |

## Open to the Community

### 4TH OF JULY AT THE HOLLYWOOD BOWL (open to the community and all ages)

Performance features Josh Groban with Fireworks to follow the performance. You can bring your picnic basket or purchase food at the Bowl. NOTE: Walking up steps and inclines are involved. NO REFUNDS/CREDITS/TRANSFERS AFTER MAY 1. Do not have to be a senior member to register. Location: Hollywood Bowl \* Bus Departs: Recreation Center

| <u>Activity#</u> | <u>Day</u> | <u>Time</u>  | <u>Date</u> | <u>Fee</u> |
|------------------|------------|--------------|-------------|------------|
| 367 (summer)     | Thur       | 5:30-11:30pm | 7/4         | \$65       |

***Go to [www.agourahillsrec.org](http://www.agourahillsrec.org) to register!***

**City of Agoura Hills  
Department of Community  
Services**

30610 Thousand Oaks Blvd.

Agoura Hills, CA 91301

Phone: (818) 597-7361

Fax: (818) 597-7365

Senior Program Hours: Monday-Friday  
9:00am-3:00pm

**PRSRT STD  
U.S. POSTAGE PAID  
THOUSAND OAKS, CA  
Permit No. 993**

Current Resident or

**Happy Birthday  
From the  
Department of Community Services**

**July**

|                  |      |
|------------------|------|
| Stephen Shalov   | 7/4  |
| Connie Averill   | 7/6  |
| Betty Clancy     | 7/8  |
| Maxine Frankel   | 7/9  |
| Patricia Ruch    | 7/14 |
| Joann Brunson    | 7/15 |
| Betty Keetch     | 7/18 |
| Roberta Nowlin   | 7/18 |
| Kay Kile         | 7/20 |
| Thomas Burton    | 7/23 |
| Cynthia Britton  | 7/26 |
| Anna Iezza       | 7/26 |
| Kay Dease        | 7/27 |
| Catherin Montoya | 7/30 |

**August**

|              |      |
|--------------|------|
| Jerry Inger  | 8/19 |
| Bill Maddox  | 8/21 |
| Edna Funnel  | 8/26 |
| Mary Deuter  | 8/29 |
| Nancy Israel | 8/30 |

**September**

|                    |      |
|--------------------|------|
| Judy Smart         | 9/2  |
| Rita Baillargeon   | 9/12 |
| Betty Warner       | 9/21 |
| Barbara Cotter     | 9/22 |
| Janice Pontoppidan | 9/26 |
| Berdetta Claussen  | 9/29 |
| Thelma Krause      | 9/30 |

If your name and birthday are not published in the newsletter and you wish for them to be published, you can change your status when you renew your membership or the next time you are at the Recreation Center. We can not change your status over the phone.

**Volunteers Needed**

We are looking for volunteers to teach a variety of games for 3-4 week intervals. We are looking for instructors to teach Cribbage, Pan, Mexican Train, etc. If you have a game you would like to teach, please contact the Center and leave your name, phone number and the game you would like to teach.

**Future Pantages Theatre Excursion**

**Book of Mormon**

Book of Mormon information available mid-August

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