

REGIS JESUIT FIELD HOCKEY CAMPS & CLINICS 2014

Register Online: www.regisjesuit.com

contact: fhockey@regisjesuit.com

The Spring Clinics offer an easy way to stay in field hockey shape and improve on skills. Each session will include 60 minutes of skill development and 30 minutes of scrimmage/games. The sessions will run 6 Saturdays from April – May.

Summer league will focus mostly on game experience and play, with the occasional warm-up drill. Teams will be formed based on experience level. The league will run Tuesdays and Thursdays from June – July.

Freshman camp is designed for players who have not competed in high school. As a beginner camp, it will focus on mastering the fundamentals while having fun learning a new sport. Sticks are available for borrow if needed, but players should have shinguards and mouthguard.

Intermediate camp is designed to prepare players for the high school season. It will involve more advanced skill mastery such as hits and sweeps, advanced passing and shooting tactics, and conditioning.

The Colorado State Games is a fun but intensive 5 game weekend tournament. At least 2 camps or 1 season playing experience is needed to compete.

Spring Clinics: Saturdays April 5th – May 17th (skip April 19th, Easter)

Cost: 6 Sessions - \$60 3 Sessions - \$45 1 Session - \$20

Location: Regis Jesuit High School , Laber Field (lower turf)

Middle School Hours: 4:00pm-5:30pm

High School Hours: 4:30pm-6:00pm

Summer League: June 10th-July 24th (Tue/Thur evenings)

Cost: \$90

Location: Regis Jesuit High School , Laber Field (lower turf)

Middle School Hours: 4:30pm-6:00pm

High School Hours: 4:30pm-6:00pm

Freshman/Middle School Beginner Summer Camp: July 21 – July24 (M-Th)

Cost: \$90 (includes reversible RJ pinny & ball)

Location: Regis Jesuit High School , Laber Field (lower turf)

Hours: 8:00am-9:30am

High School Intermediate Summer Camp: August 4th – August 8th (M-F)

Cost: \$150 (includes reversible RJ pinny & ball)

Location: Regis Jesuit High School , Laber Field (lower turf)

Hours: 4:00pm-7:00pm

Colorado State Games Tournament: July 25th -27th (F-Su)

Cost: \$60 (room & board extra)

Location: Colorado College (Colorado Springs)

***Experienced players only**