



## safeTALK Training Session

A training that prepares you to identify persons with thoughts of suicide and connect them to suicide first aid resources

As a safeTALK-trained suicide alert helper, you will be better able to:

- Move beyond common tendencies to miss, dismiss or avoid suicide;
- Identify people who have thoughts of suicide;
- Apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers.

### Details:

Location: Leo Mahany / Harold Meininger Senior Community Center

3500 Marais Ave, Royal Oak, MI

Date: Saturday, November 16<sup>th</sup>

Time: 10am -1pm

Cost: \$20 per person/free parking

Participants need to be 15 years or older

Please reserve your seat by November 1<sup>st</sup> by email:

[alehto@commongroundhelps.org](mailto:alehto@commongroundhelps.org) or phone (248) 451-2613

## Sponsored By:



Royal Oak SAFE

Suicide Awareness For Everyone



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helping people move  
from crisis to hope