

## New MSDE Approved Curricula Available to View at The Promise Resource Center!



*Frog Street—Pre-K (4 year olds)*

*DLM EC Express (3-4 year olds)*

*Little Treasures (4 year olds)*

*Investi-Gator (3-5 year olds)*

*Curiosity Corner (4 year olds)*

*Kinder Corner (5 year olds)*

*Creative Curriculum for Preschool  
(3-4 year olds)*

*Creative Curriculum for Family Child Care  
(3-5 year olds)*



Come by the Promise Resource Center to see what each curriculum has to offer and **how MSDE will pay for you to receive one for free**. Our staff will be happy to answer any questions you have. All are appropriate/approved for both center-based and family child care programs. Stop by our office Monday-Friday 8:30am-5:00pm!

### Upcoming Events:

#### Understanding Assessment: A Director's Perspective

*Thursday, October 2nd,  
Thursday, October 9th,  
and Thursday, October 16th  
9:00am-12:00pm each day*

#### Social Emotional Activities Kit Training

*Saturday, December 13th  
9:00am-4:00pm*



Find us on  
**Facebook**

Become a fan of the Promise Resource Center and receive updates, info and Resource Center tips! Be sure to ask your friends to become fans too!

### **E-Newsletter**

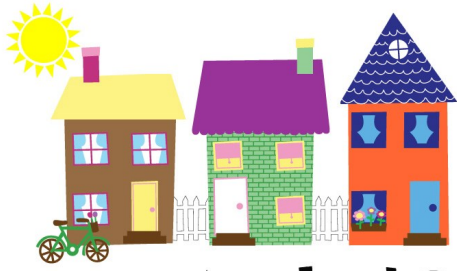
Would you like to start receiving behavior, early childhood education and child care tips, updates on local events, and giveaways? Visit our website to sign up for our e-newsletter today!

[www.thepromisecenter.org](http://www.thepromisecenter.org)

**Questions? Email us!**

[info@thepromisecenter.org](mailto:info@thepromisecenter.org)

[www.thepromisecenter.org](http://www.thepromisecenter.org)



# Southern Maryland Parents

**WWW.SOMDPARENTS.COM**

*Connecting parents and families of Calvert, Charles, and St. Mary's Counties to community resources, local events and more!*



## Early Learning Activity Kits Now Available!

**(Math, Science, Language and Literacy and Social Skills Kits Available)**

These kits are a great tool to help parents and providers prepare preschool-aged children for success in kindergarten. Included are fun games and hands-on activities to develop your young child's early literacy, social, mathematical and scientific thinking skills in quick and easy ways throughout your day!

*Contact the Promise Resource Center for more information and to order your kit for only \$12 each! Supplies are limited, call to reserve one today!*

## Maryland EXCELS Support Group!

*Wednesday, September 3, 6:00pm-8:00pm*

*Dessert and Discussion!*

This evening is designed for us to informally meet and discuss any questions or concerns you may have. Susan Case, a family provider from Charles County, will be on-hand to share information about her recent Maryland EXCELS monitoring visit. The Promise Center's resource room will be available for you to use during this time as well for die-cuts, laminating, to view new curriculum and our library resources! All providers who are currently registered in Maryland EXCELS are welcome.

Please R.S.V.P. to Sarah Sutherland at (301)290-0040 ext. 24 or email at [ssutherland@thepromisecenter.org](mailto:ssutherland@thepromisecenter.org)



## PRC Would Like To Welcome Kelsey Colvin To Our Team!

Kelsey is a new full-time employee who will be working with our Behavior Management and Parenting programs. She previously worked with us as a contractor for our NOVO Parenting and Supervised Visitation programs, and is very excited to hit the ground running!

## Family Provider's Corner

Come join our  
*Family Providers Network Meetings*  
at the Promise Resource Center!!

Dates:

**September 13th**  
**November 15th**

Time: 9:00am-10:30am

Location: The Promise Resource Center  
29958 Killpeck Creek Court, Charlotte Hall MD 20622

We meet *every other month* to discuss topics and initiatives from the Office of Child Care, and to have discussions about topics of interest for family providers. Come take advantage of this great tri-county networking opportunity.

Please RSVP to Tina Diaduk at (301) 290-0040 ext. 23 or email [tdiaduk@thepromisecenter.org](mailto:tdiaduk@thepromisecenter.org)



## Did You Know We Can Bring Our Trainings To Your Center?

**We offer many of our trainings on-site for as few as 6 people!**

### Cost:

2 Hour Training:  
\$30 per person

3 Hour Training:  
\$40 per person

Specialty Training  
prices vary.

View our training calendar on our website to see some of our main class offerings, or call us for a training tailored specifically to your needs!

For more information or to schedule an onsite for your location contact Tina D.  
(301)290-0040 or  
[register@thepromisecenter.org](mailto:register@thepromisecenter.org)

29958 Killpeck Creek Court, Charlotte Hall, MD 20622  
Monday– Thursday 8:30am—5:00pm, Friday by Appointment Only

## Director's Corner

Come join our  
*Director's Networking Meetings*  
at the Promise Resource Center!!

Dates:

**September 11th**  
**November 13th**

Time: 1:00PM-3:00PM

Location: The Promise Resource Center,  
29958 Killpeck Creek Ct., Charlotte Hall, MD 20622

We meet *every other month* and have open discussions on topics important to you. We hope that all three counties will be represented at this networking opportunity.

Please RSVP to Tina Diaduk at (301) 290-0040 ext. 23 or email [tdiaduk@thepromisecenter.org](mailto:tdiaduk@thepromisecenter.org)



## Introducing: Understanding Assessment - Director's Perspective!!

This revised series will focus on empowering child care administrators to coach their staff on assessment by understanding observation and documentation. Administrators will gain a better understanding of how to support various staff challenges. Directors may bring a staff member who has completed the MMSR series to the final class.

Module 1: Thursday, October 2

Module 2: Thursday, October 9

Module 3: Thursday, October 16  
9:00am-12:00pm

*Directors can attend all three trainings for only \$90. A staff member that has completed the MMSR series can accompany their director to Module 3 for only \$20.*

3 St. Mary's ph:301-290-0040 Charles & Calvert ph: 866-290-0040  
Fax: 301-290-0050

# Become a Member!

PRC has supported local child care providers, caregivers and families for over 30 years, and now we're even more of a resource! We've partnered with several local businesses, such as BookNuts Bookstore, Jump Yard, Lord Calvert Bowling Center, My Gym, and Just Between Kids to bring special discounts to our members! Members also receive special pricing on most of our trainings, as well as coupons and discounts to our Resource Store!

Money raised through membership to our agency goes to support our Informal Caregivers and Grandparents as Caregivers programs, the goals of which are to improve children's school readiness skills, so they are better prepared for success. Through these programs, caregivers receive a free packet of learning games and activity materials for children ages birth-6yrs that focus on building early math, science, social emotional, and literacy skills!

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## Membership Application

Please send application form with check or money order to:

**The Promise Resource Center**  
**29958 Killpeck Creek Court**  
**Charlotte Hall, MD 20622**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Email address \_\_\_\_\_

Membership: \_\_\_\_\_ Renewal \_\_\_\_\_ New  
\_\_\_\_\_ \$10 Licensed Provider/Potential Provider/Other  
\_\_\_\_\_ \$25 Group/Center/Director

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## Extended Hours

We will be open for extended hours by appointment only and with advanced notice.  
Call 301-290-0040 to schedule.

*Our regular business hours are  
Monday-Thursday from 8:30am-5:00pm  
Friday by Appointment Only*

## **Complaint Policy Pertaining to CCRR Service**

All of the resource centers of the Maryland Child Care Resource Network strive to provide high-quality service to their constituencies. However, in the event that someone has concerns about an incident regarding some aspect of service at a regional child care resource center or feels that he or she was mistreated by a staff member of a resource center, the caller can contact the resource center involved. If the person is not satisfied with the way the concern or complaint was handled by the regional resource center, he or she can contact the network manager at the Maryland Family Network at 410-752-7588.

# The Promise Resource Center

## 2014 Fall/Winter Training Calendar

### September, October, November and December 2014



Be sure to look for the New Trainings being offered this quarter!

#### Registration Policy

- **Payment and registration form must be received at the time of registration.** To register for a class: mail check or money order to the Resource Center, drop off payment or call our office to pay by credit card by phone during our regular business hours, Monday-Thursday, 8:30am-5:00pm or Friday by appointment.
- Online registration at our website: [www.thepromisecenter.org](http://www.thepromisecenter.org)
- No Walk-ins permitted. No money will be accepted at the door.
- Due to space limitations, liability issues and the need for a learning environment, **children are not allowed** to attend any workshops. Please make child care arrangements in advance.
- Confirmations will not be mailed. You may call 301-290-0040 to verify your enrollment in the class.
- There is a \$40 service charge for returned checks.
- You must be present and participate in the entire class to receive a certificate for the clock hours listed. **Classes begin at the stated time and no admittance is permitted 15 minutes after the class has started. Late arrivals will not receive certificates, refunds, or transfers for the class.**
- If you have lost or misplaced a certificate, there is a \$5.00 charge to replace it.
- Please call 301-290-0040 in advance of class if you need assistance or require special accommodations.
- All classes are open to the public.

#### Cancellation Policy

- We do not issue refunds if a student cancels their enrollment in a class. If you need to cancel, you must call the Promise Resource Center 24-hours in advance and we will gladly give you a credit for another class. **Credit for cancelled classes must be used to attend another class within 60 days of the cancellation or it is forfeited.**
- Promise Resource Center reserves the right to cancel a class if, the day prior to the class, we don't have the necessary number of paid participants. You will receive a call notifying you of the cancellation and your money will be refunded or a credit will be issued. Credit must be used to attend another class within 60 days of the cancellation or it is forfeited.
- **Promise Resource Center follows St. Mary's County Public School's inclement weather cancellation schedule. If schools are closed or after-school activities are cancelled due to inclement weather, our office will be closed and the class for that day will be cancelled. If at anytime you feel uncomfortable traveling due to inclement weather, please call prior to the class and we will be happy to transfer you to another class.**
- For current cancellations, please call 301-290-0040.

The Promise Resource Center  
29958 Killpeck Creek Ct.  
Charlotte Hall, MD 20622

(301) 290-0040 or  
(866) 290-0040  
Ext. 22

Visit us on the web at  
[www.thepromisecenter.org](http://www.thepromisecenter.org)

#### To register for a class:

- ◆ Mail registration form, check, money order, or credit card information to the Promise Center
- ◆ Drop off payment during our regular business hours, Monday-Thursday, 8:30 am-5:00 pm
- ◆ Call our office to pay with a credit card by phone
- ◆ Visit our website and register online with a credit card

*The Promise Resource Center provides low-cost workshops for child care providers, parents and the community. Our evening and Saturday workshops meet MSDE/Office of Child Care requirements for Core of Knowledge training.*

**9/2 — Putting a Positive Twist on Communication (2CO)**  
Learn about the power of communication and how it is an interactive process. Learn how you have the ability to affect the outcome of any communication model. *Time: 6:30pm-8:30pm*  
*Instructor: Debra Heidenberg, Fee: \$25 Member/\$30 Non-Member*

**9/3 — School Age Discipline (2CD)**  
Are you looking for ideas to help children and adults get along together? This workshop deals with self image, conflict resolution, and strategies for dealing with inappropriate behaviors when working with the school-age child. *Time: 6:30pm-8:30pm, Instructor: Emily Tex*  
*Fee: \$25 Member/\$30 Non-Member*

**9/6 — Family Pre-Service Module 3 - Keeping Kids Fit and Safe (4HSN)** The specific focus of this workshop will be centered around components of emergency preparedness, menu planning, and the health and safety concerns of young children. This meets the OCC Pre-Service requirements for new family child care providers as well as continuing clock hours for all providers.  
*Time: 8:00am-12:00pm, Instructor: BJ Waldron*  
*Fee: \$50 Member/Non-Member*

**9/6 — Family Pre-service Module 4 - Making It Work For All: Exploring Special Needs (4SN)**  
This workshop will include basic information regarding inclusive child care settings. ADA requirements, health, behavioral, and developmental issues and concerns. OCC Pre-Service requirements for new family providers as well as continuing clock hours for all providers will be met.  
*Time: 12:30pm-4:30pm, Instructor: BJ Waldron*  
*Fee: \$50 Member/Non-Member*

**9/8 — Dealing with Feelings and Fears with Preschoolers (3CD)**  
In this workshop we will explore the many feelings and fears that preschoolers may experience. You will gain a better understanding of how to help them through this sometimes tumultuous time.  
*Time: 6:30pm-9:30pm, Instructor: Donna Bennett*  
*Fee: \$35 Member/\$40 Non-Member*


**9/9 — Sudden Infant Death Syndrome (SIDS)**  
This one-hour workshop will discuss how to reduce the risk of SIDS in the home and child care setting. Any provider who plans to become licensed to care for infants (any child under the age of 24 months) is required to complete this workshop.  
*Time: 6:00pm-7:00pm, Instructor: Lois Beverage*  
*Fee: \$15 Member/Non-Member*

**9/10 — Inclusion: Incorporating All Children into the Curriculum (2SN)** Great lessons can go wrong when not all of our learners are able to participate. This training will offer ideas to modify your lessons to include all learners. This will include information for child care providers with mixed-age groups, and for those children with special needs. We will discuss specific strategies for children with social and emotional disabilities, physical impairments, visual and auditory impairments and autism. *Time: 6:30pm-8:30pm, Instructor: Kelly Hunter*  
*Fee: \$25 Member/\$30 Non-Member*

**9/13 — CPR & First Aid**  
Participants will be trained in CPR for infant, child, and adult. This class meets the Maryland Child Care Administration's CPR & First Aid training requirements for child care facilities.  
*Time: 9:00am-1:00pm, Instructor: Jay Hyde & Adam Corkran*  
*Fee: \$65 Member/Non-Member*

**9/13 — Family Pre-Service Module 5 - Professional Practices for a Successful Program: Your Future in Family Child Care (4P)**  
This workshop will give providers the opportunity to explore and understand the importance of specific concepts and practices that may lay the foundation for a successful program, including: supervision, abuse & neglect, appropriate guidance, record keeping, marketing, contracts, policies, procedures & handbooks.  
*Time: 8:00am-12:00pm, Instructor: BJ Waldron*  
*Fee: \$50 Member/Non-Member*

**9/13 — Family Pre-Service Module 6 - Planting the Seed: Growing Positive Communication Relationships (4CO)**  
This workshop will provide an overview and focus on the importance of developing and maintaining relationships with children, families, and the larger community. This meets the OCC Pre-Service requirements for new family child care providers as well as continuing clock hours for all providers.  
*Time: 12:30pm-4:30pm, Instructor: BJ Waldron*  
*Fee: \$50 Member/Non-Member*

 **9/16 — Sense-ational Activities (2CU)**  
Discover how to incorporate fun and simple sensory activities into your learning experience.  
*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg*  
*Fee: \$25 Member/\$30 Non-Member*

**9/17 — Working Together: Parents, Schools and Community (3CO)**  
In this workshop we will discuss how to develop a partnership with parents, schools and your community. Come and see how working with others enhances children's learning and development.  
*Time: 6:30pm-9:30pm, Instructor: Emily Tex*  
*Fee: \$35 Member/\$40 Non-Member*

**9/17 — Maryland EXCELS Overview (2P)**  
Participants will receive an overview of the tiered quality rating systems implemented for child care programs, both family and center based. Come learn about the requirements for each of the five steps as well as the monetary incentives attached to them. *Time: 6:30pm-8:30pm*  
*Instructor: Sara Martin, Fee: Free*

**9/22 — Girls Vs. Boys (2CD)**  
Join us as we discuss the physical, cognitive and social differences between school-aged boys versus girls. This training will teach participants how to identify strengths and weaknesses in children ages 7-13 and provide strategies for negative behaviors, problem solving, socialization, and ideas for after school activities. Information will be shared about community resources which target this age group.  
*Time: 6:30pm-8:30pm, Instructor: Donna Bennett*  
*Fee: \$25 Member/\$30 Non-Member*

**9/23 — Infant Toddler Rating System Revised—ITERS-R (3P)**  
ITERS Revised is an infant/toddler environmental assessment that has numerous subscales and items. This class explains the scale components and stresses that a trained reliable rater actually completes the scale for programs. *Time: 6:30pm-9:30pm, Instructor: Anne Kirchner*  
*Fee: \$35 Member/\$40 Non-Member*

**9/25 — Basic Sign Language: Playtime and Family (1SN, 1CO)**  
Participants will learn and practice signs related to play-time, opposites and family relations. They will also engage in activities to practice and teach vocabulary. *Time: 6:30pm-8:30pm, Instructor: Jody Cacko*  
*Fee: \$25 Member/\$30 Non-Member*

**9/27 — Setting the Stage: Assessment in Early Education and Care Module #5 (Formally MMSR) (2CU, 1SN, 1P, 2CO)**  
Participants will realize how environmental influences affect children's learning. Executive function, transitions, and effective communication with families are highlighted in this final module.  
*Time: 9:00am-4:00pm, Instructor: Tina Diaduk*  
*Fee: \$140 for Modules 1-5, Must take all 5 Modules*

**9/30 — School Age Transitions (2CU)**  
Participants will learn that transitions are just as important for school-agers to follow as for preschoolers. Different techniques will be offered to make school-age transitions developmentally appropriate.  
*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg*  
*Fee: \$25 Member/\$30 Non-Member*

**Core Of Knowledge Areas:**  
**(HSN) Health, Safety and Nutrition, (CD) Child Development, (CU) Curriculum, (P) Professionalism, (CO) Community, (SN) Special Needs**

# September 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Labor Day	<b>2</b> Putting a Positive Twist on Communication 6:30pm-8:30pm (2CO)	<b>3</b> School Age Discipline 6:30pm-8:30pm (2CD)	<b>4</b>	<b>5</b>	<b>6</b> ~Family Pre-service Mod 3 8:00am-12:00pm ~Family Pre-service Mod 4 12:30pm-4:30pm
<b>7</b>	<b>8</b> Dealing with Feelings and Fears With Preschoolers 6:30pm-9:30pm (3CD)	<b>9</b> Sudden Infant Death Syndrome (SIDS) 6:00pm-7:00pm	<b>10</b> Inclusion: Incorporating All Children Into The Curriculum 6:30pm-8:30pm (2SN)	<b>11</b>	<b>12</b>	<b>13</b> ~CPR & First Aid 9:00am-1:00pm ~Family Pre-service Mod 5 8:00am-12:00pm ~Family Pre-service Mod 6 12:30pm-4:30pm
<b>14</b>	<b>15</b>	<b>16</b> Sense-ational Activities 6:30pm-8:30pm (2CU)	<b>17</b> ~Working Together: Parents, Schools and Community 6:30pm-9:30pm (3CO) ~Maryland EXCELS Overview 6:30pm-8:30pm (2P)	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> Girls Vs. Boys 6:30pm-8:30pm (2CD)	<b>23</b> ITERS—Revised 6:30pm-9:30pm (3P)	<b>24</b>	<b>25</b> Basic Sign Language: Playtime and Family 6:30pm-8:30pm (1SN,1CO)	<b>26</b>	<b>27</b> Setting The Stage: Assessment in Early Education and Care Module #5 9:00am-4:00pm
<b>28</b>	<b>29</b>	<b>30</b> School Age Transitions 6:30pm-8:30pm (2CU)				

# October 2014

## 10/1 — Contracts and Policies (2P)

This class will define the elements of effective contracts and policies for your family child care business. Discussion will include defining the various types of contracts, what types of fees to charge, checking references, and how to say "no" to clients. A great class for new providers and those wanting a refresher course.

*Time: 6:30pm-8:30pm, Instructor: Emily Tex  
Fee: \$25 Member/\$30 Non-Member*

## 10/2, 10/9 & 10/16 — Understanding Assessment: Director's Perspective (4.5CD, 4.5P)

This revised series will focus on empowering child care administrators to coach their staff to utilize assessment by understanding observation and documentation. Administrators will gain a better understanding of how to support various staff challenges. Directors may bring a staff member to the final class.

*Time: 9:00am-12:00pm  
Instructor: Tina Diadiuk, Fee: \$90 Directors, \$20 Staff (Module 3 only)*

## 10/4 — Emergency and Disaster Preparedness (3HSN, 3P)

This training is designed for center, family and informal child care providers, and we will cover all aspects of emergency preparedness. Successful completion requires completion of an emergency plan that will meet the specific needs of your child care setting. Meets MSDE/OCC requirements.

*Time: 9:00am-4:00pm, Instructor: BJ Waldron  
Fee: \$50 Member/Non-Member*

## 10/6, 10/15 — Healthy Beginnings (3CO, 4.5CU, 2CD, 1.5P, 1SN)

Healthy Beginnings is a resource to help you nurture the tremendous potential for learning growth that every child is born with. Specifically designed for caregivers of infants and toddlers from birth to age three, Healthy Beginnings gives support in the areas of child care and child development.

*Time: 9:00am-3:30pm, Instructor: Anne Kirchner  
Fee: \$120 Member/Non-Member*

## 10/6 — Developmental Delays (2SN)

Doctors, books and magazines have charts and information about milestones and when children are supposed to meet them. The thought of a developmental delay can horrify parents. Often child care providers are the first to notice these delays. This workshop will discuss typical milestones, but also give information about how to identify and inform parents when you suspect a developmental delay.

*Time: 6:30pm-8:30pm, Instructor: Donna Bennett  
Fee: \$25 Member/ \$30 Non-Member*

## 10/7 — Showcase Every Child (2P)

Portfolios are like a big puzzle. When presented in a meaningful way, they can be a huge help. Learn what a portfolio is and how it can be helpful.

*Time: 6:30pm-8:30pm, Instructor: Sarah Sutherland  
Fee: \$25 Member/\$30 Non-Member*

## 10/8, 10/9 — Let's Move Child Care (6HSN)

In support of First Lady Michelle Obama's initiative, this workshop promotes children's health by encouraging and supporting healthier physical activity and nutritional practices for children in child care. The child care community is an essential ally in the effort to prevent childhood obesity, support children's healthy development, and prevent the occurrence of later chronic disease. Focus is mainly on the preschool-age child but does encompass the school-aged child as well.

*Time: 6:30pm-9:30pm, Instructor: Liat Mackey  
Fee: \$45 Member/Non-Member*

## 10/11 — CPR & First Aid

Participants will be trained in CPR for the infant, child, and adult. This class meets the Maryland Child Care Administration's CPR and First Aid training requirements for child care facilities.

*Time: 9:00am-1:00pm, Instructor: Jay Hyde and Adam Corkran  
Fee: \$65 Member/Non-Member*

## 10/13 — Attention Deficit Hyperactivity Disorder (ADHD) (2SN)

One common diagnosis is given for this disorder that actively has an array of related behaviors. Dealing with ADHD can be frustrating for both children and caretakers. This training will discuss symptoms of ADHD, how it is diagnosed, and strategies to help students be successful.

*Time: 6:30pm-8:30pm, Instructor: Donna Bennett  
Fee: \$25 Member/\$30 Non-Member*

## 10/14 — Harvest Time (2CU)

Participants will have a chance to broaden their fall curriculum to include other fall time themes other than apples and pumpkins! Come ready to have fun and walk away with new ideas!

*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg  
Fee: \$25 Member/\$30 Non-Member*

## 10/15 — Imagination Station (2CU)

Gain an understanding of the learning value of imaginative play through participation in a variety of activities. The possibilities are endless!

*Time: 6:30pm-8:30pm  
Instructor: Emily Tex, Fee: \$25 Member/\$30 Non-Member*

## 10/16 — The Truths and Myths About Childhood Vaccines (2HSN)

Vaccinations have long been regarded as a powerful tool to combat disease. But in recent years, many adults have become uncomfortable with children receiving this protection. Participants will learn how vaccines work, the myths and why they aren't true, what is recommended/required for optimal health for children, and resources for families to receive vaccinations. This training is provided by a registered nurse with over 25 years of public health and pediatric experience.

*Time: 6:30pm-8:30pm, Instructor: Lois Beverage  
Fee: \$25 Member/\$30 Non-Member*

## 10/18 — Medication Administration (6 HSN)

This training course is a 6-hour competency-based program approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a Certificate of Completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school age children in child care centers and homes.

*Time: 9:00am-4:00pm, Instructor: Pat Jennings  
Fee: \$60 Member/Non-Member*

## 10/21 — What You Need to Know About The Food Program (2HSN)

This is an introductory workshop to learn how you can get reimbursed for healthy meals and snacks you serve to childcare children. You will receive an overview of how the program works and learn the USDA requirements for serving sizes and what a healthy meal and snack consists of.

*Time: 6:30pm-8:30pm, Instructor: DeAnna Charron  
Fee: \$25 Member/\$30 Non-Member*

## 10/22 — Maryland Credential—Updated (2P)

Are you interested in learning how to apply for the Maryland Credential but are overwhelmed with the process and paper shuffle? This is the workshop for you! Come make sense of the Maryland Credential program and start taking advantage of the many benefits.

*Time: 6:30pm-8:30pm Instructor: Tina Diadiuk  
Fee: \$25 Member/\$30 Non-Member*

## 10/25 — Age Appropriate Supervision (3CD)

In this workshop we will discuss the OCC regulations for age-appropriate supervision. It's so easy to become complacent when we care for children every day. Come refresh your understanding of what to consider when caring for children of all ages.

*Time: 9:00am-12:00pm, Instructor: BJ Waldron  
Fee: \$35 Member/\$40 Non-Member*

## 10/25 — Working With Mixed Age Groups (3CU)

On a typical day do you find it challenging to meet the needs of the different age groups you care for? This is the workshop you have been looking for! In this workshop we will discuss the challenges and ways to overcome them as well as the unique benefits of mixed age grouping. (Meets the OCC requirement for Working With Mixed Age Groups)

*Time: 12:30pm-3:30pm, Instructor: BJ Waldron  
Fee: \$35 Member/\$40 Non-Member*

## 10/28 — Center Staff Solutions (2P)

This class is designed for both directors and staff. Learn about various supervising techniques that directors use for evaluating staff. Center Staff learn about hot topics that supervisors monitor closely.

*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg  
Fee: \$25 Member/\$30 Non-Member*

## 10/29 — Intelligences and Temperaments (2CD)

Participants will be introduced to Howard Gardner's Theory on Multiple Intelligences and learn that music and art talents relate to intelligences as much as science and math. This workshop encourages learning in ways that respect individual differences.

*Time: 6:30pm-8:30pm, Instructor: Emily Tex  
Fee: \$25 Member/\$30 Non-Member*

## 10/30 — What's On Your Plate (2HSN)

Out with the food pyramid and in with the plate! What does the new USDA My Plate mean for you and your child care? In this training, learn how to choose your plate to optimize your meals. Ways to build and customize children's plates will also be explored.

*Time: 6:30pm-8:30pm, Instructor: Liat Mackey  
Fee: \$25 Member/\$30 Non-Member*

## 10/30 — Introduction to the Environmental Rating Scales (2P)

Participants will get an understanding of why Maryland uses environmental rating scales and gain an understand of the special terms related to these scales. There will be practice on observing and scoring indicators to help providers conduct a self-evaluation.

*Time: 6:30pm-8:30pm, Instructor: Kelly Hutter  
Fee: \$25 Member/\$30 Non-Member*

## Core Of Knowledge Areas:

(HSN) Health, Safety and Nutrition,

(CD) Child Development,

(CU) Curriculum, (P) Professionalism,

(CO) Community, (SN) Special Needs



# October 2014


Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Contracts and Policies 6:30pm-8:30pm (2P)	<b>2</b> Understanding Assessment: A Director's Perspective 9:00am-12:00pm	<b>3</b>	<b>4</b> Emergency and Disaster Preparedness 9:00am-4:00pm
<b>5</b>	<b>6</b> ~Healthy Beginnings Part 1 9:00am-3:30pm ~Developmental Delays 6:30pm-8:30pm (2SN)	<b>7</b> Showcase Every Child 6:30pm-8:30pm (2P)	<b>8</b> Let's Move Child Care Part 1 6:30pm-9:30pm	<b>9</b> ~Understanding Assessment: A Director's Perspective 9:00am-12:00pm ~Let's Move Child Care Part 2 6:30pm-9:30pm	<b>10</b>	<b>11</b> CPR & First Aid 9:00am-1:00pm
<b>12</b>	<b>13</b> ADHD 6:30pm-8:30pm (2SN)	<b>14</b> Harvest Time 6:30pm-8:30pm (2CU)	<b>15</b> ~Healthy Beginnings Part 2 9:00am-3:30pm ~Imagination Station 6:30pm-8:30pm (2CU)	<b>16</b> ~Understanding Assessment: A Director's Perspective 9:00am-12:00pm ~The Truths and Myths About Childhood Vaccines 6:30pm-8:30pm (2HSN)	<b>17</b>	<b>18</b> Medication Administration 9:00am-4:00pm (6HSN)
<b>19</b>	<b>20</b>	<b>21</b> What You Need To Know About The Food Program 6:30pm-8:30pm (2HSN)	<b>22</b> Maryland Credentialing 6:30pm-8:30pm (2P)	<b>23</b>	<b>24</b>	<b>25</b> ~Age Appropriate Supervision (3CD) 9:00am-12:00pm ~Working With Mixed Age Groups (3CU) 12:30pm-3:30pm
<b>26</b>	<b>27</b>	<b>28</b> Center Staff Solutions 6:30pm-8:30pm (2P)	<b>29</b> Intelligences and Temperaments 6:30pm-8:30pm (2CD)	<b>30</b> ~What's On Your Plate? 6:30pm-8:30pm (2HSN) ~Introduction to the Environmental Rating Scales 6:30pm-8:30pm (2P)	<b>31</b>	

# November 2014

**11/1 & 11/15 — Healthy Beginnings (3CO, 4.5CU, 2CD, 1.5P, 1SN)**  
 Healthy Beginnings is a resource to help you nurture the tremendous potential for learning growth that every child is born with. Specifically designed for caregivers of infants and toddlers from birth to age three, Healthy Beginnings gives support in the areas of child care and child development.  
*Time: 9:00am-4:00pm, Instructor: Anne Kirchner*  
*Fee: \$120 Member/Non-Member*

**11/3 — Children and Conflict—Violence (2CD)**  
 Children can experience violence directly or indirectly. Learn what effect this can have on their social behavior and some strategies that can be given to help children cope with real-world violence.  
*Time: 6:30pm-8:30pm, Instructor: Donna Bennett*  
*Fee: \$25 Member/\$30 Non-Member*

**11/5 — Center Aide Orientation (3P)**

 This workshop meets the new Center Aide Orientation requirement. Participants will learn strategies for appropriate supervision, get tips on communicating professionally with parents, and discuss the aide's role in a child care program.  
*Time: 6:30pm-9:30pm, Instructor: Debra Heidenberg*  
*Fee: \$35 Member/\$40 Non-Member*

**11/6 — Creating a Classroom Community (2CO)**  
 Pro-social behavior does not just happen; it should be a part of your lesson planning. This session will demonstrate how to adapt traditional individual activities into cooperative activities that help children develop social competence.  
*Time: 6:30pm-8:30pm, Instructor: Kelly Hutter*  
*Fee: \$25 Member/\$30 Non-Member*

**11/8 — CPR & First Aid**  
 Participants will be trained in CPR for the infant, child, and adult. This class meets the Maryland Child Care Administration's CPR & First Aid training requirements for child care facilities.  
*Time: 9:00am-1:00pm, Instructor: Jay Hyde & Adam Corkran*  
*Fee: \$65 Member/Non-Member*

**11/12 — Laugh and Learn Together (2CU)**  
 Make circle time great! Come share and learn group music, movement and learning activities that teach children many different skills.  
*Time: 6:30pm-8:30pm, Instructor: Emily Tex*  
*Fee: \$25 Member/\$30 Non-Member*

**11/13 — MSDE Accreditation Orientation**  
 Centers who are interested in pursuing MSDE Accreditation are required to attend this orientation. Learn about the online system (OARS) and the steps to becoming a MSDE Accredited center.  
*Time: 6:00pm-8:00pm, Instructor: Tina Diaduk, Fee: Free*

**11/17 — Childhood Stress, Depression and Separation Anxiety (2HSN)**  
 Learn how these emotions can affect the behavior of a child and discover strategies you can use to help children better cope with them.  
*Time: 6:30pm-8:30pm, Instructor: Donna Bennett*  
*Fee: \$25 Member/\$30 Non-Member*

**11/18 — Multiculturalism: Embracing Diversity (2CO)**  
 Diversity is often visible. Learn how to expose children to other cultures and help them be comfortable with and respect all the ways people are different from each other.  
*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg*  
*Fee: \$25 Member/\$30 Non-Member*

**11/19 — Discovering Music (2CU)**  
 This class shows music is more than a beat or rhythm. Class focuses on showing how music bridges the differences in culture, socio-economic status and physical abilities.  
*Time: 6:30pm-8:30pm, Instructor: Emily Tex*  
*Fee: \$25 Member/\$30 Non-Member*

**11/20 — Basic Sign Language: Head-to-Toe and Personal Hygiene (2CO)**  
 Participants will learn and practice signs related to body awareness, hygiene, clothing and animals. Participants will also engage in activities to practice and teach vocabulary.  
*Time: 6:30pm-8:30pm, Instructor: Jody Cacko*  
*Fee: \$25 Member/\$30 Non-Member*

**11/22 — Medication Administration (6HSN)**  
 This training course is a 6-hour competency-based program approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a Certificate of Completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school age children in child care centers and homes.  
*Time: 9:00am-4:00pm, Instructor: Pat Jennings*  
*Fee: \$60 Member/Non-Member*

Core Of Knowledge Areas:

- (HSN) Health, Safety and Nutrition, (CD) Child Development,
- (CU) Curriculum, (P) Professionalism,
- (CO) Community, (SN) Special Needs

# November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Healthy Beginnings Part 1 9:00am-4:00pm
<b>2</b>	<b>3</b> Children and Conflict— Violence 6:30pm-8:30pm (2CD)	<b>4</b>	<b>5</b> Center Aide Orientation 6:30pm-9:30pm (3P)	<b>6</b> Creating a Classroom Community 6:30pm-8:30pm (2CO)	<b>7</b>	<b>8</b> CPR & First Aid 9:00am-1:00pm
<b>9</b>	<b>10</b>	<b>11</b> Veteran's Day	<b>12</b> Laugh and Learn Together 6:30pm-8:30pm (2CU)	<b>13</b> MSDE Accreditation Orientation 6:00pm-8:00pm	<b>14</b>	<b>15</b> Healthy Beginnings Part 2 9:00am-4:00pm
<b>16</b>	<b>17</b> Childhood Stress, Depression, and Separation Anxiety 6:30pm-8:30pm (2HSN)	<b>18</b> Multiculturalism: Embracing Diversity 6:30pm-8:30pm (2CO)	<b>19</b> Discovering Music 6:30pm-8:30pm (2CU)	<b>20</b> Basic Sign Language: Head-to-Toe and Personal Hygiene 6:30pm-8:30pm (2CO)	<b>21</b>	<b>22</b> Medication Administration 9:00am-4:00pm (6HSN)
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Thanksgiving	<b>28</b>	<b>29</b>
<b>30</b>						

# December 2014

## 12/1 — One Size Does Not Fit All (2CD)

This training will address the needs of children that are aggressive, shy or singled out. Participants will learn strategies to help these children develop social skills and build confidence.

*Time: 6:30pm-8:30pm, Instructor: Donna Bennett  
Fee: \$25 Member/\$30 Non-Member*

## 12/2 — Tax Tips For Your Personal Business (2P)

Come and learn some easy ways to help you organize the business aspect of your program.

*Time: 6:30pm-8:30pm, Instructor: Gene Townsend  
Fee: \$25 Member/\$30 Non-Member*

## 12/3 — Putting the Drama Into Dramatic Play (2CU)

Bring your imaginations and creativity as we explore ways to expand the dramatic play area past the typical home living center.

*Time: 6:30pm-8:30pm, Instructor: Emily Tex  
Fee: \$25 Member/\$30 Non-Member*

## 12/4 — Creating Effective Lesson Plans (3CU)

This workshop will help participants write clear, well thought out, effective lesson plans. They will understand the components of a lesson plan which will impact the learning success of the children in their care. Bring your lesson plans with you if you have them.

*Time: 6:30pm-9:30pm, Instructor: Sarah Sutherland  
Fee: \$35 Member/\$40 Non-Member*

## 12/6 — Medication Administration

This training course is a 6-hour competency-based program approved by MSDE/OCC to train child care providers to safely administer oral, topical and emergency medication to children in a child care setting. Upon successful completion of this course each participant will receive a Certificate of Completion which will allow the participant to administer MSDE/OCC approved medications to infants, toddlers, preschool and school age children in child care centers and homes.

*Time: 9:00am-4:00pm, Instructor: Pat Jennings  
Fee: \$60 Member/Non-Member*

## 12/9 — Providing A Print Rich Environment (2CU)

Participants will be introduced to the reading and writing connection as well as stages of emergent writing.

*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg  
Fee: \$25 Member/\$30 Non-Member*

## 12/10 - Literature For School-Agers (2CU)

Come and explore various extension activities that can accompany the reading of some popular books. Participants will see how literature really touches all content areas in education.

*Time: 6:30pm-8:30pm  
Instructor: Emily Tex, Fee: \$25 Member/\$30 Non-Member*

## 12/11 — Hands on Science (2CU)

We need to remember that children are natural born scientists. They are always asking "Why?" and "How?" and trying things out. We seem to get stuck with the idea that science needs to be complex, when in fact, all we have to do is give structure to children's curiosity.

*Time: 6:30pm-8:30pm, Instructor: Debra Heidenberg  
Fee: \$25 Member/\$30 Non-Member*

## 12/13 — S.E.A. Kit Training (3CD, 2SN, 1P)

This training helps the early childhood educator determine the underlying problem, teach children new skills to assist them to communicate and cope, and then develop a plan to support the child's use of these new skills. *Must have a S.E.A. Kit to attend this training.*

*Time: 9:00am-4:00pm, Instructor: Anne Kirchner  
Fee: \$90 Member/Non-Member for training, \$483 for S.E.A. kit*

## 12/15 — Defiant and Aggressive Child (2SN)

Learn the difference between an aggressive and a defiant child. Discuss a variety of techniques to use with these children as well as how to develop a plan of action.

*Time: 6:30pm-8:30pm, Instructor: Donna Bennett  
Fee: \$25 Member/\$30 Non-Member*

**12/16 — Designing Your Home Child Care Environment (2CU)**  
A well-ordered family child care program can convey powerful messages to children, such as: "this is a good place to be" and "you belong here." Come learn easy strategies for creating an enriched family child care environment. *Time: 6:30pm-8:30pm, Instructor: Emily Tex  
Fee: \$25 Member/\$30 Non-Member*

## 12/18 — Room Arrangements for Center-based Care (2CU)

A well-ordered child care program can convey powerful messages to children, such as "this is a good place to be" and "you belong here."

Come learn easy strategies for creating an enriched center based child care environment. *Time: 6:30pm-8:30pm, Instructor: Kelly Hutter  
Fee: \$25 Member/\$30 Non-Member*

## 12/18 — Infant/Toddler Module 8: Overview of Special Needs (2SN, 1CD)

This class will help you identify infant and toddler special needs and give you information on how to best care for your infants and toddlers. Participants will gain knowledge in areas of special needs, such as food and environmental allergies, diagnosed disabilities, and resources to assist providers in caring for these children.

*Time: 6:30pm-9:30pm, Instructor: Anne Kirchner  
Fee: \$35 Member/\$40 Non-Member*

## 12/20 — CPR & First Aid

Participants will be trained in CPR for the infant, child, and adult. This class meets the Maryland Child Care Administration's CPR and First Aid training requirements for child care facilities.

*Time: 9:00am-1:00pm, Instructor: Jay Hyde and Adam Corbran  
Fee: \$65 Member/Non-Member*

**The Promise Resource Center would like to wish everyone a safe and happy holiday season!**

### Inclement Weather Policy

Promise Resource Center follows St. Mary's County Public School's inclement weather cancellation schedule. If schools are closed or after-school activities are cancelled due to inclement weather, our office will be closed and the class for that day will be cancelled or rescheduled. If at anytime you feel uncomfortable traveling due to inclement weather, please call prior to the class and we will be happy to transfer you to another class. For current cancellations, please call 301-290-0040.

### Core Of Knowledge Areas:

(HSN) Health, Safety and Nutrition, (CD) Child Development, (CU) Curriculum, (P) Professionalism, (CO) Community, (SN) Special Needs

# December 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> One Size Does Not Fit All 6:30pm-8:30pm (2CD)	<b>2</b> Tax Tips for your Personal Business 6:30pm-8:30pm (2P)	<b>3</b> Putting the Drama Into Dramatic Play 6:30pm-8:30pm (2CU)	<b>4</b> Creating Effective Lesson Plans 6:30pm-9:30pm (3CU)	<b>5</b>	<b>6</b> Medication Administration 9:00am-4:00pm (6HSN)
<b>7</b>	<b>8</b>	<b>9</b> Providing A Print Rich Environment 6:30pm-8:30pm (2CU)	<b>10</b> Literature For School-Agers 6:30pm-8:30pm (2CU)	<b>11</b> Hands On Science 6:30pm-8:30pm (2CU)	<b>12</b>	<b>13</b> S.E.A. Kit Training 9:00am-4:00pm (3CD, 2SN, 1P)
<b>14</b>	<b>15</b> Defiant and Aggressive Child 6:30pm-8:30pm (2SN)	<b>16</b> Designing Your Home Child Care Environment 6:30pm-8:30pm (2CU)	<b>17</b>	<b>18</b> ~ Infant/Toddler Mod #8 - Overview of Special Needs 6:30pm-9:30pm (2SN, 1CD) ~ Room Arrangement For Center - Based Care 6:30pm-8:30pm (2CU)	<b>19</b>	<b>20</b> CPR & First Aid 9:00am-1:00pm
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Christmas	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

## LOCATE: Child Care

If you are a licensed child care program or family child care provider, you can take advantage of this free method of advertising by keeping your LOCATE database record current.

- ◆ Report changes to your fees, email, hours, and etc.;
- ◆ Report vacancies.
- ◆ Request a database questionnaire;
- ◆ Leave a question and someone will call you back.

Call toll free **1-866-752-1614**, provider message service.

### LOCATE Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

**Less Serious Complaint - No Violation:** complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.

**Less Serious Complaint Involving Violation:** complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.

**Serious Complaint:** any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to Arna Griffith, Director, LOCATE: Child Care.



**This publication was produced as a work for hire for the benefit of, and with funds from, the Maryland State Department of Education**

# WORKSHOP PAYMENT FORM

Please mail registration form with check or money order to:



*SIGN UP EARLY!*

***the Promise Resource Center  
29958 Killpeck Creek Court  
Charlotte Hall, MD 20622***

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

Email Address \_\_\_\_\_

<u>Workshop Title:</u>	<u>Date:</u>	<u>Cost:</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Total \$ \_\_\_\_\_

**Credit Card Payments:** Please note as of 10/13/2010 we will no longer accept American Express.

\_\_\_\_ Visa      \_\_\_\_ Master Card      \_\_\_\_ Discover

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Total to charge: \$ \_\_\_\_\_

Phone Number: \_\_\_\_\_

*\*If additional space is needed, you may use the back of this form or a separate piece of paper.*



MARYLAND  
FAMILY  
NETWORK



the  
**PROMISE**  
—RESOURCE CENTER—



**Fall/Winter 2014 Newsletter and Training Calendar**

*help a child tomorrow with what you learn today*

Open Immediately!  
Training Calendar  
Enclosed!

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20650

The Promise Resource Center  
29958 Killpeck Creek Court  
Charlotte Hall, MD 20622