













# **NEW** Classes!

Seasonal Yoga Experience: Summer/Fire

"Ask the Organizer"

Summer Herbs for Wellness & Energy

Ask the Expert: Knitting & Crocheting

Fused Glass: Create a Garden Stake

Mom & Me: Fairies & Wizards

From Farm to Face: Sean's Summer

Surprise

**Fused Glass: Unique Millefiori** 

**Pendant** 

# **KCC's Lifelong Learning**



450 North Avenue Battle Creek, MI 49017-3397

e-mail: ll-info@kellogg.edu www.kellogg.edu/lifelong

269.965.4134 phone 269.565.2129 fax



#### LIFELONG LEARNING REGISTRATION

INSTRUCTIONS: You may use this form to register in person, by mail, or by FAX. Please DO NOT e-mail your payment to us. If registering by mail, return this form to the address below. If registering by FAX, dial (269) 962-7370 in Battle Creek, (269) 948-9522 in Hastings, (517) 278-3311 in Coldwater, or (517) 630-8169 in Albion. Payment for tuition is due by charge card if registering by FAX—do not send cash. To make payment, complete the information and authorization on the bottom of this form. This form must be received and processed prior to the first class meeting. Incomplete forms, forms received after the first class meeting, and forms from students who have outstanding accounts will not be processed.

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Lifelong Learning Kellogg Community College 405 Hill Brady Road Battle Creek, MI 49037

FOR OFFICE USE ONLY				
TOTALFEES				
CASH				
CHECK				
TO BE BILLED				
AUTHORIZED BY				

## **WAYS TO REGISTER**

#### **TELEPHONE**

(269) 965-4134

#### **FAX**

(269) 565-2129

# learning

#### MAIL

Lifelong Learning Kellogg Community College 450 North Avenue Battle Creek, MI 49017-3397

#### IN PERSON

KCC's Ohm Information Technology Center Room 102 Monday-Thursday, 8:30 am-4:30 pm Friday, 8:30-11:30 am or Customer Service Centers

#### **ONLINE**

www.kellogg.edu/lifelong

Since 1965, Kellogg Community College has been granted full accreditation by the Higher Learning Commission of the North Central Association of Colleges and Schools (www.ncahigherlearningcommission.org 1-800-621-7440). Additionally, the College is a member of the Michigan Community College Association, the Council of North Central Community-Junior Colleges, and the American Association of Community Colleges.

Membership in the various associations and regional accreditation agency approval gives students the assurance that their work at Kellogg Community College will be accepted by other reputable colleges and universities.



# **Contents** Yoga & Fitness 4-5 Cooking, Home & Garden 6-8 **Arts & Hobbies** 10-12 Personal Interest 13-14 **Computers** 16 Calendar of Classes 17 Map 19 **Registration Information** 20-21 **Ways to Register** 22 **Registration Form** 23

#### Welcome to Lifelong Learning at KCC!

We're so excited to be trying something new—summer classes! Also new is the fact that almost all of these classes will be offered on KCC's Main Campus, in the Ohm Building, Room 109. You can find a map of campus on page 19.

We've created a group of classes that are informative, entertaining and most of all—fun! There are some of your favorites and plenty of NEW topics to pique your interest.

We hope you find classes that sound like fun, because we're looking forward to seeing you soon,

Your Friends in Lifelong Learning

## **YOGA & FITNESS**

## Seasonal Yoga Experience: Summer/Fire - *NEW*

Join us for this first in a new voga class series where we'll incorporate a season and elemental theme as the basis for the yoga movement. This four-week class will guide you through a series of postures (Asanas) that are based around the activity and heat of summer while igniting your inner fire. We'll be working with Vinyasa to engage our solar plexus and our inner tapas (fire) to burn away anything we're holding on to from the long winter season. Beginning yoga experience is preferred. Your instructor, Jennifer Troutner, is a 500-Hour Registered Yoga Teacher (RYT). Wednesdays \* 6/4/14-6/25/14 \* 6:15-7:45 pm \* \$39 YOGA CG006-01

# Ayurvedic Yoga: The Dosha-Based Practice - *NEW*

Ayurveda and yoga go hand-in-hand, and both have existed for thousands of years. Ayurveda states that the body has a predesigned constitution known as its Dosha. We've designed this class to introduce you to the three Doshas and to



explore the Asana practice best suited for a particular Dosha. By the fourth class we will have determined which Dosha is predominant for you: Pitta is active and full of heat; Vata is airy and easy to shift, or Kapha which is mellow and slow to change. Then you'll work with the Asanas that properly serve your Dosha. Please note that yoga experience is preferred. Your instructor, Jennifer Troutner, is a 500-Hour Registered Yoga Teacher (RYT). Wednesdays \* 7/9/14-7/30/14 \* 6:15-7:45 pm \* \$39 **YOGA CG006-02** 

# Yoga Practice: The Five Prana Vayus - *NEW*

The Vayus are the direction our Prana (life force energy) takes during a yoga class. Vayu means, literally, "wind." The five Vayus of Prana all have very subtle, yet distinct, energetic qualities including specific functions and directions of flow, and each Vayu governs a different area of the body. When they are

Fines must be paid prior to registering. Late registration will be accepted through the first class meeting, if space is available. Enrollments are accepted on a first-come, first-served basis; however, we will add you to our waiting list if the class is full.

#### **CANCELED CLASSES**

If your course must be canceled, we will attempt to notify you before the first class. In this event, you will be entitled to a full refund or, if you wish, you may apply the registration fee to another course. Please ensure that KCC has your current phone number by including it on your registration form, telling us when you call to register, or updating it in the system when you register online.

#### **DISCLAIMERS**

Kellogg Community College does not endorse specific holistic approaches to healthy living or religious beliefs. These non-credit workshops are offered as information only and students are expected to make personal, independent decisions regarding their own health and spirituality. All seminars and workshops are educational in nature; no financial products, services or insurances of any kind will be promoted in these classes.

#### **EQUAL OPPORTUNITY**

Kellogg Community College is an equal opportunity institution and does not discriminate on the basis of race, religion, color, national origin, sex, marital status, age or handicap in its admission policy, educational programs, activities or employment policies. If any student believes the College or any part of the College organization has inadequately applied these principles, he/she may contact the Equal Opportunity Office, (269) 965-3931, ext. 2265.



# We're always looking for great course ideas and instructors.

If you have an idea for a course, visit **www.kellogg.edu/lifelong** and download the Course Proposal Form.

Of particular interest are instructors for: arts & crafts - fitness - writing

# **REGISTRATION INFORMATION**

#### BY PHONE

To register by phone (using a major credit card), call (269) 965-4134.

#### BY FAX

To register by FAX (using a major credit card), fax (269) 565-2129 with your completed registration form.

#### BY MAIL

Complete and mail the registration form in the back of the schedule with your check, money order or credit card information. All fees are due when you register. Make checks payable to Kellogg Community College, and send to ATTN: Lifelong Learning, Kellogg Community College, 450 North Ave., Battle Creek, MI 49017-3397. If you have more than one person to enroll, copy our form, fill it out and send it in with payment for each registrant, or download a copy from our website.

#### IN PERSON

The Lifelong Learning main office is located in the KCC Ohm Information Technology Center, room 102. Hours of operation are 8:30 am to 4:30 pm, Monday through Thursday and 8:30 am to 11:30 am on Friday. You can also visit any KCC Center.

#### **ONLINE**

Visit www.kellogg.edu/lifelong and click on the Register for Classes link. Search by subject area, find your class and pay by credit card. Payment is required to register.

#### **REFUND POLICY**

If requested at least two days prior to the start date, a full refund is given for any dropped course, seminar, or workshop. A partial refund is given for any course dropped through 1/10 of the total number of instructional hours. At this time a \$5 fee is nonrefundable. All requests for refunds should be directed to Lifelong Learning at (269) 965-4134

#### **ADDITIONAL INFORMATION**

Register early for a full selection of courses. Each semester we cancel courses because of low enrollment, only to find out the day of the course that several of you intended to come. Please help us by registering at least one week before the class start-date so we won't disappoint you. Registrations will not be

balanced together, they promote the health and vitality of our body and mind. Prana is built through certain Asana sequencing, energetic themes, pranayama (breath work) and meditation. This class will show you that as we pay attention to the subtleties during our practice we can feel the pattern and direction of Prana awakening. Due to the advanced nature of the Asanas practiced in this class, yoga experience is required. Your instructor, Jennifer Troutner, is a 500-Hour Registered Yoga Teacher (RYT). Wednesdays \* 8/6/14-8/27/14 \* 6:15-7:45 pm \* \$39

Best Deal! Take all 3 Summer Yoga classes for only \$95

YOGA CG006-03

Wednesdays \* 6/4/14-7/30/14 \* 6:15-7:45 pm \* \$95 YOGA CI018-01

#### **Self Defense Basics**

Many self-defense seminars teach awesome techniques that work—IF you practice them on a regular basis! This class is designed to get you to think differently about yourself and your environment, and offers some simple and effective

practices to help you deter, evade and escape an attack should the need arise. It will teach you how to "keep your head" about you in stressful situations and will offer some practical insight that you can use in everyday life. This class will give you confidence and a good foundation in self-preservation skills to keep you safe and sound. Your instructor has taught this workshop many times and she's ready to show you how to take care of yourself. This is a great class for moms and daughters who want to learn a new and valuable skill together! **NOTE**: Contact Lifelong Learning directly at 269-965-4134 for "couple" pricing. Both people's information (name/address/ birth date/phone) must be provided at that time.

Monday \* 6/30/14 \* 6-8 pm \* \$25 (single) \$39 (couple) MAAR CB002-01 (single) MAAR CB002-02 (couple)



# **COOKING, HOME & GARDEN**



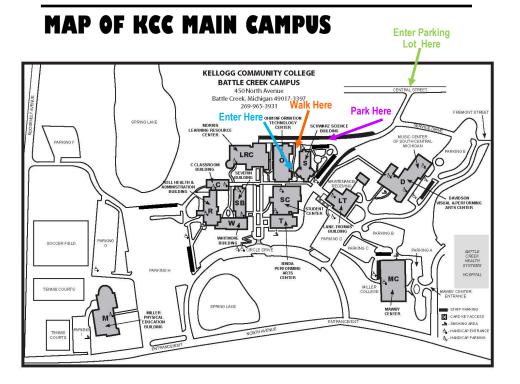
# From Farm to Face: Sean's Summer Surprise— *NEW*

It's that Farmer's Market time of year and we're taking the "farm to table" concept one step further and inviting you to join us for a "farm to face" experience. Join Sean Kelly, Executive Chef at Arcadia Brewing Company, as he takes you on a creative journey of fresh food. If you've enjoyed Sean's classes before then we invite you to join us again; if you've never been to one of Sean's cooking classes then you won't want to miss this one! Here's the plan: Sean's going to the local Farmer's Market the day of class and selecting whatever looks fresh and tasty; then he's coming to class to prepare dishes for you mystery dishes that's true, but we guarantee they will be delicious! So, if you're an adventurous diner and you enjoy great food you really must ioin us for this brand new approach to a cooking class!

Workshop fee includes all food items, recipes and tasting samples. **NOTE**: This class will be held at KCC's Regional Manufacturing Technology Center, 405 Hill Brady Road, Battle Creek in Room B. **Tuesday \* 6/17/14 \* 5:30-8 pm**\* \$55 (includes materials) **COOK CN003-01** 

#### **Clutter Clearing 101**

Are you thinking about holding a garage sale this summer? Now is the time to dig through all of that clutter and bring summer's lightness and brightness to your home. It can be a struggle to let go of our "stuff" and in this class you'll get great ideas on how you can let go of the special attachments you have to your stuff. Join a professional organizer who will help you explore the phenomenon of clutter clearing by sharing the tools and techniques to get you started, along with a demonstration of how to sort through everything. Don't procrastinate any longer! It's the perfect time to get started making your home clutter-free and have great stuff for that summer garage sale!



Classes are held in the Ohm Information Technology Building, Room 109.

The most convenient parking can be found in the "staff parking" (purple arrow) that runs behind the Learning Resource Center (library), Ohm Building and Schwarz Science Building off of Central Street (green arrow). Students can park here after 5:00 pm.

If you enter via the doors (blue arrow) from the walkway running between the Ohm and Schwarz Buildings (orange arrow), you will make a left after entering the building to reach Ohm Building, Room 109.

The Lifelong Learning Office can be found in the Ohm Building, Room 102.

# SUMMER YOUTH ROBOTICS CAMPS

Camps are held at the Regional Manufacturing Technology Center, 405 Hill Brady Road, Battle Creek.

Contact the RMTC for more information and registration (see below).

# INTRO TO TETRIX ROBOTICS

Monday-Thursday - July 7-July 10 - 8:00 am-12:00 pm

Take your robot engineering skills to the next level. Learn how to design and manufacture robots using advanced engineering techniques. Students will learn the process of designing and manufacturing parts to build a robot using Tetrix Robot Building Systems. This system is used by FIRST robotics middle school competition teams. Some experience with robotic design and engineering is recommended. Ideal for middle through high school students.

## LEGO DESIGN AND ENGINEERING

Monday-Thursday - July 7-July 10 - 8:00 am-12:00 pm

Learn the engineering concepts necessary to build advanced LEGO designs. Take your ideas to the next level by utilizing engineering skills to create the LEGO designs of your dreams. Build solid structures that hold up to rigorous testing. Create LEGO models you have always dreamed and tried to create, but didn't have the skills

For more information or to register your child, grandchild, niece or nephew contact the RMTC or Kim Andrews-Bingham

PHONE 269.965.4137

EMAIL andrewsk@kellogg.edu

**NOTE**: This class will not focus on paper clutter, but instead on all the other clutter we manage to accumulate.

Monday \* 6/23/14 \* 6-8 pm \* \$29 HOME CA002-01

# Hands-On Artisan Cheese Making: Mozzarella

In this hands-on class, you'll learn how to take one gallon of milk and make the best mozzarella vou have ever tasted! There is no special equipment needed and with 5 simple ingredients, you will never buy store-bought mozzarella again. You'll leave class with a delicious fresh cheese and you can keep the success of your fabulous Margherita pizza and luscious lasagna a secret--only you will know that your homemade cheese makes all the difference in your dishes! Workshop fee includes all food items, recipes and tasting samples.

Tuesday \* 6/24/14 \* 6-9 pm \* \$45 (includes materials) COOK CH003-01





## Summer Herbs for Wellness & Energy - *NEW*

Have you been thinking about planting an herb garden this year? What if you could do double-duty and make your meals both delicious and healing? Join us in this fun class to learn more about herbs you can grow in your own garden that support the active energy of summer. Plus, we'll share how you can use them to address common summer ailments like bug bites, allergies, and summer colds. You'll leave class with a special herbal tea designed just for you. **NOTE**: This class is for

**NOTE**: This class is for information only and is not meant to provide medical advice.

Thursday \* 6/26/14 \* 6-8 pm \* \$29 (includes all materials) HOLV CG002-01



# Fused Glass: Summer Garden Stake - *NEW*

Do you enjoy your beautiful flower gardens? Show them some love by creating decorative and beautiful garden stakes. In this new class, you'll create two glass garden stake projects (a flower, a butterfly and/or a bug). You'll learn to cut, stack and layer glass and the basics of kiln fused glass. Plus, you'll receive a small packet of sparkly dichroic glass to give your garden stakes a little bling! Your class fee includes all materials, and we'll take your items to be fired in the kilns at the Glass Art Center and they'll be back in time to brighten up your gardens all summer long! NOTE: After firing, your glass designs will be adhered to a metal stake so they are ready for your garden when you pick them up. Additional dichroic glass will be available for purchase in class.

Thursday \* 7/17/14 \* 6-8:30 pm \* \$69 (includes all materials) CRFT CM003-01

### "Ask the Organizer" – NEW

This great new class creates an open forum for you to ask any organizing question you may have of our professional organizer! After covering a few organizational basics, we'll open the floor for your questions no matter what part of your life or room in your house you want to organize you can get answers from an expert and learn from others in this unique new class. Bring photos of the spaces that need organizing help and then take the tips from our expert home with you and give them a try.

Monday \* 7/21/14 \* 6-8 pm \* \$25 HOME CA002-02

# Bring a friend to class and make it a girls' night out!



Send her this link
www.kellogg.edu/lifelong
and decide on the classes you
want to take together

# **Summer Calendar of Classes**

#### JUNE

2	3	4 6:15 pm Summer/Fire Yoga	5	6
9	10	11 6:15 pm Summer/Fire Yoga	12	13
16	17 5:30 pm From Farm to Face	18 6:15 pm Summer/Fire Yoga	19	20
23 6:00 pm Clutter Clearing 101	24 6:00 pm Hands-On Moz- zarella	25 6:15 pm Summer/Fire Yoga	26 6:00 pm Summer Herbs for Wellness	27

#### JULY

0021				
30 6:00 pm Self Defense Basics	1	2	3	4
7	8	9 6:15 pm Ayurvedic Yoga	10	11
14 6:00 pm Knitting & Cro- cheting	15	16 6:15 pm Ayurvedic Yoga	17 6:00 pm Summer Garden Stake	18
21 6:00pm Ask the Organizer	22 6:00 pm Getting Paid to Talk!	23 6:15 pm Ayurvedic Yoga	24 6:00 pm Retirement Planning	25
28 6:00 pm Hardware, Home Phones	29	30 6:15 pm Ayurvedic Yoga	31 6:00 pm Retirement Planning	1

#### **AUGUST**

4 6:00 pm Operating Sys- tems, MS Office	5	6 6:15 pm Vayu Yoga	7 6:00 pm Unique Millefiori Pendant	8
11 6:00 pm Internet, Email, Online	12 6:00 pm Mom & Me	13 6:15 pm Vayu Yoga	14	15
18	19	20 6:15 pm Vayu Yoga	21	22
25	26	27 6:15 pm Vayu Yoga	28	29

## **COMPUTERS**

#### Ask the Geek: Hardware, Home Phones & TV – *NEW*

Join us for this "open forum" session where you'll have full access to the knowledge of our favorite tech guy! In this session we'll focus on hardware: new or refurbished computers, best deals on memory, screens, printers; home phones: digital options and best deals; and home TV: Hulu, Roku and others. Bring your questions and learn before you buy!

Monday \* 7/28/14 \* 6-8 pm \* \$25 COMP CG002-01

## Ask the Geek: Operating Systems, MS Office & Free Software – *NEW*

Join us for this "open forum" session where you'll have full access to the knowledge of our favorite tech guy! In this session we'll focus on operating systems, Windows vs. Linux, MS Office tips & tricks, and free software that will do everything MS Office does. Bring your questions and learn how to reduce your costs while still getting everything you need!

Monday \* 8/4/14 \* 6-8 pm \* \$25 COMP CG002-02



## Ask the Geek: Internet, Email & Online Privacy – NEW

Join us for this "open forum" session where you'll have full access to the knowledge of our favorite tech guy! In this session we'll answer your questions related to Internet service providers, email systems and easy ways to protect your identity online. Bring your questions and be prepared to be amazed at what you will learn and why you should care about your online privacy!

Monday \* 8/11/14 \* 6-8 pm \* \$25 COMP CG002-03

## Best Deal! Ask the Geek Series only \$59 for all 3 classes

Mondays \* 7/28/14-8/11/14 \* 6-8 pm \* \$59 COMP CG006-01

# Kellogg Community College Summer Volleyball Camps

# Beginning & Intermediate Levels

**Monday-Thursday** 

July 28-July 31
9:00 am-3:00 pm
(Lunch from 11:00 am-12:00 pm)
Bring your own lunch
\$100

#### **Advanced Level**

Monday-Thursday
August 4-August 7
9:00 am-3:00 pm
(Lunch from 11:00 am-12:00 pm)
Bring your own lunch
\$100

Camps are held at KCC's Miller Building, 450 North Ave, Battle Creek

## Contact Lifelong Learning for more information

PHONE 269.965.4134
EMAIL Il-info@kellogg.edu
www.kellogg.edu/lifelong

#### Beginning & Intermediate Levels

Join Kellogg Community College's girls volleyball coach, along with KCC team members, for this beginner and intermediate level camp that will focus on the most important volleyball basics: passing, setting, hitting, blocking & serving.

This camp is open to anyone going into the 3rd-6th grades.

#### Advanced Level

This advanced skill level camp will focus on preparing players for their volleyball team tryouts. The camp will cover advanced passing, setting, hitting, blocking and servings skills. This camp is open to anyone going into the 7th-12th grades.



# **ARTS & HOBBIES**



# Ask the Expert: Knitting & Crocheting – *NEW*

Join us for a unique class that will get you the help you need for your challenging knitting or crocheting projects. We'll bring you together with our expert instructor and she'll give you one-on-one help in solving a problem in an existing project, getting started with a new project, learning a new technique you need to start a project, and even working through a challenging pattern. **NOTE**: Please bring your current project materials along with the directions/pattern, or, if you need help starting a new project, please be sure you have all of the materials required along with the pattern. Class size is limited to ensure everyone gets time with the expert, so register early! Monday \* 7/14/14 \* 6-8 pm \* \$25

**CRFT CE002-01** 

Fused Glass: Summer Garden Stake - *NEW* 

Do you enjoy your beautiful flower gardens? Show them some love by creating decorative and beautiful garden stakes. In this new class, you'll create two glass garden stake projects (a flower, a butterfly and/or a bug). You'll learn to cut, stack and layer glass and the basics of kiln fused glass. Plus, you'll receive a small packet of sparkly dichroic glass to give your garden stakes a little bling! Your class fee includes all materials, and we'll take your items to be fired in the kilns at the Glass Art Center and thev'll be back in time to brighten up your gardens all summer long! **NOTE**: After firing, your glass designs will be adhered to a metal stake so they are ready for your garden when you pick them up. Additional dichroic glass will be available for purchase in class.

Thursday \* 7/17/14 \* 6-8:30 pm \* \$69 (includes all materials) CRFT CM003-01

For more information or to register CALL 269.965.4134

# **One-on-One Computer Classes**

We've designed 2-hour computer classes on focused topics for those whose schedules won't allow time for our regular classes. Learn in a one-on-one environment. Our experienced and patient instructor will meet you at either our main campus location or at the Regional Manufacturing Technology Center, based on space availability and your schedule.

All sessions are scheduled at your convenience and the topics are based on your training needs and level of skill. One-on-one computer classes are offered in two-hour blocks and are only \$49 for each two-hour block.

Typical Topics Include:

#### **MS Word 2010**

Working with Graphics
Tabs & Tables
Mail Merge
Applying Special Formats

#### MS Excel 2010

Creating Workbooks
Managing Multiple Worksheets
Using Functions & Tables
Creating Charts

#### MS PowerPoint 2010

Creating & Formatting
Presentations
Enhancing with Graphics
Presenting Data Using Tables
Creating Charts & Animations

MS Access 2010 Windows 7 or Windows 8 Computer Basics iPad Basics

Call Lifelong Learning at 269.965.4134 to discuss the topics you are interested in, and we'll work with you and our instructor to create a one-on-one class that meets your needs.



# Summer Herbs for Wellness & Energy - *NEW*

Have you been thinking about planting an herb garden this year? What if you could do double-duty and make your meals both delicious and healing? Join us in this fun class to learn more about herbs you can grow in your own garden that support the active energy of summer. Plus, we'll share how you can use them to address common summer ailments like bug bites, allergies, and summer colds. You'll leave class with a special herbal tea designed just for you.

**NOTE**: This class is for information only and is not meant to provide medical advice.

Thursday \* 6/26/14 \* 6-8 pm \* \$29 (includes all materials) HOLV CG002-01

# Hands-On Artisan Cheese Making: Mozzarella

In this hands-on class, you'll learn how to take one gallon of milk and make the best mozzarella you have ever tasted! There is no special equipment needed and with 5 simple ingredients, you will never buy store-bought mozzarella again. You'll leave class with a delicious fresh

cheese and you can keep the success of your fabulous Margherita pizza and luscious lasagna a secret--only you will know that your homemade cheese makes all the difference in your dishes! Workshop fee includes all food items, recipes and tasting samples.

Tuesday \* 6/24/14 \* 6-9 pm \* \$45 (includes materials) COOK CH003-01

# "Ask the Organizer" –

**NEW** 

This great new class creates an open forum for you to ask



any organizing question you may have of our professional organizer! After covering a few organizational basics, we'll open the floor for your questions—no matter what part of your life or room in your house you want to organize you can get answers from an expert and learn from others in this unique new class. Bring photos of the spaces that need organizing help and then take the tips from our expert home with you and give them a try.

Monday \* 7/21/14 \* 6-8 pm \* \$25 HOME CA002-02

# Getting Paid to Talk! Intro to Professional Voiceovers

Have you ever been told you have a great voice? From audio books and cartoons to documentaries, commercials, and more, this class will introduce you to the growing field of voice over. Today, the range of voices hired has grown dramatically from the days of announcers. Learn what the pros look for, how to prepare, and where to find work in your area! We'll discuss industry pros and cons and play samples from In addition, you'll have an opportunity to record a short professional script under the direction of our teacher. This class is lots of fun, realistic, and a great first step for anyone interested in the voice over field. In an effort to ensure a quality class experience, we must limit attendance. Please register early.

Tuesday \* 7/22/14 \* 6-8:30 pm \* \$39 PERF CI003-01

Instructor biographies
are available on
our website
www.kellogg.edu/lifelong



## Fused Glass: Unique Millefiori Pendant – *NEW*

Do you love unique jewelry? Have you wanted to join in on the fused glass jewelry phenomenon? In this new class you'll join the professionals from West Michigan Glass Art Center as you learn to cut and shape a 2-inch pendant base. Then let your imagination run wild as you choose from hundreds of pre-made Millefiori pieces to create the tree or flower garden of your own design. You will be introduced to basic kiln fusing tools and techniques, and a silver or gold tone bail will be included to finish your pendant after it's fired. Your class fee includes all materials, and we'll take your items to be fired in the kilns at the Glass Art Center and they'll be back in time to show off your unique jewelry with your favorite summer outfit!

Thursday \* 8/7/14 \* 6-8:30 pm \* \$55 (includes all materials) CRFT CM003-02



## Mom & Me: Fairies & Wizards – *NEW*

Does your child love the Disney fairies or the wizards of Harry Potter? If your son or daughter is age 4-12 years, and the long summer has led to "Mom, I'm bored..." complaints, then this fun class is just the cure for the summertime blues! You and your child will work together to create either fairy wings or a wizard hat, a marshmallow wand with a few magical sayings for good measure, and then you'll decorate cookies with either the fairy or wizard theme. Your fee is for both you and your child and includes all materials; you can bring an additional child for only \$15 more, just let us know the names and ages of both children when registering.

Tuesday \* 8/12/14 \* 6-8 pm \* \$29 CRFT CR002-01



INSTITUTE FOR LEARNING IN RETIREMENT

The Institute for Learning in Retirement is a community-based organization for men and women age 50 and better. These individuals develop their own courses, with no concern for tests, homework or grades. Through classes, luncheons and field trips, members meet new friends, gain knowledge and have fun while learning.



The ILR is sponsored by Kellogg Community College and is affiliated with the National Elderhostel program.

Annual dues are \$15 per person. For more information or to receive a schedule, call 269.965.4134.

## FIND US ON FACEBOOK



www.facebook.com/KCCLifelongLearning

## **PERSONAL INTEREST**

# Retirement Planning Today ®

This popular class is both entertaining and informative; unlike financial seminars that focus on a specific topic, this comprehensive course helps you see the "big picture." Whether your objective is to build a nest egg, protect your assets or preserve your lifestyle throughout retirement, this class can help you plan your future with confidence. We will share how to build wealth and align your money with your values to accomplish your goals in life. Whether you plan to retire 20 years from now or have just recently retired, the information you learn in this class could deliver rewards throughout your lifetime.

NOTE: This course is educational and non-commercial. No specific financial products are discussed or sold. Your class fee includes a 225-page workbook with examples and illustrations and you can bring your spouse or a guest at no additional charge (your fee includes one workbook).

Thursdays \* 7/24/14-7/31/14 \* 6-9 pm \* \$49 MONY CJ006-01



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Tuesday \* 7/22/14 \* 6-8:30 pm \* \$39 PERF CI003-01