

Temple Beth Israel Bulletin



Rabbi Jeffrey R. Astrachan

Member, Union for Reform Judaism

Thoughts from the Rabbi...



Dear Friends,

As the son of a Rabbi, I recall a rather interesting childhood.

Each one of us is certainly a product of our parents' best efforts to raise

us, teach us, and protect us... all the while allowing us to make mistakes in order to learn and to grow. I must say that my parents did a pretty good job, and I credit them with helping me through all the challenges that came with simply growing up, and all those unique challenges that came with growing up as a Rabbi's son.

As a Rabbi, I realize that my own children are part of a very exclusive group, known in the *biz* as "RKs" – Rabbi's Kids. And while there are no fees to belong, each of us who is a proud member of the *club* has certainly paid our dues.

Years ago, I remember a "Top Ten" list circulating on the internet—written by an RK—that presented some of the challenges of being a part of this group. Some entries on the list included:

- People saying, "You should know better about..." well, everything!

- Seeing your father being close with other kids, but not always having time for you.

- Others' expectations that you can read Hebrew fluently and know the tune to every song.

- And the NUMBER ONE reason was... (drum roll please): You're the last ones to leave the *Oneg!*

Certainly, there are challenges to being an RK. But also such great rewards. In just a few weeks, Shelley and I will have the great joy of sitting together (*a rarity*) to celebrate the B'nei Mitzvah of our children, Abby and Steven. From the start of their preparation, Shelley and I wanted them to know exactly what we—as their proud parents—NOT as "Rabbi" and "Rebbitzin"—expected of them. We told them to:

Work hard.

Study the material.

Keep up with your schoolwork.

And above all else, "Be true to yourselves and to your abilities. Be YOU."

As it turns out, this is the same advice my parents gave to me.

Needless to say, we are expecting a full house. And yet, it is our hope that when our children stand at the Torah, they each feel that same intimate connection with God and with our tradition as every

other Bar- and Bat-Mitzvah student. They will be aware of the awesome nature of the task *before* them, yet I want them to remember the words written on the Ark wall *behind* them, "*da lifnei mi atah omed,*" "Know before whom you stand."

I believe that every student who stands at the *Torah* is capable of great things. They are individuals—each with good character and a warm heart;

I believe that every student who stands at the *Torah* is a product of their parents' DNA *as well as* a product of their parents' beliefs, values, and actions.

Shelley and I are so proud of our children for all they have accomplished, and all we feel they have accepted and embraced as a part of what their family-life happens to be. Some would say, "I can't imagine what it must be like to be the child of a Rabbi." Fortunately, I can say that I *have*, in fact, lived through it—and, I survived to tell the tale! But I knew I had come into my own when one day, at a rabbinic conference, someone approached my dad and asked him if he was Rabbi Astrachan's **father**.

Shelley and I often count our many blessings. As we celebrate this important milestone in the (*continued on next page*)

Thoughts from the Rabbi... (continued)

lives of our children, we pray that they remain true to themselves and that they continue on their lifelong journeys blessed with the ability and the opportunity to perform God's commandments each and every day.

May they do well, but more importantly, may they do GOOD. May they always have self-esteem and confidence, but let that be coupled with an equal measure of self-control and selflessness. May God bless them in all of their worthy endeavors, and may they GO and GROW from strength to strength!

Faithfully,



Rabbi Jeffrey R. Astrachan

**The closing date for the
November Bulletin is
October 12.**

The Bulletin
is published monthly
(September–May) by
TEMPLE BETH ISRAEL
2090 Hollywood Drive
York, PA 17403

Please notify the Temple office at (717) 843-2676 or secretary@tbiyork.org of any **changes to your family status**: address, email, phone, or any lifecycle events so we can keep our records current. Thank you.

Welcome!

Baruch haba b'Shem Adonai! Praised be those who enter our congregation in the name of God. May you find blessings in our house of God.

We welcome the following who have recently joined Temple Beth Israel:
George and Rita Astrachan (Parents of Rabbi Jeffrey Astrachan)

Religious School News

Welcome to the Temple Beth Israel Religious School, where we strive to instill a love and understanding of Judaism in a caring environment. Our programming is dedicated to the Jewish educational enrichment of our students and their families. The Rabbi, Cantor, Principal, and Temple Board work to ensure that we are delivering the best quality Jewish education to our students.

Over the summer we spent much time in the classrooms and they are all newly painted and ready for our students! We are very excited about the upcoming school year and the programs we will be offering! The teachers have also been busy preparing for the new year!

Feel free to contact me at religiousschool@tbiyork.org or 843-2676 if you have any questions or comments regarding our school. Thank you!
B'shalom,

Anita Strong, Principal

Congratulations

Congratulations to **Lore and Allen Britton** (grandparents) and **Esther and Michael Furman** (aunt & uncle) on the birth of **Mirabelle Britton**. Mirabelle is the daughter of **Michael and Tomoko Britton**, who reside in Washington, DC. Mirabelle was born on August 30th and weighed seven pounds and seven ounces.

THANK YOU

Phyllis and Marjie Williams, daughters of **GLORIA WILLIAMS**, would like to thank everyone for their heartfelt expressions of condolences in memory of their mother. Your thoughts and generosity are greatly appreciated.

Rabbi Astrachan is available to meet with all congregants.

While drop-ins are always welcome, please consider calling first to ensure the rabbi is available, or has not been called away from the temple.

Rabbi Astrachan's core office hours:

Tuesdays..... 10am–Noon

Wednesdays 10am–Noon and 1:30–3pm

Thursdays 10am–Noon

To contact Rabbi Astrachan:

717-843-2676, ext. 7, or basheirt@gmail.com

October Calendar

- 1—Saturday**
9:30amAdult Ed
- 2—Sunday**
9:00amHebrew Classes
10:00amReligious School
10:00amSisterhood Opening Brunch (Speaker: York Mayor Kim Bracey Shares Her Vision for a TBIS Role)
- 3—Monday**
6:00pmFinance Committee Meeting
- 4—Tuesday**
7:30pmTBI Board Meeting
- 7—Friday**
8:00pmKol Nidre
- 8—Saturday**
10:00amYom Kippur Morning Service
2:00pmYom Kippur Family Service
3:00pmAfternoon Service
4:30pmYizkor & Concluding Service
- 9—Sunday**
9:00amHebrew Classes
10:00amReligious School
12:15pmTeacher Meeting
- 11—Tuesday**
12:00noonLunch & Learn
- 12—Wednesday**
6:00pmReligious School Dinner Welcoming New Students Grade 1 +
7:00pmSukkot Family Service
- 14—Friday**
2:00pmCeremony “Chaplains Memorial”
7:30pmShabbat Family Service w/October Birthday Blessings
- 15—Saturday**
9:30amAdult Ed
- 16—Sunday**
9:00amHebrew Classes
10:00amReligious School & Confirmation
- 19—Wednesday**
7:00pmSimchat Torah Family Service
- 20—Thursday**
6:45pmSisterhood Board Meeting
- 21—Friday**
7:30pmShabbat Evening Service w/Cantor Fishbein & organist
.....Oneg Shabbat sponsored by Edward and Stephanie Fenlon, in honor of Ethan’s Bar Mitzvah
- 22—Saturday**
10:00am Bar Mitzvah of Ethan Fenlon
- 23—Sunday**
9:00amHebrew Classes
10:00amReligious School & Confirmation
12:30pmTBI Talent Show Auditions
- 25—Tuesday**
7:00pmFinance Committee Meeting
- 27—Thursday**
7:00pmTBI Sisterhood Program: “Comomon Self-Defense”
- 28—Friday**
7:30pmShabbat Evening Service w/Cantor Fishbein & organist
.....Oneg Shabbat sponsored by Rabbi Jeffrey & Shelley Astrachan, in honor of B’nei Mitzvah of Abby & Steven
- 29—Saturday**
10:00amB’nei Mitzvah of Abby and Steven Astrachan
- 30—Sunday**
9:00amHebrew Classes
10:00amReligious School

October 2011						
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Kol Nidre Cellist

Temple Beth Israel expresses its appreciation to the following members of the congregation for underwriting cellist Richard Konkel (a member of the York Symphony Orchestra) for Kol Nidre last year and this year:

Doug and Liz Arbittier
Leonard and Karen Berkowitz
Ivan and Francine Butler
Charles and Mary Chodroff
Robert and Erda Erdos
Gordon and Ellen Freireich
Neal and Diane Friedman
Dennis and Lonie Grolman
Jack and Ellen Kay
Craig and Amy Milsten
Howard and Kem Mirsky
Larry and Pam Pollack
Richard and Michelle Sanger
Jay and Deborah Sherman
Randy and Deborah Tabb
Stewart and Margaret Weinberg

TEMPLE BENEFACTORS

SANDY & SCOTT BAKER
KATHRYN & IRA BERMAN
NINA & MICHAEL BORN
JESSICA & KEN BREIN
ELAINE & GEROW BRILL
LEON BUTLER
INA & STEVE CAPLAN
AGNES & DAVID COHEN
BARBARA EAGLE
MAXINE EPSTEIN
IONE CHOCK & DONALD EPSTEIN
ESTHER & MICHAEL FURMAN
NANCY & TIM GRUMBACHER
MINDY JO & CHRIS HAMME
BETH LOSS-HIGGINS & KEN HIGGINS
JACKLYN & MICHAEL KLEINMAN
BONNIE & MORT KOUSEN
JANE & STANTON LBOUITZ
MARCIA & LARRY LIEBGOTT
BERNARD RAVITZ
RUBY & MARK SCHMIDT
LYNNE & MARTY SHAPIRO
BETTY & BERNARD TUCKER
HARLA & ERIC VERMAN
DIANE KRASNER & DAVID WELBER

Cantor's Corner

For many of us, a Jewish worship service would not be complete without an opportunity to recite and/or bring to mind the names of those in our hearts who are in need of healing. At TBI, we have grown accustomed to singing Debbie Friedman's beautiful melody for *Mi Shebeirach* as we recall those in our midst who are suffering from ailments of the mind, body and spirit. As we sing this piece together, our voices are raised communally as we pray for hope, healing, comfort, and blessing for ourselves and those we love.

The recitation of *Mi Shebeirach* in prayer services is relatively new to the Reform Jewish community. Though it has been a part of traditional Jewish worship for centuries, the practice of including a prayer for healing within Reform worship began around 1987 as Debbie's melody gained popularity. Reform Jews around the country connected to the Hebrew and English text of the song and opened up to the idea of praying—both communally and privately—for healing. This idea was so popular, in fact, that Debbie and others began to craft healing services, in which entire Jewish communities would gather together to pray for those in the group who were going through physical or emotional hardship. These services, comprised of prayers for healing along with texts from Jewish tradition that speak of strength, courage, and perseverance, have helped many Jews find comfort and healing in their times of distress—even if a physical cure is proven to be impossible.

As part of this development in Reform Jewish culture, Jewish composers have been actively writing new music to fit with the texts used in both regular worship services and healing services. Beloved as it may be, Debbie's melody for *Mi Shebeirach* is not the only melody we can sing to pray these words. Composers have looked back to the original text of *Mi Shebeirach* (which simply means, "The One who blesses,") in order to write new tunes to the words that have brought us comfort since Debbie's melody was published. These new tunes are beautiful—just as beautiful as Debbie's—and encompass a bit more of the original Hebrew text and newer interpretations of the English translation.

This year, for the first time ever, Rabbi and I plan to implement some of these different melodies for *Mi Shebeirach* into our Shabbat worship at TBI. We both realize that the tunes we choose will most likely be brand new for many of you. However, we both feel that it is important to integrate these new songs into our worship practice to allow you to experience a broader range of texts, melodies, and interpretations of this prayer. We hope that these new melodies will become comfortable to everyone as the year progresses; more than that, however, we hope that you will open your hearts and your voices to these new melodies as we continue to ask God to hear our prayers for healing and peace.

B'shira (in song)...



Cantor Tracy Fishbein



President's Message

Greetings for a Happy and Healthy New Year!

It seems that Fall is really here. . . Hopefully, the difficulties caused by the hurricanes and floods of the past few months are behind us and we can look forward to a calmer season of leaves changing color, cool crisp nights conducive for sleeping, and bright days of sunshine with little humidity. In short, my kind of weather!

As we welcome in the Jewish Holidays with renewed energy and a resolve to make this season a meaningful one, we are delighted to have Cantor Fishbein back for her final year as our cantorial intern. Her beautiful voice and sweet smile light up our sanctuary and our hearts as she enhances our services.

In honor of Abby and Steven Astrachan's upcoming B'nei Mitzvah, Rabbi Astrachan and his wife, Shelley, have chosen to purchase new banquet tables for Temple Beth Israel. These thirty-six matching tables can be easily moved and stored in our social hall and due to their light weight, will shorten the setup and tear down time for affairs, thus saving on maintenance fees. I would also like to extend very best wishes to Abby and Steven on this momentous occasion! You both are representatives of the children of Temple Beth Israel and you certainly portray that role admirably!

Our sincere thanks to Rabbi Astrachan and Shelley for this most generous gift that will last us for many years to come. (The name brand of the tables being "Lifetime"!)

Finally, a thank you to The Grahams and The Simons for providing the beautiful bima flowers for this year's High Holidays. We so appreciate your thoughtfulness!

My best wishes,

Barbara Eagle
President, Temple Beth Israel

Temple Beth Israel offers thanks to
Elaine & Gerry Brill
for their generous donation to help
cover the costs of the musical
accompaniment for our
Yom Kippur worship services
this year.



Todah Rabbah!

Perpetual Memorials

"In our hearts our loved ones never die"

OCTOBER

Estelle Chock
Mark Cooper
Colonel Stanley Dolins
Max Einhorn
Paulene S. Farkas
Benjamin Fennick
Goldye G. Hoffman
William Hoffman
Samuel M. Hollander
Abram Jandorf
Max Kitt
Howard M. Kosack
Sanford M. Kranich
Sherwin Lando
Herbert D. Lavetan
Adele S. Lehmaye
Edna Green Lehmaye
Mary R. Lehmaye
Harry Levin
Laura Love
Evelyn Hollander Mailman
Rose Markowitz
Eleanore Misler
Nat H. Newman
Herbert Sydney Rochman
Dr. David Rozet
Frances F. Serata
Joseph D. Shapiro
Sol Walker
Fannie Zeigler

Tree of Life

Leaves may be purchased for \$125, stones for \$1,200, and plaques for Burning Bush \$75, by contacting the Temple office.

A leaf has been donated by **Rabbi Jeffrey and Shelley Astrachan**, in honor of the B'nei Mitzvah of their children, **Abby and Steven Astrachan**.



This painting depicts former Temple Beth Israel Rabbi Alexander D. Goode, far left, and the three other US Army chaplains who gave their life vests to other soldiers when their ship was torpedoed off Greenland during World War II.

*Please join with the York community
October 14, 2011 at 2 p.m.
at Temple Beth Israel,
2090 Hollywood Drive,
as we honor the memory of
Rabbi Alexander D. Goode
and the 13 other Jewish chaplains
who have given their lives
serving in the U.S. Armed Forces,
and display the new
Jewish Chaplains Memorial plaque
destined for
Arlington National Cemetery*

*National tour of the memorial precedes dedication
1p.m. Oct. 24 Memorial Amphitheatre at Arlington*

*Temple Beth Israel -- www.tbilyork.org -- (717) 843-2676 -- Jeffrey Astrachan, Rabbi
Allan Dameshek, event coordinator*



Sisterhood News

Sisters in the City

York Mayor Kim Bracey Shares Her Vision for a TBIS Role

Tikkun Olam – repairing the world – begins at home. One question we can ask is, What can we do to help make York City a better place?

Join Sisterhood for its opening brunch at 10am on **Sunday, October 2, 2011**, as York City Mayor Kim Bracey shares with us her views on what the city needs and how we can help.

The goal is to spar discussion about the needs, and what projects Sisterhood and/or the Temple might undertake in coming months.

Brunch is \$7—free for teenagers, and prospective members. If you're able to donate a dessert or fruit, please contact event support co-chairs Ellen Kay (843-4445 or ellenkay11@gmail.com) or Marjorie Shaffer (767-9783 or onedaryl4@comcast.net).

Easy Ways to Help Sisterhood Raise Money

- Drop off your old cell phones & printer cartridges in the box in the temple lobby.
- Buy Giant cards. Sisterhood makes \$5 for every \$100 you buy. Call Toni at the temple office, 843-2676.

Be Safe with Sisterhood

Sisterhood members and friends are invited to “Common Self-Defense,” at 7pm on **Thursday, October 27**, in the Social Hall.

Temple member luAnna Brook, an officer with the Lower Paxton Police Department in Harrisburg, will show women how to defend themselves against attacks and related dangers.

Dessert and coffee will be served. \$3 donation welcome, or bring a dessert. Please sign up on Facebook or by calling Toni at 843-2676 by Monday, Oct. 24.

“TBI HAS TALENT” AUDITIONS!!!

Can you sing? Can you dance? Want to become a comedian? TBI Sisterhood is hosting “TBI Has Talent!” on February 4, 2012 (An evening show with cocktails)

Auditions to be held at Temple Beth Israel on Sunday 10/23/11 at 12:30pm. To register, please complete the information below and return to Toni at the Temple by 10/20/11.

“TBI Has Talent!” Audition Registration

Name: _____

Adult (over 18) Child

Talent: _____

E-mail: _____

Phone: _____

Temple Beth Israel Board & Officers

Barbara Eagle.....	President	Trustees:	Term:
Debra Simon	Vice President	<i>Terms expire in 2012:</i>	
Linda Seligson.....	Secretary	Gordon Freireich	2nd
Deborah Sherman	Assistant Secretary	Louis Lavetan	1st
David Welber	Treasurer	Michael Perelman	1st
Mary Platkin	Assistant Treasurer	Kenneth Silberstein	2nd
Anita Strong.....	Sisterhood Representative	<i>Terms expire in 2013:</i>	
Gerow Brill	Men's Club President	Jessica Brein	1st
Anita Strong	Religious School Principal	Deena Gross	2nd
Bill Walter	Religious School Chairperson	Chris Hamme	2nd
Rabbi Jeffrey Astrachan	Ex Officio	Allison Siegelman	1st
Barbara Schmidt & Leonard Berkowitz	Past Presidents	<i>Terms expire in 2014:</i>	
Rabbi Irwin Goldenberg.....	Rabbi Emeritus	Patti Freer	1st
Honorary Life Trustee.....	Martin Shapiro	Viv Lazar	1st
		Eric Verman	1st
		Bill Walter	2nd

Contribution Funds

ART

To Steven Lowell, in honor of your special birthday, by Perla & Ike Kranich

In memory of Frances Serata, by Mackie Epstein

To Steven Lowell, in honor of your special birthday, by Barbara Eagle

BUILDING

To Greta London, speedy recovery, by Betty Hirschfield

In memory of Clara Britton, by Lore & Allen Britton

In memory of Grace Goldstein, by Carol Levinbook

To Mr. & Mrs. Joseph Rudnick, in memory of Mrs. Billie Greenberg, by Gordon & Ellen Freireich

In memory of Edna Lehmayr, by Betty Hirschfield

In memory of Isaac Kaganovsky & Shprintsia Firshtein, by Fira & Vladimir Kaganovsky

To Steven Lowell, mazel tov on your special birthday, by Ruby & Mark Schmidt

CANTORIAL FUND

In memory of Janet L. Shaffer, by Ruby & Mark Schmidt

Donation by Charles Seltzer

In memory of Lore Spangenthal, by Marilyn Bowers

In memory of Barbara Schmidt, by Ruby & Mark Schmidt

In memory of Herbert Rochman, by Ricki & Alan Friedland

In memory of Meyer Stotsky, by Gary Stotsky

GEN & LAZ YUDIN

To JoAnn Graham, speedy recovery & get well, by Linda & Steve Seligson

To Steven Lowell, speedy recovery & get well, by Linda & Steve Seligson

NAT NEWMAN FUND

In memory of Nat Newman & Pauline Farkas, by Josephine F. Newman

PRAYER BOOK FUND

In memory of Lillian Orner, by Joan Milsten

In memory of Sherwin Lando, by Thelma Lando

In memory of Sadye Miller, by Mark Miller

RABBI FUND

In honor of our 40th wedding anniversary, by Ruth & Ray Manus

In memory of Katie Blier & Samuel Blier, by Kathleen Blier

In memory of Karl Hammels, by Miriam & Dale Hammels

To Steven Lowell, in honor of your special birthday, by Nancy & Tim Grumbacher

In memory of Abraham Hochberger, by Greta London

In memory of Herbert Lavetan, by Lou and Barbara Lavetan

In memory of Frances Serata & Estelle Chock, by Donald Epstein & Ione Chock

In memory of David Vigderman, by Nancy & Allan Dameshek

In memory of Goldie Greenwald, by Cookie & Michael Nusinov

In memory of Herb Kaufman, by David Serls

RABBI IRWIN GOLDENBERG YOUTH SCHOLARSHIP

In memory of Sanford Kranich, by Jean Modaff & Alan Kranich

RELIGIOUS SCHOOL

To Michael & Tomoko Britton, in honor of birth of daughter, Mirabelle N. Britton, by Allen & Lore Britton

To Allison & Bryan Siegelman, in honor of your 25th wedding anniversary, by Esther & Michael Furman

In memory of Laura Love, by Linda & Chuck Love

In memory of Wolf Luft, by Hyris Feldman Peterson

In memory of Kurt Spangenthal, by Marilyn Bowers

In memory of Stanley Dolins, by Evelyn D. Dolins

In memory of Solomon Freedman, by Randy & Howard Freedman

In memory of Isadore Grossman, by Mitch Grossman

In memory of Sarah Konopelko, by Barbara & Michael Goodstein

In memory of George Sirott, by Jessica & Ken Brein

TEMPLE BETH ISRAEL GENERAL FUND

In memory of Sally Grolman, by Lonie & Dennis Grolman

TEMPLE BETH ISRAEL FUND

To Steven Lowell, in honor of your special birthday, by Jessica & Ken Brein & Lynne & Marty Shapiro; Jean & David Plessett

A MINIMUM CONTRIBUTION OF \$10.00 IS REQUIRED FOR A CONTRIBUTION TO BE ACKNOWLEDGED IN THE BULLETIN

York Jewish Community Programs

JCC Maccabi Kick-Off Meeting Sunday, October 2 1–3pm

The JCC Maccabi Games in an event where thousands of Jewish teens ages 13–16 compete and have a great time! Teens will have the opportunity to showcase their talents, strengthen their performance, develop leadership skills, and socialize with friends from all over the world. Join us for this informational session, and learn how the JCC Maccabi games can change your life.

For more information contact Laura Merklin at 843-0918 or lmerklin@yorkjcc.org

Adult Apple Party! Saturday, Oct. 15 7–11pm

A fun, low-cost get together with everyone furnishing food and beverages and even additional guests.

The party rules are:

1. JCC provides the first batch of appetinis and hard apple cider
2. JCC provides shakers and ice for more batches; also coffee and tea.
3. JCC provides tables, chairs, plates, knives, forks, spoons and napkins
4. In addition to a \$5 fee, YOU, the guest, won't get in the door without something apple – edible, delicious, tantalizing, creative. (Don't feel limited to desserts but nothing with meat, please.) If you aren't a cook, apple cider (hard or soft) or appetini fixings will gain you admittance.
5. If you drink something other than appetinis or apple cider (hard or non-alcoholic), that's fine. But you bring it.
6. You are encouraged to bring friends if they follow the rules.
7. No use arguing with the rules of this first (annual?) York JCC Adult Apple Party. They are non-negotiable, having been ripped off from a long-standing local strawberry party.

For more information contact Linda Seligson at: lseligson@yorkjcc.org
M/NM \$9

Saving the Planet... One Sukkot at a time All Ages Sunday, October 16 12:30–2:30pm

Let's celebrate Sukkot by "going green." Join us as we decorate the sukkah using recyclable goods such as pop cans, cds, and plastic bottles. Also, Rabbi Astrachan will lead us in the traditional shaking of the Lulav and Etrog to celebrate the harvest. Food will be provided. For more information contact Laura Merklin at 843-0918 or lmerklin@yorkjcc.org

Chaverim Laser Tag Grades 6–8 Sunday, October 23 2:20–4:20pm

Laserdome in Lancaster (Pay at Laserdome)

Have a blast playing laser tag with us! If you've never done this, you're in for an afternoon of ultimate fun and excitement. If you have played before, well then here's your chance to have a blast with some friends!

The group will meet at the JCC at 1:30. Lunch is on your own. Each game is \$14.

TRANSPORTATION WILL NOT BE INCLUDED. Parents, we will need carpool drivers. If you would like to help, or for more information contact

For more information contact
Laura Merklin at 843-0918 or
lmerklin@yorkjcc.org

News from Jewish Family Services

Remember the food drive!

Jewish Family Services welcomes donations of food, paper goods, detergent and soap during the annual High Holiday Food Drive. In fact, products like toilet paper and laundry detergent are particularly welcome because SNAP (Food Stamps) does not pay for them.

Whether or not you took home a bag during Rosh Hashana services, we will accept the donations during Yom Kippur services on Oct. 8.

Donations also can be dropped off at the JFS offices at the back of the JCC, 2000 Hollywood Drive, if you call first.

Donations benefit Project Manna, York's only Kosher food pantry. Its use has tripled since 2007.

Any community member in need is welcome to contact JFS, in confidence. Please call Jessica Brein at 843-5011.

Acoustic classics for JFS

American acoustic music has diverse and wide-ranging roots. For example, did you know that one of the headliners for JFS's annual fundraiser this fall is a Jewish guy from the Bronx?

Jay Ungar, a renown fiddler who will be performing with his wife, Molly Mason, was born in the Bronx in 1946; his parents had immigrated from Eastern Europe and Hungarian and Macedonian music were among his earliest influences.

Today Ungar is known for "Ashokan Farewell," which was used for the theme music in Ken Burns' 1990 documentary, The Civil War. Ungar and Mason are also regulars on NPR's A Prairie Home Companion.

The duo is one of six acts performing at the Strand in "A Celebration of American Acoustic Music." The Jewish Family Services benefit is at 7:30pm. Saturday, Nov. 5.

Joining them will be internationally acclaimed violinist/composer Mark O'Connor, award-winning guitarist Frank Vignola, banjo legend Tony Trischka; Bluegrass Hall of Fame mandolinist Jimmy Gaudreau, and renown dobro guitar player Mike Auldridge.

Tickets are \$40, \$45 and \$50, and are available through the Strand's website, www.strandcapitol.org. For sponsorship opportunities, and information on preferred seating and post-concert reception tickets, please call JFS at 843-5011.



Bar Mitzvah of Ethan Samuel Fenlon

Saturday, October 22, 2011

Ethan will be called to the Torah to become a Bar Mitzvah at Temple Beth Israel on October 22, 2011. Ethan is a seventh grade student at Manheim Township Middle School in Lancaster where he has maintained excellent grades, consistently achieving First Honor Roll and receiving the President's Award for Educational Excellence. His favorite subjects are science, math, and art. An avid saxophone player, Ethan participates in the Middle School Concert Band and keeps up with a daily practice schedule. His other extracurricular activities include playing baseball and taking part in the annual Knowledge Master Open competition.

Outside of school, Ethan enjoys reading, swimming, learning about anything to do with technology and computers, mastering the Rubik's cube, and listening to music.

In preparation for his Bar Mitzvah, he is volunteering as a tech tutor in the Manheim Township Public Library. Offering assistance to senior citizens, Ethan's time is divided between providing support in the classroom and working one-on-one as a tutor. For his creative project, Ethan played the prayer "Oseh Shalom" on his saxophone during a summer Shabbat service at Country Meadows of Leader Heights. He will play the prayer again during his Bar Mitzvah service. A portion of Ethan's gifts will be donated to charity: water, an agency that works to bring clean, safe drinking water to people in need.

HIGH HOLY DAY HUNGER PROJECT



TO BENEFIT



JEWISH FAMILY SERVICES'
PROJECT MANNA

AND THE

NORTHEAST NEIGHBORHOOD
FOOD BANK

WHAT TO BRING:

(Please note brand preferences as these are Kosher. Also, check expiration dates!)

- * **TUNA:** Solid white in water
- * **VEGETABLES:** Peas, carrots, corn, green beans
- * **SOUP:** Cream of mushroom, tomato, vegetarian vegetable
- * **TOMATO SAUCE:** Hunt's Original plain (meatless)
- * **CANNED FRUIT:** Applesauce, pears, peaches, pineapple
- * **BAKED BEANS:** Bush or Heinz vegetarian
- * **PEANUT BUTTER:** Smooth
- * **RICE * MACARONI AND CHEESE * SPAGHETTI**
- * **CEREALS * JELLY**
- * **LAUNDRY DETERGENT * NAPKINS**
- * **TOILET PAPER * DISH SOAP * TISSUES**

REMEMBER: YOU CAN USE ANY BAG

Have questions? Need help? JFS is here for everyone. Call 843-5011 or visit www.jfsyork.org

HELP US FILL OUR CUPBOARDS



Volunteers, clockwise from left, Al Britton, Adrienne Johnson, Christine Kirk, Lore Britton, Cynthia Chou and Sarah Pell stock the Project Manna pantry after last year's food drive.

DROP-OFF SITES:

- **TEMPLE BETH ISRAEL:** Yom Kippur morning, Oct. 8
- **OHEV SHOLOM CONGREGATION:** Kol Nidre evening service, Oct. 7
- **JFS OFFICE:** 2000 Hollywood Drive, please call first
- **HANOVER HEBREW CONGREGATION:** Any high holiday service

Bat Mitzvah of Abby Lauren Astrachan

October 29, 2011

Between school, temple, friends, and an array of extra-curricular activities, Abby is quite a busy young lady. As an Honor Roll student at the Dallastown Area Middle School, Abby has taken a very serious approach to her academic responsibilities. She sings in the school's chorus and plays both oboe and saxophone in the band. She has also found a passion for acting and singing on stage, and, last year, played the role of one of the Jungle Citizens in the Middle School's Drama Club production of "Seussical: The Musical, Jr."

Outside of school, Abby continues to feed her singing and acting bug through her involvement at DreamWrights. She has worked on the set- and stage-design crew for Willy Wonka, Jr., and Aladdin, and this past Summer, scored a principle role in The Princess and the Pauper. In addition, Abby has enjoyed volunteering at DreamWrights whenever the need has arisen.

At TBI, Abby has enjoyed singing in the Youth Choir, and has been an active member of the Chaveirim youth group at the JCC. She looks forward to the group's activities this year.

Abby has a huge heart, and enjoys helping others. She has especially enjoyed sharing occasional Friday afternoons with the residents at Country Meadows and helping at the JFS Food Pantry. Over the Summer, Abby learned valuable lessons reaching out to those in need while serving food at Our Daily Bread in downtown York.

Among all the responsibilities and lessons that have been a part of her Bat Mitzvah preparation, Abby is moved by the opportunity to give tzedakah. She plans to donate a portion of her Bat Mitzvah gifts to the Make-a-Wish Foundation.

Abby continually reminds us, through her actions, of the mitzvah to love our neighbors as we love ourselves. We are thrilled at all of her accomplishments and celebrate the person she has become.



Bar Mitzvah of Steven Joel Astrachan

October 29, 2011

Steven Astrachan is a very busy 8th grade student at the Dallastown Area Middle School. Through his involvement in numerous academic and social organizations, he enjoys every opportunity to expand his knowledge of the world around him. Steven is a member of the National Junior Honor Society, the school band, orchestra, and chorus, Concert Choir, and Jazz ensemble. Outside of school, Steven played the role of Augustus Gloop in DreamWrights' production of Willy Wonka, Jr, and is currently in his second year playing trombone with the York Junior Symphony Orchestra. This year, he is especially proud to have earned 1st Chair.

Temple life is also of great importance to Steven. In the three and a half years that we have lived in York, he has taken his studies and his involvement in the Jewish community very seriously. Steven has enjoyed grocery shopping to help stock the shelves at the JFS Food Pantry, and has, on several occasions, helped to conduct Shabbat services at Country Meadows Retirement Home. For the past two years, under the direction of Cantor Fishbein, Steven has also enjoyed participating in the Temple's Youth Choir.

After becoming a Bar Mitzvah, Steven looks forward to the many opportunities that will open up to him as an adult in the Jewish community.

Steven has many wonderful hobbies and interests including learning all he can about exotic sports cars and the latest gadgets in the world of technology. He has always had an interest in studying about penguins, and boasts a collection of more than 150 penguin-related figurines, posters, and assorted nicknacks.

We are so very proud of Steven for all of his many accomplishments and can not wait to celebrate his great simcha.

