

NVHC *links*

Issue 5774
 Volume 148
 July-August 2014

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Perspective *By Cantor Susan Caro*

THE POWER OF MUSIC IN COMMUNITY

"Music speaks louder than words; it's the only thing that the whole world listens to. Music speaks louder than words; when you sing, people understand."



Written by Harold Payne and made famous by Peter, Paul and Mary, this is one of my favorite songs; these words and music go deep to my core. There is tremendous power in singing; the emotion endowed to words by a melody is potent. I am sure that we can all recall numerous instances in trying to recall lyrics to a song having to 'sing' it in order to call the words to mind. Like a scent that can evoke intense memory, a melody, too, bridges instantly to a particular moment in time, to the experience of the song in our past, restoring the past moment into the present. *Shirat Hayam* – The Song of the Sea

– the song our people sang when we crossed the sea from slavery to freedom – was so popular and integral to our people's existence that a core part of it was incorporated into our daily and Shabbat liturgy: *Mi chamocha ba-elim Adonai, Mi kamocho ne'edar bakodesh* (Exodus 15:11) – "Who is like You among the gods, Adonai; who is like You, glorious in holiness?" This event marks the first time in our history that we found our voice as people and sang a collective prayer.

The Midrash (Exodus Rabbah 23:4 on this verse) states that "from the day when God created the world until the Israelites stood near the sea, no one sang to God. God delivered Abraham...and he did not utter song; Isaac also, when saved from the knife, did not utter song; nor did Jacob... However, as soon as Israel came to the sea, which was divided for them, they uttered this song before God, as it says, 'Then Moses and the Israelites sang this song to Adonai.'" Perhaps as individuals, we were afraid to raise our voices in song to God; perhaps we just did not know how. We needed a community in order to feel safe enough to sing. This experience transformed us from individuals into a people with a shared experience – the miracle of the parting of the Sea of Reeds. This song was our expression of gratitude to God as we stood together as one nation for the first time.

While the text of *Mi Chamocha* is fixed and clear, the melodies for it are endless, expressing the
(Continued on page 2)

**Welcome
 to Cantor
 Susan Caro
 and Her Family!**
 Cantor Susan Caro's
 first Erev Shabbat
 worship service
 will be on Friday,
 July 4th, at 6:45 p.m.
 and Shabbat morning
 worship on Saturday,
 July 5th at 9:00 a.m.
 We hope that
 you will join us
 in the sanctuary
 to celebrate Shabbat
 with Cantor
 Susan Caro and
 her husband
 John Lertzman.

IMPORTANT ANNOUNCEMENT!

Shabbat Morning Worship Schedule for July and August

Starting Saturday, July 5, 2014 and ending Saturday, August 23rd, all Torah Talk and Saturday morning Shabbat Worship Services will be combined and will begin at 9:00 a.m.

Tot Shabbat Worship Services will be held at 9:00 a.m. in the multi-purpose room on July 12th (note the date change) and August 2nd.

We will return to the regular Saturday 9:00 a.m. Torah Talk and 10:30 a.m. Shabbat service time on August 30, 2014. ♦



WELCOMING CANTOR SUSAN CARO AND JOHN LERTZMAN TO THE NVHC FAMILY

By Nancy Kruger • President, Board of Trustees

May 14, 2014, marked another wonderful milestone in NVHC's history. On that day, our congregation filled the sanctuary for a special meeting where we not only voted unanimously and very enthusiastically to confirm the selection of Cantor Susan Cantor as our next cantor but also, with great joy, added to our congregational family.

Six weeks later, Cantor Caro and her terrific husband, John Lertzman, have officially joined us here in Northern Virginia and I am thrilled, as I know everyone is. In the coming weeks and months we will welcome them, help them feel at home, and have opportunities to get to know them.

But I'd like to share with you what the (absolutely fantastic) Cantor Search Committee members saw in Cantor Caro that convinced them with certainty that, from among the excellent candidates they considered, she is not only an outstanding cantor worthy of NVHC, but truly the best fit for our community – what we envisioned and hoped for when we began our search. In the words of the Committee, Cantor Caro is:

- A warm, compassionate and approachable individual with the ability to relate and be responsive to congregants of all ages and backgrounds and to make each feel valued;
- An inspirational and accomplished leader who – through worship, teaching, shared wisdom and a wide range of musical talents – will motivate and enthuse the congregation to explore progressive Jewish life, values, education, worship and spirituality, connect to and support Israel, and find meaning in being part

of a caring and inclusive Jewish community;

- A forward-looking, organized and strategic thinker who will use these skills to help us build upon our strengths, deepen our spirituality and enhance members' connections to the temple and one another;
- A sensitive and empathetic provider of pastoral care;
- An excellent communicator, in person and through her writings;
- Supportive of interfaith couples and families;
- Able to connect with and engage our teens;
- Able, and has the desire to continue and build upon the model collaborative and creative partnership – on and off the bima – that has been established by our Rabbi and Cantor; and
- An experienced, collaborative, collegial and creative leader and partner with the professional staff and lay leadership.

When you meet Cantor Caro, worship with her, study with her, celebrate with her, receive pastoral care from her, seek her counsel and otherwise encounter her, you will find out for yourselves what makes her so special.

Information on opportunities to welcome Cantor Caro is forthcoming. In the meantime, please join us for services on her first Shabbat at NVHC – Friday, July 4th, at 6:45 p.m., and Saturday, July 5th, at 9:00 a.m. (note the time of our summer Shabbat morning services). And then keep on coming to services (which will be combined with Torah Talk – which is fantastic!) all summer long! ♦

Perspective *By Cantor Susan Caro (Continued)*

nuances and shades of its meaning, and of the greater meaning of music for us in prayer. I have discovered over many years in this work, especially beginning in new places that the music or tune for a prayer is often the gateway to the words themselves. Think about how difficult it is to remember or recite the words to a song without actually singing it! In addition, separate from the words of the prayer, for us in synagogues, music is a portal into personal history – a connection to ancestors both real and imagined, connections to communities, to childhood and to God. The music for prayer that we know grounds us in history and becomes its own vehicle for transcendence. The music becomes the prayer. Singing together helps us to bond, to feel like we belong together.

As you head into your summer vacations, traditionally a time of restoration and renewal, I look forward to getting to know each of you and becoming a part of this community. There will be many opportunities, in services, in 'Getting to Know You' events and through personal meetings, so please take advantage of all these times and places so that we can get to know each other! I know that singing together is a transformative experience for a community. It allows us each to hear and feel what it means to blend voice and breath, and to create a transcendent community of palpable beauty and harmony. In that, the more we can learn and grow together, and appreciate the breadth and depth of our Jewish musical tradition, the wider the gates of community open for all of us. ♦



SUMMER TIME AT KEHILAT LIMMUD / TAMID

By *Moshe Ben-Lev* • *Director of Education*

Each summer I spend time working feverishly on improving our educational programming. I look for ways to improve the programs we have, change those that flounder, and add new and exciting opportunities that I hope will meet the needs of our families. Much of the planning takes place over the spring semester period, and the summer is the time that I make those plans a reality. This summer is an ambitious one for me and for the program. Here is what I am working on with my team:

- Offering an advanced Hebrew program for 4-6th graders.
- Hiring a Special Needs Consultant to work with our Inclusion Madrichim and teaching staff. Our goal is help all students integrate into our congregation.
- Curriculum development: Streamlining our K-6th grade curriculum, including making the connection between our chuggim (workshops) and the classrooms, ensuring that what we teach flows, is relevant, and teachable.
- Changing our tefilah for 3-6th grade so that we can offer more programming as well as a more inspiring prayer experience.
- Offering a mentoring program for TAMID. 9th graders will be trained to mentor 6th and 7th graders and help with the process of B'nai Mitzvah and continuation in our TAMID (7-12th Grade) program.
- Offering a new Wednesday TAMID curriculum that will be both project-based and topical.
- Offering a TAMID Hebrew elective class. Students have been asking for this since last year. Our job will be to choose a teacher and create a curriculum that is teen-oriented.

These items are only a few of the many components that we are working on over the summer, which includes our usual hiring of teachers, cleaning, ordering of materials, and preparations for the new school calendar year.

To those who often ask me what we do during the summer or if we simply take the summer off, as you can see, we spend this time preparing for the coming year. Without the summer, we would not be able to offer you our weekly programs and support. To that end, I would like to thank my two co-conspirators who have helped me create a youth engagement department at NVHC, Elaine Bowling and Beryl Trauth-Jurman. Without their dedication, passion, and caring we would not be able to offer you the high-quality programs that we do week in and week out. ♦

Some Important Dates:

Sunday, September 14th – First Day of Kehilat Limmud with Family Orientation

Tuesday, September 16th – First Day TAMID (7-12th grade) with parent orientation & First Day Chevruta 3-6th grade Hebrew

Wednesday, September 17th – First Day Chevruta 3-6th grade Hebrew

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AT YEAR END — WERE WE TRUE TO OUR SCHOOL'S MISSION?

By Cindi Drake • Director of Early Childhood Education

As the school year comes to a close, the teachers and I met to evaluate our curriculum, programs, and events. What worked in the classrooms, what didn't, and why didn't they work? What would we like to try next year and what continuing education programs would make us even better educators? And better Jewish educators.

Most important, how successful were we in implementing our school's mission to each year to prepare the Preschoolers for the next level and ultimately for kindergarten? And did we do it using a Jewish lens?

Historically, preschool is the place children learn skills: letters, shapes, colors, and number recognition. They learn to share, to be patient, and to follow directions. All of these are valuable and necessary skills. But, we wondered, could we teach them at this young age something more? Could we teach them problem solving, prediction, and evaluation? So we set about using the Scientific Method as a model for everything – scientific or not. "Let's think about this" became a catch phrase throughout the school. The Socratic Method insinuated itself into our school. Instead of giving answers or showing how things could be done, we asked, "Does that look right? Why doesn't it look right? What do you think needs to be done to get it the way you want?"

I always use blocks for illustration purposes. The two-year-olds come to us with no concept of the pyramid method (and you'd think with all the pyramids our ancestors built, it would be part of our DNA!). Over and over again, they will try to put a flat square block on top of a pointy triangle. By showing them the better way, we have taught them a skill, but not how to think through a problem. This year, however, we talked them through the process. Why does it keep falling? What happens if you use a different block? What about a different shaped block? What about in a different order?

In each age class, for every challenge, we posed questions and helped them work through the problem.

We were successful beyond all our hopes and expectations. This year was an experiment; next year will be more purposeful.

And how did we fare with our Jewish content and values? This year we had a school-wide family Seder. The children were given child-friendly Haggadot a few weeks in advance, and we spent time going through the pages, learning the story, and even acting out Moses leading the Jews out of Egypt, and parting the Red Sea. During the Seder, the children were so well-versed in the ritual and story that it became an interactive event, and the children were able to lead their parents through it!

The children learned the meaning of Tzedakah by bringing in coins each Erev Shabbat morning, which will be donated to Cornerstones. They also had personal Tzedakah boxes, and each class, after discussion about "causes" they held dear, decided where those coins will go. This year we are donating to Heifer, Intl., Homeward Trails Animal Rescue, Fancy Cats Rescue, and the Lost Dog & Cat Rescue Foundation.

We celebrated the New Year, learned to say "I'm sorry if I hurt your feelings," celebrated the birthday of the trees, defeating Haman and release from slavery. The Pre-K class even counted the Omer!

Were we true to our mission and principles? Yes. Will we try to do better next year? Absolutely! ♦



final selfie

Todah Rabah

The Preschool Wishes to Thank. . .

A great big and HEARTFELT thank you to Sisterhood for again donating generously to the Preschool for programming for next year. Without them, we would not have the wonderful puppet shows, music, and science programs we so enjoyed this year.

For a filled Tzedakah can:

Abigail Delong Harrison Allo Emily Nossal Natalie Nossal Abby Nossaman Ian Strompf Rachel Jaeger

Isabel Wein-Einzig, for helping in our classroom during conferences. Michelle Allo and Danielle Ramirez, PTO co-presidents, for all they did for our school this year. All our Preschool families, room moms, and committee chairs for planning fabulous classroom and school events.



MUSINGS AND MISSIVES FROM SUMMER CAMP

By Beryl Trauth-Jurman • Youth Activities Coordinator

Anyone who has ever been to a summer camp will already know several things about what camp is like as I write this article.

The first is that, as I sit in the camp office writing this, I am praying the Internet connection will be working when I need to send this in.

The second is that I am writing this in a state of sleep deprivation (which is normal at camp), so I'm sorry if this rambles.

The third is how awesome I am feeling right now, because I am at camp.

Summer camps are crazy, insular little worlds unto themselves. They are places of creativity, imagination and reinvention. They are places to learn about yourself and to try new things. And at Jewish summer camps (like the 8 that I know of) that NVHC has sent kids to this summer, they are places to experiment and to learn about Judaism in fun ways in immersive environments.

So on behalf of all our campers: Thank you to the parents who sent their children to camp, thank you to everyone who donated money to our scholarship fund to send kids to camp, and thank you to everyone else who loves camp so much that they just cannot stop promoting it all the time.

Personally, I think we should all be shouting from the mountain tops about how great camp is, but more than that, I think we should be learning from what camps do well, and we should bring some of it back with us to the congregation. At NVHC, we already do this to some extent. We have NFTY for the teens, our own synagogue retreats and overnights for the kids, which creates a camp-like and communal atmosphere. We also have camp-inspired activities, like "Camp Shabbat." Two of our kids are even on a postcard about camp -- really, there are copies on my desk!

Still though, I think we can do more. This coming year, as I mentioned in June, we will be offering more program and activity options to our kids to empower them to find new ways of connecting and getting involved. I will also personally be trying to incorporate the lessons of camp into my own life; to remember how much fun Judaism can be, and to try and step out of my comfort zone and push myself just a little more every day.

What will you do?

I hope you have a fun-filled and enjoyable rest of your summer, and I can't wait to see you all in September. ♦

Tot Shabbat

COME GET THAT SHABBAT FEELING!

July 12th & August 2nd

Please note July date change - 2nd weekend in July

Meet us in the multi-purpose room for this lively Shabbat morning service designed just for young children (up to age 5) and their families (including older and younger siblings). Miss Nell (Hirsch), NVHC's children's music specialist, leads the service. We sing, we dance, we pray and we learn a little Torah with the Rabbi or Cantor.

After our service, Cindi Drake, our Early Childhood Education Director, engages the children in a fun activity or craft. Our Oneg is a time for all to enjoy each other's company – our old friends and our new ones.

We hope you and your children will be there to share it. ♦



Mazel Tov to our B'nai Mitzvah



Emily Hannah Wesoky • August 30th

Emily organized “Jog for the Dogs 5K and I Mile Fun Run,” which benefitted the Mary Anne Morris Animal Society, an under-resourced animal shelter in South Carolina where her dog, Sasha, came from. ♦

Upcoming B'nai Mitzvah?

To submit a picture and bio of your child, choose one of the following: email to mozelle@nhcreston.org or mail to NVHC, 1441 Wiehle Ave., Reston, VA 20190. Questions? Call the temple office at 703-437-7733. Deadline is the first day of the month PRIOR to your child's Bar/Bat Mitzvah date. For example, the deadline for September is July 1st.

Torah Talk

Our Torah study will be held on **Saturday, July 12th, 19th, and 26th and August 9th, 16th, 23rd, and 30th** in the sanctuary as a part of Shabbat morning services at **9:00 a.m.**

The Torah is a vast collection of stories, commandments, ritual practices, and ethical standards. It is meant to be studied and understood not only to connect us to our ancestors and traditions, but also to guide us toward an ethical and spiritual life. Torah means learning. For many of us, understanding Torah is not easy. We may find the language confusing and the meaning difficult to grasp. Yet when we learn together, we are thrilled by the insights we glean and share. Whether you have studied Torah before or are new to Torah study, you will find wisdom and inspiration each time you study a portion of our sacred literature. ♦

Worship

A NIGHT OF HIGH HOLIDAY STUDY

By Rabbi Michael Holzman

As we all wind down for summer, the High Holy Days may seem far off in the fall. But when Rosh Hashanah falls on the evening of September 24, 2014 we have a great opportunity before us. The Holy Days help us strengthen our relationships, renew our souls, review our ethics, find challenge, encounter enlightenment, enjoy comfort and joy, and restart our spiritual lives. This is why we call these 10 days between Rosh Hashanah and Yom Kippur, the Yamim Nora'im, the Days of Awe. This is what Jews do. We take 10 days each year to review our souls, to ask ourselves who we want to be and to create new lives and new worlds.

But as wonderful as this annual spiritual checkup can be, it can also be intimidating and confusing. To reduce this intimidation and to deepen our spiritual experience, I invite you to a pair of opportunities to ready the self for the heights of the Days of Awe.

First, I invite you to take part in our “**Preparing the Soul**” self study. This short packet of Jewish teachings

regarding the themes of the High Holidays includes readings and reflections for each of the four weeks of Elul leading up to Rosh Hashanah. On **August 23, 2014 at 9:00 a.m. during Shabbat morning services** I will review and explain the packet and we will have a discussion about preparing for the High Holy Days.

In addition, we are trying something new this year. On Wednesday night, **September 10, 2014, at 7:00 p.m.**, we will gather with the entire local Jewish community for a **Night of High Holiday Study**. In conjunction with other local synagogues we will meet, have a nosh and choose different topics for study. This is a chance understand how the *Mahzor* (the High Holiday prayer book) works, and how the themes, special prayers, music and rituals combine to create one of the spiritual highs of the Jewish calendar. The class is free, but **please RSVP to mozelle@nhcreston.org** so we can properly keep track of everyone (and, of course, we will nominate the attendees for the Book of Life). ♦

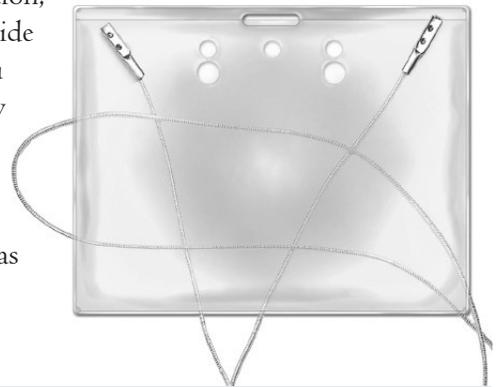
High Holy Day

HIGH HOLY DAY TICKETS COMBINED WITH NAME BADGES

As part of our continuing efforts to be a more welcoming and inclusive congregation, NVHC has combined your High Holy Day Ticket with a name badge. On one side of your ticket is the worship service schedule, and on the other is your name. You will find your ticket and name badge in a clear plastic holder inside the High Holy Day packet, which you should receive in the mail soon. Please also note that there have been some changes in some of the service times. If you do not receive your packet by August 22nd, please call the NVHC office at 703-437-7733.

You will need to wear your name badge to High Holy Day Worship Services as you will need your ticket as well.

Thank you for helping us to be more welcoming to each other. ♦



Elul 5774/2014

4th Annual Elul study packet by Rabbi Holzman

Join Rabbi Holzman in the Sanctuary on August 23rd at 9:00 a.m.
for worship and Preparing for the Days of Awe (Elul study)

Elul, the month preceding the High Holy Days, is a time set aside for introspection and personal review. Each year Rabbi Holzman assembles short texts and related questions for you to consider during the weeks leading up to Rosh Hashanah and Yom Kippur. Many congregants find these Elul practices enhance their experience of the High Holy Days.

The Elul 2014 packets will be available for you to pick up in the NVHC Office from August 23rd-September 20th.

For more information contact Susan Trivers: 703-790-1424 or susan@susantrivers.com. ♦

SAVE THE DATE!

NVHC Selichot Film, Discussion, and Worship

September 20, 2014, 7:30 p.m.

Selichot Worship begins at 9:30 p.m. with Rabbi Holzman, Cantor Caro, and Kol Shirah. Welcome the Days of Awe and the changing of the Torah covers.

For more information, contact Susan Trivers, Worship Committee Chair at susan@susantrivers.com or 703-790-1424

SAVE THE DATE!

NVHC *Tashlich* & BYOP Family Picnic – A New Holiday Tradition!

Thursday, September 25th, 4:00 p.m.
at Lake Fairfax Park

For more information, contact Susan Trivers,
Worship Committee Chair 703-790-1424
or susan@susantrivers.com

PLEASE

JOIN US!

SAVE THE DATE! SIMCHAT TORAH FESTIVAL

October 15, 2014

Learning – Wine Tasting – Consecration – Comedy Improv* – Torah Dancing
Programming for all Ages!

**If you can be witty, snarky, sarcastic, quick and/or funny, or you just want to be up in front of the group, please contact: dexys_midnight@yahoo.com to join our comedy team. (Rabbi H. did it last year for Purim, and had a blast!)*



JUST LIKE A SORORITY...

By Isabel Einzig-Wein • Sisterhood President

Do you know what WRJ stands for?

The acronym is Women of Reform Judaism. The organization stands for:

Women of Reform Judaism, an affiliate of the Union of Reform Judaism, is the collective voice and presence of women in congregational life. Stronger together, we support the ideals and enhance the quality of Jewish living to ensure the future of progressive Judaism in North America, Israel, and around the world.

I just spent three days in Wisconsin at one of the Reform Jewish camps, OSRUI. Did you know that NFTY was started by WRJ and has been operating for 75 years? WRJ has donated \$75,000 so our youth can enjoy summers learning about their heritage with youth from all over the country and the world. As a board member of the International Women of Reform Judaism organization, I took part in very high-level discussions about the budget, leadership needs, advocacy throughout the world, such as women's issues for equal pay, and safe schools for Nigerian youth. I participated in breakout sessions with one hundred women who represented Sisterhoods from all over North America. We are an international board because our affiliates are in Canada, Israel, and South America, with the hope of adding more countries in the future.

We also spent time in Shabbat services on Friday and Saturday, praying and singing as a cohesive group of women who have full-time jobs, part-time jobs, are mothers, grandmothers, wives, partners, or simply women who want to leave a legacy.

Why do Sisterhoods pay part of their dues to WRJ? WRJ is the organization that nurtures us, educates us, and gives us support, as you do as a parent or you received as a child. Without this support, Sisterhoods can succeed, but with this support, Sisterhoods will flourish.

I am thrilled to be a member of this board and would like all of you who have read this article to visit: www.wrj.org to really know what is happening so you, too, can join me in celebrating the wonderful opportunities that are out there for us to delve into. ♦

The Sisterhood Board would like to extend an invitation to women members of the congregation to be part of our "think tank." Social action, advocacy for equal pay for women, and safe schools for Nigerian youth are the topics for WRJ in 2015. NVHC Sisterhood wants to be part of the conversation. We need multi-generational input. The future of the world can be in our hands. Go to: www.wrj.org to learn more. Contact: sisterhoodpresident@nvhcreston.org.

Watch your emails for opportunities to meet and greet Cantor Caro!

An Evite is forthcoming—this is a great chance to introduce yourself and get to know Cantor Caro!



SAVE THE DATE!

for The Cantor's

Installation on

Fri., Nov. 7, 2014

NVHC SISTERHOOD PRESENTS: HONEY FROM THE HEART

Wish family, friends and business associates

A Sweet and Happy New Year



with an 8 oz. gift jar of Kosher clover

Honey[®]

*Your cost is \$10.00 per jar,
including shipping to anywhere in the U.S.A.*

Honey from the Heart is a Sisterhood fundraiser to provide organizations within NVHC the monies to fund enhanced programs, scholarships and student learning. The cost for each 8oz jar of Kosher honey is \$10 and includes an enclosure card.

Free shipping on all orders placed before July 21.

Afterward, shipping is \$4.00 per order.

Place your order at www.orthoney.com/NVH

Questions, contact sisterhoodpresident@nvhcreston.org

College Outreach

SIGN UP FOR COLLEGE OUTREACH 2014-2015

We are entering our 12th year with the College Outreach program, and we want to make sure that all our students who are away from home are included. A dozen years is a nice analogy for the baker's dozen, or more precisely, dozens and dozens of cookies prepared and mailed out each year. We send home-made treats, symbols of the holidays, and holiday greetings from NVHC several times a year. We know from the notes we receive from the students as well as the thank you notes we receive from parents how much this continuing connection with NVHC means.

It is time to sign up your students to participate for the new year, both for new and for continuing students. Please send both USPS and e-mail address to Mozelle at mozelle@nvhcreston.org. If you do not yet know the USPS address, make yourself a note to send it along when you do.

We also need volunteers to help prepare and assemble the packages. You do not have to have a student away from home to participate. One of our volunteers has one small child at home; she just likes to bake and help out. The time commitment from you is not a lot. If you are interested in helping or have a question, please contact Judy Naiman at CollegeOutreach@nvhcreston.org. ♦

COCKTAILS, OUTDOOR RITUAL & MUSIC, AND SUMMERTIME FUN!

By Stacy Miller • Young Adult Engagement Coordinator



Summer is here, and we are looking forward to outdoor events, day-trips, and picnic food!

We celebrated Shavout on June 5th by hosting *Cocktails & Commandments*, a dairy-inspired craft cocktail-making class, and Jewish trivia night. Our NOVA Tribe Committee member, Emily Landsman, taught forty-five of us to make a chai tea latte whiskey-based cocktail, a refreshing berry martini, and an amaretto mocha milkshake. We welcomed rabbinic intern Rachel Silverstein to our Second Saturday Havdalah program as she led us in ritual and music in the park. We had Mediterranean cuisine for dinner, and enjoyed happy hour at a local bar. We also hosted a couples edition of our informal monthly dinner, *Mmm Monday*, and had a Sunday Funday when we visited Top Golf to hit some golf balls and to play cornhole.

New to the area? Want to know others before you attend your first event? Looking to meet other couples or singles in a fun, relaxed setting? Enjoy organizing events?

Email Stacy, NVHC Young Adult Engagement Coordinator, at stacy@nvhcreston.org to learn more about our upcoming programs, and how to get involved! ♦



Havdalah with Congregation Adat Reyim Young Adult Chavurah



Emily Landsman



Marcel, Alissa, Matt, Amy

Upcoming Calendar:

July 12th – Second Saturday Havdalah – Summer Camp Bonfire

Mid-July – Hot Spots of NOVA

August 9th – Second Saturday Havdalah – Wine Tasting

August 14th – Tu B'Av Dating Event

August 22nd – TGIF! Shabbat – Potluck in the Park & Outdoor Movie (Anchorman)

September 7th - 14th – #Find The Tribe: Pop-Up Event Series

COMING THIS FALL NEW CLASSES FOR LEARNERS OF ALL AGES!

Lifelong Learning programs are open to all interested learners: members and non-members; Jews and non-Jews. For more information go to the NVHC website or contact our Lifelong Learning chair, Elizabeth Lacher at lifellearn-committee@nvhcreston.org.

Hebrew for Adults

- ◆ **Beginning Hebrew.** Learn to read Hebrew. No previous experience required).
 - Wednesdays, 7:45-9:00 p.m., beginning Sept 17th
 - Sundays, 9:30-10:45 a.m., beginning Sept 21st
- ◆ **Prayer Hebrew I: High Holiday Liturgy.** Increase prayer fluency and comprehension. Prerequisite: Beginning Hebrew or equivalent.
 - **High Holiday Liturgy.** Thursdays 7:00 p.m. beginning August 14th
 - **Torah Service.** Thursdays 7:00 p.m., beginning October 23rd
- ◆ **Intro to Modern Hebrew, part I.** Learn conversational Hebrew, basic Hebrew grammar, read and write in script. Prerequisite: Beginning Hebrew or equivalent
 - Sundays 11:00-12:15 p.m., beginning Sept 21st

- ◆ **Advanced Modern Hebrew.** Prerequisite: Intermediate Hebrew or equivalent.
 - Tuesdays 7:45-9:00 p.m., beginning Sept 9th

Jewish Studies

- ◆ **The Way of the Soul** with Adam Cohn. A detailed look at Jewish beliefs about the soul, based on the writings of Rabbi Moshe Chaim Luzzatto.
 - Sundays, 9:30-10:45 a.m., beginning Sept 21st
- ◆ **The Book of Joshua** with Adam Cohn.
 - Sundays 11:00 a.m. -12:15 p.m., beginning Sept 21st

Jewish Cooking: Comfort Food from Scratch

Join Top NVHC Chefs to learn the how to make Jewish comfort foods as the history of these foods.

- Thursdays 7:00 p.m., beginning October 23rd (monthly)

Ladders of Learning

Shammai said: Make your Torah study a fixed habit! - Pirke Avot

The Ladders of Learning Program was initiated in September 2012 to foster and recognize a sustained commitment to Jewish learning in our congregation. Currently, we have 93 congregants who are participating in this program. At our Shavuot service on June 3rd, we recognized the following individuals who have made Study a fixed habit, and reached Learning Milestones this year:

- *Chai Level* (180+ hours): **Andy Cohen, Susan Cohen, Nancy Kruger, Elizabeth Lacher, Betty Ann Rubin, Susan Trivers**
- *Keva Level* (100+ hours): **Judi Ornoff, Suzi Stone**
- *Foundation Level* (50+ hours): **Erin DiManno, Bruce Feist, Paula Goldman, Nicki Halterman-Mitchell, Barbara Leven, Chuck Leven, Ruth Ann Whalen**

Over the past 3 years, we have had 16 members reach the Keva Level or higher. It's not too late to join in. To learn more about the Ladders of Learning Program, contact Lifelong Learning Chair *Elizabeth Lacher* at 703-689-0811, or lifellearn-committee@nvhcreston.org.

Breast Cancer Support Group

If you, your daughter, mother, sister, partner or friend is living with breast cancer, we hope you'll tell them about this group. Whether a person is newly diagnosed, living several years as a survivor, battling progressive disease or a special partner of a breast cancer patient, our new support group is intended to help people to:

- Speak confidentially in a group
- Be a resource for educating other families
- Provide support and be mentors for one another
- Celebrate survivorship together

If you are interested in joining NVHC's Breast Cancer Support Group or getting further information for another person, please contact Beryl Brodsky at beryllb@gmail.com.

Contemporary Jewish Issues: A Discussion

In this discussion series, we will explore topics of Modern Life from a Jewish Perspective with our Rabbinic Intern Rachel Silverstein.

- Tattooing and Body Piercing July 9th
- End-of-Life Issues July 23rd
- Jewish Practices in Grief and Mourning August 6th

When: Wednesdays, July 9th, July 23rd, Aug 6th, 7:15 – 8:30 p.m.

Fee: Members – FREE, \$25 Non-members

CONTEMPORARY JEWISH ISSUES

Name: _____ Member: _____ Non-member: _____

Phone: _____ Email: _____

Fee: FREE Members, \$25 Non-members

TOTAL ENCLOSED \$ _____

Send registration form and check payable to NVHC to:
Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

Introduction to Judaism

A 16-week class, sponsored by the Union for Reform Judaism, which gives a broad overview of Judaism. This is designed for Jews and others who are seeking a greater understanding of Jewish principles and practice. The course is for interfaith couples, non-Jews considering conversion, and for Jews who wish to learn more about Judaism. The class explores Jewish holidays and life-cycle ceremonies, prayer and worship, Jewish history, Jewish theology, Israel, the Holocaust, and how to make a Jewish home.

WHEN	WHERE
Mondays, 7:00-9:00 p.m. begins September 8th	Northern Virginia Hebrew Congregation, Reston, Virginia
Tuesdays, 7:00-9:00 p.m. begins September 9th	Religious Action Center, Washington, DC

To register, or for additional information about the course, go to:

<http://www.reformjudaism.org/learning/intro-judaism/introduction-judaism-washington-dc-area>.

For questions about the course, please contact Rabbi Stephanie Bernstein, sbernstein@urj.org, or 301-229-6008.

Bereavement Support Group

“When You’ve Lost a Loved One”

Tuesday, July 22nd, at 7:00 p.m. No August Meetings.

The next meetings will be on September 2nd & 16th.

On Tuesday, July 22nd, at 7:00 p.m., NVHC will hold a meeting of “When You’ve Lost a Loved One,” a Bereavement Support Group and extension of our caring community at NVHC. There will be no August meetings.

Linda Rubinstein Perlstein, experienced counselor in grief therapy in both secular and Jewish settings, will facilitate. It is our hope that NVHC members and friends from the wider community find comfort and care as they mourn losses among their family and immediate circle of community.

We hope that attendees will meet on an ongoing basis to draw support and insights in a group setting. Please contact Rabbi Holzman for more information at 703-471-6046, ext. 102.

Distinguished Speaker Series

September 17, 2014 at 8:00 p.m.

Ambassador (ret.) Kenneth S. Yalowitz “What is Russia Up To in Ukraine?”



Ambassador Kenneth Yalowitz, Global Fellow at the Woodrow Wilson Center in Washington, DC. and 36 year career diplomat, served twice as a U.S. ambassador to the Republic of Belarus and to Georgia. His other foreign assignments included two tours of duty in Moscow, the Hague and the U.S. Mission to NATO.

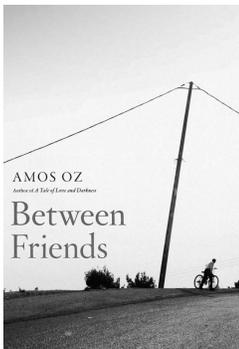
Awarded for crisis management in the shoot-down of KAL-007 and for peacemaking and conflict prevention in 2000 for his work to prevent the spillover of the Chechen war into Georgia, Ambassador Yalowitz is adjunct professor of government at Georgetown University.

The NVHC Speaker Series is free and open to the public.

Book Club Selections

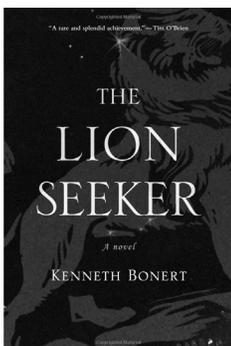
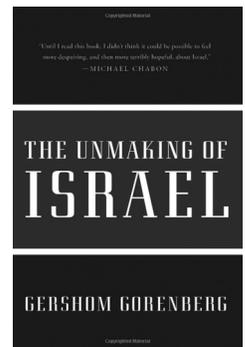
We meet on the first Saturday of each month, except where noted, 9:00 a.m. – 10:15 a.m.

For more information, contact Marjina Kaplan at: marjina2@yahoo.com



July 5th. *Between Friends*, by Amos Oz, translated by Sondra Silverston. 192 pp. Fiction. One of Israel's pre-eminent novelists, and the recent winner of the prestigious Franz Kafka Prize, looks back to mid-20th-Century kibbutz life in a set of linked short stories with strong autobiographical resonances. According to Oz, the book is about “foregoing and longing,” with the kibbutz serving as “an ultimate university of human nature.”

August 2nd. *The Unmaking of Israel*, by Gershom Gorenberg. 325 pp. History. Gorenberg, a leftist Israeli journalist of American extraction, tells us that the Israel of the mainstream American, Leon Uris-influenced imagination is not the Israel of today's reality. The Israel of today is rampant with illiberal feeling. It is a place whose Arab citizens are at once enfranchised and isolated. It is a place whose military is coming to be dominated not by the secular, progressive-minded kibbutznikim of old, but by a right-wing Orthodox officer corps, some of whom may respect the idea of Jewish land more than they respect the decisions of the elected government. Mainly, it is a place being corrupted by an ostensibly temporary, but in fact, interminable occupation.



September 6th. *The Lion Seeker*, by Kenneth Bonert. 576 pp. Fiction. A Canadian novelist's ambitious debut, this is an epic of South African Jewry that touches on both that country's troubled apartheid era and the European traumas of the Holocaust and World War II. Bonert is the child of Lithuanian Jews who settled in South Africa. ♦

Membership

Only For Prospective/New Members AND Preschool Families*!

Come “flip” out over NVHC!

Pancake Shabbat

Saturday, August 23, 2014

Services... 9:00 a.m.

Pancake Breakfast... 10:45 a.m.



Pancakes and Toppings Galore! Music and stories for our young guests!
Espresso and conversation for our more mature guests!

Please RSVP to Cookie Mandell at (703) 437-7733
or via email to cookie@nvhcreston.org!

*Preschool Families will be able to pick up their
September Folders at the Pancake Shabbat

NVHC Cares

WHAT WE CAN LEARN FROM TEEN GRIEVERS

By Robbie Miller Kaplan

Adults have a lot to offer teens by way of experience so we expect teens to learn from us. And yet there are times when adults can learn from them. When a teenager dies, it's often a teen's first experience with death. Teens grieve for their peers differently than adults, and some of their practices are healthy. Here's what adults can learn from teens:

- Teens grieve in groups. They congregate together during the funeral and afterwards. They huddle in circles and grieve in a communal manner, comforting each other by hugging.
- Teens grieve openly and don't try to put on a face. They're not embarrassed to cry.
- Teens are the memory keepers and they share their stories. No matter what the relationship, they will dredge up every contact, every shared experience, and reminisce.
- A teen funeral attracts hundreds of teens; everyone turns out even if they hardly knew the teen or the teen was an acquaintance.
- Teens can overwhelm the bereaved family, wanting to hang out at the teen's home so they can comfort the family and feel close to the teen that has died.
- Teens use online forums, such as Facebook, to express their grief. Months and years later, they continue to post and share their feelings and memories.

So how can adults grieve more like teens? We adults can show our support for the bereaved and all turn out for the funeral. We can grieve more openly, not being afraid to shed our tears in front of others. We can look after each other, grieve in groups so we share our loss, and comfort each other so no one has to feel alone in their grief. We, too, can be memory keepers, searching for encounters and stories and sharing them with the bereaved family and our peers so we don't forget. While we don't want to overwhelm the bereaved family, we do want to visit, keep them company, listen, comfort them, and share their loss. We can use a forum (online or off) to express our grief, perhaps even notes, letters, and emails to the bereaved to let them know we remember their loved one and that they're not forgotten.

Adapted with permission ©www.legacy.com ♦

SUMMER MOVIE SPECIAL AND UPDATE ON PROSPECTS FOR PEACE

By Sheila Budoff

Summer is here, but we're not slowing down! We have great programs planned for July and August. Please join us!! I'm looking forward to seeing you at both of these programs!

ALSO, PLEASE SAVE THE DATE – FRIDAY, SEPTEMBER 12th – YENTL AT DC JCC!!!

A fabulous trip to see *Yentl* at the DC JCC is being planned for Friday, September 12th!!! Details to follow! Please check the next issue of the NVHC Newsletter, LINKS, The Voice, and your e-mail updates for more information. Space will be limited, so please plan on signing up early! Thanks!

Tuesday, July 22nd, 10:30 a.m. - noon

Summer Movie Special: Israeli Film, Noodle, and Lunch

Come in out of the summer heat and enjoy *Noodle*, an uplifting, touching, 2007 award-winning Israeli film. Bring your lunch or pay just \$8 for a catered lunch. *Noodle* is about a depressed, twice-widowed El Al flight attendant who finds new meaning in her life when she is unexpectedly left with her Chinese housekeeper's six-year-old son. Facing communicational, cultural, and bureaucratic challenges in her quest to reunite the boy with his mother, the flight attendant's closed-off emotions are reawakened, and she rediscovers her inner strength and goodness in the course of her amazing journey.

When you RSVP for the program, please also let me know whether you will be bringing your own lunch (dairy or parve please), or having the lunch I bring in. You can pay

the \$8 charge at the door, but please RSVP, so I will have enough food. The lunch will include sandwiches and salads, such as tuna salad, egg salad, whitefish salad, side salads, watermelon, and dessert.

RSVP: Sheila Budoff, Sheila.Budoff@jccnv.org or (703) 537-3068

Tuesday, August 26th, 10:30 a.m. - noon

Prospects for Peace Between the Israelis and Palestinians – An Update

Presented by Bob Budoff, board member of the Jewish Community Relations Council; founder and president of the Temple B'nai Shalom Israel Committee; founder and leader of the IsraelTalk discussion group, former vice president of the Mid-Atlantic Region of the Association of Reform Zionists of America.

Bob will update us on the status of Secretary of State Kerry's "framework for peace" initiative (at press time, discussions of this initiative were suspended). In addition, Bob will discuss other peace initiatives, proposals, and other approaches that have been raised, both past and present, and evaluate their relative merits and prospects. Please join us for this very topical and informative discussion.

RSVP: Sheila Budoff, Sheila.Budoff@jccnv.org or (703) 537-3068 ♦

A Warm Welcome to New Members

We extend a warm welcome to these NVHC newcomers who have recently become part of our family. Please add their information to your membership directory, and be sure to make them feel at home when you meet them.

Matt & Judi Fishman

709 Montauk Court, Leesburg, VA 20176
703-652-3005 mattfishman@aol.com

Kenneth Gubin, Esq. Attorney At Law



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(divorce, separation, custody)
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Toll Free: 1-800-835-2558 Ext. 1105
Fax: 703-478-0903
Cell: 703-861-4024
abbey.siciliano@longandfoster.com



Tzedakah: We Thank Our Generous Contributors

Ark Fund

Theodore Smith...in memory of Betty Kaufman, Sara R. Smith, A. Zelleman Smith

Cantor's Discretionary Fund

Pracher/Reich Family...in memory of Laura McPartland Sam and Lisa Schwall...in honor of Aaron's Bar Mitzvah Adam and Kelly Schulman Alan and Susan Shapiro...in thanks for Sam's Bar Mitzvah

Choir Fund

Robert and Shirley Finkelstein...in memory of David Finkelstein Michael and Carol Flicker...in memory of Larry Vovala

College Outreach Fund

Steve and Linda Gordon...in memory of David and Doris Gordon

General Fund

Bernard and Beth Mongilio...in memory of Seymour Eisenstat

Library Fund

Michael and Barbara Sproull...in memory of Burton Hamburger

Lou Gold Children's Music Fund

Anonymous Ray and Mera Diaz...in memory of Inez "Fancy" Kirson Jason and Vera Feig...in memory of Irellynn Ellers Michael and Barbara Sproull...in memory of Phillip Fiedler

Memorial Plaque

David Selden and Julie Wallick...in memory of Jack L. Wallick and Muriel Wallick Herb VanHook and Madeleine Abel...in memory of Alexander Abel

NVHC Cares Fund

Dwayne Archer Robert and Shirley Finkelstein...in memory of Deborah Finkelstein

Prayer Book Fund

Eric, Debbie, Hannah and Eli Eggleston...in memory of Bill Bakal Neil Safer...in memory of Max Blaustein Michael and Barbara Sproull...in memory of Jerome Berger

Preschool Fund

Steven and Jennifer Nossal...in honor of Nell Hirsch Jonathan and Hilary Wilkenfeld...in honor of Rebecca's graduation and in gratitude for the wonderful Preschool teachers

Rabbi's Discretionary Fund

Manny and Ruth Hershkowitz...in appreciation of Francine Beifeld, Cookie and Paul Mandell Ed and Michelle Kogan...in memory of Byrna Kogan Anna Lewkowicz...in memory of Kalman Lewkowicz, Bella Lewkowicz, Sam Lewkowicz, and Chaim Lewkowicz Howard and Heidi Mitnick...in memory of Minna Schweid Diane Preece...in memory of Stewart Preece Ricky Ressin...in honor of grandson Sam's Confirmation Sam and Lisa Schwall...in honor of Aaron's Bar Mitzvah Adam and Kelly Schulman Alan and Susan Shapiro...in thanks for Sam's Bar Mitzvah

Religious School Fund

Matthew and Miriam Brodie Bill and Juliet Holtzman Jeremy and Regina Krasner Thomas and Ursula Pick Sisterhood

Seldon and Ruth Kruger Fund for Adult Learning

Robert and Shirley Finkelstein...in memory of Samuel Silbovitz Jason and Vera Feig...in memory of Frances Shuster The Haupt Family...in memory of Jeanne E. Shore JP and Judith Villedrouin...in memory of Nicole Neau Howard and Carolyn Wesoky...in memory of Edith S. Scheibel, Stephen E. Unger, Morris Wesoky, and for a speedy recovery to Oscar Hinojosa

Membership Directory Corrections

The following members have a change of address:

Jerry & Ellen Ezrol

11776 Stratford House Place, Unit 705
Reston, VA 20190

NVHC Thanks our Additional 2014 Cornerstones Donors

Judith Ratliff

To honor or memorialize someone, fill out this form and mail it to NVHC, 1441 Wiehle Avenue, Reston, VA 20190. Please make checks payable to NVHC. NVHC has established the following discretionary funds, from which you may choose to make a donation. Your gift is greatly appreciated and will be used to enhance the programs of our temple.

Enclosed is my donation in the amount of \$ _____

Donor's Name & Address: _____

In Honor of: _____

In Memory of: _____

For a Speedy Recovery to: _____

Send acknowledgement to: _____

- | | | |
|--|--|--|
| <input type="checkbox"/> Art Fund | <input type="checkbox"/> Library Fund | <input type="checkbox"/> Religious School Fund |
| <input type="checkbox"/> Cantor's Discretionary Fund | <input type="checkbox"/> Louis Gold Children's Music Fund | <input type="checkbox"/> Sam Selden and Donna Dixon Memorial Endowment |
| <input type="checkbox"/> Caring Committee | <input type="checkbox"/> Memorial Plaque (minimum donation of \$250) | <input type="checkbox"/> Fund for Jewish Youth and Community Development |
| <input type="checkbox"/> Choir Fund | <input type="checkbox"/> Mishkan T'filah Prayer Book | <input type="checkbox"/> Seldon and Ruth Kruger Fund for Adult Learning |
| <input type="checkbox"/> College Outreach Fund | <input type="checkbox"/> (minimum donation of \$75) | <input type="checkbox"/> Torah Fund |
| <input type="checkbox"/> Ellen Reich | <input type="checkbox"/> Prayer Book Fund | <input type="checkbox"/> Youth Group Fund |
| <input type="checkbox"/> Early Childhood Teacher Ed Fund | <input type="checkbox"/> Preschool Fund | |
| <input type="checkbox"/> Fran Gibbs Preschool Scholarship Fund | <input type="checkbox"/> Rabbi's Discretionary Fund | |

(Please Provide Name and Date of Death for Memorial Plaque) _____

Donate to NVHC Online

Itching to donate to one of NVHC's many funds, or to remember or thank someone? Now it's easier. The NVHC website has been enabled to accept donations. Donations are processed through PayPal, using your own credit card or by establishing a PayPal account, at no cost to the donor, and are encrypted for security. Go to www.nvhcreston.org and click on the Donations link listed on the left hand column of the home page.

Life-Cycle Events in the NVHC Family

R'FU-AH SH'LEI-MA

- | | | | | |
|------------------|---------------|------------------|-------------------|--------------------|
| Joel Chetrick | Al Groff | Clarice Karnette | Tyler Minushkin | Nancy Fisher Stein |
| Mike Dixon | Jim Luehrs | Larry Klinger | Paulette Peltz | Robert Stein |
| Jerry Friebert | Ken Kaplan | Marty Koshar | Sharon Rubenstein | Robert Vaccarino |
| Eleanor Glickman | Margie Kaplan | Wendy Miller | Barbara Smith | |

CONDOLENCES

- To Mimi Kramer-Roberts, on the death of her uncle, Irving Kramer
- To Candy Kleinrock, on the death of her mother, Shirley Kirschner
- To Vickie Nitschke, on the death of her sister-in-law, Tayann Grimm

Submit your life-cycle events by phone to: 703-437-7733, or Email to: mozelle@nvhcreston.org.

July 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Cantor Caro's first day	2	3	4 Independence Day NVHC office closed Sof Shavua Nosh, 6:15 p.m. Erev Shabbat Worship Service – Cantor Caro's first Shabbat, 6:45 p.m.	5 Book Club, 9:00 a.m. Shabbat Service, 9:00 a.m.
6	7 Strategic Development Committee meeting, 7:30 p.m.	8 Executive Committee meeting, 7:00 p.m.	9 Contemporary Jewish Issues: A Discussion, 7:15 p.m.	10 Meet & Greet Cantor Caro, 7:30 p.m. Mah Jongg, 7:00 p.m.	11 Erev Shabbat Worship Service with Kol Shirah, 8:00 p.m.	12 Tot Shabbat, 9:00 a.m. Combined Torah Talk and Shabbat Service, 9:00 a.m.
13	14	15 Meet & Greet Cantor Caro, 7:00 p.m.	16	17 Meet & Greet Cantor Caro, 7:00 p.m.	18 Sof Shavua Nosh, 6:15 p.m. Erev Shabbat Worship Service, 6:45 p.m.	19 Combined Torah Talk and Shabbat Service, 9:00 a.m.
20 Brotherhood Summer Cookout, 4:00 p.m.	21 Strategic Development Committee meeting, 7:30 p.m.	22 JCCNV-NVHC Active Adults, 10:30 a.m. Bereavement Support Group Meeting, 7:00 p.m. Board of Trustees meeting, 7:00 p.m.	23 Contemporary Jewish Issues: A Discussion, 7:15 p.m.	24	25 Women Who Mean Business Networking Group, 8:45 a.m. Erev Shabbat Worship Service, 8:00 p.m.	26 Combined Torah Talk and Shabbat Service, 9:00 a.m.
27	28 Mah Jongg, 7:30 p.m.	29	30	31		

August 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Sof Shavua Nosh, 6:15 p.m. Erev Shabbat Worship Service, 6:45 p.m.	2 Book Club, 9:00 a.m. Tot Shabbat, 9:00 .m. Combined Torah Talk and Shabbat Service, 9:00 a.m.
3	4	5 Tisha B'Av	6 Contemporary Jewish Issue: A Discussion, 7:15 pm	7	8 Erev Shabbat Worship Service with Kol Shirah, 8:00 p.m.	9 Combined Torah Talk and Shabbat Service, 9:00 a.m.
10	11 Sisterhood Board Meeting, 7:15 p.m.	12 Executive Committee meeting, 7:00 p.m.	13	14 Mah Jongg, 7:30 p.m.	15 Sof Shavua Nosh, 6:15 p.m. Erev Shabbat Worship Service, 6:45 p.m.	16 Combined Torah Talk and Shabbat Service, 9:00 a.m.
17	18	19	20	21	22 Erev Shabbat Worship Service, 8:00 p.m.	23 Combined Torah Talk and Shabbat Service, 9:00 a.m. Pancake Breakfast, Prospective/ New Members & Preschool Families, 10:45 a.m.
24	25 Mah Jongg, 7:30 p.m.	26 JCCNV-NVHC Active Adults, 10:30 a.m. Board of Trustees meeting, 7:00 p.m.	27	28	29 Women Who Mean Business Networking Group, 8:45 a.m. Erev Shabbat Worship Service, 8:00 p.m.	30 Torah Talk, 9:00 a.m. Shabbat Service, 10:30 a.m. Bat Mitzvah - Emily Wesoky
30						



NORTHERN VIRGINIA
HEBREW CONGREGATION

1441 Wiehle Avenue · Reston, Virginia 20190

mark your calendar for these **Upcoming Events**

Elul Study ♦ August 23rd, 9:00 a.m.

A Night of High Holiday Study ♦ September 10th, 7:00 p.m.

Simchat Torah Festival ♦ October 15th

NVHC Contact Information

Temple Office (secretary answers)	703-437-7733	Director of Early Childhood Education	Cindi Drake ext. 110
Temple Office (directly to individual)	703-471-6046	cindi@nvhcreston.org	
Preschool	703-435-8829	Director of Congregational Engagement	Cookie Mandell ext. 107
Fax	703-437-3443	cookie@nvhcreston.org	
Web Site	www.nvhcreston.org	Temple Secretary	Mozelle Stanton ext. 101
		mozelle@nvhcreston.org	
Rabbi	Michael G. Holzman ext. 102	Religious Education Secretary	Elaine Bowling ext. 104
rabbiholzman@nvhcreston.org		elaine@nvhcreston.org	
Rabbi Emerita	Rosalind Gold	Bookkeeper	Julie Lifland ext. 108
Cantor	Susan Caro ext. 106	julie@nvhcreston.org	
cantorcaro@nvhcreston.org		Youth Activities Coordinator	Beryl Trauth-Jurman ext. 147
Administrator	Fay Gubin ext. 105	beryl@nvhcreston.org	
fay@nvhcreston.org		Young Adult Engagement Coordinator	Stacy Miller
Director of Education	Moshe Ben-Lev ext. 103	stacy@nvhcreston.org	
moshe@nvhcreston.org			

DEADLINE FOR NEXT ISSUE: Tuesday, July 1, 2014