

For Immediate Release

November 24, 2014: Milwaukee, WI

{EVITE TO BOOK LAUNCHING CELEBRATION ATTACHED}

[SKR BOOKS]- Milwaukee, WI

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Personal Memoir Reveals Triumph over Domestic Abuse and Much More

(Milwaukee, WI) At a time when domestic abuse and its terrible consequences are being highlighted almost daily in the media comes *Getting Honest: A Memoir of a Spiritual Journey*, the compelling, poignant memoir of Volina Cross, a woman who began life as one of sixteen children born to parents in the destitution of rural Mississippi.

There are episodes of domestic violence in Volina's childhood which will carry over into her adult life and on into her marriage. There is frightening racism, as well. And abject poverty. But for the young Volina, there are other worlds, too. Worlds she reads about in the magazines her mother brings home. Volina will escape from Mississippi. But will she escape from her past, from who she really is?

Some fifty years after leaving it for what she assumed would be for good, Volina, an ordained Presbyterian minister, returns to Mississippi. It is only then that she realizes that in all those years, she has been on a spiritual journey leading her inevitably back to her beginnings. She has come full circle and she knows it is no accident. Something has been moving her through her entire life, guiding her all along. The destination creates in her a profound need to re-examine her life, to consider her journey, and to discover what is required of her: a brutal kind of honesty. Volina has to come to terms with her past. She has to come to terms with herself.

Volina Cross is available for presentations, group discussions, and talks with groups-large and small. These are some the topics she will address: 1) Get honest with self and others; 2) The importance of Focus (especially when you are in an abusive situation); 3) The Emotional Mental and Psychological impact of domestic violence; 4) Self-Esteem as it relates to coping with abuse and 5) The power of forgiving those who hurt you.

Contact vcrossdukes@ameritech.net for Book Club information, discount copies and special offers, discussion questions and more.

Volina's story is one of perseverance, resilience, inspiration, and hope. *Getting Honest: A Memoir of a Spiritual Journey* is available on Amazon and wherever books are sold.

Getting Honest: A Memoir of a Spiritual Journey (SKR Books, An Imprint of Wyatt-MacKenzie, December 2014), ISBN 9781939288875, 172 pps, \$15.00. Distributed by Ingram.

OUT OF RURAL MISSISSIPPI COMES A RIVETING ACCOUNT OF DOMESTIC ABUSE –
UNSPOKEN OF IN THAT DAY!

NOT UNCOMMON BUT



GETTING HONEST IS THE POIGNANT MEMOIR OF
VOLINA CROSS, A WOMAN WHO BEGAN LIFE AS
ONE OF SIXTEEN CHILDREN BORN TO PARENTS IN
THE DESTITUTION OF RURAL MISSISSIPPI.

JOIN US AT A

BOOK LAUNCHING CELEBRATION!

For author, *Volina Cross*

SUNDAY, DECEMBER 14, 2014 <>1:30 – 3:00 P.M.

Good Shepherd Trinity Church
3302 North Sherman Boulevard
{Enter from the north side of the church –
Bernard Place – under the red canopy.}

COME AND BRING A FRIEND!

***Meet the author, learn about her and her journey, and take home
an autographed book for yourself and as gifts for others.***

REFRESHMENTS SERVED!

For more information, please e-mail author, Volina Cross; vcrossdukes@ameritech.net.