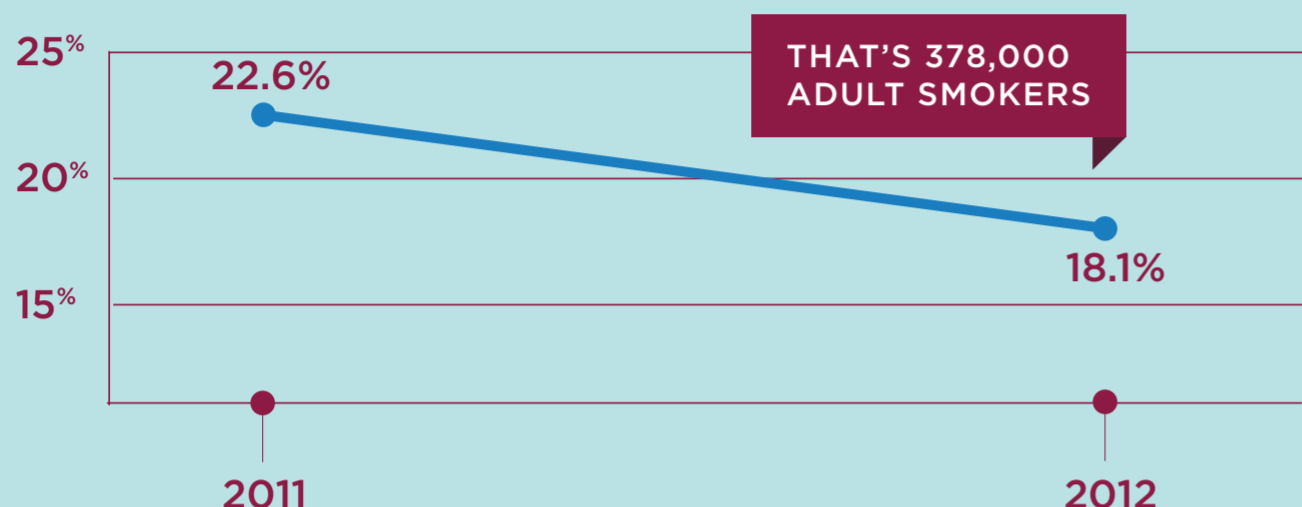


# Quit SMOKING Chicago

## WHO IS STILL SMOKING?

### SMOKING AMONG CHICAGO ADULTS IS DOWN<sup>1,2</sup>



Chicago has been recognized nationally as a leader in smoking cessation.<sup>1</sup> Learn more online at [www.CityofChicago.org/Health](http://www.CityofChicago.org/Health)

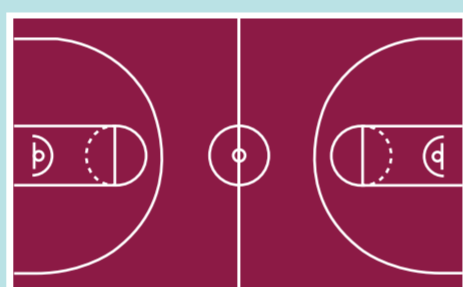
## SMOKING MORTALITY IN ILLINOIS FROM 2000 to 2004<sup>3</sup>

### TOBACCO USE IS THE #1 CAUSE OF PREVENTABLE DEATHS<sup>4</sup>

**83,000 PEOPLE**  
DIED FROM TOBACCO USE<sup>3</sup>

THAT'S **4X** THE ENTIRE ENROLLMENT OF NORTHWESTERN UNIVERSITY<sup>5</sup>

16,600 DEATHS PER YEAR<sup>3</sup>



THAT'S ENOUGH TO FILL THE UNITED CENTER TO ABOUT 3/4 CAPACITY<sup>6</sup>

## SMOKE-FREE SUPPORT

### SMOKING BANS



- Illinois state law prohibits smoking in enclosed workplaces<sup>11</sup>
- The Chicago Clean Indoor Air Ordinance bans smoking in all Chicago restaurants, bars, and virtually all enclosed public places<sup>12</sup>

### CITY INSTITUTIONS ARE SIGNING UP TO BE SMOKE FREE<sup>1</sup>



**4** Chicago Housing Authority complexes

**6** Hospital campuses

Roosevelt University, Robert Morris University, the University of Illinois at Chicago campus, and 7 Chicago City College locations

## MANY CHICAGOANS WANT TO QUIT<sup>1</sup>



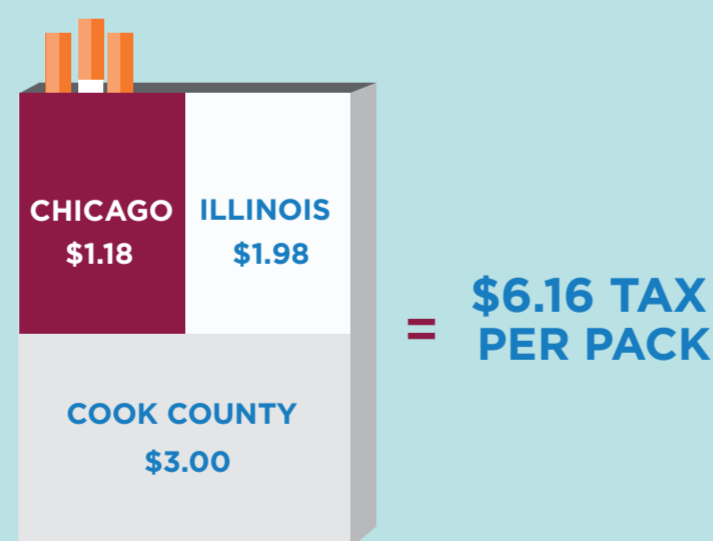
**24,000 calls in 2013**  
to the Illinois quitline from Chicagoans

Looking for help to quit? Call the Illinois Tobacco Quitline at **866-784-8937** for information about what free resources are available

## CIGARETTES COST MORE THAN YOU THINK<sup>7-9</sup>



CHICAGO HAS THE **HIGHEST** CIGARETTE TAX IN THE NATION<sup>10</sup>



## MONEY TO BURN



The average smoker purchases **306 packs** of cigarettes per year<sup>9</sup>

**\$2,200** Per year up in smoke<sup>7-9</sup>

## SMOKING CESSATION TREATMENT COVERAGE<sup>13,14</sup>



HAVE ACCESS TO INSURANCE THAT COVERS SMOKING CESSATION TREATMENT

Types of insurance include:

- Employer-provided plans
- Private plans
- Medicare/Medicaid
- Other public plans (military, civil service)

Talk to your doctor or healthcare provider today  
**FOR HELP QUITTING!**

Find helpful tools online at [www.MyTimeToQuit.com](http://www.MyTimeToQuit.com)