

TIME CLASS AGE \*\*

#### MONDAY

#### 4:15-5:00 Jazz/Hip Hop

7-12vr

Fun energized athletic style of dance to pop and hip hop music. Classes begin with a simple but thorough warm up, of technique stretches and isolation's, we then move to doing combinations across the floors traveling with energy, learning basic turns, leaps and footwork. We then progress to choreography of different styles of jazz dance and hip hop. Broadway, hip hop, T.V, break dance, pop & lock and many more. This jazz class is designed to engage the students in hard work, fun, concentrated and disciplined movement and lively expression from emotional honesty. We do not compete in dance competitions; we believe it goes against the art of dance itself.

### 5:00-6:30 Jr. Broadway Ensemble 5-12yrs

Perform and learn! Performance ensembles work in team spirit to create Broadway musicals, cabarets, dramas, and original pieces based on the makeup of the group, i.e. number of students, gender, ages, and experience. Students will work on singing, acting, and dance which will be integrated into the rehearsals for the show. These ensembles offer the best opportunity for young performers to develop their performing skills. The training culminates with public performances in the Spring

# 6:30-8:00 Jazz Dance 3 teen-adult

At RPAC, our dance program is based in the most rigorous and technical knowledge of stage dance craft while emphasizing inner emotional truthfulness and freedom of movement and expression. As always we include other disciplines to supplement our dance work such as yoga, brain gym, improvisations and more. Jazz classes are based in true jazz combined with contemporary movement such as hip hop while always staying true to the work ethic required to excel in dance. These classes MOVE! They are fun and invigorating and designed for varying levels of dancers.

#### **TUESDAY**

## 4:30-5:30 Glee Club 2

9-12yrs

Continuous development of the fundamental acting, singing and movement skills of Broadway musical theatre are the focus. Group songs and scenes are staged and ensemble energy and unity are the teaching focus. Projection, diction and stage presence are emphasized in solo work. Songs, dances, monologues and scenes are selected from the broad range of classic and contemporary Broadway to give these youngsters first hand experience with their favorite works. Ruhala Performing Arts Center Musical Theatre classes are ideal training grounds for the future Elementary and Middle School Broadway Ensembles.

## 5:30-6:30 Ballet 1 5-9yrs

Classes offer a wide range of fundamental skills in their individual disciplines. Also included in these programs are yoga for children. The class curriculums will be decided by the instructor in conjunction with the students' desires and work-ethics. The emphasis of the classes is to allow young dancers to explore various styles while keeping their interests peaked. Ballet requires focus and discipline to learn the form.

#### 8:00-9:30 Acting 101 teen-adult

Students will learn the fundamentals of acting in this class: diction, projection, stage presence, stage directions, working off their partner, basic script work and improvisation. The aim is always to discover natural impulses combined with emotional truthfulness. Scene work and monologue work will be introduced and taught through the axiom "acting is the reality of doing in imaginary circumstances". Students will gain confidence, poise and good public speaking skills in this acting course. This is an excellent course for beginning actors who want to get a taste for acting through actors with more experience who want to hone their skills.

## **WEDNESDAY**

## 6:45-8:15 Jazz Dance 3 teen-adult

At RPAC, our dance program is based in the most rigorous and technical knowledge of stage dance craft while emphasizing inner emotional truthfulness and freedom of movement and expression. As always we include other disciplines to supplement our dance work such as yoga, brain gym, improvisations and more.

**Jazz** classes are based in true jazz combined with contemporary movement such as hip hop while always staying true to the work ethic required to excel in dance. These classes MOVE! They are fun and invigorating and designed for varying levels of dancers.

8:15-9:45 Improv teen-adult

Think on your feet, react, and improvise! Learn the fun and generous skills of improvisation in a high energy environment. This class will free the spirit, loosen the muscles, and engage the brain in grounded team work. Learn to improvise in song, dance, and acting. In our over scheduled lives, this class will balance you by showing the path and value of no planning. All performers need these skills, especially the ones who are terrified to try. Come face your fears and have fun and grow. Improvisation is the key to great performing and living. Trying new things is how the brain develops and remains fresh and active. We will provide the safe atmosphere and teach the skills you need to know and you will bring your imagination and spark.

#### **THURSDAY**

4:00-4:30 Tap 1 5-8yrs

Classes offer a wide range of fundamental skills in their individual disciplines. Also included in these programs are yoga for children. The class curriculums will be decided by the instructor in conjunction with the students' desires and work-ethics. The emphasis of the classes is to allow young dancers to explore various styles while keeping their interests peaked. Tap is the fun of FOOTWORK and RYTHYM!

5:15-6:00 Glee Club 1 5-8yrs

Continuous development of the fundamental acting, singing and movement skills of Broadway musical theatre are the focus. Group songs and scenes are staged and ensemble energy and unity are the teaching focus. Projection, diction and stage presence are emphasized in solo work. Songs, dances, monologues and scenes are selected from the broad range of classic and contemporary Broadway to give these youngsters firsthand experience with their favorite works. Ruhala Performing Arts Center Musical Theatre classes are ideal training grounds for the future Elementary and Middle School Broadway Ensembles.

6:00-7:30 Ballet 3 teen-adult

At RPAC, our dance program is based in the most rigorous and technical knowledge of stage dance craft while emphasizing inner emotional truthfulness and freedom of movement and expression. As always we include other disciplines to supplement our dance work such as yoga, brain gym, improvisations and more.

**Ballet:** High expectations of discipline and dedication are required for those wishing to study ballet at this level. Each class includes full barre, center, and/or choreography. The emphasis is on advanced technique such as beats, multiple pirouettes, greater turn-out, higher extension, and longer variations. Contemporary music is used in tandem with classical music in order to connect this classical form to present culture.

#### **FRIDAY**

# 4:15-5:00 Intro to Acting 7-12yrs

Students will learn the basics of acting: diction, projection, stage presence, stag directions, working off their partner, basic script work and improvisation. The aim is always to discover natural impulses combined with emotional truthfulness, Scene work and monologue work will be introduced and taught through the axiom "acting is the reality of doing in imaginary circumstances" students will gain confidence, poise and good public speaking skills in this acting course.

5:00-6:30 Jr. Broadway Ensemble\* 5-12yrs

6-12yrs

Perform and learn! Performance ensembles work in team spirit to create Broadway musicals, cabarets, dramas, and original pieces based on the makeup of the group, i.e. number of students, gender, ages, and experience. Students will work on singing, acting, and dance which will be integrated into the rehearsals for the show. These ensembles offer the best opportunity for young performers to develop their performing skills. The training culminates with public performances in the Spring

### **SATURDAY**

### 10:00-10:45 Boys Only Club

For Boys only! This class will create a safe place for boys to experience dance, expression, and performing, All of the work will help young athletes develop their agility and coordination. High energy, fun routines, exercises and games will provide the foundation for boys to explore and gain new knowledge.