

Parent Empowerment

3rd Annual

Full Day Conference

Keynote:

"I AM NOT YELLING!" 5 Ways to Calm Down When Kids Frustrate You

Kirk Martin, Celebrate Calm

Raising a child with special needs or autism can be frustrating. All those little quirks and needing everything to be particular can drive you crazy. Miscommunication can cause huge tantrums by kids AND parents. So how do you keep your cool when your kids lose theirs?

Breakout Sessions

IEP 101: Understanding Your IEP and If Your Child is Making Progress (Bring your IEP)

Yvette Young-DeCosta, Parents' Place of Maryland

Celebrate ADHD/Special Needs: How to Motivate Your Child Without Crushing His Spirit

Kirk Martin, Celebrate Calm

Laying the Foundation for Individual and Family Supports: A Guide to Empower Parents and Caregivers on their Journey of Parenting Children and Youth with Autism

Abila Tazanu, M.D., The One World Center for Autism

Behavior is Communication: Demystifying Functional Behavior Assessments (FBAs) and Behavior Intervention Plans (BIPs)

Sarah Wayland, Ph.D., Guiding Exceptional Parents, LLC

Using Mindfulness Practices to Promote Interpersonal Skills in Children with Social Challenges

Harriette Wimms, Ph.D., The Seed School

Next Steps: Transition from Infants and Toddlers to Special Education Services

Marie Brayman, Prince George's County Infants & Toddlers

Pathfinders for Autism does not endorse any treatment, service or provider. We strive to provide accurate, up-to-date information to individuals, families and professionals to assist them in making informed decisions about what best suits their unique needs.



PATHFINDERS
FOR AUTISM

Conference Location

John Carroll Elementary School

1400 Nalley Terrace

Hyattsville, MD 20785

Lite breakfast, lunch, and resource tables are provided.



This conference is free, but registration is required at

443.330.5370 or

www.pathfindersforautism.org.

Child care will be available for a fee, but space is limited. Call 301-618-8395 directly to book child care.

This conference is sponsored by
The One World Center for Autism, Parents' Place of Maryland, Prince George's County Public Schools' Partners for Success, and Pathfinders for Autism.

Saturday, March 8, 2014

8:30am - 3:30pm

3rd Annual Parent Empowerment

Full-Day Conference

8:30	Registration and Lite Breakfast		
9:00	KEYNOTE: "I AM NOT YELLING!" 5 Ways to Calm Down When Kids Frustrate You <i>Kirk Martin, Celebrate Calm</i>		
11:15	Lunch (provided) / Resource Tables		
12:00	IEP 101: Understanding Your IEP and If Your Child is Making Progress (Bring your IEP) <i>Yvette Young-DeCosta, Parents' Place of Maryland</i> This is an Overview of the IEP process and document, the parts of the IEP, and an explanation of what they mean. We will discuss why parents are an important member of the IEP team. Come learn how progress is measured and ways to communicate with your team if you have questions or issues.	Celebrate ADHD/Special Needs: How to Motivate Your Child Without Crushing His Spirit <i>Kirk Martin, Celebrate Calm</i> Kids with special needs are terribly misunderstood. If you don't understand their unique quirks and intentions, you will crush their spirit and create an oppositional child. Kirk will show you why your kids behave the way they do, and give you practical tools to ignite their internal motivation, improve focus and overcome anxiety so you can enjoy a confident, respectful and purposeful child. Includes help for kids with Autism, Aspergers, ADHD, OCD, ODD, Sensory Processing Disorder and more.	
1:30	Break		
1:45	Behavior is Communication: Demystifying Functional Behavior Assessments (FBAs) and Behavior Intervention Plans (BIPs) <i>Sarah Wayland, Ph.D., Guiding Exceptional Parents, LLC</i> Learn how Functional Behavior Assessments (FBAs) are essential to identify the reasons behind difficult behaviors and to develop effective behavior interventions and support plans (BIPs). BIP takes the observations made in a FBA and turns them into a concrete plan of action for managing a student's behavior.	Using Mindfulness Practices to Promote Interpersonal Skills in Children with Social Challenges <i>Presenter: Harriett Wimms, Ph.D., The Seed School</i> The social world can cause frustration, confusion, and anxiety in children with social challenges—and the adults who love them. Mindfulness techniques have been proven effective for promoting social-emotional learning; increasing a sense of well-being; and improving executive functioning, individuals with social challenges. Participants will practice multiple mindfulness techniques and learn how to easily incorporate mindfulness into their daily lives to improve family well-being and social skills development.	Next Steps: Transition from Infants and Toddlers to Special Education Services <i>Presenter: Marie Brayman, Prince George's County Infants & Toddlers</i> Come and learn how to prepare for your child's transition at age three. We'll discuss what happens as your child approaches age three, the options that may be available in Prince George's County for children from age three through kindergarten age, as well as the seven domains of learning for school readiness. Topics covered will include accessing the community, and the importance of creating a vision for your child.

Pathfinders for Autism is a parent-sponsored, non-profit organization dedicated to improving the lives of individuals with Autism and their families with its Resource Center; sponsored training activities available to all in the community; and free family fun events. All offerings are free of charge.

The One World Center for Autism is a non-profit organization dedicated to nurturing the social, psychological, educational, and physical well-being of over 1,100 children, adolescents, and their families living with Autism in Prince George's County, Maryland.

Parents' Place of Maryland's purpose is to ensure that families of children with any kind of disability or special health care need have the knowledge and assistance they need to make informed decisions that support their child's health, education, and development. They provide peer support to families, and information and education to families, professionals and the community at large.

The **Partners for Success Parent Center** provides information and training to parents on disabilities, transition, the IEP process, special education programs, current special education legislation and initiatives. The center has a lending library, and an informational resource referral bank.



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