

Sneak Peak at College for Seniors Fall 2014 Courses

Fall catalog mailed and online August 4, 2014

Mondays 9-10:30 am

Tap Dancing for Fun...Mary Walker

Mondays, 9-11 am

Geo. Washington & the Continental Army...Bert Lockwood
Getting Reel:The Method & the Movies...Shelly Frome
Landscape Challenges for the WNC Home...Linda Alford
The Long Story in Short Literature...Margaret Roland
Search for the Historical Jesus...Harold Littleton
Yoga for Peace & Vibrancy...Elle Jai Taylor

Mondays, 9 am-12 pm

Grilling With Mars and Venus....Sheila & Dennis Murphy

Mondays, 11:30 am-1:30 pm

Appreciating Asheville's Acoustic Music...Lewis Willis
Architectural History of Asheville...Dick Hansley
Creativity, Chaos, & Consciousness...Fran Ross
Guided Autobiography...Caroline Manheimer
Revisiting Your Retirement Plan...B. Rietz & G. Wagoner

Mondays, 2-4 pm

American Diplomacy from 1776-1900...Jim Lenburg
Beginning Genealogy & Family History....Mark Speer
Experimenting with Altered Books...Catherine Battle
Free Alternative to Photoshop....Bob Davis
Henry James Goes to the Movies.....Ted McIrvine
How the Mind Works.....Reinhard Lindner
Therapeutic Yoga for Healthy Backs....Ann Mundy

Mondays, 2-5 pm

Functional Meditation.....Jacquie Wollins

Tuesdays, 9-10 am

Zumba Gold Workout...Mary Lynn Manns

Tuesdays, 9-10:15 am

Yin Yoga.....Susan Kaagan

Tuesdays, 9-10:30 am

Short Stick T'ai Chi...Terry Call

Tuesdays, 9-11 am

Aging in Community....Marianne Kilkenny
Animals & You....Patricia Grace
Apple iWork Applications...Fincher/Keller/Williamson
Astronomy: The Planets....Mark Whipple
Beginning Bridge....Bob & Marilyn Evans
Religion, Ethnicity, & Politics in Middle East.....Tom Sanders
Stained Glass Mosaics.....Bill Kort
Why GOOGLE!...Gail Sobel

Tuesdays, 11:30 am-1:30 pm

The Business of Art in Asheville...E. Pou, M. Manes
Hand Lettering & Calligraphy....Annie Cicale
Navigating Windows 8...Bob Davis
Re-Imagining a Fulfilled Life...Nancy Bragg
Secret Codes & the Fate of Nations...Howard Jaslow
Sports Illustrated: From Zero to Sixty...Larry Griswold

Tuesdays, 2-3 pm

Stretch & Tone...Eliza Sydney

Tuesdays, 2-4 pm

Beginning Spanish III.....Margarita McGuire
The Fiction of Bernard Malamud...Jay Jacoby
Jewish Cultural Renaissance During the Weimar
Republic...R.Manheimer

Tuesdays, 2-4:30 pm

I'm "Fonda" Fonda.....Barbara Jaslow
Improving Your Interpersonal Effectiveness.....Ester Pittman
Mixed Up Water Media.....Sharon Sandel

Wednesdays, 9-11 am

1914-2014: A Meditation on Our Time....Mary Lasher
The Alexander Technique.....Theta Michele Drivon
Ecology of the Southern Appalachians...WNC Alliance
Holiday Crafts & Decorations....Sheila Murphy
Living Well in Autumn....Su shen Huang
Picasa NOT Picasso...Dennis Murphy
The Rock Renaissance: 1966-1967.....Joe Sasfy

Wednesday, 11:30 am-1 pm

T'ai Chi Single Fan...Liz Ridley

Wednesdays, 11:30 am-1:30 pm

Appalachian Sampler #5...Carol Taylor
Ayn Rand: Her Life & Philosophy...Dennis DeSimone
Chinese Brush Art....Gail Racy
Homer: *The Odyssey*....Mario DiCesare
Mishima Literature: Spring Snow...Fusako Krummel
Varieties of Early Christianity....Farley Snell
Vegetarian Cooking Macrobiotic Style...The Wepman's

Wednesday, 2-3:30 pm

International Folk Dancing...B. Walk & M. Gottlieb

Wednesdays, 2-4 pm

Building a Better Brain....Michael Trayford
Performing Original Stand-Up Comedy...Randy Robins
Poets and Peasants....Mike Ross
The Zen of Dainin Katagiri....Bill Walz

Wednesdays, 2-5 pm

Running Wild II....Lesley Gaspar
Watercolor Studio...Jane Snyder

Thursdays, 9-10:30 am

Beginning T'ai Chi & Breathing for Health.....Bill Muerdter

Thursdays, 9-11 am

America in Transition: 1945-1975...B. Lee Cooper
Beginning French IC..Renee Raffini
Geology of North Carolina....Richard Wiener
Intermediate French IID....Betty Carver
Renewable Energy Around the World....Dot Sulock

Thursdays, 11:30 am-1:30 pm

Self-Defense for Older Adults.....Wayne Kirby

Thursdays, 11:30 am-1:30 pm

Advanced Intermediate French IIIA....Renee Raffini
The Book I Never Wrote...Dilys Winn
Designing Personally Engaging Spaces...Jaan Ferree
George Eliot's Earlier Novels.....David Barratt
Improve Your Line Dancing....Denna Yockey
Marxism: The Marx Brothers' Films....Chuck Fink
Monuments Men: Art/Architectural Heroes....Paula Withrow
The Principal Teachings of Buddhism....John Muecke
Walking Asheville's Downtown....Linda Orowitz
Walking the River Arts District....Linda Orowitz
Weather: From Basics to Broadcasting....J. Boyer, T. Ballisty

Thursdays, 2-3:30 pm

Be Well Yoga...Kelly McKibben

Thursdays, 2-4 pm

Advanced French IV...Betty Carver
Climate Change: Through Our Grandchildren's
Eyes....Steve Kaagan, Richard Fireman
The History of Sexuality in America....Kelley Wolfe
I Can't Draw & I'd Really Like to Learn.....Bill LaRocque
Painted Floor Cloths....Deb Waterman
The Secret Life of Stars.....Bernard Arghiere
Texas Hold'em Poker...Bruce Jones

Thursdays, 2-5 pm

The Met at the Movie...Patricia Heuermann

Fridays, 9-10:15 am

Southern Appalachian Traditional Dance Forms...Mark Smith

Fridays, 9-11 am

Acting: British Plays '60s, '70s, '80s...N. Arnold, K. Brown
Drome: A Gem of Southern France.....Sylvie Delaunay
Gentle Yoga....Fran Ross
Let Me Live Until I Die...Debbie Ward
Nature and Spirituality..Cameron Kempson

Fridays, 9 am-12 pm

Quilting 101: For the Beginner....Kim Rodine

Fridays, 11:30 am-1:30 pm

Exploring UNC Asheville on Foot...Dennis & Donna DeSimone