

Action for Children



Happy, Healthy Children

FREE COOKING CLASSES

Please join us for a fun opportunity to sharpen your cooking skills while using fresh, healthy ingredients. Classes will be led by Christie Nohle, Educator and Farmers' Market Coordinator of Franklin Park Conservatory & Botanical Gardens.

All Happy, Healthy Children participants and parents of children from participating programs are welcome to participate!

Snack Preparation:

Monday, July 14, 2014 | 6:30 – 8:30 PM

Learn how to prepare a nut free, gluten free granola and guacamole with assorted vegetable chips using minimal kitchen equipment.

Meal Preparation:

Monday, July 21, 2014 | 6:30 – 8:30 PM

Learn how to prepare fresh pesto, green salads with homemade dressing, a vegan chocolate mousse and vegetable stock.

Classes will be held at the Franklin Park Conservatory & Botanical Gardens AEP Education Pavilion:

**1777 East Broad Street
Columbus, OH 43215**

Please register by Monday, June 30 as space is limited



To register, please complete the following:

First Name: _____ Last Name: _____

Center's Name (if applicable): _____

Street Address: _____

City: _____ State: _____ Zip: _____

Please Check One:

Happy, Healthy Children Participant: ☐ Parent: ☐

Business Phone: _____ Home Phone: _____

Cell Phone: _____ Fax: _____

Email: _____

Please state the best way to reach you: _____

For program details and registration, contact Betsy Loeb:
bloeb@actionforchildren.org or 614-224-0222 ext. 107

Happy, Healthy Children is sponsored by Action for Children in
collaboration with Franklin Park Conservatory & Botanical Gardens.
This program is funded by The Aetna Foundation.



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Snack Preparation:

Saturday, October 11, 2014 | 10:00 AM – Noon

Learn how to prepare a nut free, gluten free granola and guacamole with assorted vegetable chips using minimal kitchen equipment.

Meal Preparation:

Saturday, October 18, 2014 | 10:00 AM – Noon

Learn how to prepare fresh pesto, green salads with homemade dressing, a vegan chocolate mousse and vegetable stock.

Classes will be held at the Franklin Park Conservatory & Botanical Gardens AEP Education Pavilion:

**1777 East Broad Street
Columbus, OH 43215**

Please register by Monday, September 29 as space is limited



To register, please complete the following:

First Name: _____ Last Name: _____

Center's Name (if applicable): _____

Street Address: _____

City: _____ State: _____ Zip: _____

Please Check One:

Happy, Healthy Children Participant: ☐ Parent: ☐

Business Phone: _____ Home Phone: _____

Cell Phone: _____ Fax: _____

Email: _____

Please state the best way to reach you: _____

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