

Lies Women Believe

About God

1. God is not really good. If He were, He would...
2. God doesn't love me.
3. God is just like my Father.
4. God is not really enough.
5. God's ways are too restrictive
6. God should fix my problems.

About Themselves

7. Physical beauty matters more than inner beauty
8. I should not have to live with unfulfilled longings.
9. I'm not worth anything
10. I need to learn to love myself
11. I can't help the way I am
12. I have my rights

About Sin

13. I am not fully responsible for my actions and reactions.
14. I cannot walk in consistent victory over sin
15. I can sin and get away with it
16. My sin isn't really that bad
17. God can't forgive what I've done

About Priorities

18. I can make it without consistent time in the Word and prayer.
19. A career outside of the home is more valuable and fulfilling than being a wife and mother
20. I don't have time to do everything I'm supposed to do

About Emotions

21. If I feel something it must be true
22. The answer to depression must first be sought in medication and/or psychotherapy
23. I can't control my emotions
24. I can't help how I respond when my hormones are out of whack(it's understandable to act like a shrew at certain times)

About Circumstances

25. It's all about me
26. If my circumstances were different, I would be different
27. I shouldn't have to suffer
28. My circumstances will never change, this will go on forever
29. I just can't take anymore

About Children

30. We are not responsible for how our children turn out
31. It's up to us to determine the size of our family
32. Children need to get exposed to the real world so they can function in it
33. All children will go through a rebellious stage
34. I know my child is a Christian because he prayed to receive Christ at an early age

About Marriage

35. I have to have a husband to be happy
36. Sometimes divorce is a better option than staying in a bad marriage
37. It is my responsibility to change my mate
38. My husband is supposed to serve me
39. If I submit to my husband, I'll be miserable
40. If my husband is passive, I've got to take the initiative or nothing will get done

The Truth That Sets Us Free

1. God is good (Psalms 119:68; 136:1)
2. God loves me and wants me to have His best (Romans 8:32, 38-39)
3. I am complete and accepted in Christ (Ephesians 1:4-6)
4. God is enough (Psalm 23:1)
5. God can be trusted (Isaiah 28:16)
6. God doesn't make any mistakes (Isaiah 46:10)
7. God's grace is sufficient for me (2 Corinthians 12:9)
8. The blood of Christ is sufficient to cover all my sin (1 John 1:7)
9. The Cross of Christ is sufficient to conquer my sinful flesh (Romans 6:6-7)
10. My past does not have to plague me (1 Corinthians 6:9-11)
11. God's Word is sufficient to lead me, teach me, and heal me (Psalms 19:7; 107:20, 119:105)
12. Through the power of His Holy Spirit, God will enable me to do anything He commands me to do (1 Thessalonians 5:24; Philippians 2:13)
13. I am responsible to God for my behavior, responses and choices (Ezekiel 18:19-22)
14. I will reap whatever I sow (Galatians 6:7-8)
15. The pathway to true joy is to relinquish control (Matthew 16:25, Luke 1:38, 1 Peter 5:7)
16. The greatest freedom I can experience is found through submission to God-ordained authority (Ephesians 5:21)
17. In the will of God, there is no higher, holier calling than to be a wife and mother (Titus 2:4-5)
18. Personal holiness is more important than temporal happiness (Ephesians 5:26-27)
19. God is more concerned about changing me and glorifying Himself than about solving my problems (Romans 8:29)
20. It is impossible to be godly without suffering (1 Peter 5:10)
21. My suffering will not last forever (2 Corinthians 4:17-18)
22. It's not about me; it's all about Him (Colossians 1:16-18)