## OSHA 10 HOUR SAFETY TRAINING

When you train alongside industry pros and

## your peers, you earn more than the

 OSHA 10 card...you earn know-how to do your job better...and more safely.
Join us for $\mathbf{1 0}$ hours of OSHA training covering workplace safety topics such as:
January 21 9:00 to 4:00 p.m.
and
January 22 9:00 to 4:00 p.m.

* fall protection
* hand and power tools
* hazard communication
* floor and wall opening
* scaffolding / ladders
* material handling
* excavating / trenching

Where: Brasfield \& Gorrie , LLC Main Conference Room 4601 Touchton Rd Ste 3190 Jacksonville, FL 32246

Cost:
\$149.00
Register at:
www.abcfirstcoast.com Or call (904) 731-1506

* welding
* electrical standards * fire protection / prevention
* review of general standards * introduction to OSHA standard
* personal protective equipment

This course, taught by an authorized OSHA Trainer, is designed for construction workers, foremen, job supervisors, and anyone involved in the construction industry.

Each participant will receive a Certificate of Completion for OSHA 10 Hour Training, and a Department of Labor OSHA 10 Hour Card upon successful completion of the course.

ABC Registration Form *OSHA 10-Hour Safety Training Course* No Shows WILL Be Billed.

Company Name:
Participant(s): $\qquad$
$\qquad$

Contact Name:
Phone Number: $\qquad$
Email: $\qquad$
Method of Payment:MasterCardBill Me (members only)American Express $\square$ Check

Credit Card \#: $\qquad$
Exp. Date: $\qquad$ Billing zip: $\qquad$ Billing Street \#: $\qquad$

