OSHA 10 HOUR SAFETY TRAINING

Instructor: Mike O'Dell, Brasfield & Gorrie



Florida First Coast Chapter



What: **OSHA 10 Hour Safety Training**

When:

January 21 9:00 to 4:00 p.m. January 22 9:00 to 4:00 p.m.

Where:

Brasfield & Gorrie, LLC Main Conference Room 4601 Touchton Rd Ste 3190 Jacksonville, FL 32246

> Cost: \$149.00

Register at: www.abcfirstcoast.com Or call (904) 731-1506

When you train alongside industry pros and

your peers, you earn more than the OSHA 10 card...you earn know-how to do your job better

...and more safely.

Join us for 10 hours of OSHA training covering workplace safety topics such as:

- * fall protection
- * hazard communication
- * floor and wall opening
- * material handling
- * welding
- * electrical standards
- * review of general standards
- * hand and power tools
- * scaffolding / ladders
- * excavating / trenching
- * concrete
- * motor vehicle
- * fire protection / prevention
- * introduction to OSHA standard
- * personal protective equipment

This course, taught by an authorized OSHA Trainer, is designed for construction workers, foremen, job supervisors, and anyone involved in the construction industry.

Each participant will receive a Certificate of Completion for OSHA 10 Hour Training, and a Department of Labor OSHA 10 Hour Card upon successful completion of the course.

ABC Registration Form *OSHA 10-Hour Safety Training Course* No Shows WILL Be Billed.

Company Name:		Contact Name:
Participant(s):		Phone Number:
		Email:
Method of Payment:		
□ Visa	□ Bill Me	Email:
☐ MasterCard	(members only)	Credit Card #:
☐ American Express	□ Check	Exp. Date: Billing zip: Billing Street #: