

CONFERENCE SPONSORS



COMMUNITY FOUNDATION
OF COLLIER COUNTY



The Brookdale Center
for Healthy Aging & Rehabilitation



Barrington Terrace
BrightStar Care
Doctor's Choice Home Care/Help at Home Private Duty
Legacy Options LLC
McKenney Home Care
Rotech Oxygen & Medical Equipment

LEADERSHIP COALITION ON AGING
—COLLIER COUNTY

The Leadership Coalition on Aging is a community-wide collaboration of senior service providers. Primarily not-for-profit organizations, the LCA includes hospitals, hospices, in-home care providers, specialized services for seniors, county, state and federal agencies, law enforcement, faith-based communities, civic organizations and advocates for seniors.

lcamembership1@gmail.com

M E M B E R S

AGA—Alienated Grandparents Anonymous, Inc.
Alzheimer's Support Network
Assisting Hands Home Care
Avow
Brookdale Center for Healthy Aging & Rehabilitation
Care Club of Collier County, Inc.
Catholic Charities Collier County
Collier Area Transit, Alternative Transportation Modes
Collier County Sheriff's Office
Collier County Services for Seniors
Collier County Veteran's Service
Collier Senior Resources
Florida Department of Education, Div of Blind Services
Florida Nurses Association
Family Home Health Services
Florida Gulf Coast University
Friendship Health Clinic Collier
Goodwill Industries International, Inc.
Harry Chapin Food Bank of Southwest Florida
Homecare Social Worker, Mark Hahn, MSW MPA
Hope HealthCare Services/Hope PACE
Hunger & Homeless Coalition of Collier County
Immokalee Front Porch —Senior Services
Jewish Family & Community Services of Southwest Florida
League of Women Voters of Collier County
Lighthouse of Collier, Center for Blindness & Vision Loss
Macedonia Missionary Baptist Church/LIHEAP
The Mental Health Association of Southwest Florida
Moorings Park
Naples Alliance for Children
NCH Healthcare System
Naples Lions Foundation
North Naples Fire Control and Rescue District
Parkinson Association of Southwest Florida
RSVP of Collier County
The Shelter for Abused Women & Children
Senior Choices of Southwest Florida
United Way of Collier County
VITAS Innovative Hospice Care
Volunteer Collier



2nd Annual
Collier County
Conference on
Aging

Presented by the
**Leadership Coalition on Aging—
Collier County**

Wednesday, May 21, 2014
8:00AM—3:00PM

Naples Beach Hotel & Golf Club
851 Gulf Shore Boulevard North
Naples, Florida 34102



The Naples Beach Hotel
& Golf Club
Where Hospitality Is A Family Tradition

[✓] Register now to reserve your spot!
**\$75 registration fee, includes continental
breakfast & lunch**

1 AMA PRA Category Credit™
4.5 continuing education credits for:
nursing, social work, mental health counselors

www.collierseniorresources.org
(see "Announcements and News")

2nd Annual Collier County Conference on Aging—2014

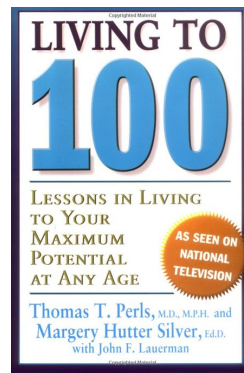


Dr. Thomas T. Perls
Keynote Speaker



Dr. Thomas Perls is a geriatrician and researcher in the study of aging at Boston University School of Medicine. As an associate professor in medicine he cares for older patients with complex medical problems and challenging affronts to their independence, while also directing the National Institute on Aging-funded New England Centenarian Study (the NECS), the largest study of people living to 100 years and beyond in the world. He also directs the Long Life Family Study at Boston University.

These studies are leading the way in finding out how and why centenarians and their kids, who are in their seventies and eighties, live the vast majority of their lives disability-free and in the case of supercentenarians, people who live to 110 and beyond with age-related diseases not occurring until the very end of life.



Findings from his studies are presented in his book, *Living to 100: Lessons in Maximizing Your Potential at Any Age*. Springing from this work is the Living to 100 life expectancy calculator that calculates your life expectancy based upon a ten-minute questionnaire.

8:00
Florida Rm

Registration & Continental Breakfast

9:00
Everglades Room

KEYNOTE Address:

"What Centenarians Tell Us About Aging,"
Dr. Thomas T. Perls 1 AMA PRA Category Credit™

10:30
Everglades Room

Expert Panel:

"Aspects of Healthy Living for Seniors,"
Panel discussion moderated by:
Jeff Lytle, Naples Daily News Editorial Page Editor & Host, "Naples Daily NewsMakers" on ABC 7

Panelists:

- Janet Calderwood, RD, CSG, LD/N
Board Certified in Gerontological Nutrition
- Dr. Jaclynn Faffer, CEO/President
JFCS of Southwest Florida
- Ronald T. Garry, MD, Geriatric Medicine
Naples Premier Concierge
- Kass Hubbard, RN, Administrator
Moorings Park Community Health

12:00
Everglades Room

Luncheon Presentation:

"Is the Sunshine Vitamin The Most Important Supplement As We Age? (If so, how and when to take it?)"
Dr. F. Michael Gloth III

1:00—3:00

Breakout Sessions:

Gulfbreeze Room North

I. "Recognizing Risks and Protecting Vulnerable Adults,"
Co-presenters: Angela Larson, Collier County Sheriff's Office, Victim Services & Vickijo Letchworth, Elder Abuse Advocate, The Shelter for Abused Women & Children

Gulfbreeze Room South

II. "Healthy Caregiving, Taking Care of the Caregiver,"
Presenter: Gail Holton, Director of Programs & Quality Improvement, Senior Choices

Sunset Terrace

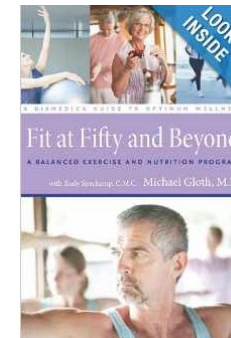
III. "Hospice Basics and Myths,"
Presenter: Myra Williams, Community and Veteran Liaison, Vitas Innovative Hospice Care

Dr. F. Michael Gloth, III
Luncheon Speaker

F. Michael Gloth, III, MD is an Associate Professor of Medicine in the Division of Geriatric Medicine and Gerontology at Johns Hopkins University School of Medicine, an Adjunct Associate Professor in the Department of Epidemiology and Public Health at the University of Maryland School. He serves as the Chief Medical Officer for Moorings Park Healthy Living in Naples, Florida.



Dr. Gloth served on the Advisory Committee to the White House Conference on Aging, the National Advisory Council on Aging to NIH and on national guideline panels for pain relief, osteoarthritis, osteoporosis, and for revision of the Beers Criteria on drugs to be avoided in older adults.



His publications include medical informatics, *Handbook of Pain Relief in Older Adults* and an International Book Award winner, *Fit at Fifty and Beyond*.

Accreditation: The NCH Healthcare System is accredited by the Florida Medical Association to provide continuing medical education for physicians. The NCH Healthcare System designates this live educational activity for a maximum of 1 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Faculty Disclosure: All faculty and the NCH Healthcare System will disclose any real or apparent conflict of interest related to the content of the presentation. Faculty will also identify any off-label or investigational uses