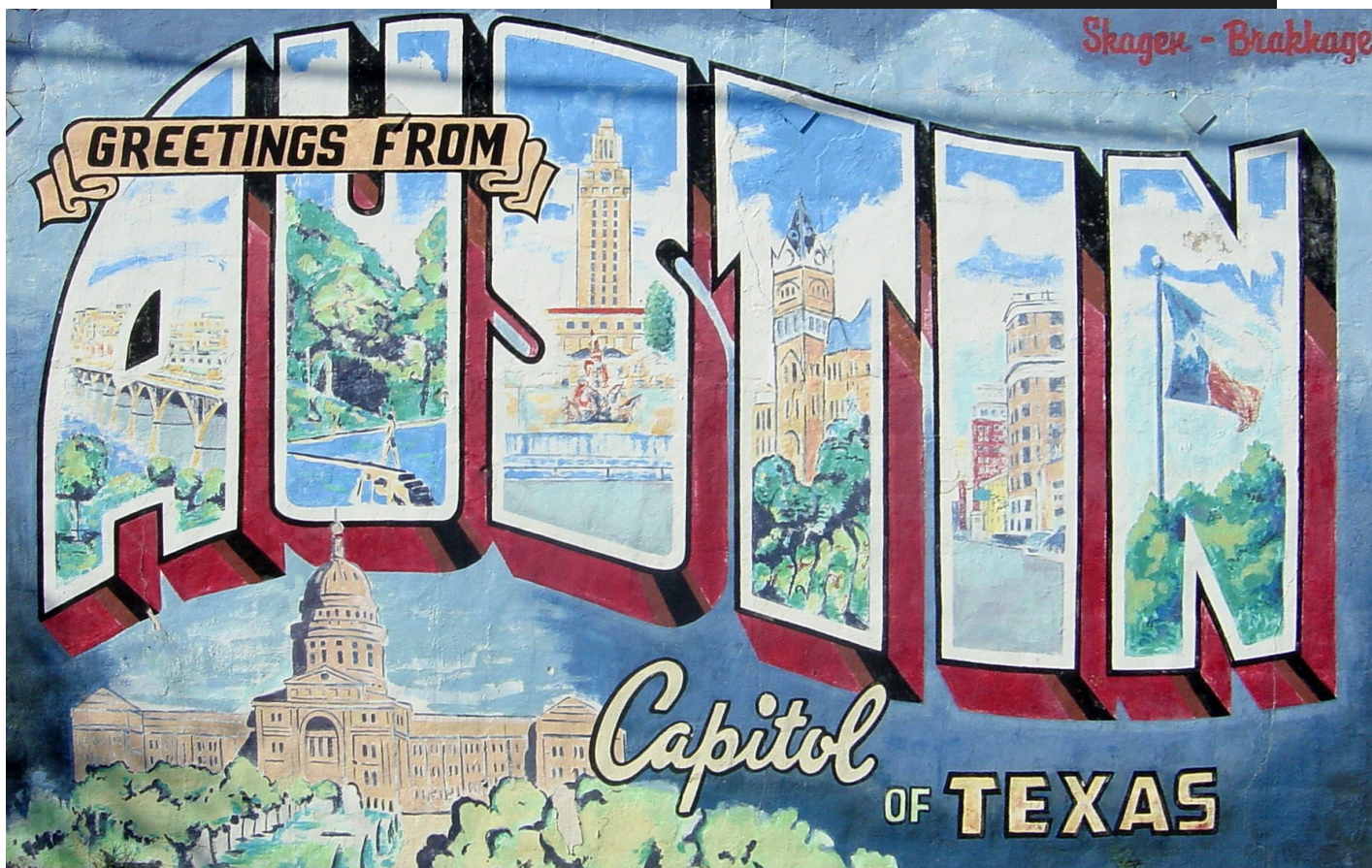


2013

15th Annual ADCAT Meeting &
Training Conference



September 5-6, 2013

Wyndham Garden Austin | Austin, TX



Conference *Hotel*

Guests of the Wyndham Garden Austin hotel are bound to experience Central Texas at its best!

Located just three miles from downtown Austin, the Wyndham Garden Austin features original art of the city's most famous musicians in the lobby. A location just four miles from Austin-Bergstrom International Airport makes a stay here in the capital of Texas that much easier.

This modern Texas hotel features a full-service restaurant with musically-inspired specialty burgers along with over 12,000 customizable burger options. Guests can also relax with a cocktail at the end of the day in the on-site lounge. An outdoor pool and whirlpool provide the perfect setting to cool off, while the on-site fitness center helps guests stick to their exercise regimen. If work is on the agenda, a 24-hour on-site business center ensures guests have everything they need for a productive visit. Even better, the hotel is pet-friendly, allowing the entire family to stay together.

All rooms include luxurious bedding, free Wi-Fi and comfortable recliners to ensure every need is met.



Hotel Policies:

Check In:3:00 | Check Out:11:00

Parking: Self Parking



Wyndham Garden Austin
3401 South IH-35, Austin, TX 78741
Phone 1-512-448-2444



WELCOME and GREETINGS!

On behalf of the ADCAT Executive Committee, we welcome you to the 2015 ADCAT Annual Conference. We look forward to coming together as colleagues, partners, associates, and friends during the next two days.

ADCAT's goal is to be a valuable resource for our members by providing training, information and opportunities that strengthen their individual organizations so that they can continue to provide exemplary day adult health services to elderly and disabled Texans. To that end, we are committed to our initiative to eliminate waste, fraud and abuse. This initiative includes giving our members the latest research on innovative programming to protect our clients, make efficient use of health care dollars, and ensure clients are receiving the best care possible.

For this year's conference, you will hear from healthcare, programming, and legal experts as well as legislative and regulatory leadership that will touch on every aspect of your business. We are confident that you will gain valuable insight during this conference that you can implement through the next year and beyond. We hope you truly enjoy your conference experience and look forward to meeting each one of you.

Sincerely,

ADCAT Executive Committee

Conference Essentials

Contact Hours

During Conference closing remarks, ADCAT will hand out Conference Evaluation & Surveys, once completed please return to Organizing Committee and you will receive contact hours certificate.

Name Badge Requirements

Your ADCAT name badge is your ticket into sessions and activities. Please wear your name badge at all times to be admitted into events.

Dress & Comfort

If space permits ADCAT will always try to seat all workshops classroom style. This is not always possible and it is sometime necessary to seat participants in theater-style seating to accommodate everyone. We suggest you bring a light sweater to use during education sessions.

ADCAT Board of Directors

Mike Farias- President
 Vietnam Do- Vice President
 Stephanie Hoffman – Secretary
 My-Lynh Nguyen – Treasurer
 Troy Carter – Immediate Past President
 Blanca Laborde- Executive Director





Adult Day Care Administrative Penalties Overview

Carmela O. Stowers, Assisted Living, Adult Day Care, and Life Safety Code Policy Developer, DADS

Carmela has served 24 years of her 29 years with the state in Long Term Care Regulatory Services, primarily in the areas of policy and rules development, complaints intake and investigations, state licensing and federal certification. In the area of policy development, she started as a program consultant for the nursing facility program and continued to share her knowledge of the adult day care and assisted living facility programs. In her former position, as lead rule writer, she began to assist with the development of life safety code rules for all facility types. Today, Carmela supports the adult day care and assisted living facility programs and continues to assist in the development of life safety code policy.

Carmela has passed the exams that the Centers for Medicare & Medicaid Services requires for health surveyors of nursing facilities, and for life safety code surveyors of

Laughter Yoga

Leah Tunnell... The Laughter Lady

Leah grew up in Austin Texas. After discovering Laughter as an exercise, she has dedicated her life to lifting Seniors spirits, and improving their health through intentional laughter. She has been working as a Laughter Yoga Instructor for the past seven years in the Austin area.

When one of the Senior Retirement facilities, where she taught, expanded to include Assisted Living, she decided to join the staff. Being given the opportunity to design and implement a new program, from the ground up, at Westminster, was a dream come true. She has been working in that position for 2 years. making joy the primary focus of the resident's life is the foundation of her program at Westminster. Leah still teaches weekly Laughter Yoga classes at several senior facilities around town, and now leads Laughing Instructor training programs, helping to expand the a network of Laughter professionals.



Achieving Excellence with CACFP or How to Keep From Losing Money

Michael Patterson, CEO, CACFP Training and Monitoring

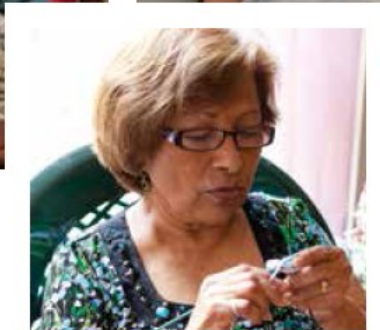
Michael Patterson obtained a BA in Government and History at Texas Tech University, a Master's Degree in Public Affairs at the L.B.J. School of Public Affairs, University of Texas at Austin. He also had a post graduate Scholarship at the J.F.K School of Government, Harvard University. Michael currently serves as President and CEO of CACFP Training and Monitoring (CACFPTandM) assisting 5 Adult Daycare and 18 Childcare Centers in the Houston area. Michael worked for 20 Years as a Senior Executive in Workforce and Economic Development for 3 Texas Governors, as well as for the Cities of Austin, Little Rock and Lubbock, and the Middle Rio Grande Development Council (a nine county region on the Texas border with Mexico. For 10 years he was a national consultant to Education, Business and Government. He served 3.5 years at the Texas Department of Agriculture as a Program Review and Technical Assistance Specialist. While at TDA, he delivered over 20 Group Technical Assistance Sessions and an estimated 400+ individual technical assistance sessions to Contracting Entities.

Thursday, September 5, 2013

Time	Session	Location
09:00 – 05:00 PM	Conference Registration	Hotel Lobby
	<i>ADCAT CONFERENCE BEGINS AT 11:30 am</i>	
11:30-1:45 PM	Welcome Luncheon <i>Mike Farias, ADCAT President</i>	Lake Travis
	Lunch Speaker Panel: Managed Care- Updates and Opportunities <i>Texas Star+Plus MCOs</i>	
1:45 PM -- 2:35 PM	Adult Day Care Administrative Penalties Overview <i>Carmelita (Carmela) O. Stowers</i> <i>Assisted Living, Adult Day Care, and Life Safety Code Policy Developer</i>	Lake LBJ
2:35 PM – 2:45 PM	Break	
2:45 PM – 3:45 PM	Laughter Yoga <i>Leah Tunnell... The Laughter Lady</i> <i>Attendees will learn a simple form of exercise that anyone can do. A new form of exercise that has the power to lift spirits and improve Seniors health. Attendees will laugh, bond with each other, have fun, be stimulated, and feel noticeable better by the end.</i>	Lake LBJ
3:45 PM – 5:00 PM	Achieving Excellence with CACFP or How to Keep From Losing Money <i>Michael Patterson, CEO, CACFP Training and Monitoring</i> <i>This presentation will provide specific guidance how to organize CACFP records, policies, procedures and financial data in a way that greatly enhances program management. These strategies will dramatically reduce the amount of time and energy necessary to be in compliance with CACFP, eliminate the guess work about what USDA and TDA expect from each contract, and therefore reduce the stress of worrying about whether you are in compliance or not.</i>	Lake LBJ
7:00 – 9:00 PM	Social Event: Bats and BBQ Cruise on Lady Bird Lake	



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Thursday September 5, 2013

Evening Social Event

7:00pm-9:00pm - Bats, BBQ and Live Music on Lady Bird Lake

Join us for a casual evening cruise on Lady Bird Lake with the Austin skyline in the background.

Shuttle Buses depart from the Wyndham Garden Austin promptly at 6:30pm

The cruise departs from Hyatt Regency Boat Dock, 208 Barton Springs Road, Austin, TX 78704

Phone: 512.480.9264, Fax: 512-394-7507



BAT FACTS:

Every summer night, hundreds of people gather to see the world's largest urban bat colony emerge from under the Congress Avenue Bridge. These 1.5 million bats are fun to watch, but they're also making our world a better place to live. The bats are gentle and incredibly sophisticated animals, bat-watchers have nothing to fear if they don't try to handle bats. On the nightly flights out from under the bridge, the Austin bats eat from 10,000 to 20,000 pounds of insects, including agricultural pests.

Austin's bridge bats are Mexican free-tailed bats. They migrate each spring from central Mexico to various roosting sites throughout the southwestern U.S. Most of the colony is female, and in early June each one gives birth to a single baby bat, called a pup. At birth the babies weigh one-third as much as their mothers (the equivalent of a human giving birth to a 40-pound child!).



RICHARD PEÑA RAYMOND
DISTRICT 42



Richard Peña Raymond was born in Alice, Texas, in Jim Wells County on October 27, 1960, and raised in Benavides, Texas (pop. 1,600). A graduate of Benavides High School, he attended The University of Texas at Austin, where he received a Bachelor of Arts degree, majoring in government with a minor in history. He also received a J.D. from The University of Texas School of Law. Richard and his wife, Michelle, live with their three children in Laredo.

Growing up in Duval County, Raymond's family fought political corruption, an experience that motivated his lifelong interest in public service. As a young man, Richard worked for several respected political leaders, including United States Senators Lloyd Bentsen of Texas and Paul Simon of Illinois, Texas Railroad Commissioner Bob Krueger and Texas Land Commissioner Garry Mauro.

In 1992, Richard ran for public office and won a seat in the Texas House of Representatives for the first time against an incumbent. Raymond represented seven rural counties between Laredo and San Antonio in South Texas until January 1999.

In 1998, Richard won the Democratic nomination for land commissioner. He received a respectable 1.5 million votes in a statewide general election campaign hampered by a Republican landslide led by a ticket headed by future president, George W. Bush.

After State Rep. Henry Cuellar accepted Gov. Rick Perry's invitation to become Texas Secretary of State in 2001, he vacated his District 42 seat, which Raymond won in a special election and to which Laredo voters have re-elected him four times.

Raymond's achievements include passing legislation that created the Texas Tomorrow Fund, a pre-paid college tuition program, and legislation to reduce diabetes, improve education and move welfare recipients to working status.

During the 81st Texas Legislature, Raymond served as vice chairman of the powerful House Appropriations Committee, on which he had previously served for six years. During the previous Legislative year in 2011, Texas House Speaker Joe Straus appointed Raymond to be chairman of the crucial Human Services Committee. Raymond was also appointed to the Committee on Judiciary & Civil Jurisprudence.

Friday, September 6, 2013

Morning Sessions

Time	Session	Location
7:30 AM – 8:00 AM	Breakfast	
8:00 AM – 9:00 AM	BREAKFAST PRESENTATION	Lake Travis
	KEYNOTE SPEAKER: <i>The Honorable Richard Raymond</i> <i>Chairman, Texas House Human Services Committee</i>	
9:00 AM – 10:00 AM	Update on the Office of Inspector General (OIG) Preventing and Detecting Fraud and Abuse <i>Mr. Douglas Wilson</i> <i>Inspector General, Texas Health and Human Services Commission</i>	Lake Travis
10:10 AM – 12:00	CONCURRENT SESSIONS Choose (A) Site visit OR (B) Conference Presentations	

TRACK A Site Visit – AGE of Central Texas-- Shuttle bus leaves the Wyndham promptly at 10:10m

AGE of Central Texas operates the only two licensed adult day centers in the greater Austin-metro area. AGE's Austin location is the oldest licensed adult day program in Texas, and is located in a historic building in a central Austin neighborhood. AGE focuses on fostering a sense of purpose for each of its adult day members, and boasts a special outdoor space that is certified as a wildlife habitat for butterflies and hummingbirds. For the past two contract monitoring audits, AGE has received scores of 100; in addition, AGE serves as a training center for DADS monitors.

OR**TRACK B****10:10- 11:00 Employment Law Update**

Lake LBJ

Daniel R. "Dan" Stern
Shareholder, Cox Smith Matthews Incorporated

11:00-11:50 How the Affordable Care Act affects you!

James E. Jackson, MBA, CIC, CRM, CLU
Benefits Consultant, Benefit Concepts, Inc.

Douglas C. Wilson, CPA, CIG

Inspector General, Health and Human Services Commission



Douglas C. Wilson serves as the Inspector General (IG) for the Health and Human Services Commission – Office of Inspector General. He was appointed IG by the Governor in April of 2011 after serving as Interim IG in January of 2011. Mr. Wilson is a graduate of Texas State University and has over 25 years experience in state government and is a Certified Public Accountant and a Certified Inspector General. He joined the Office of Inspector General in April 2009 as the Deputy IG of Operations. He has worked for the Office of the Attorney General as the Deputy Director of the Medicaid Fraud Control Unit, the Texas Commission on Alcohol and Drug Abuse as the Deputy of Licensing and Enforcement and the Texas Department of Health (DSHS) as the Director of the Grants Management Division. Mr. Wilson's experience is in the areas of auditing, accounting, grants administration, contracting, investigations, licensing and enforcement. He has worked both in the administrative and criminal areas of investigations, licensing and enforcement and he is committed to partnering at the federal, state and local levels.





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Friday September 6, 2013

President's Lunch

Time _____ Session _____ Location _____

12:00 PM – 1:15 PM

President's Lunch

Mike Farias,

President, Adult Day Health Care Association of Texas

Lake Travis

President's Lunch Speaker: John Weizenbaum

Commissioner, Texas Department of Aging and Disability Services

John Weizenbaum

Commissioner, Texas Department of Aging and Disability Services



Jon Weizenbaum was named commissioner for the Texas Department of Aging and Disability Services (DADS) in October 2012.

Weizenbaum joined DADS in 2004 as the director for the Center for Policy and Innovation, where he was responsible for overseeing policy development and oversight, quality assurance and improvement. He was the DADS deputy commissioner from May 2006 until being named commissioner.

Before coming to DADS, Weizenbaum was the director for Communications and Governmental Relations for the Texas Commission on Alcohol and Drug Abuse (TCADA).

Since 1985, he has acquired a range of experience in the health and human services arena. Before moving to TCADA in 2002, Weizenbaum was the legislative policy director for the Texas Senate Committee on Health and Human Service, specializing in aging and disability services.

He holds master's degrees from the University of Texas at Austin School of Social Work and the LBJ School of Public Affairs.





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Friday, September 6, 2013

Afternoon Sessions

1:25 PM – 2:30 PM

What is Medicaid Fraud ?

Nancy Shellhorse, Attorney at Law

2:30PM – 2:45PM

Break

2:45 PM – 3:45 PM

ABCs of PCC/PDC applied to ADCs

Vickie Orcutt,

Texas Culture Change Coalition, Family Eldercare

What does all this alphabet soup mean? Is there really a difference between person centered care versus person directed care? How do these deliver a higher quality of care? Participants will learn the answers to all these questions and take home innovative program ideas and helpful resources to approach Adult Day Center care in a new way.

3:50 PM – 4:45 PM

Maximus-How to Explain Star+Plus Enrollment to your clients

Peggy Gullede

Maximus Enrollment Broker Deputy Director

4:45 PM – 5:00 PM

Closing and goodbye





Nancy Shellhorse, Attorney at Law,

Nancy Shellhorse has extensive experience in health care regulatory law. Beginning in 1995, Shellhorse served as Assistant Attorney General in the Elder Law and Public Health Division of the Texas Attorney General’s Office. In 2001, Shellhorse joined Clark, Thomas & Winters, P.C. as an associate in the firm’s Health Care Section and became a partner in 2005. Shellhorse subsequently joined Thompson & Knight, LLP’s Health Law Section as Of Counsel and in 2007; Shellhorse became Of Counsel to Carls, McDonald & Dalrymple, LLP.

Her practice consists of providing legal representation and advice to a wide variety of health care providers in litigation, transactional and regulatory matters. Her practice includes representing providers in administrative enforcement actions, Medicaid fraud and abuse cases and reimbursement matters before the Centers for Medicare and Medicaid Services, Texas Department of Aging and Disability Services, Texas Health and Human Services Commission and Texas Attorney General’s Office. She also advises clients on statutory and regulatory compliance and licensure matters.

Shellhorse received her Bachelor’s degree in Government from the University of Texas in 1991, and received her law degree from the University of Tulsa College of Law in 1994.

James E. Jackson, MBA, CIC, CRM, CLU

Jim is a Benefits Consultant for Benefit Concepts, Inc. in San Antonio, Texas. Prior to joining Benefit Concepts, Jim had a risk management consulting practice, and was a Regional Director for The National Alliance for Insurance Education and Research (TNA) . Jim is currently an Educational Consultant and Faculty member for the Society of Certified Insurance Counselors (CIC), and for Certified Risk Managers International (CRM).

Molina Healthcare is a proud supporter of the Adult Day Care Association of Texas. We appreciate the continued work that ADCAT does to better the lives of those in the community.




Daniel R. "Dan" Stern

Shareholder, Cox Smith Matthews Incorporated

Board certified in labor and employment law by the Texas Board of Legal Specialization, Dan Stern represents company management in numerous labor and employment matters, including affirmative action plans; wage and hour issues; and discrimination and harassment claims. By recommending and developing effective employment policies and procedures, he helps clients reduce the risk of employment-related lawsuits.

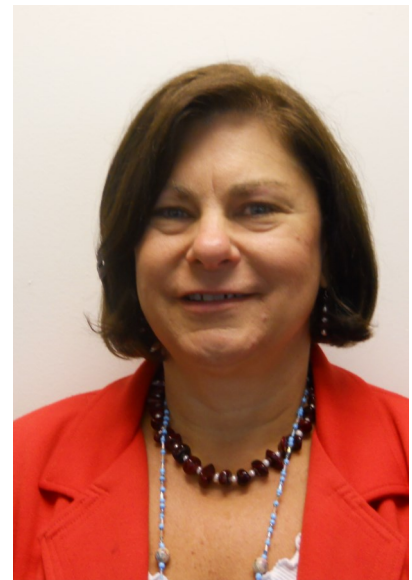
Dan also works to bring existing policies into compliance with best practices in the human resource field and provides day-to-day counseling which enables clients to make wise decisions in human resource matters. Understanding the frequent and complex employment issues continually faced by today's employers, Dan has designed his practice so that he is readily and quickly available to his clients. He is a frequent speaker and author on employment matters and labor-related legislative changes, with a particular focus on wage and hour issues.

Peggy Gulledge LMSW, CHW

Deputy Director Program Operations

Texas Eligibility Support Services - Enrollment Broker, MAXIMUS, Inc.

Ms. Peggy Gulledge is responsible for the management and oversight of the program operations for the Texas Eligibility Support Services - Enrollment Broker division with MAXIMUS, Inc., which includes the Managed Medicaid and Texas Health Steps Call Center, Statewide Field Outreach, and the Special Services Unit. Ms. Gulledge has over 18 years of experience with Medicaid Eligibility, and over 12 years experience with the Enrollment Broker services for STAR and STAR+PLUS. She has participated in Medicaid Managed Care Service Area roll-outs for the Houston, Dallas, Ft. Worth, El Paso, Corpus Christi, Beaumont, Hidalgo and the Medicaid Rural areas and has extensive experience in working with the community by informing and educating about the Medicaid Managed Care program. As the Texas Enrollment Broker, MAXIMUS, Inc. serves as an independent third party with no affiliation to the participating Health Plans. Our role is to support and assist new enrollees by providing them with the information they need in order to make the best possible Health Plan choice for their families.


Vickie Orcutt

Texas Culture Change Coalition / Family Eldercare

The past 10 years Vickie Orcutt has worked with senior adults in a variety of long term care environments. She began as a Nursing Home Activities Director earning the APAGD (Activity Professionals Association of Greater Dallas) 2006 Activity Professional of the Year Award. Vickie's commitment to enhance the quality of life for seniors inspired her to move to Florida for her undergrad internship with Pioneer Network. Within 6 months of her return to Texas, the Texas Culture Change Coalition was formed. Prior to earning her Master of Social Work in Administration Leadership, she served as a Social Service Assistant of a short term rehab department. Most recently, Vickie received her Certification in Aging from Boston University's Institute for Geriatric Social Work and she is a Certified Validation Worker.

Since 2010 she has been officially involved with the transformation of long term care as a founding member of the Texas Culture Change Coalition. As an intern with Family Eldercare, Vickie's community outreach and engagement skills were honed in 2011 when she oversaw the Georgetown Aging Initiative's Let Your Voice Be Heard survey and focus groups. Vickie continues today with Family Eldercare, an organization that brings more than 30 years of expertise and services for seniors, adults with disabilities, and caregivers across Central Texas. Support services such as home care, in home therapeutic counseling, bill payer assistance and consultation are an array of services that allow for seniors to remain independent and age with choice and dignity.





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