

OCEAN COUNTY SOCIAL SKILLS SOCIAL SKILLS GROUPS

Ages 7-17



- CONVERSATION SKILLS
- MAKING/KEEPING FRIENDS
- ANGER MANAGEMENT
- PROBLEM SOLVING
- BULLYING/TEASING
- LISTENING SKILLS
- IMPULSE CONTROL
- DECISION MAKING
- UNDERSTANDING BODY LANGUAGE
- MUCH MORE!

Social skills groups help children feel connected & supported by their peers in a **safe and nurturing environment**. Through supportive guidance, role playing, modeling and feedback, children can feel more confident interacting with others & will begin to make better choices in their daily life for **social, emotional & academic success!**

***FREE parent support groups will run at same time as all groups.**

***Groups run continuously throughout the year including the summer.**

**Individual
Therapy,
SandPlay Therapy
& EMDR also
available!**

Contact: Cheryl Kasper, LCSW
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**** groups may be reimbursed by some insurance carriers****