## **Bike Tour Event Rules**

Welcome to Pass It Along Bike Tour! Please read these ride rules and recommendations very carefully for a safe and enjoyable event.

Please remember that this event is a non-timed, non-scored fun fitness ride and fundraising event. Please be extra careful and considerate of your fellow riders.

- Single-rider bikes only
- No trailers, tandems, tricycles, training wheels, child seats, or child bike extensions
- · Helmets required
- Refreshments will be provided at 3 locations on the 56 mile route and one location on the 24 miler. No food stations for the 12 miler route. Refreshments and light snacks will be at finish line. There is no guarantee food & beverage will be available when YOU need it. We recommend you bring your own water bottle and snacks, too.
- Registrants may only ride on ONE route on event day
- GEAR CHECK WILL NOT BE PROVIDED TO BIKE TOUR PARTICIPANTS. Instead, Bike Tour participants are encouraged to carry their own gear bags with them during their ride.
- All Entrants must obey Police, Bike Patrol or other Event Officials
- No entrant may utilize a motorized or power-assisted bicycle nor may a bicycle have such devices attached. All bicycles must be powered solely by human force.
- All Entrants should cycle the complete official route, as described on the official route map, unless they are forced to leave the course due to mechanical issues or because they have fallen behind the official timeline.
- Headsets covering or blocking both ears are prohibited, i.e., no iPods or other MP3 players or headphones/earbuds;
- Team tactics that endanger, or impede the progress of, <u>any</u> other cyclists, such as blocking, are prohibited;
- All Entrants must show courteous behavior to Volunteers, Event Officials, and Police, and obey their instructions;
- All Entrants must obey traffic control officers & personnel, and traffic control devices & signs, unless otherwise directed by an Official;
- All Entrants must read and know <u>State bicycle laws</u>

- Be Predictable—Smooth, consistent riding is the key to ensuring everyone riding around you feels comfortable and that you are not a hazard to yourself or anyone else
- All Entrants must verbally warn others when they overtake them call out "Passing", "your left", or "on your Left" (the simpler, the better);
- Do NOT Overlap Wheels—Be cognizant of those around you and pay attention to the position of your front wheel vs. their back wheel
- Signal—Signal with your hands and/or voice so that everyone knows your intentions
- Entrants are solely responsible for all their items of personal belongings. We cannot be responsible for any items of personal belongings whatsoever, whether lost, stolen, placed in our care, or misplaced.
- The ride will happen rain or shine.
- Limited mechanical assistance will be provided before the race, on course, and at the finish line. Participants are highly encouraged to make sure their bike is tuned up with fresh tires and tubes. Please bring extra tubes, a patch kit, and a pump or CO2 inflation device with you during the ride.
- Unauthorized/unregistered riders are legally not covered by the event.