Easter Seals 4th Annual Caregiver & Respite Conference
"Rise Above the Challenges of Caregiving"
Friday, April 26, 2013

Breakfast, Registration & Networking
Breakfast provided

Introductions/Opening Remarks
State Senator Bethany Hall-Long will give opening remarks.

Keynote Address
John Schall, CEO of Caregiver Action Network will speak about the importance of putting yourself first as a caregiver as well as the state of respite funding on a national level.

How to Avoid Common Scams & Fraud
Deputy Attorney General Lisa Barchi will explain common scams and ways to avoid becoming a victim.

Break

Caring for the Caregiver: Ways to put you first
This interactive self-care session will focus on stress reducing techniques and ways to put yourself first as a caregiver. It will be presented by Delaware Hospice Bereavement Counselor Chet Carbaugh.

The Benefits of Home Modifications
Adam Samuel of Avenue Construction will talk about basic home modifications that can help caregivers in their day to day life.

Lunch
Provided

Panel Discussion: What is Respite & Why is it Necessary?
Sallie Price, Director of Camp Fairlee Manor; Bereavement Councilor Chet Carbaugh; family caregiver Marlene Salyers; and Barbara Sharpe will speak about respite from their perspective.

Emergency Preparedness for Caregivers
Members of the Delaware Emergency Management Agency will talk about how to prepare for emergency situations as a caregiver.

Division of Services for Aging and Adults with Physical Disabilities