

WELLNESS AT GREEN HEALTH CLINIC

Discover the benefits of patient centered care at our clinic with a variety of services to serve you better, including: Chiropractic, Acupuncture, Chiropodist, Registered Massage Therapy, Hot Stone Massage, Shiatsu Massage, Facials and prescription products – Orthotics and compression socks.

CONTACT US

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GREEN HEALTH CLINIC

Your feet have a direct impact on the rest of your body. Like the foundation of a house, your feet support the weight of your entire body. Problems that arise in your feet can lead to small changes in the way that you walk, causing a chain reaction of alterations in your posture and walking mechanics. These subtle changes can put stress on joints higher up in your body and lead to more serious problems. Good news, orthotics can be the solution to your aches and pains!

Custom orthotics helps to restore your feet's balance, reducing pain and discomfort by enhancing your body's natural movements. Custom made orthotics are individually molded to support the requirements of your feet. They help restore your normal balance and alignment of your body by gently correcting foot abnormalities.

How would I know if I had a problem?

The symptoms of faulty foot mechanics include any of the following:

- Localized foot pain
- Hip pain
- Bunions
- Knee pain
- Heel pain
- Back pain
- Leg pain

If you are not sure if you are a good candidate for orthotics, seeking professional advice from a Chiropractor or Chiropodist can help to evaluate your needs and prescribe the right type of orthotics for your individual needs. Custom orthotics are covered by many extended health care plans.

Green Health Orthotic Promotion:

**Special offer - get 2 Pairs of Orthotics for the price of 1!
During the month of November order a pair of orthotics and
receive the second for free.**

**Note: Orders must be made by November 30th 2014
Call Today: 905-997-4468**

“The part can never be well unless the whole is well.” ~Plato

Green Health Clinic is growing!

We are pleased to have **Chiropodist Shivani Sukhdeo** joining us in November. Chiropodist services will now be available starting November 2014. Shivani offers full chiropodist services including orthotics, nail care, diabetic foot care and more. Call today to book your appointment: 905-997-4468.

