

# At HOME

*on the Sound*



## THE SOUND REPORT

Spring Newsletter

June, 2013

### The Director's Chair

Wow! The first half of 2013 has been so busy for At Home on the Sound. We continue to fulfill requests for rides and other services at a rate of approximately 80 per month. Our weekly Gentle Yoga classes with Sandra Bernstein and our Current Events breakfasts led by Bob Hiden remain especially popular to our members. Our twice-monthly free public programs, organized by Board Member Ellie Fredston, are fun and informative for the entire community.

We now have a new Knitting and Needlework group meeting once a month in our office, and we organize an outing to the movies once each month too.

*(continued inside)*

### Valerie O'Keeffe Bocce Court Dedicated



A large crowd braved chilly weather and gathered at the Town of Mamaroneck Senior Center on April 2 to celebrate the opening and dedication of the Valerie O'Keeffe Bocce Court. At Home on the Sound commissioned the court last year to honor Ms. O'Keeffe for her support and encouragement during the formation of At Home on the Sound, as well as for her persistent commitment to enhance the lives of senior citizens in the town. The Town of Mamaroneck was instrumental in seeing the bocce court through to completion. Congressman Eliot Engel; NYS Assemblyman Steve Otis; Rev. Dr. William Crawford of Larchmont Avenue Church and Nancy Seligson, Mamaroneck Town Supervisor were just some of the dignitaries and elected officials on hand for the event. At Home on the Sound board members, members, and volunteers were out in great numbers as well as members of the Town Senior Center. The Town of Mamaroneck crew responsible for building the beautiful court received a hearty ovation from the crowd. After a quick bocce lesson, Ms. O'Keeffe and Lynn Reichgott played one match, and then many on hand for the festivities wasted no time in playing as well. News12 Westchester covered the event, and the attendees enjoyed refreshments in the Senior Center after the ceremony.

Already this year our Dine-Abouts have taken members to some of the hottest restaurants in the area: Fiamma Trattoria, Neméa Greek Taverna, Lola's Tea House at Chocolations, and Haiku.

Read on and you will learn even more about At Home on the Sound in these pages.

Please join us – as a member, a volunteer, or a donor – in our mission to make the Larchmont Mamaroneck community a great neighborhood in which to age in place.

*Elaine Weingarten*  
*Executive Director*

---

#### OFFICE ADDRESS

545 Tompkins Ave.  
Mamaroneck, NY 10543

#### TELEPHONE

914.899.3150

#### WEBSITE

[www.athomeonthesound.org](http://www.athomeonthesound.org)

#### MAILING ADDRESS

PO Box 1092  
Larchmont, NY 10538

#### E-MAIL

[director@athomeonthesound.org](mailto:director@athomeonthesound.org)



[www.facebook.com/AtHomeontheSound](http://www.facebook.com/AtHomeontheSound)

## Profile

### *Renée de Vries, Volunteer*



A very valuable asset to At Home on the Sound, Renée DeVries volunteers as a Health Advocate to our members. If a member needs to see a doctor or go to a hospital and feels insecure, Renée will accompany him or her; remember all the doctor's recommendations; and give the member the security needed. As a professional community nurse --she was a District Nurse in her native Holland -- Renée provides the comfort and assurance the patient needs.

Renée is also the link between At Home on the Sound and our Community Associates. She recruits local businesses to provide discounts and other benefits to our members.

Renée grew up in Amsterdam, Holland and came to the States only three years ago. She attributes her impeccable English to the fact that Holland teaches English as a second language and that she and her husband, who is Australian, spent a while in Australia. They have six children, four of whom are still in Holland, so she spends a good deal of time now in correspondence. Her other two children are in school here: one at Baruch College, the younger one at Mamaroneck High School

Renée also helps out on occasion in the At Home office. She enjoys golf, riding her bicycle, and reading. She also has earned a black belt for judo. What a gal!

– Sheila Liebowitz

### *A Spellbinding Spelling Bee!*



The At Home on the Sound "Spellbinders" were one of twenty teams to compete in the first annual Friends of the Larchmont Public Library Spelling Bee on April 7th. Members Rev. Dorothy Greene, Barbara Grae and Margaret Weinstock represented us in front of a packed audience. Many thanks to all who took part in this great family event.

## Meet Our Next Board President

*Penny Oberg*



We are pleased to welcome Penny Oberg as our new Board President beginning on July 1. Penny takes over from Lynn Reichgott, who has led our organization since its inception.

Penny and her husband, Tim, have lived in the community since 1977. Both of their sons attended Mamaroneck schools. Penny is a retired guidance/college counselor. She served on the Board of the Mamaroneck Public Schools from 1990-96, the last two years as President.

She has also served on the boards of the Larchmont Avenue Church, the Community Counseling Center, the Summit, and was formerly a volunteer college counselor with the Hispanic Resource Center.

## Volunteer Appreciation Breakfast 2013



On January 16, more than 40 of our volunteers gathered for a Volunteer Appreciation Breakfast in our office – and that's only half of our total volunteer corps. It was a wonderful and rare occasion for everyone to meet, eat, and exchange stories - some touching and some funny.

Our volunteers ARE At Home on the Sound. They answer our phones, drive our members, plan our Galas, arrange for rides, stuff envelopes, host our events, videotape our programs - and they make our community a great place to live.

As the number of our members, happily, continues to grow, so does our need for volunteers. Call our office and speak to Volunteer Coordinator Pat Hachey (who is also a volunteer) to find out how you can lend us your time and your talents: 914-899-3150.

## Mamaroneck Shares Summer Block Parties



Mamaroneck Avenue will be hopping with music, food and entertainment during the Mamaroneck Shares Block Parties on Friday evenings: June 14; July 19; August 16; and September 6. We are proud to be one of the organizations that will benefit from funds raised this year. Come out and support us. Have a good time for a good cause!

# *Celebrating Community Spirit!*

Our second annual Gala was held on May 2, at the Hampshire Country Club. It was a beautiful evening with almost 300 people in attendance.



The evening's special honoree was Mary Lee Berridge. Mary Lee's voluntary community activities over the years are far too many to mention here. We are fortunate that she is now devoting some of her boundless energy to At Home on the Sound. In view of Mary Lee's extraordinary level of community service over many years and the fact that the theme of this year's Gala was Community Spirit, it was fitting that At Home's gift to honor Mary Lee be a collection of materials that explores and promotes community involvement. This collection is to be called the "Mary Lee Berridge Public Service Collection of the Larchmont and Mamaroneck Public Libraries" and will be housed in those libraries to benefit everyone in the community.



As outgoing President, Lynn Reichgott was recognized for her service to At Home on the Sound. As she said at the Gala, she is stepping down from the presidency, but she is not going away.

A very special thank you goes to Frank Soriano of The House of Flowers in Mamaroneck who, for the second year, donated the beautiful floral centerpieces we enjoyed on each table. Hats off to Janet O'Connell, the chair for this year's

Gala. She did a spectacular job of organizing an extremely successful and fun evening.

— Carole Woods





## Thanks To Our Gala Sponsors

COMMUNITY STARS  
Eugene & Emily Grant

### COMMUNITY PARTNERS

Anonymous  
Hudson Valley Bank  
Jewish Home Lifecare  
Sarah Neuman  
Nautilus Diner  
Turkish Meze

### COMMUNITY ENTHUSIASTS

Alexander Architectural

### COMMUNITY CHEERLEADERS

Coxe & Graziano  
Funeral Home  
Houlihan Lawrence  
J & F Chatsworth Ltd.

## Gala Circle

### CHAMPIONS

Debbie Campbell

### COMMUNITY PARTNERS

John & Mary Lee Bradley  
Bill & Celia Dentzer  
Michael & Lynn Reichgott  
Katherine & Samuel Weinhoff

### COMMUNITY SUPPORTERS

Arnold & Teddi Becker  
Dave & Pat Hachey  
Arthur & Ellie Fredston

### COMMUNITY ENTHUSIASTS

Miriam & Tom Curnin  
Janet & Rudy DeMasi  
David & Ellen Freeman  
Joshua Mandell  
Simon & Rita Marlow  
Robert & Friedhilde Milburn  
Leslie & Daniel Molinoff  
Janet & Ryan O'Connell  
Tim & Penny Oberg  
David & Leelee Panno  
Robert & Paula Peck  
Timothy & Carla Porter

## Our Community Associate *Winetasters of Larchmont*



Right next door to the Larchmont Tavern, you'll find one of our favorite haunts, Winetasters of Larchmont. I met the store's owner, Gregg O'Brien, when I was looking for great, affordable red and white wines for our first At Home Holiday party. He personally samples everything in his shop, over 500 selections, and helped me pick out the perfect bottles. He even delivered them for free. Whether I'm shopping for a large gathering or a small dinner party, Gregg's vast knowledge of regions, vineyards and pairings make him the ultimate wine resource. Plus, I get to use my At Home discount card, which helps me buy more!

Winetasters, a local tradition, first opened its doors back in 1933 and was the 477th liquor license issued in New York State. As one of only four owners in history, Gregg pays homage to the store's heritage and proudly displays the original license on the counter at the front of the store. Since purchasing Wine Tasters in 2010 he has completely renovated the space, purchasing an extensive wine collection and more than 200 new single malt scotches, bourbons and ryes.

Gregg hosts a wine tasting between 2-5pm every Saturday. Stop by to sample his amazing selection. With a \$25.00 purchase, delivery is free. That's just the kind of guy he is and the kind of store you'll love as much as we do. Thank you, Gregg, for being a Community Associate and supporting our organization.

WineTasters is located at 100 Chatsworth Ave. Their phone number is 914-834-0800.

— Sheila Liebowitz

## THANK YOU!

### Gala Silent Auction Donors

Kathy & Mark Ames  
Bar'Lees  
Best in Show Dog Training, LLC  
Boiano Bakery  
Bonnie Briar Country Club  
The Center for Continuing  
Education  
Clutch Handbags & Accessories  
Computer Coach Me  
Cosmo & Alex Deli  
Chris Curtin  
Michelle Daum, MS, RD  
Francine Della Badia  
Rudy Demasi  
Dinner in Hand  
Directions in Aging  
East Coast Surf Skate & Snow  
Elan Elite Mind & Body Development  
Chris Faicco  
Peter Fass  
Catherine Freudenberg Traykovski  
Susan Gallin  
Judy Gartman, MS  
Gentle Yoga with Sandra  
Gjoko Hair Salon & Spa  
L'Image Salon  
Marcia Jaeger  
Leapin' Lizards  
Mr. & Mrs. Mark Litvin  
Main Hosiery & Lingerie Shop  
Tony Mancino  
Patty Mannino  
Irmgard Mersel  
Friedhilde Milburn  
Daniel D. Molinoff, Esq.  
William Osterberg  
Pam Older Designs  
Pink on Palmer  
Le Provençal Bistro  
Lynn & Michael Reichgott  
Jeanie Ritter  
Roasted Peppers  
Robert's Department Store  
Ira Schwartz  
Lisa & Michael Senter  
Sound Shore Liquor Pantry  
H. David Stein  
Touchstone Acupuncture  
Tres Magnifique Fine Jewelry  
Voracious Reader  
Wendy Gee!  
Fred Werblow  
Brad Wolfer  
Jean Young  
W. F. Young

## Profile

### Joan Ward, Member

When I asked Joan Ward what she liked best about At Home on the Sound, she didn't hesitate to say, "The people. I've met such wonderful people!" Joan, a member of At Home since its inception, has been involved in many of At Home's myriad activities. Her favorites are Yoga, where the group has become very cohesive, and the Dine-Abouts, where she has met many new people.



Joan grew up in what was then a small town on Long Island and lived there until she eloped at the age of 19 and moved to Manhattan. At that time, when television was in its infancy, Joan acted in TV shows and did modeling. ("That was fun," she says). A couple of years later when she had her first child she decided to become a full-time mother. She now has three adult children and their families (five of whom are attorneys), a granddaughter about to be married, and great-grandchildren. It was only after 21 years of marriage that Joan undertook another career – in the hotel business. When the Rye Hilton was one year old she joined the staff and enjoyed working there until her retirement.

Joan's passion is kayaking -- she has a kayak at her front door and has enjoyed many hours on the water. At home she likes to read mystery stories and maintains her interest in fashion. She is still a very glamorous lady.

– Phyllis Golding

## Technology Workshop



At Home on the Sound members received great tech advice from local student volunteers on Martin Luther King Day of Service in January.

# At HOME

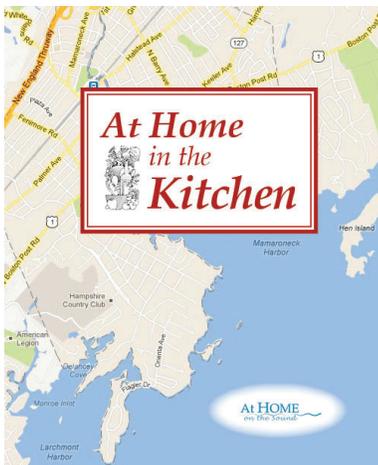
*on the Sound*

PO Box 1092  
Larchmont, NY 10538

NON-PROFIT  
U.S. POSTAGE  
PAID  
PERMIT NO. 4304  
WHITE PLAINS, NY 10601

## At Home in the Kitchen

### *New Cookbook Published to Support Our Work*



*At Home in the Kitchen*, our brand new At Home on the Sound cookbook, made its debut at the annual Gala on May 2. Board Member Teddi Becker, an enthusiastic home cook, was the driving force and editor of the book. She recruited a committee of supporters to do the work of soliciting recipes, typing, organizing, and proofreading.

More than 350 recipes were gathered from 158 members, volunteers, and friends. The talented Marnie Foster-Marks provided the cover design and used original drawings by former Larchmont resident Bob Schenkel for the chapter dividers.

There are many mouth-watering recipes contained in the book, so if you haven't already purchased a copy, you will definitely want to do so. Copies will be available as long as they last at the At Home office or Anderson's Book Shop on Chatsworth Avenue in Larchmont. All the proceeds from the \$20 book benefit the programs and mission of At Home on the Sound.

— Carole Woods

## BOARD OF DIRECTORS

Lynn Reichgott, *President*  
Leslie Molinoff, *Vice President*  
Nedra Gillette, *Secretary*  
Philip Horner, *Treasurer*  
Teddi Becker  
John D. Bradley  
Rudy Demasi  
William T. Dentzer, Jr.  
Ellie Fredston  
David J. Hachey  
Pastor Dr. Marvin Henk  
Simon Marlow  
Friedhilde Milburn  
Penny Oberg  
Kathryn Parter  
Ira Schwartz  
Lisa Senter  
Rose Silvestro  
Lois Steinberg  
  
Elaine Weingarten  
*Executive Director*

*The mission of At Home on the Sound is to improve the quality of life for adults age sixty and older who live in the Larchmont-Mamaroneck area. We provide an array of individualized services and group activities designed to enhance their comfort, safety and connection to the community.*