



Slow Food® Calgary

Slow Food Calgary Presents- Local 101: Ingredients for a Sustainable Culture

April 29th and 30th, Uptown Theatre, 612- 8th Ave. S.W., May 1st, U.of C. Campus

Friday Schedule

6:00PM- Doors open

6:30 PM-Welcoming Remarks- Kris Vester, President, Slow Food Calgary, Farmer

6:35 PM- Local 101 History- Wade Sirois, Founder of Local 101/201, Chef

6:45 PM- Opening Keynote: Thomas F. Pawlick, (Author, 'The War on the Countryside' and 'The End of Food')

7:30 PM- Film: '**DIRT**' (running time 80. mins)

9:00 PM- We invite everyone to join us for drinks and further discussion in The Marquis Room at The Uptown following the film

Saturday Schedule

9:00 AM- Community Walk- Interested participants meeting at Higher Ground on Kensington Rd., walking through Sunnyside and checking out alternative energy systems, community garden, pesticide free park, other interesting sites, continuing on through downtown and looking at "green" architectural elements in some downtown commercial buildings, ending at the Uptown with time to stop for lunch before things get rolling for the afternoon. (No charge)

12:00 PM- Doors open

12:30 PM- Talk: **Water**- Speaker, Julia Ko, Water Matters

12:45 PM- Film: '**Burning Water**'. (Running time, 43 mins.)

1:30 PM- 15 min. break

1:45 PM- Talk: **Pollinators**- Speaker, Eliese Watson

2:00 PM- Film: **'Vanishing of the Bees'**. (Running time, 90 mins.)

3:30 PM- 15 min. break

3:45 PM- **The Foundations of Food Panel Discussion**: Soil, Water, Pollinators, Nutrition and Economics. With: Thomas F. Pawlick, Eliese Watson, Julia Ko, et al.

4:30 PM- Talk and video presentation: **Nutrition**, Weston Price Foundation, Calgary Chapter.

5:00- 6:00 PM- Dinner break (Local food establishments will be selling local food)

6: 15 PM- **Local Food Panel Discussion**: John Wright (Thomson Small Farm), Paul Hughes (Urban Agriculture), Tim Axe (Terra Caratatis Patris Farm), Wade Sirois (Chef, Infuse/ Forage).

7:00 PM- Film: **'The Economics of Happiness'**. Running time, approx. 90 mins.)

8:30 PM- Closing Keynote: Hugo Bonjean, (Author, 'Seed of Germination or Termination' and 'A People's Power')

9:00 PM- Networking and dialogue in the Marquis Room (Optional)

Sunday Schedule

10:00 AM- **Slow Food Calgary AGM**- University of Calgary, ICT Building. (Voting restricted to Slow Food Calgary members, observers welcome).

10:00 AM- **Sustainable Energy Workshop** (Sponsored by Arusha Centre- University of Calgary, ICT Building)

11:30 AM- Light lunch (Food supplied by Sunnyside Market)

12:30 AM- **Local 201: Alberta Small Farms Summit**- University of Calgary- ICT Building

Connecting People in the Local Food and Small Farms Movement.

"DON'T FARM ALONE! Join other local "small" producers at the Summit. Share info and insight on issues ranging from legislation and current best practices to marketing options. All producers planning to attend are asked to bring a current bio to participate in a peer review process and the opportunity to take home the Silver Buffalo award. Admission to the Summit is free but participants are asked to confirm attendance by

emailing farmsmall@gmail.com. The Summit will explore where we (as small farmers) are coming from, where and who we are and where we're going. Please continue to check this website for additional details of presenters and panel participants. Questions or concerns can also be forwarded to farmsmall@gmail.com."

(e-mail confirmation required for participation in Local 201- Please e-mail confirmation to: farmsmall@gmail.com Attn: Jill Cairns)

Tickets are \$80, \$70 for Slow Food members, \$40 for low-income and students (ID must be presented). Tickets available at www.slowfoodcalgary.ca and Sunnyside Natural Market (cash only) 338, 10th St. N.W. 25% Calgary Dollars accepted.