

RAINBOWS

Life Spectrums Newsletter
www.LifeSpectrums.org

Summer/Fall 2012



Dear Friends,

Yes, it's 2012, are you feeling the energy? Are you going within daily? Are you remembering to experience the Joy, Love, and Gratitude that are here now?

I look forward to seeing you in Bethlehem, where we'll continue our Evolutionary Journey as a Life Spectrums Community! ~Ginger Sewell, Board of Directors, Chair

REGISTER TODAY!



**33rd Annual Conference
2012: Embrace the Vibration**
Thursday, September 20th—Sunday, September 23rd, 2012
“Under the Glass Pyramid”



To be held at the newly opened Ben Franklin TechVentures, Bethlehem, Pennsylvania.

Daily programming from 8:15am—10:30pm, ending Sunday afternoon.
Come for the day or come for the entire community event!

Our conference will be held on the top floor of the newly opened Ben Franklin TechVentures. The central room has a glass pyramid ceiling and is decorated with beautiful Egyptian papyrus paintings. It's a simply perfect and refreshing setting for workshops, consultations, book exchanges, and our community healthy delicious buffet lunches and dinners, provided as part of the program, accommodating dietary requests!

*Accommodations will be at the Historic Hotel Bethlehem, just minutes from the meeting facility!
Complimentary scheduled shuttle services to/from our meeting facility will be provided by the hotel for those that are interested. Ample parking is available at both the Hotel and TechVentures for those who prefer to drive their own vehicle.*



The Hotel Bethlehem and boutique local shops are located in downtown Bethlehem, PA in the heart of the Lehigh Valley, just minutes from Lehigh University, and a 10 minute drive from the Lehigh Valley International Airport (ABE). The hotel can provide complimentary shuttle service to/from ABE airport. You will experience world-class service, charming guest accommodations, an elegantly appointed lobby and common areas, in addition to award winning cuisine — all at a very affordable Life Spectrums price. The hotel proudly continues the tradition of Bethlehem hospitality that began by the Moravians who first settled here in 1741. <http://www.hotelbethlehem.com>

REGISTER by August 13th, 2012 to receive the conference early bird rate!

**BOOK your hotel reservation by September 4th, 2012
to receive the Life Spectrums group rate.**

Complete details inside...

2012: Embrace the Vibration Presenter and Workshop Highlights

**Please continue to check out our website, www.LifeSpectrums.org for
CONFERENCE UPDATES & ADDITIONS!**



Jill Mattson is a prolific musician and author who brings her deep spiritualism, intense curiosity and wonder to the many creative passions she pursues. Jill lives to help others achieve personal growth and healing through her music, writings, and art. She is an accomplished artist, musician, lecturer & author. Jill is also a recording artist with numerous CD's using ancient and modern Sound Healing techniques. Visit her website: www.jillswingsoflight.com for more information!

Jill's Evening Lecture:

Thurs., 9/20 7:30pm- 9:30pm **Create Sacred Space with Sound:** Promoting meditation and healing through a vibratory sound, bring in guides and masters, power up your energy;

Jill's Workshops:

Fri., 9/21 10:00am– 12:30pm **Manifesting with Vibratory Energy.** Building your power base & clearing problems to manifesting (Top Chakra sounds, alleviate energy blocks); Empowering your affirmations, (use your voice of power);
3:00pm—5:30pm **Crystals & Amplifying Your Energy.**(Bring your own mat to lie on and your own crystals!)

Sat., 9/22 10:00am—12:30pm **Using Vibratory & Sound Energy to link with Angels, Ascended Masters, and Guides** (Identify and work with your frequencies)
3:00pm—5:30pm **Using frequencies to Empower Enlightenment** (Star tones, using harmonics)

Sun., 9/23 10:00am—12:30pm **Sound Healing: Acupuncture for the Brain.** Go on a shamanic journey. Use sacred frequencies to alter your energy.



Kali Ishaya's lifelong spiritual search ended in 1996 when she was introduced to the Ishaya's Ascension. Struck by the simplicity and utter completeness of the Ascension teaching, Kali left her psychotherapy practice and dedicated her life to the alleviation of human suffering through the transforming power of Ascension. Visit her website: www.ishaya.org to learn more about her incredible journey!

Kali's Workshop Intensive:

The Ishaya's Ascension: First Sphere Experience. In today's world, much is spoken about being present, living in the now, accepting whatever comes, etc. Unfortunately, such a state of total presence and acceptance is impossible when approached through the future-oriented mind. The Ishaya's Ascension offers a simple, profoundly effective way to rise immediately and permanently beyond the mind—to ascend beyond the stress of self-limiting belief. ****Participants in this Intensive must attend all extended workshop times Friday through Sunday. Please bring a blanket and pillow from home. Please do not take pillows/blankets from the hotel.**

Fri., 9/21 10am– 12:30pm **The Ishaya's Ascension: First Sphere Experience—part 1**
1:30pm—5:30pm **The Ishaya's Ascension: First Sphere Experience—part 2**

Sat., 9/22 10am—12:30pm **The Ishaya's Ascension: First Sphere Experience—part 3**
1:30pm—5:30pm **The Ishaya's Ascension: First Sphere Experience—part 4**

Sun., 9/23 10am—12:30pm **The Ishaya's Ascension: First Sphere Experience—part 5**

NOTE: Participants who have already completed the first sphere experience can attend any of the sessions. For experienced ascenders, additional attitudes are available for a fee.

VISIT www.LifeSpectrums.org for complete details on each of the presenters and workshops!

Friday & Sunday SKYPE Presenters:

Friday evening (7:30pm–9:30pm)



Colin Andrews is the man who coined the term, “Crop Circle.” He is considered the foremost researcher in this area, having been with the research from the very beginning and holding the most extensive archive in the world on the subject. Colin will be presenting Friday evening SKYPE: “**Conscious Circles: The Message is Known and We are part of it – It talks to 2012 and Beyond.**”

Visit his website: www.ColinAndrews.net

Sunday afternoon (1:30pm–3:00pm)

Rev. Carol Parrish is the founder of the intentional community of Sparrow Hawk Village and its seminary, Santa Sophia near Tahlequah, OK. Author of more than a dozen books, she is recognized as an inspired spiritual teacher who will be enlightening us on how to “Greet the Changes...Embrace 2012”. A major shift in daily life is occurring in 2012 and we are caught in the throes of these changes. We have been speaking eagerly about an Aquarian Age. Now it is here.



Embracing change is not without hesitancy, but it can be greeted with preparation of a positive way. Understanding principles behind predictions help us meet the shifts as they come.

We will begin with Mayan prophecies, then earth changes, the incoming seventh ray, financial changes, and living with technology. Just as the two hemispheres of the brain have to learn to work together, institutional thinking has to become intuitive thinking, whether called EQ, IQ, or SQ. Visit her website: www.caroleparrish.com.

Friday & Saturday ONE-DAY Workshops:

Friday 2-part workshop (10:00am–12:30pm & 3:00pm–5:30pm)



Ria Swift works with Light Beings from the higher Dimensions who heal through Light and Sacred Geometry. For many years they have been teaching her how to merge with them to clean up pollution, minimize earth changes and dissipate catastrophic weather. She also works with Gaia and Creator by merging them into the body to dissipate static energy, assisting in raising the Earth’s vibration and cleaning up negative Karma laying on the planet. In order for us to evolve, we need to clean up our mess on the earth, BE ONE with Creator and Gaia. **Ria will be presenting Earth Light Work: Stewards of Earth and the Experience of Oneness.**

Saturday 2-part workshops (10:00am–12:30pm) / (3:00pm–5:30pm)

Elizabeth Bausili, B.S., Ms. Ed. will be presenting “**The Number Between**”. Each of us at one time or another has been elated with or has struggled with one or more relationships. The Number Between can be used to understand the energies that are at work between two persons who are married, relationships with children, and parents, just to name a few. The Number Between explains the many unanswered questions that each of us have with regard to the difficulties experienced in the relationships in our lives. The strategy enables us to focus on the true dynamics of any relationship we may be involved in...dismissing what our own personal pre-conceived opinions may be.



Nancy L. Fox is an energetic healer, intuitive psychic, and spiritual coach. Ordained as a minister in 1980, Nancy has served on the Board of Directors of the Annapolis Institute of Metaphysics. We are very excited to have Nancy for a Saturday workshop featuring **Sam-U-El, a sacred crystal skull**. Sam-U-El is part of a collective of ancient wisdom light beings who work through Sam-U-El to heal hearts.

Consultants & Body Workers

Morning & Evening opportunities are available on Thursday, Friday, and Saturday of the conference for consultants and body workers to share their knowledge and skills with attendees. Please contact Lynne Paul if you would like to be a body worker or consultant at the conference, or if you have someone to recommend.

Gathering for Community Conversations

Each evening, opportunities for meeting in the “social gathering places” for community conversations will be available. These places will allow attendees to participate in meaningful conversations as we intentionally discover and discuss our new reality. Energy is created and sustains itself through the connection of one light being to another!

Sunday workshop (10:00am–12:30pm)



Swami Laraaji NADABRAHMANANDA will be sharing guided energy day starters, as well as his unique sound performances. Laraaji and **Arji Cakouros** are energy workers who respect and invite the powers of Celestial sound, intuitive movement, heart centered spontaneity and inner stillness to co-create space for inner shift, release, and higher vibrational embrace. Their workshop on Sunday, “**Vibrational Transcendence: Releasing Non-essential Vibration,**” will help us explore release technique(s) through breath work, movement, sonic supported guided imagery-visualization, and cathartic laughter-cizes, all to make room for the new vibrational embrace.

33rd Annual Conference Hotel / Room rate details:

Life Spectrums’ special package group rate and rooms must be booked by September 4, 2012 to insure these rates. Guest Room Rates: Single person room is \$125.00 / night and includes breakfast for one guest each morning. Breakfast is Made-to-order (up to \$14.00 value) in the Tap Room Restaurant / these rates include all taxes and gratuities.

Double/Double is \$130.00 (\$65.00/pp per night) and includes breakfast for two guests. Triple is \$135.00 (\$45.00/pp per night) and includes breakfast for three guests. Quad is \$140.00 (\$35.00/pp per night) and includes breakfast for all four guests. All rooms are configured with two (2) double beds. Please allow time for your breakfast to be prepared and eaten before your shuttle ride leaves for Ben Franklin TechVentures.

Be sure to identify yourself as a Life Spectrums conference attendee to receive this fabulous rate! **Individuals Call & Pay on your own to reserve your room(s). Caller must identify roommate(s) to hotel at time of reservation.**

CALL 800-607-2384 OR visit their website: www.hotelbethlehem.com. Check-out time is 12:00 noon. Guest check-in cannot be guaranteed prior to 3:00 pm on the day of arrival. As part of this package, parking for Life Spectrums is complimentary in the hotel parking deck. The Walnut Street and North Street parking garages are at your own expense.

Be ‘AS’ You Are...Beautiful



33rd Annual Conference Agenda

Evening speaker events are open to non-conference participants for a special fee of \$20.00.

Saturday evening healing service is open to all at no fee.

***Times maybe slightly modified at registration, please pick up a final agenda.*

TIME	THURS. Sept. 20	FRI. Sept. 21	SAT. Sept. 22	SUN. Sept. 23
6:00 - 8:30		Breakfast @ Hotel / Home	Breakfast @ Hotel / Home	Breakfast @ Hotel / Home
8:15 - 9:15		Body Work/ Consultant	Body Work/ Consultant	7:00 - 9:00 CHECKOUT
8:30 & 9:00		Hotel Shuttle	Hotel Shuttle	Hotel Shuttle
8:45 - 9:15		Registration	Registration	Registration
9:30 - 10:00	Three DIFFERENT guided energy starters to bring the head-heart-hara to a radiant vibrational embrace!			
		Happy Feet Sing-Move along	Acu-laughter play energization	Call & Response chanting
10:00 - 12:30		Jill Mattson Kali Ishaya Ria Swift	Jill Mattson Kali Ishaya Elizabeth Bausili Nancy Fox	Jill Mattson Kali Ishaya Laraaji and Arji
12:30 - 1:30		LUNCH	LUNCH	LUNCH
1:00		Shuttle to Hotel	Shuttle to Hotel	
1:30 - 3:00		Body Work/Consultant	Body Work/Consultant	Skype Speaker: Carol Parrish
2:30		Shuttle to TechVentures	Shuttle to TechVentures	
1:30—5:30		Kali Ishaya	Kali Ishya	
1:30 - 3:00		← Group Sharing/Informal Discussions → Meditation / Take a Walk DARSHAN Presenter items for sale / Book Exchange / Auction Selections FREE Wellness Center		
3:00 - 3:15				Celebration / Closing
3:00 - 4:45	Hotel Check-in			
3:30 & 4:00				Hotel Shuttle
4:00 & 4:45	Hotel Shuttle			
3:00 - 5:30		Jill Mattson Kali Ishaya Ria Swift	Jill Mattson Kali Ishaya Elizabeth Bausili Nancy Fox	
4:30 -6:00	Registration			
5:30 - 6:45	DINNER	DINNER	DINNER	
6:00 - 7:00	Body Work/Consultants	Body Work/Consultants	Body Work/Consultants	
7:00 - 7:30	Music Program	UN International Day of Peace / Music & Annual Meeting	Autumn Equinox Music program	
7:30 - 9:30	Evening Speaker: Jill Mattson	Skype Speaker: Colin Andrews	HEALING SERVICE	
9:30 - 10:30	Welcome Social	Gelato Social	Scholarship Auction & Ice cream Social	
10:00 & 10:30	Hotel Shuttle	Hotel Shuttle	Hotel Shuttle	

VISIT www.LifeSpectrums.org for complete details on each of the presenters and workshops!

SAVE THE DATE!

Spring Awakening 2013: Infusion of Illumination
March 22nd through March 24th, 2013
Harrisburg Holiday Inn, New Cumberland, PA

Sharon Aszmus (chenrezig@mindspring.com) &
Wendy Sponseller (spons50@juno.com), **event co-chairs**

Details to come!



Contacts at Life Spectrums:

Scholarship requests.....	Joan Brownell:	djbrownell@verizon.net
Annual election.....	Ginger Sewell:	gigisewell.gingersewell@gmail.com
Year round program committee chair.....	Teresa Miskell:	tmiskell@successforall.org
Questions /Newsletter / Mailing list changes.....	Lynne Paul:	lynnempaul@gmail.com



LifeSpectrums.org has a new and improved **FACEBOOK PAGE!** If you are on Facebook search LifeSpectrums.org, or simply go to our website www.LifeSpectrums.org and click the “Like” button on our homepage to direct you!



Life Spectrums Gift Certificates are AVAILABLE for purchase! *Perfect gift for any occasion!*

For information and/or to order, call Lynne Paul at (610) 882-3008 or email: lynnempaul@gmail.com

Conference Scholarships available for ALL Life Spectrums events!



All requests for Scholarships must be in writing or via email. Applications must include:

- A clear financial need
- An explanation as to how the scholarship would benefit the recipient
- A specific dollar amount request

Send requests to: Joan Brownell
5763 Nottingham Court | Laurys Station | PA | 18059
Or email—djbrownell@verizon.net

2012 Board Nominations:

Sandy Yeager for Secretary

Thank you to Wendy Sponseller, secretary, and Ginger Sewell, board chair whose (2) consecutive 2-year terms are expiring this year.

Important Changes to the Life Spectrums by-laws have been proposed.

Please review the amended proposal.

By-Laws Amendment Proposal

Article IV—Directors

Currently:

1. The business and affairs of this corporation shall be managed by its Board of Directors, **seven (7)** in number including the two (2) officers (Secretary and Treasurer) and **five (5)** general directors, who shall be natural persons of full age and who need not be residents of this Commonwealth but who shall be members of this corporation. They shall be elected by a majority of the members voting at the annual meeting of members of the corporation.

Proposal:

1. The business and affairs of this corporation shall be managed by its Board of Directors, **five (5)** in number including the two (2) officers (Secretary and Treasurer) and **three (3)** general directors, who shall be natural persons of full age and who need not be residents of this Commonwealth but who shall be members of this corporation. They shall be elected by a majority of the members voting at the annual meeting of members of the corporation.

Ginger Sewell, board member, and Wendy Sponseller, current secretary have completed two consecutive terms and are ineligible to run for another term. Sandy Yeager has offered to resign as a Board Member to be eligible for nomination as Secretary. Attrition would make this transition work effortlessly in these times of so much change and shift. Please contact any member of the board if you would like to ask questions, make suggestions, or volunteer in any capacity.

An Article IV-1 amendment would necessitate the following change for:

Article IV-12

Current:

The entire Board of Directors shall annually select a chairperson from the group of **five (5)** general directors. The officers (Treasurer and Secretary) while serving as officers may not serve as Chairperson of the Board. All **seven (7)** directors may vote, with a simple majority required to elect.

Proposal

The entire Board of Directors shall annually select a chairperson from the group of **three (3)** general directors. The officers (Treasurer and Secretary) while serving as officers may not serve as Chairperson of the Board. All **five (5)** directors may vote, with a simple majority required to elect.

A Recap of our Spring Awakening Conference:

Thank you to all of our friends of the Life Spectrums organization who joined us this past March at the Harrisburg Holiday Inn.

We were blessed to have our featured presenters include Gary Bonnell and Zane Curfman, who shared their enlightening perspectives. Gary spoke on “The Emergence of Individual Soul Consciousness,” while Zane taught us “The Art of Personal Power: Harmonic Conflict Resolution.” Saturday evening included a buffet dinner and a medium demonstration by Michele Livingston.



CD's of both Gary Bonnell's and Zane Curfman's workshops are available to order for \$50.00 each. Contact lifespectrumsregistrar@gmail.com to place your order.

Visit www.LifeSpectrums.org to view pictures from this special gathering!

Our Strategic plan—Spiritual trips are commencing this September 2012!

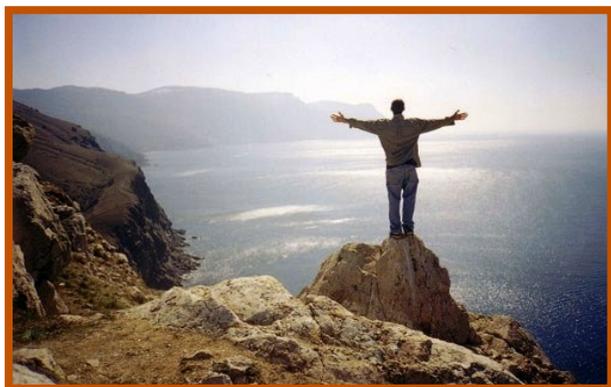
Zane Curfman is sponsoring a trip to Machu Picchu, Peru. Visit www.LifeSpectrums.org for additional details.



LifeSpectrums
ATTN: Lynne Paul
1665 Wildberry Road
Bethlehem, PA 18015
www.LifeSpectrums.org



Join Life Spectrums for our 33rd Annual Conference
2012: Embrace the Vibration
Thursday, Sept. 20th—Sunday, Sept. 23rd
Ben Franklin TechVentures, Bethlehem, PA



www.LifeSpectrums.org



“Greet the changesembrace 2012”

as our Sunday afternoon SKYPE speaker, **Carol Parish**, shares. “A major shift in daily life is occurring and we are caught in the throes of these changes. Like it or not, the Aquarian age is upon us.”

Embracing change is not without hesitancy, but it can be greeted with preparation in a positive way. Life Spectrums is excited to bring this opportunity for personal and spiritual growth by bringing together our “2012: Embrace the Vibration” conference. Our workshops offer a variety of development techniques and spiritual insight for both the beginner and the most experienced among us.

REGISTER TODAY!

2012 Conference Registration Form

Please complete one form for each registrant (Copies available at www.LifeSpectrums.org)

PLEASE PRINT CLEARLY

Name: _____ Age _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: Home: (____) _____ Cell: (____) _____
 Email: _____@_____

Check as appropriate: I volunteer to record my workshop in exchange for one free set of CD's.
 I volunteer to assist the committee for a few hours during the conference
 This is my first Life Spectrums event!

I heard about this event from: _____ Special dietary requests: _____

WORKSHOP CHOICE(S):

	Jill Mattson	Kali Ishaya	Ria Swift	Elizabeth Bausili	Nancy Fox	Laraaji/Arji
Friday Morning:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Friday Afternoon:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Saturday Morning:	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	
Saturday Afternoon:	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	
Sunday Morning:	<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>

EARLY BIRD REGISTRATION DISCOUNT POLICY: To receive discount rate, **full payment** must be received on or before Monday, August 13, 2012.

REGISTRATION:

	<u>Early Bird*</u>	<u>Regular*</u>	<u>1-Day Only**</u>	<u>2-Day Only**</u>	<u>Sun. Only**</u>	<u>Evening Lecture Only</u>
Fees (circle one)	\$ 450.00 (Adult)	\$ 495.00	\$ 175.00	\$ 350.00	\$ 135.00	\$20.00
	\$ 250.00 (Youth ages 15-19)	\$ 275.00				

*includes Lunch (Friday, Saturday & Sunday) Dinner Buffet (Thursday, Friday & Saturday) and 1 yr Life Spectrums membership.

** includes Lunch and Dinner for that applicable day only. As meals are included in the daily rate, *please pre-register*, even if you only intend to be with us for a day.

First-time full conference retreatant referral credit: Credit per registrant referral \$25.00

CANCELLATION POLICY: Life Spectrums assesses a \$75.00 handling charge for cancellation refund requests. This can be waived with medical or flight cancellation documentation.

METHOD OF PAYMENT(circle one):

**Due to the high cost of credit card processing, checks are preferred. Thank you!

Check **Visa**** **Mastercard**** **Money Order**

Credit Card #: _____ Security Code: _____

Payment Amount: \$ _____ Expiration Date: _____ / _____

Authorized Signature: _____

Please make checks payable to: Life Spectrums, Inc.

Mail payment and this signed form to Registrar: Lynne Paul
 1665 Wildberry Road, Bethlehem, PA 18015

RELEASE: I hereby release Life Spectrums, Inc. and Ben Franklin Technology Partners of Northeastern PA, Inc., and both entities' agents, employees, corporate officers, and directors from any and all claims, injuries, causes of action, and damages of any nature whatsoever arising out of my attendance and participation at the 33rd Annual Conference 2012 event, "2012: Embrace the Vibration" of Life Spectrums Inc., at Ben Franklin TechVentures. The viewpoints expressed by program presenters or in resource materials are those of the speakers and writers, and are not necessarily the viewpoints or opinions of Life Spectrums, Inc., nor can Life Spectrums assume any responsibility for program changes which occur beyond its control, or for unauthorized events or activities at the 2012 Life Spectrums event "2012: Embrace the Vibration." Furthermore, I hereby authorize Life Spectrums to use any photographs taken of me at the conference for any purpose which serves Life Spectrums, Inc., within its sole discretion. **Must sign, print name and date.**

SIGNATURE: _____ Print Name _____ Date _____

Questions? Lynne Paul (610) 554-8888 or lynnempaul@gmail.com