

Spiced Cider Facial

Skin Conditions: Any skin type, except rosacea or sensitive (will cause warming to the skin)

Apple is high in Vitamin C and contains potent antioxidants as well as malic acid, which is a natural source of exfoliation (AHA) from the apple. This enzyme will help exfoliate the skin and refine wrinkles and other signs of aging. Autumn Spice Hydrating Mask will hydrate, firm and improve skin tone and suppleness.

Professional Facial:

- 1) Cleanse once with Green Tea Cleanser
- 2) Cleanse a second time with Glycolic Cleanser
- 3) Apply Apple Orchard Enzyme (optional steam) for 7-10 minutes
- 4) Remove with a warm barber towel or with cool aesthetic wipes
- 5) Optional microdermabrasion
- 6) Extractions
- 7) Apply Vitamin C/Green Tea Serum and Hydrating Serum and massage into the skin
- 8) Apply Autumn Spice Hydrating Mask for 10 minutes and remove with warm barber towel
- 9) Tone with Cucumber Toner
- 10) Moisturize with appropriate weighted moisturizer
- 11) Protect with Sheer Protection SPF 30

Suggested Home Care to support this treatment:

- 1) Green Tea Cleanser
- 2) Glycolic Cleanser in the morning (2-3 times per week)
- 3) Retinol Scrub in the morning (2-3 times per week)
- 4) Cucumber Toner
- 5) Vitamin C/Green Tea Serum
- 6) Appropriate weighted moisturizer
- 7) Sheer Protection SPF 30 in the morning

Products Needed for this Professional Facial:

Green Tea Cleanser, Glycolic Cleanser, Apple Orchard Enzyme, Vitamin C/Green Tea Serum, Hydrating Serum, Autumn Spice Hydrating Mask, Cucumber Toner, Appropriate-Weighted Moisturizer, Sheer Protection SPF 30