



Explorations in Mind, BPSI's community education program, offers a wide range of courses for clinicians, professionals in other fields, and the interested community. We hope to enhance

an understanding of psychoanalysis and develop connections with the intellectual, artistic, and social issues of interest to the community at large.

### Eligibility for Enrollment

Students from all disciplines are welcome and encouraged to take courses. Most classes have open enrollment, therefore anyone with an interest in psychoanalysis is eligible. Courses for which a clinical license is required are marked as such. There is no application necessary and each class is filled on a first-come, first-served basis.

### Continuing Education Credit

CE, CEU, and CME Credits are offered to all participants. See full list of learning objectives for each course online at [www.bpsi.org](http://www.bpsi.org).

### Location

All courses will be held at the Boston Psychoanalytic Society and Institute at 169 Herrick Road, Newton Centre MA 02459 unless otherwise specified.

### Registration

Free for BPSI Members and Trainees.  
Call Victoria at 617-266-0953 Ext. 105 to register for courses or to learn about scholarships!  
To register online please visit: [www.bpsi.org](http://www.bpsi.org)

For more information, contact Victoria in the BPSI Administrative Office: 617-266-0953 or [vvacaro@bpsi.org](mailto:vvacaro@bpsi.org)

## Additional Training Programs at BPSI

### FELLOWSHIP IN PSYCHOANALYTIC PSYCHOTHERAPY

BPSI's Fellowship is a one-year program designed to enhance participants' understanding of the principles and practice of psychoanalytic psychotherapy. The Fellowship is designed for mental health clinicians who have completed or are in an advanced phase of their requisite clinical training and provides an introduction to those who are considering more extensive training in psychoanalytic psychotherapy.

### ADVANCED TRAINING PROGRAM IN PSYCHOANALYTIC PSYCHOTHERAPY

The Advanced Training Program (ATP) at BPSI is a three-year training program. The curriculum consists of integrated seminars and case supervision by leading senior clinicians in the field. The ATP aims to give clinicians a sophisticated understanding of the clinical techniques and theoretical complexities of psychoanalytic psychotherapy.

### ADULT PSYCHOANALYTIC TRAINING PROGRAM

The psychoanalytic training program at BPSI is a comprehensive 5-year course of study that offers candidates the opportunity to acquire advanced knowledge of psychoanalytic theory and practice while enhancing self-understanding and understanding of others. The program provides candidates with the skills required to become effective psychoanalysts through a curriculum of theoretical and clinical seminars, personal training analysis, and supervised clinical work.

For a complete list of training programs and events visit us at [www.bpsi.org](http://www.bpsi.org)



## EXPLORATIONS IN MIND

Community  
Education at BPSI



SELF-MAINTENANCE CAPACITIES IN PERSONALITY DISORDERS

Dan Buie, MD and Randall Paulsen, MD

7 Sessions: Feb 6, 13, 20, 27; Mar 6, 13, 20, 2014  
Thursdays, 2:30-5:00 pm at BPSI  
Fee: \$200

Patients with deficits in the development of the self suffer from a lack of self maintenance capacities. This seminar will explore these phenomena, along with the development of the analyst’s empathic understanding of the patient’s experience. We’ll view the phenomena such as aloneness, failure to develop an identity, and meaninglessness, by viewing of clips from films such as Altman’s “3 Women,” the Coen brothers’ “Barton Fink,” and Mike Nichol’s “Who’s Afraid of Virginia Woolf;” This will happen in conjunction with readings and clinical discussion. We’ll try to understand the experiences our patients bring to us as we work to maintain our own stability in the midst of intense feeling.

LOSS OF A PATIENT TO SUICIDE: UNDERSTANDING, PROCESSING, AND MOVING ON

Elsa Ronningstam, PhD  
Igor Weinberg, PhD \*guest faculty

8 Sessions: Mar 4, 11, 18, 25;  
Apr 1, 8, 22, 29, 2014  
Tuesdays, 8:00-9:30 pm at BPSI  
Fee: \$225

Course open to licensed clinicians who have lost a patient\*

This course is specifically designed for psychotherapists who have lost a patient to suicide. This psycho-educational process course aims to promote knowledge and understanding of suicide as an objective risk factor and potential event in psychotherapy. The course promotes a close and realistic assessment of patients’ suicides with the aim of moving towards acceptance, learning, and professional growth.

LOST HOMES, FORGOTTEN LANGUAGES

Frances Lang, MSW

4 Sessions: Apr 1, 8, 22, 29, 2014  
Tuesdays, 8:00-9:30 pm at BPSI  
Early-bird fee: \$25, After March 8: \$50

“One must have a home in order not to need it,” comments the German born writer, Jean Amery. This seminar will explore the concept of home and of lost homes. We will look at place, at language and at the body as repositories of our sense of belonging or not belonging in the world. In addition – and in particular – we will explore the experience, both psychological and physical, of losing a home and the longing to reclaim it. Readings will include clinical papers, memoir and fiction, including children’s literature. Participants will be encouraged to share clinical material in hopes of expanding our understanding of what is meant by home in our patients’ lives and in our own.

THE STORY OF DEVELOPMENT: PSYCHOANALYSIS AND CHILDREN’S LITERATURE

Judy Yanof, MD; Patricia Wright, MD;  
Jane Hanenberg, EdD; and Patricia Potter, MD

4 Sessions: Mar 26; Apr 2, 9, 16, 2014  
Wednesdays, 8:00-9:30 pm at BPSI  
Early-bird fee: \$25, After March 8: \$50

Children’s literature welcomes readers to know what it means to be a child, and allows us to recapture and re-enter our earliest worlds. In each of these four evenings, one of the presenters will discuss the experiences of developing children through some of their favorite literature. We will begin with a survey evening, when we will look at psychoanalytic themes in the earliest rhymes of children at play, to the vampire fantasies of adolescence. The next evening we focus on picture books, and then, on the third, we will examine middle childhood and the stories of Dr. Seuss. During the final evening, we’ll read and discuss literature of adolescent love and turmoil.

COUNTERTRANSFERENCE PHENOMENA: A CLINICAL CASE SEMINAR ON THE TREATMENT OF BORDERLINE STATES AND OTHER SEVERE PSYCHOPATHOLOGY

Stephen Schlein, PhD \*guest faculty

6 Sessions: April 9, 16, 23, 30; May 7, 14, 2014  
Wednesdays, 7:30-9:00 pm at BPSI  
Early-bird fee: \$125, After March 8: \$175

Course open to licensed clinicians only

The treatment of patients with severe psychopathology gives rise to challenging countertransference dilemmas. Countertransference introspection is an essential feature that enhances the therapeutic process, and adds depth and vitality to the unfolding experience. This seminar will establish a foundation for an interpersonal-relational clinical technique. The spirit of this venture will be on creating a particular therapeutic climate that has as its centerpiece the analyst’s use of self as an interpersonal presence and as the psychotherapeutic agent of change. The method acknowledges the vital importance of this interpersonal environment based on the spontaneous experience of authentic human relatedness and engagement. The seminar is designed as a clinical seminar focused on the refinement of psychotherapeutic technique and the centrality of the evolving interpersonal relationship and its transformative impact. We will utilize a continuous clinical case format, with attention given to an in-depth view of the complexity of countertransference phenomena.

**Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 or 2 hours per session of AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.  
**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.  
**Psychologists:** The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 1.5 or 2 hours of CE per session.  
**Social Workers:** Please contact BPSI Administrative Office for information regarding continuing education for Social Workers.

The Boston Psychoanalytic Society and Institute, Inc., 169 Herrick Road, Newton Centre, MA 02459, does not discriminate on the basis of race, creed, color, sex, age, sexual orientation, national origin or handicap in the admissions, administration of its educational programs, scholarship and loan programs or employment.