



## New Moon Crystal Ritual.

If you are drawn to the promise of the healing and attracting power of crystals, then you are someone who can work well with earth energy to manifest your desires. You may also be seeking a way to build foundations under your dreams and are ready to take practical steps to make them happen.

Crystals are powerful protectors and healers. They can be carried on your person or placed in your environment to protect and heal. Assigning them to their job is necessary; and this doc will show you how.

*“Often crystal energy is as gentle and quiet as starlight, gently and subtly changing the hues of our life and welcoming positive change. At other times a strong energy crystal can attract strange new ideas and situations.”*

The most powerful time to commence working with a new crystal or set of crystals is the new moon. But your work begins before this, at the time of the Full Moon. Ideally purchase or receive your crystal at the time of the full moon. If you've missed the Full Moon but would like to put your crystals to work this new moon follow these same instructions.

1. Let it soak in salt water (either from the ocean, or 2 teaspoons of sea salt per one cup of freshwater) for 24 hours.
2. Crystals love moon bathing. So leave them where they can receive the light of the moon. This completely de-charges them and they will most effectively respond to your intentions and placement.
3. At the new moon, hold the crystal in your left hand. Visualise clearly what you would like to experience working with this crystal. If for instance, you've chosen a Rose Quartz for its ability to reduce sugar cravings and attract a loving relationship, picture yourself with healthier eating habits and with a warm, caring partner whilst holding the stone for at least three minutes. *I encourage you to make this a ritual, with a candle burning, perhaps enjoyable music playing in the background, in beautiful place you can relax and let your imagination explore*



*the loveliness of your future possibilities.* If you've chosen a crystal and you don't know what it's for, know that whatever your challenge in life is right now, it has arrived with the power to help you heal. So hold the crystal in your left hand and explore in your mind how your life looks if that challenge has been completely healed.

4. For crystals that are being put in place in your environment, one of the most powerful, continually cleansing and uplifting placements are 4 clear Quartz crystals or Quartz wands, placed in each corner of the room you seek to have high and pure energy. Put the crystals to work exactly the same way you would charge a personal crystal (step 3). Hold them, one by one, in your left hand and feel the light and protection they emanate. Imagine them cleansing and uplifting and bringing light into the room you seek them to create good energy in. If you share the room (such as a office) with other people, if you like you can each hold the crystals one by one with the intention of creating a clean, positive environment.

5. If it's a personal crystal, carry it on your person as often as possible and notice the changes it brings to your life. Touch it when you feel yourself slipping back into old habits or unhelpful thinking. To further attune yourself to the crystal, you can sleep with it close to your pillow or take a bath with it. Notice your dreams or any change in emotion. Often crystal energy is as gentle and quiet as starlight, gently and subtly changing the hues of our life and welcoming positive change. At other times a strong energy crystal can cause migraines, joint aches or attract strange new ideas and situations. If you feel dazed or out of sorts let the crystal work on it's own by placing it on your desk or bedside table instead of carrying it with you.

6. If you are working with crystals in your environment, place them in each of the four corners of the room you wish to be filled with clean, positive energy. (Quartz wands should be placed with pointy tip towards the centre of the room). They will work their magic here, alone. Every few months repeat the cleansing, moon bathing and intention setting steps (1-3) to increase their positive power.

### List of New & Full Moon dates 2012

Full; Jan 9 2012 New; Jan 23 2012

Full; Feb 7 2012 New; Feb 21 2012

Full; Mar 8 2012 New; Mar 22 2012



Full; Apr 6 2012 New; Apr 21 2012  
Full; May 6 2012 New; May 20 2012  
Full; Jun 4 2012 New; June 19 2012  
Full; Jul 3 2012 New; July 19 2012  
Full; Aug 2 2012 New; Aug 17 2012  
Full; Aug 31 2012 New; Sept 16 2012  
Full; Sep 30 2012 New; Oct 15 2012  
Full; Oct 29 2012 New; Nov 13 2012  
Full; Nov 28 2012 New; Dec 13 2012  
Full; Dec 28 2012

I wish you much good energy this year by working with the beautiful energy of crystals for the improvement of your own life, everyone who has the joy to know you, and that of the planet!

Warmly yours,

*Samantha -*

Samantha Honey.  
Certified Master of Crystology (MCE)

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