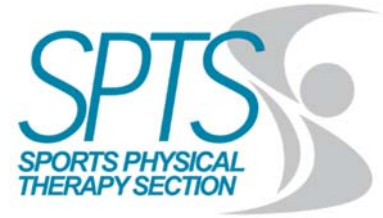


# Combined Sections Meeting (CSM) Sports Physical Therapy Section Programming Schedule

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Section Program Chair: Erik Meira

Vice Chair: Michael Mullaney

Dates, times, and presenters subject to change.

## SPTS Pre-Conference Courses

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### **Examination of the Knee and Shoulder**

**Sponsored by the Knee and Shoulder SIGs**

Sunday, February 2, 2014 – Monday, February 3, 2014

8:00am – 5:30pm each day

George Davies, Christine DiLorenzo, Robert Manske, JW Matheson

### **Concussion: Latest advances in evaluation, prognosis, and management of athletes**

**Sponsored by the Emergency Response SIG**

Monday, February 3, 2014

8:00am – 5:30pm

Anne Mucha, Michael Collins, Susan L. Whitney, Cara Troutman-Enseki, Brian Hagen

### **Establishing a Running Clinic: More than a Treadmill and a Camera**

**Sponsored by the Running SIG**

Monday, February 3, 2014

8:00am – 5:30pm

Blaise Williams, Bryan Heiderscheit, Scott Miller

### **Who's Ready to Play? A Pre-Participation Screen & Return to Play Lab Course**

**Sponsored by the Youth Athlete, Intercollegiate/Professional Athlete, and Sports Performance/Enhancement SIGs**

Monday, February 3, 2014

8:00am – 5:30pm

Douglas Adams, Kurt Gengenbacher, Barbara Hoogenboom, Ari Kaplan, Phil Plisky

## **SPTS Educational Sessions**

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**Tuesday, February 4, 2014**

**8:00am – 10:00am**

**Return to Sports for the Upper Extremity: A Functional Testing Algorithm**

**Sponsored by the Shoulder SIG**

George Davies, Todd Ellenbecker, James Irrgang, Kevin Wilk

**Taking the Run out of Running: Cross-training and Fitness for the Runner**

**Sponsored by the Sports Performance/Enhancement and Running SIGs**

Blaise Williams, Kari Brown Budde, Scott Miller

**Sports Physical Therapy: What Makes Us Unique?**

**Sponsored by the Residency SIG**

Edward Mulligan, Mark Reinking, Mark Weber, Michael Rosenthal

**11:00am – 1:00pm**

**Running Injuries from Youth to the Collegiate Athlete**

**Sponsored by the Youth Athlete and Running SIGs**

Jeffery Taylor-Haas, Mitchell Rauh, Mark Reinking, Kathryn Hickey

**Developmental Considerations Across the Lifespan of the Throwing Athlete**

**Sponsored by the Youth Athlete and Shoulder SIGs**

Chuck Thigpen, Ellen Shanley, Kevin Wilk

**Ethics and Sports Medicine**

**Sponsored by the Residency SIG**

Bruce Greenfield, George Davies, Laura Lee Swisher

**3:00pm – 5:00pm**

**Current Concepts and Controversies in Rehabilitation of the Throwing Athlete**

**Sponsored by the Shoulder SIG**

Todd Ellenbecker, George Davies, Kevin Wilk, Marc Safran

**Pearls for the Tough Ones: Manual and Exercise Techniques**

**Sponsored by the Sports Performance/Enhancement SIG**

Walter Jenkins, Terry Malone, Tim Tyler, John DeWitt, Daniel Lorenz, Robert Manske

**Epidemiology and Prevention of Subsequent Injury: Returning to Sport After Athletic Injury**

**Sponsored by the Hip, Youth Athlete, and Intercollegiate/Professional Athlete SIGs**

Mark Paterno, Mitchell Rauh, Ellen Shanley

**Sports Platforms: Rehabilitation Following ACLR**

Research Chair: Chuck Thigpen; Vice Chair: Phil Page

**Wednesday, February 5, 2014**

**8:00am – 10:00am**

**Current Concepts and Controversies in Rehabilitation of the Throwing Athlete (Encore Presentation)**

**Sponsored by the Shoulder SIG**

Todd Ellenbecker, George Davies, Kevin Wilk, Marc Safran

**Articular Cartilage Injury to the Knee: Update on Surgical Techniques and Rehab Management**

**Sponsored by the Youth Athlete and Knee SIGs**

Brian Eckenrode, James Carey, Mark Paterno, Laura Schmitt

**Run a Mile in my Shoes: Running Shoe Recommendations for Patients**

**Sponsored by the Running SIG**

Blaise Williams, Scott Miller, Bryan Heiderscheit

**Rehabilitation Considerations for the Female Athlete**

**Sponsored by the Hip and Female Athlete SIGs**

Marisa Pontillo, Barbara Sanders, Teresa Schuemann, Holly Silvers, Janice Loudon, Barbara Hoogenboom

**Sports Platforms: Sports Residency**

Research Chair: Chuck Thigpen; Vice Chair: Phil Page

**11:00am – 1:00pm**

**Screening, Differential Diagnosis, and Treatment of Patellar Instability**

**Sponsored by the Knee SIG**

Barton Bishop, Mark Paterno, Robert Manske, John DeWitt

**Plyometric Training Programs for the Shoulder Complex**

**Sponsored by the Sports Performance/Enhancement and Shoulder SIG**

George Davies, Todd Ellenbecker, Bryan Riemann

**Tuning-up the Triathlete: Biomechanical Basics of Swimming, Cycling, and Running**

**Sponsored by the Hip and Running SIGs**

Shefali Christopher, Janice Loudon, Robert Butler

**Sports Platforms: Rehabilitation of the Athletic Shoulder and Elbow**

Research Chair: Chuck Thigpen; Vice Chair: Phil Page

**3:00pm – 5:00pm**

**ACL Injury Prevention: Past, Present, and Future**

**Sponsored by the Youth Athlete, Knee, and Female Athlete SIGs**

Carol Ferkovic, Susan Sigward, Holly Silvers, Mark Paterno

**Science and Clinical Application: Manual Therapy for the Shoulder Complex**

**Sponsored by the Shoulder SIG**

George Davies, Christine DiLorenzo, Robert Manske, JW Matheson

**Return to Play: Overview of Clearance Criteria for Specific Populations**  
**Sponsored by the Intercollegiate/Professional Athlete, Knee, and Shoulder SIGs**  
David Logerstedt, Richard Willy, Michael Reinhold, Joseph Zeni

**Sports Platforms: Excellence in Research Award**  
Research Chair: Chuck Thigpen; Vice Chair: Phil Page

**Thursday, February 6, 2014**

**8:00am – 10:00am**

**The Unstable Shoulder Spectrum: Spanning the Acromioclavicular Joint, Labrum, and Chondral Lesions**

**Sponsored by the Shoulder SIG**

Drew Jenk, Peter Millet, Dirk Kokmeyer, Kevin Wilk, Todd Ellenbecker

**Re-training Movement Behavior for ACL Injury Prevention and Rehabilitation: Strength or Motor Control?**

**Sponsored by the Hip, Knee, and Sports Performance/Enhancement SIG**

Christopher Powers, Beth Fisher

**Complicated Patient - Sports Edition**

Jason Hugentobler, Anthony Perrone, Christian Appel, Kari Brown Budde, Christine M. Panagos, Christy Zwolski, Paul Kline, Kathryn Hickey, Kyle Sela, Jonathan Sylvian, Travis Obermire

**Sports Platforms: Return to Sports after ACLR**

Research Chair: Chuck Thigpen; Vice Chair: Phil Page

**11:00am – 1:00pm**

**A Guide to Exercise Prescription for Common Lower Extremity Pathologies: A Biomechanical Evidence Basis**

**Sponsored by the Sports Performance/Enhancement and Hip SIGs**

Michael Reiman, Robert Manske, Lori Bolgla, Daniel Lorenz

**Physical Therapy for Golfers Through the Lifespan**

**Sponsored by the Golf and Golf Performance SIG**

Jon Rhodes, Ross Brakeville, Lindsay Becker

**Minimizing Injuries and Enhancing Performance in Youth Baseball Players**

**Sponsored by the Shoulder and Youth Athlete SIGs**

Rafael Escamilla, Kevin Wilk, Kyle Yamashiro

**Sports Platforms: Functional Sport Testing**

Research Chair: Chuck Thigpen; Vice Chair: Phil Page

**3:00pm – 5:00pm**

**The ACL Reconstruction: Rehab Update and Return to Activity**

**Sponsored by the Knee and Sports Performance/Enhancement SIGs**

Barton Bishop, Terry Grindstaff, Kevin Wilk, Daniel Lorenz

**Ulnar Collateral Ligament Reconstruction: From Injury to Opening Day**

**Sponsored by the Shoulder and Intercollegiate/Professional Athlete SIGs**

Andrew Naylor, Timothy Kremchek, Mitch Salsbery, Drew Jenk

**Evaluation and Treatment of the Injured Runner: A Movement System Approach**

**Sponsored by the Hip and Running SIGs**

Gregory Holtzman, Judy Gelber, Ryan DeGreeter

**Sports Platforms: Advances in Running Science**

Research Chair: Chuck Thigpen; Vice Chair: Phil Page

## **SPTS Events and Meetings**

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**Tuesday, February 4, 2014**

**6:30pm – 8:00pm**

**SPTS TeamMates Happy Hour**

**Wednesday, February 5, 2014**

**7:00am – 7:45am**

**Shoulder, Hip, and Knee SIG Business Meetings**

**Running SIG Business Meeting**

**Residency SIG Business Meeting**

**6:30pm – 7:30pm**

**SPTS Business Meeting**

**7:30pm – 7:45pm**

**SPTS Foundation Auction**

**7:45pm – 9:30pm**

**SPTS Awards Ceremony**

**Thursday, February 6, 2014**

**7:00am – 7:45am**

**Intercollegiate/Professional Athlete, Sports Performance/Enhancement, and Emergency Response SIG Business Meetings**

**Female Athlete, Youth Athlete, and Physically Challenged Athlete SIG Business Meetings**

**Golf and Golf Performance SIG Business Meeting**