

Teamwork Read-Aloud



Books:

Cook-a-doodle-Do by Janet Stevens
The Giant Ball of String by Geisert
The Little Red Hen and the Ear of Wheat by Finch
One For All—All For One by Weninger
The Giant Carrot by Peck
The Little Red Hen by Sturges or Barton
Stone Soup by Muth (or *Bone Soup* by Evans or *Ugly Pie* by Wheeler)

Teamwork Activities:

Cooperative Musical Chairs

Play begins just like standard musical chairs: one chair for each player is set in a circle facing outward then one chair is removed. Players walk around the chairs to music; when the music stops suddenly, everyone must find a chair. The "cooperative" twist is that no one is out; as chairs are removed each round, all the players must find a way to balance themselves on the remaining chairs without their feet touching the ground.

Human Knot

Human Knot can be played with as few as three people, though more players make the game more challenging. Have everyone stand in a circle and reach both hands into the middle of the circle. Grab the hands of two different people. Once everyone is holding hands, try to untangle the knot without letting go of one another. This requires patience and cooperation.

Ball Pass

Using a nerf foot ball, or slightly deflated football, have the kids stand in a line around the perimeter of the room. Have the first kid bend arms at the elbow and put hands behind their neck. Put the ball between the kid's elbows and have him hold it, turn to the person behind him and pass it to that person. Once the first kid has passed it to the second kid, the first one goes to the end of the line. Have the kids pass the ball all the way around the room this way. If you are holding the ball, you can't walk, you can only turn and pass it to the next person. For a variation, have the kids lie on the floor, in a line, head to foot. Put the ball between the first kid's feet and have him hold it and lift his legs up and over his head to the next person's feet. The next person grabs the ball with his feet and does the same thing.

Read more at <http://www.livestrong.com/article/208640-team-building-activities-for-families/#ixzz1SSwSULZP>

Other good team-building options include storytelling memory games, including the Traveling Story, where one player starts by saying, "I am going on a vacation, and I am going to take a _____," and then another player repeats what the first player said and adds another item to the list. Read more at <http://www.livestrong.com/article/212163-team-building-exercises-for-families/#ixzz1SSvyrPhi>