#### REGISTRATION FORM

Dementia & Alzheimer's Awareness Conference November 14, 2014

November 14, 2014
Conference Fees Conference fee is nonrefundable Registration must be received by November 10  [ ] \$125 Tuition Includes printed materials, lunch and CEs
Name
Company
Address
City, St, Zip
Phone Fax
Email
Method of Payment  [ ] Check   (Make payable to Hope Dementia & Alzheimer's Services)  [ ] Credit card VISA MasterCard AmEx   Credit card no Exp. dateCVN Cardholder name Billing address
Continuing Education Units  [ ] Yes, I am requesting CEs License #  License # required to receive CEs  Professional Discipline (circle one):
RN/LPN LICSW Health Care Admin OT/PT
Activ. Prof LMHC Psychologist CNA HHA
[ ] Certificate of Participation Only
Continuing credit is provided by Commonwealth Educational Seminars (CES)
Psychologists, LICSWs, RNs, LPNs, CNAs, HHAs, OT/PT, Nursing Home Admins and Activities Professionals are eligible for 6.0 CE hours of credit for this

### Mail or fax this form & payment to:

criteria. More CE info at HopeDementia.org

Hope Dementia & Alzheimer's Services 765 Attucks Lane Hyannis, MA 02601

conference. Disciplines not listed need to check with their licensing board for CE

P: (508) 775-5656 F: (508) 790-9333 **Register online:** HopeDementia.org

Alzheimer's Services

Cape Cod & the Islands

765 Attucks Lane Hyannis, MA 0260

Are You at Risk?
17th Annual Dementia &
Alzheimer's Awareness Confere

17<sup>th</sup> Annual Dementia & Alzheimer's Awareness Conference

# Are You at Risk?

**Friday, November 14, 2014** 8:00 a.m. - 3:30 p.m.

**DoubleTree by Hilton Cape Cod** 287 Iyannough Road, Hyannis, MA 02601

Continuing Education: 6 CEs





Formerly Alzheimer's Services of Cape Cod & the Islands

## ARE YOU AT RISK? 17<sup>th</sup> Annual Dementia & Alzheimer's Awareness Conference

There are many factors that can eventually lead to dementia. Some factors, such as age, can't be changed. Others can be addressed to reduce your risk. As you age, the risk of Alzheimer's disease, vascular dementia and several other dementias greatly increases, especially after age 65. However, dementia isn't a normal part of aging and dementia can occur in younger people. If you have a family history of dementia, you're at greater risk of developing the condition. Many people with a family history of the disease never develop symptoms, and some people without a family history do. There are factors everyone can control that help to reduce the risk of developing dementia, such as alcohol use, cholesterol, blood pressure, stress, obesity, diabetes, smoking and stress.

This year's conference presents a roster of leaders in the field of dementia research to help you better understand these risk factors and how they relate to the diagnosis of dementia.

# Conference Highlights



The Memory Systems in Dementia Andrew Budson, MD Associate Director for Research & Education Core Director, BU AD Center

Changes in memory are often the symptoms first noticed in someone

with Alzheimer's disease. Recent developments in the field of cognitive neuroscience help explain the changes to the different memory systems in the brain when they are disrupted by dementia. Episodic memory, the memory system used for remembering episodes of our life, will be highlighted.



Current Clinical Trials & Prevention

Gad A. Marshall, MD Associate Medical Director of Clinical Trials, BWH Center for Alzheimer Research & Treatment Associate Neurologist, Brigham and Women's Hospital

Dr. Marshall will discuss his most recent work involving the use of clinical and biomarker data to update us on the research advances going on in the field of Alzheimer's disease and in early detection.



How Acute Illness Effects Alzheimer's Disease

Juergen H.A. Bludau, MD Chief, Clinical Geriatric Services, Brigham and Women's Hospital; Instructor, Harvard Medical School

When people with dementia become ill, the symptoms are often difficult to comprehend, leading to unfortunate consequences. Dr. Bludau will follow a patient from home through the emergency room, into the hospital, describing typical signs and symptoms and how to understand changes.



Mindfulness Meditation in Practice

Adam Liss Cape Stress Reduction & Optimal Health

The stress of caring long term for someone with dementia can be overwhelming. This is an interactive session that will teach you the tools to manage stress and become present in the moment.



8:00 a.m. - 8:50 a.m. Registration 8:50 a.m. - 9:00 a.m. Welcome

9:00 a.m. - 10:30 a.m. The Memory Systems in Dementia
Andrew Budson, MD

10:30 a.m. - 10:45 a.m. Break

10:45 a.m. - 12:00 p.m. Current Clinical Trials &

**Prevention**Gad Marshall, MD

12:00 p.m. - 12:45 p.m. Lunch

12:45 p.m. - 2:00 p.m. How Acute Illness Effects

**Alzheimer's Disease** Juergen Bladeau, MD

2:00 p.m. - 2:15 p.m. Break

2:15 p.m. - 3:30 p.m. Mindfulness Meditation

in Practice
Adam Liss

#### Location and date:

Friday, November 14, 2014 DoubleTree by Hilton Cape Cod 287 Iyannough Road, Hyannis, MA 02601

Register online at HopeDementia.org

# **Conference Sponsors**

**Breakfast Sponsor** 



**Lunch Sponsor** 





