



The Shofar

Shaare Tefila Congregation

קול
השוֹפָר

Celebrating our 63rd year

Vol. 63 #2

October 2013—Tishrei /4



FROM THE RABBI'S STUDY...

Jewish Aspects of the Christian Bible

When I entered Rabbinical School 25 years ago, interfaith studies were not a part of the core curriculum. We could have taken a few electives at the Protestant Union Theological Seminary across the street, but few of us did. There was so much we had to master in Jewish texts – Bible, Talmud, thought, etc. – that most of didn't see the need to learn about Christian subjects (let alone Muslim, Hindu or any other religion!).

It's only since I've been a rabbi that I realized that learning about Christianity would have been very helpful. In my first congregation in Lowell, MA, I was the only rabbi in the interfaith clergy group. I could represent Judaism well but I had to learn about Christian topics on the fly. Not the best way to fully participate in interfaith relations.

Over the years I have done more reading, and then to my great pleasure a book was published 2 years ago that opened my eyes. The Jewish Annotated New Testament, edited by Amy-Jill Levine and Marc Zvi Breitler and published by Oxford is an excellent text and guide. Not only does it introduce each book of the Christian Bible, it also has very enlightening essays about early Christian history and Jewish influences.

I plan on teaching my Fall adult education class on this book. Many of us went to public school and became friends with Christians (I didn't!). We may have gone to church with our friends and we may be familiar with some very basic Christian ideas. But this course will introduce us to the text and ideas of the Christian Bible. We will meet on 6 Wednesdays from October 9-November 13, after minyan (7:45pm) – 9pm in the Grosberg-Baumgart Chapel. If you can't make the class in person, you can watch live on your computer, or at any time. Website info will follow.

I look forward to studying with you once again.

B'vracha,

Rabbi Jonah Layman

rjlayman@shaaretefila.org



FROM THE PRESIDENT...

L'Shana Tov to everyone. As expected, last month was a holiday spectacular and it was great to see our Congregation getting together for all of the occasions. What a full house we had for the High Holidays, followed by several Sukkot celebrations,

and of course, Simchat Torah. Our Simchat Torah honorees this year, **Ethel Levine** and **Charlotte and Maurice Potosky**, could not be more deserving. While **Ethel** is not acting in her capacity as Sisterhood co-President she organizes Shabbat Kiddush, plays a key role on our Chesed Committee and volunteers for anything and everything at Shaare Tefila. The **Potoskys** have been active in Shaare Tefila for over 40 years. **Moishe** is a past Congregation President and regular minyonaire and **Charlotte** is instrumental in the kitchen for Shabbat and has remained active in Sisterhood for many years.

Now that Rosh Hashanah and Yom Kippur are behind us I want to thank all of you who responded to my request for comments about our High Holiday experience. These comments will mark the beginning of a review of our services and an overall reflection on these most important days of the year at Shaare Tefila. The leadership of the congregation will use your comments as a guide to help us make improvements to all aspects of the Holidays at our synagogue.

I also want to thank our most generous donors who truly stepped up to help make our Kol Nidre appeal for financial contributions a tremendous success. Even though we were slightly behind our budgeted goal just prior to Yom Kippur, we had several donors agree to match the Kol Nidre pledges. This incentive challenge proved to make the fund raising that night one of the most successful in many years and allowed us to meet our budgeted goal for Kol Nidre. Without these added contributions, and of course the matching incentive, we would not be able to provide the added programming we will be seeing this coming year.

Speaking of programming, I want to make a special mention of the upcoming programs on aging. The first of this four-part series will be on Sunday, October 13 and the subject will be about the financial and legal strategies you can use today to plan for tomorrow.

The program will be led by Mindy Felinton along with a representative from the Jewish Social Service Agency. Also in October be sure to join us for Shabbat Services when we kick-off the new year with two "Taste" programs, one in study on October 12 and the other in song on October 19 led by **Rabbi Layman** and **Can-tor Wendi**. And of course, we will be celebrating with the **Levy** family when their youngest daughter, **Alycia**, becomes a Bat Mitzvah during the Saturday evening Mincha and Havdalah service on October 26.

I look forward to seeing you all in Shul,

David Ronis



Sisterhood

Chag Sameach, G'mar Tov. Happy holidays to one and all. As we write this article, we can hear lots of hammering outside as the neighborhood is putting up their sukkot. Fall is in the air and our Paid Up Membership dinner is fast approaching on

October 21.

As Sisterhood looks forward to the coming year, we hope that you will join us. Whether you are renewing your membership or joining us for the first time, we welcome **YOU!** Sisterhood needs your input and your many ideas. Shaare Tefila Sisterhood includes women of all ages and backgrounds that link us locally and nationally.

As we thank you for becoming a member of Sisterhood, we invite you to mark your calendars for all of the events scheduled for this year. We urge you to look at the Sisterhood link on the synagogue website to access the calendar and dues form. Although new members receive free membership for the year, we still need for you to complete the membership form and include your check for your dinner reservation. Please send this to **Elaine Stein** as soon as possible.

The theme for this year's Torah Fund, is Mishpacha or family. It is our philosophy that no family or individual stands alone. By combining these two thoughts we are destined to do great things together.

Looking forward to seeing you in shul and at the dinner on October 21st as well as our other programs.

Be on the lookout for more information on the Make-One-Take-One program on November 10. When we're together in the kitchen there's bound to be mischief, and who knows, it could lead to dancing ...ask us about that one!

Ethel Levine and Fran Kensky, Co-Presidents

Belated High Holiday Greetings

Charlie & Fran Futrovsky & Family
Marvin Roth & Harriet Steinhorn-Roth
Jeff & Jamie Schwartz & Family
Joseph & Ann Shuman

THE SHOFAR

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Opinions expressed herein are not necessarily representative of the **Shaare Tefila Congregation**, the editorial staff of this newsletter, its employees or membership.

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October Tributes

Andrea Z. Tilles Memorial Chesed Fund

In honor of

Saul and Sherry Cohen's new grandson

Hal & Elaine Stein

In memory of

Gertrude Froehlich

Hal & Elaine Stein

Rabbi Philip Kieval

Ira & Valerie Kolmaister

Jessica Auerbach

Michael & Anita Froehlich

Ethel Weiss

Michael & Vivienne Auerbach

Gertrude Froehlich

Michael & Vivienne Auerbach

Sary Hartendorp-Bom

Michael & Vivienne Auerbach

Michael Levy's mother and father

Michael & Vivienne Auerbach

Simon Kolmaister

Michael & Vivienne Auerbach

Samuel Zimmerman

Milton & Susan Goldsamt

Building Fund

In honor of

Max Kantzer's 60th birthday

Barry & Susan Katz

Max Kantzer's 60th birthday

Michael & Anita Froehlich

In memory of

Gertrude Froehlich

Harvey & Esther Sonin

Samuel Zimmerman

Hyman & Cilla Grosberg

Richard Futrovsky

Hyman & Cilla Grosberg

Joseph Mund

Irving & Mildred Flyer

Florence Feinstein

Jay & Joyce Feinstein

Irvin M. Eskin

Marian Lorber

Jessica Auerbach

Max Kantzer & Patricia Greene

Rabbi Philip Kieval

Max Kantzer & Patricia Greene

Samuel Zimmerman

Michael & Anita Froehlich

Cantor's Discretionary Fund

In honor of

Florence Lipsky's special birthday

Larry & Ellie Alpert

Shaare Tefila

Victor & Lois Seigel

In memory of

Beatrice Saphier

Stewart & Jane Saphier

Chavaya Donation

In honor of

Books for Chavaya

Shawn & Heather Miller

D. Joseph Williamowsky Scholar-in-Residence Fund

In memory of

Chaim Williamowsky

Manny & Biddie Ginsburg

Education Fund

In honor of

84th anniversary of

Alan & Adriana Sandler

Herbert Block's Bar Mitzvah

The 70th wedding anniversary of

Donald & Carol Helfer

Joy and Mel Berkman

Philip and Carol Wendkos

Shaare Tefila Education Fund

Ralph & Ecille Shapiro

Shaare Tefila

In memory of

Cornelis Hartendorp

Alan & Adriana Sandler

Max Sandberg	Andrew & Marlene Sandberg
Gertrude Adem	Art & Joy Podolsky
Lillian Werlin	Bill & Barbara Harkaway
Dorothy Feinberg	Donald & Carol Helfer
Nathan Fradin	Eric & Ellen Beebe
Rose Gottheim	Fern Gottheim
Helen Kieval	Gershon & Diane Kieval
Joseph Tracer	Harvey & Judy Peritt
Sarah Block	Herbert Block
Gertrude Froehlich	Hyman & Cilla Grosberg
Jessica Auerbach	Hyman & Cilla Grosberg
Rabbi Philip Kieval	Hyman & Cilla Grosberg
Stanley Scher	Ila Swartz
Annie Bloom	Iris Bloom
Rudy Mund	Irving & Mildred Flyer
Jessica Auerbach	Jack & Bess Teller
Ruth Longo	Lee Lunden
Ida Lipsky	Phillip Goldman
Samuel Mellner	Robert & Audrey Haber
Ida Goldstein	Rose Halpern
Max & Anne Newhouse	Ruth Newhouse
Louis Zendel	Sheila Marcus
Sylvia and Ted Frank	Sid & Sue Schwartz

Harold Fink Israel Quest Fund

In memory of
Rabbi Philip Kieval

Barbara Fink

Nathan Rubinstein Youth Fund

In honor of
Saul and Sherry Cohen's
new grandson
Mark and Karen Kaufman's
new granddaughter

Rita Rubinstein

Rita Rubinstein

Rabbi's Discretionary Fund

In honor of
Max Kantzer's Birthday
Max Kantzer's special birthday

Daniel & Lisa Akman
Gershon & Susan Levin

In memory of
Evelyn Frankel Sragow
Horace Sragow

Ruth Newhouse
Ruth Newhouse

Speedy Recovery to
Rachel Teller Gilker and Bess TellerJesse & Deborah Stiller

Siddur or Chumash Dedication

In honor of
My Wonderful, Caring Daughters Sylvia Potash

In memory of
Louis and Ida Lipsky
Sam and Bella Goldman
Irving Lipsky
Henry and Rosalie Goldman

Phillip Goldman
Phillip Goldman
Phillip Goldman
Phillip Goldman

Shaare Tefila Hosts Four-part Series on Aging to take place in October & November:

On October 13th and October 27th, 2013, at 10:00 am, Shaare Tefila Congregation will host the first two programs in a FREE four-part series on Aging called "Consider the Conversation: Life Transitions for Aging Seniors & Those Who Care About Them." The first program will address financial and legal Strategies for advanced planning, and be led by Mindy Felinton of Felinton Elder Law & Estate Planning. Our second program on Health Care and Housing will be led by Mindy Felinton and a representative from the Jewish Social Service Agency (JSSA). Mindy Felinton is a lawyer who practices Elder Law consisting of asset protection, Medicaid planning, wills, trusts and estate planning within the states and cities of Florida, Maryland, and Washington D.C. She has over 31 years of experience and prides herself on her ability to go beyond the mere legal document preparation and invest the time necessary to understand individual circumstances, objectives and goals.

JSSA helps people across the Washington metropolitan area meet emotional, social, and physical challenges and provides services and support including in-home support, hospice and nursing care, and social services.

It's hard to believe that baby boomers, born between 1946 and 1964, are approaching retirement age. In fact, the oldest baby boomers turned 60 in 2006, and when the trend peaks in 2030, the number of people over age 65 will soar to 71.5 million -- one in every five Americans. Based on these statistics, the need for planning ahead for our retirement and later years in life is crucial. As we age, our health, financial and legal risks increase and at the same time, our ability to make important and complicated decisions may be compromised due to health and other issues. This is why planning today for tomorrow is so important. Getting one's affairs in order, and planning from a younger age for our later years, can provide a peace of mind, for us and for our loved ones later.

As the population grows older and life expectancy increases, more and more people also find themselves responsible for the care of one or both elderly parents. Should you find yourself in the role of caretaker, it's important to know that you have options. The more you understand how elder care changes the landscape of housing, healthcare, insurance, and financial decisions, the easier it can be to make informed decisions. Having your parents age as gracefully as possible is important. So, too, is having the confidence that you've made the right decision for them during a potentially stressful time.

As we age, there are many important conversations that need to be had with our loved ones. Many people are concerned about their aging parents and want to talk with them about estate planning and healthcare, but this can be a difficult conversation to have. Frequently, parents don't want to discuss these subjects because they don't like thinking about their own mortality, because they're afraid that estate planning will involve a loss of independence and control. Children can also be uncomfortable, and hesitant to bring up the subjects of legal and financial planning, and healthcare for many reasons. Yet this is one of the most important conversations a family can have. Parents who don't engage in estate planning risk losing their assets to taxes, having their assets go to people they wouldn't have chosen, and making it difficult for their children to care for them and make the right decisions in an emergency. There are also important conversations to be had with family members, (Continued on next page, Aging...)



Do you know ...?

Doreen Bonnett and **Lenny Tober** and their youngest, **Jonathan**, went to the Poconos with **Lenny's** parents, **Ann** and **Ben**, his youngest brother, Gary, and Gary's daughters, Nikki and Alexa, in August. It was a quiet and relaxing weekend away from the heat and humidity. **Jonathan** and **Lenny** also went to Florida to visit **Ann** and **Ben** and the two older kids, Josh and Shira. **Doreen** was too busy at work to go but made it to Hull, MA, for her brother-in-law's 50th birthday. Thumbs up to cherry mojitos on the beach.

The **Grosberg** family had much to celebrate during this past summer. **Dr. Daniel Grosberg** graduated from the University of Maryland Dental School with his DDS degree and **Dara Radnor** graduated from Loyola University with her Masters in Clinical Psychology. **Dara** is continuing her education with a PsyD at American School of Professional Psychology (ASPP) at Argosy University Washington, DC in Clinical Psychology with an emphasis on Forensic Psychology. **Dr. Daniel Grosberg** has joined the family practice of Grosberg Family Dental Care. In addition, **Hy** and **Cilla** are thrilled about the engagement of **Daniel Grosberg** to **Chloe Hochrad**. **Chloe** and **Daniel** met while **Daniel** attended dental school in Baltimore, Maryland. **Chloe** is originally from Jacksonville, Florida...she is the daughter of Lauren and Howard Hochrad and has 3 sisters. A November 2014 wedding is scheduled at Shaare Tefila. **Hyman** and **Cilla** also celebrated their 35th anniversary on August 20, 2013. To help celebrate all these wonderful simcha's the **Grosberg** family took a trip to Aruba.

George and **Marilyn Kessler** have been participating in the Maryland and the National Senior Olympics for many years. **George** began when he retired in 1986. He participates in Softball, Bowling and Shuffleboard. **Marilyn** began after she retired in 1997. Her sports were Racquet Ball, Table Tennis and Shuffleboard. They chose Shuffleboard as a sport so they could compete together as a team. Unfortunately Shuffleboard was cancelled this year for lack of administrative staff and also because not enough people were signed up to participate. On Sept. 9th and 10th of this year **George** bowled in the MD Senior Olympics and was awarded 2 Gold medals. Between them they have accumulated about 150 medals.

Jack Teller, Shofar Editor In Chief
shaarepubs@verizon.net

(AGING) medical professionals, and clergy, to ensure that personal desires related to progressive care, burial and mourning are understood and addressed accordingly.

The last two programs in our four-part series, will take place on November 17th and November 24th, and will deal with the importance of creating pathways to positive dialogue. There will be a film screening, on November 17th, of "Consider the Conversation: A Documentary on a Taboo Subject," followed by a discussion led by JSSA Hospice Staff. On November 24th, Rabbi Jonah Layman, Joyce Torchinsky, Owner and Managing Funeral Director of Torchinsky Hebrew Funeral Home, and Ellen Lebedow, of JSSA will lead the session.

We hope to see adults of all ages attending this most important series that we are bringing to Shaare Tefila. Please see the ad in this issue of the Shofar or check our web-site and phone in your registration for one or all parts of the series to the Shaare Tefila office at 301-593-3410. This is a free series and open to the community, so please bring along your family, friends and colleagues. Submitted by **Lisa Arber**

DR. HERBERT BLOCK CHANTS HIS HAFTORAH AT AGE 97



On August 24, **Dr. Herbert Block's** family, there to celebrate the event, and other attendees at Shaare Tefila Congregation's Shabbat morning services were treated to a longtime member, **Dr. Herbert Block's** chanting his Bar Mitzvah Haftorah. That might seem routine in a life cycle sense except that--- this was the 84th anniversary of his reaching age 13 and being Bar Mitzvahed! For some years he has annually chanted his Haftorah in this manner. At Saturday services, he again was duly called to the Torah by the gabbai, **Maury Potosky** (although with a grander flourish than usual, given his exalted age). He then proceeded to chant all the necessary blessings and Haftorah, just as any other Bar Mitzvah boy would do. He and his family also graciously sponsored the morning's kiddush.

During the service, **Rabbi Jonah Layman** mentioned that **Dr. Block** (who holds a doctoral degree in Public Administration and who retired from the federal government as "Deputy Assistant Postmaster General for Personnel") still attends and actively participates in Shaare Tefila's weekly Torah study class. He has published two articles in Bible Quarterly.

Herb's productive life also has extended to channeling his drive, talents, and intelligence into computers. He has revitalized a fairly dormant Macintosh computer users club at Leisure World. Under his leadership, the club has gone from six to over 100 members, an impressive achievement.

Yasher Koach, **Herb!!**

Written by **Milt Goldsamt**,
Shaare Tefila Publicity Committee



ROSE AND GEORGE TELLER PRESCHOOL CONNECTIONS

At Gates of Discovery: The Rose and George Teller Preschool of Shaare Tefila, we believe that it is the role of the teacher to thoughtfully listen to children as they play and explore, determine their deep interests and then offer a plan that will enable them to choose the next direction their learning will take.

But often when we listen to the children, we find that there are several possible directions that their conversations may take us. How to establish the path that we will follow under these circumstances is the driving motivation behind our thinking.

To guide our choices, each year we choose a concept through which to channel the interests of the children. Seeing the interactions and activities in the class through this lens helps us focus the learning and create ties between students, teachers and the different classes.

For the 2013-2014 school year, we have chosen the concept of “Connections” as our lens. In order to form connections, we have to allow ourselves to be seen – really seen. We need to look inside of ourselves and ask, “Who am I and how do I connect to the world around me?”

Exploring connections between ourselves and other people, concepts, materials or our environment lets us learn about ourselves as we learn about the greater world and our relations. When we feel connected, when we know that we are seen and still valued, loved and accepted, we begin to understand our worth and all that we have to offer.

Connection is why we’re here – it’s what gives purpose and meaning to our lives. But a funny thing happens when you talk to people about connection – they start to tell you about times when they felt disconnected. And what is this thing that unravels connection? Turns out it’s shame. Shame can be easily understood as the fear of disconnection: Is there something about me that, if other people knew, they wouldn’t think me worthy of connection. At some point everyone thinks, “I’m not good enough” or “I’m not rich enough” or “I’m not smart enough.” And this excruciating vulnerability is a universal experience. The only people who don’t experience it are those who also cannot feel empathy. Or connection.

That’s why, when we look at a perfect little baby, our job is not to say, “Look at her, she’s perfect. We need to keep her perfect.” Our job is to say, “You’re imperfect, but you’re wired for struggle, and you’re worthy of love and belonging. And we see you and we love you for who you are.”

To remind us of the importance and variety of connections, we have placed several quotes that highlight different ideas about connections throughout the school hallway. We encourage you to read them as you wander the school and think about how the concepts represented here influence the relationships in your life and the lives of your children.

Beth Adler,
Early Education Director



CHAVAYA:

October marks the end of the Jewish Holidays and the beginning of our Religious School routine. October will also enable our staff to put the finishing touches on our retreat preparation, which will take place on November 2nd and 3rd at the Lathrop E. Smith Center. This facility provides us a beautiful outdoor setting and more importantly, time to engage in long, meaningful conversations, juggle ideas back and forth, and yes, enjoy an obstacle course, hiking in the wood, and smores by a campfire.

During the High Holidays and indeed much of the regular Sunday mornings at Religious School we strive to provide connections for our students. We have little time to engage in the “luxury” of the digesting process – from serving cut apples, plated with honey to a meal in the Sukkah, we cannot regularly stop and synthesize our Jewish Experiences. On the retreat, we take that opportunity. By spending long blocks of time in which to deconstruct our practices, we can meaningfully interpret these experiences. Our retreat takes place early in the year when, aside from it being warmer weather, we can have those conversations, role play, delve deep into our collective Jewish psyche, bond into a community to begin a year of learning and exploration.

If we look at the paramount but brief text on informal Jewish Education, the Shema, we see the Torah understands that learning takes place “when you sit in your house, when you walk by the way, when you lie down, and when you rise up.” Transformative learning is not meant for the classroom, but rather when we are going about the business of daily life. During the retreat, we will study Jewish texts as well as live together for a day. There is no way to view a teacher as simply an educator when you are brushing teeth side by side, wearing pajamas and slippers.

In “The Origins of Informal Jewish Education” Jewish Educator, Barry Chazan discusses the following characteristics which define informal Jewish Education:

a focus on the learner; a concern for Jewish experience; a curriculum of experiences; interactivity; group process; a culture of education; an engaged mood; and a holistic Jewish educator. It is our belief that a retreat provides a rich opportunity to complement our regular classes and build a collective as well as an individual Jewish identity. Informal Jewish Education dates back to biblical times. In previous generations of course, the neighborhood, the home, and the synagogue all supported our children in forming their Jewish identities.

Our retreat will take place from Saturday night to Sunday afternoon. This arrangement allows us to include the K-2 students during the Sunday portion of the weekend, since there is no arriving and leaving permitted on a Shabbat retreat. This way, our whole school will join together for breakfast and spend the day with us. In addition, we have all the advantages of a non - Shabbat program such as making smores around a campfire on Saturday night, taking pictures on Sunday and as well as live music, and ambitious art projects.

The cost of the retreat is included in tuition. Challah Club is generously preparing meals for us, for which we are very grateful. Parental assistance is welcome. **Carrie Sandler** is our retreat Chairperson, and we appreciate her energy and support of this program. We look forward to sharing with the community details (and pictures) of a successful retreat.

Aviva Janus,
Education Director



Youth Group News Flash...

I am very pleased to expand my role here at Shaare Tefila as the new Youth Director, in addition to my position as Special Programs Coordinator. I look forward to partnering with the Youth Commission, advisors, parents, and children for a very successful year.

We are excited to kick-off the New Year with our first set of youth group programs, Sunday, October 20, 2013, at 12:00 noon. Youth Group membership is open to all Shaare Tefila Youth, as well as age appropriate youth from outside of the Shaare Tefila congregation, at a non-member rate. There are three Youth Groups including: Bonim (Building) for children K through 2nd grade; Machar (Tomorrow) for children 3rd through 5th grade; and our newest group, Kadima, for children 6th through eighth grade.

Our Youth Groups will provide a warm and nurturing environment where children will participate in monthly programs that focus on having fun, and promote lasting friendships within our synagogue community. Positive Jewish Youth Group experiences have proven to build strong Jewish identity and have a significant impact on future involvement in Jewish life and the Jewish community-at-large.

Planning is underway for a wide variety of on-site and off-site programming for all three of our groups. We are also busy hiring Youth Advisors for each of our three groups. As of this edition of the Shofar, we welcome Daniel Grosberg and Chloe Hochrad as the advisors for the Kadima group.

While most programs will take place on Sunday afternoons, we will occasionally hold programs for our older groups on Saturday evenings in lieu of Sundays. Our goal this year is to have 100% of our youth, Kindergarten through 8th grade, to be registered in our Youth Group program. For those teens, 9th through 12th grade, we can also assist in placing you in a local USY group with other teens from our synagogue.

Please click on the links for our Parent Information Sheet; Membership Registration; Medical and Permission Forms; and Behavior Contracts; Participant Interest Form. All forms should be dropped off or mailed in to the Shaare Tefila office and placed in the Youth Director's box. Membership checks should be written to the Shaare Tefila Youth Commission. Please make sure to fill out your forms by October 13th so we can plan appropriately for our first activity.

Look for more information regarding our October 20th program in the Daf, Listserv, Web, and Group Mailings titled "Youth Group News Flash." Mark the following dates on your calendars for Youth Group programs. If there are any Saturday dates, with programs held in lieu of Sundays, they will be on the Saturday preceding the Sunday date mentioned.

Dates Scheduled for programs this year include: October 20th, November 17th, and December 15th, 2013; January 26th, February 23rd, March 30th, April 27th, and May 18th, 2014.

Wishing all of you a Shana Tova,

Lisa Ginsburg Arber, Youth Director

Shaare Tefila Congregation Youth Department

BEHAVIOR CONTRACT

This contract outlines the expectations of Bonim, Machar, and Kadima Youth Group participants, and all synagogue youth making use of the Youth Lounge. Please review this with your child, if he/she is intending to be in one of the Shaare Tefila Youth Groups, or use our Youth Lounge, and sign the bottom of the form.

I, _____, understand that as part of my participation in Shaare Tefila Youth groups and/or while using the Shaare Tefila Youth Lounge, must adhere to the following guidelines to ensure my safety and that of others, as well as to ensure a positive experience for myself, as well as others.

As a participant in a Shaare Tefila Youth Group and/or using the Youth Lounge, I will:

Show respect to all participants and staff.

Be inclusive of all participants and not deliberately exclude anyone at any time during youth programming or while spending time in the Youth Lounge.

Use appropriate and respectful language at all times.

Refrain from causing harm in any way to myself, other participants, or staff, to include harm caused by my body and harm caused by the way in which I use language.

Show respect to equipment, supplies, the Youth Lounge, the synagogue and any other off-site locations/buildings where programs are held.

Follow the Rules of Use posted in the Youth Lounge.

Listen and take direction from staff and/or chaperones.

If anyone behaves inappropriately at any time, we will explore the problem and clarify the expected appropriate behavior. If inappropriate behavior continues, we will contact the parents to address the issue at hand. If inappropriate behavior continues beyond consultation with a parent, the participant youth may be asked to leave the program, youth group and/or Youth Lounge.

Signed by: _____

(child in Youth Group or Lounge)

Signed by: _____

(parent)

CONSIDER THE CONVERSATION:

Life Transitions for Seniors and Those Who Care for Them

Save these dates: October 13, 27; November 17, 24, 2013
10:00 a.m. – 12:00 noon at Shaare Tefila

I am very excited to be able to write that Shaare Tefila has retained the services of **Lisa Arber** as our Program Director again this year.

Lisa is an experienced and renowned educator whose enthusiasm will greatly enhance the programming at Shaare Tefila this year. Our first series of programs addresses the multitude of issues related to aging, caring for our aging loved ones and preparing now for our later years of life. Dealing with issues related to our own aging or that of our loved ones can be a confusing and challenging experience. There are so many issues to deal with that it is easy to become overwhelmed with all that we need to do. Being well informed about the resources available and the steps we can take now to prepare ourselves will reduce the stress we may encounter later. During this series, we will address the following:

Legal and Financial issues: Hear from the experts about issues such as Advance Directives, Estate and Tax Planning, Living Wills, Investment Strategies and Charitable Giving

Medical and Housing issues: At this session we will have experts in the community address issues such as Medicare, Medicaid, Supplemental Health Insurance, Types and Costs of Senior Housing.

Encouraging Positive Dialogue and End of Life Decision Making: At this session we will view the acclaimed documentary film *Consider the Conversation: A Documentary on a Taboo Subject* followed by a panel discussion.

A Rabbinical Perspective on Jewish Life Cycle and Aging: Rabbi Layman will provide a uniquely Jewish perspective on issues related to aging, illness, death and mourning. He will focus on the ways in which we and our loved ones prepare for this life cycle event according to Jewish custom, ritual and law. Count on seeing more information on this important series in the coming weeks. I hope to see you there.

Stuart Carroll
Programming Vice President

Youth Commission Column

Shanah Tovah on behalf of the Shaare Tefila Youth Commission!! Due to the timing of the High Holidays this year, programming will start in October, so I am taking the opportunity to write the Youth Commission column for the month, and to provide some exciting information.

Building on the success of last year, our Bonim (K-2nd grade) and Machar (3rd -5th grade) chapters will be joined by our own Shaare Tefila Kadima (6th - 8th grade) chapter this coming year. As such, programming for our youth in Kindergarten through 8th grade will be run from our building as exclusive Shaare Tefila chapters.

As a community, we have a fabulous opportunity to build unity and friendships among our younger children in a Jewish social setting, and we will offer our Kadima kids the same benefits while also building their leadership skills in a Jewish context. Although we will not house a USY (9th - 12th grade) chapter this year, several of our teens are involved with other USY chapters and the Youth Commission will work with any teens who chose to take this route of involvement. We are well positioned to transition our Kadima kids into our own USY chapter in the coming years.

Of note, two of our teen members have leadership roles in their USY chapters. **Sara Zarny**, daughter of Ellen Radish and Seth Zarny, a senior at Sherwood High School, has retained membership in the Tikvat Israel USY Chapter. Last Spring, she was elected to the role of Vice President for Membership/Kadima for the Seaboard Regional Board. **Emily Levy**, daughter to Michael and me, and a rising Junior at the Charles E. Smith Jewish Day School, is the B'nai Israel chapter Vice President for SATO, Social Action and Tikkum Olam. These girls represent our shul and our values in the community, and the Youth Commission is very proud of them.

I invite you to join **Stacey Relkin Winkler**, **Lois Freedman** and me as we build our Youth Commission to meet the needs of our synagogue's growing youth programs. The Youth Commission will benefit from having members of all ages and stages from our synagogue community. You can contact me by email at ssmdlevy@comcast.net.

Wishing you a Happy and Healthy New Year.

Stefanie Sanders Levy, Chair



Shana Tovah

With Rosh Hashanah just days away, we reflect on the year past while looking forward with great anticipation to the year ahead. This year, in my role as Special Programs Coordinator, I will be working collaboratively with **Stuart Carroll**, Vice President of Programming, synagogue staff/lay leaders and synagogue committees, to bring new and innovative programs to the community.

Coming up in the fall, we will have a four-part series on aging called "Consider the Conversation: Life Transitions for Aging Seniors and Those Who Care for Them (please see Stuart's article for more information on the range of topics to be covered). A second series dealing with Current Events/Views will be hosted in the winter months.

Spring brings a multitude of programming events. I will be working, once again, together with **Cantor Wendi Fried**, on a Purim Shpiel; I am also pleased to be working with **Ethel Levine** and **Stephanie Buckberg** on our successful Mishloach Manot Fundraising and good will program. Yom HaShoah and Yom HaAtzmaut programming are well underway, as well as arrangements to bring in a Scholar-in-Residence who will address our community.

Look in future editions of the Shofar, as well as other communication vehicles for more detailed information about all of these programs. I look forward to working with and for the Shaare Tefila community once again this year and wish all of you a Shanah Tovah. B'Shalom,

Lisa Arber, Special Programs Director

Shaare Tefila Congregation, in collaboration with JSSA, hosts a four-part series on aging.

**CONSIDER THE CONVERSATION:
Life Transitions for Aging Seniors & Those Who Care About Them. Planning Ahead For Your Future**

Part I: October 13, 2013 10 am to 12 noon

Financial and Legal Strategies You Can Use Today to Plan for Tomorrow

Mindy Felinton of Felinton Elder Law & Estate Planning Centers

Areas of Focus: Elder Law, Asset Protection, Estate Planning, Living Wills, Last Will & Testament, Power of Attorney, Revocable Living Trusts, Probate, VA Benefits

Part II: October 27, 2013, 10 am to 12 noon

Health Care and Housing

Mindy Felinton of Felinton Elder Law & Estate Planning Centers & the Jewish Social Service Agency (JSSA)

Areas of Focus: Medicaid, Medicare, Long-term Care Insurance, Progressive Care

Part III: November 17, 2013, 10 am to 12 noon

Pathways to Positive Dialogue: Important Conversations as Part of the End of Life Process

Film Screening: "Consider the Conversation: A Documentary on a Taboo Subject"
JSSA Hospice Staff

Part IV: November 24, 2013 10 am to 12 noon

Rabbis, Rituals, and the Right to Know: Jewish Life Cycle 101

Rabbi Jonah Layman, Joyce E. Torchinsky, Owner and Managing Funeral Director, Torchinsky Hebrew Funeral Home

Ellen Lebedow, LCSW-C, JSSA Community Clinical Liaison

Areas of Focus: Visiting and Caring for Those Who Are Ill; Supporting and Comforting Mourners; Rituals, Laws, Customs and Tradition; Chevrah Kadisha, Burial and Mourning; Counseling and Support Groups; Ethical Wills and Passing on Your Legacy

Free Admission To All Programs. RSVP is not required but we would like to know you are coming.

Contact Shaare Tefila at 301-593-3410

Register for individual sessions, or the entire series!

Location: Shaare Tefila Synagogue; 16620 Georgia Ave.; Olney, MD 20832



VOLUNTEER OF THE MONTH

The Board of Shaare Tefila is proud to announce that we will be featuring a volunteer in each month's Shofar. Below we honor our first "Volunteer of the Month." A special thank you to all who volunteer!"

Our volunteer of the month is **Jeff Weiss**. Along with wife **Fran**, son **Jacob**, and daughter **Hope**, the **Weiss** family have been members of Shaare Tefila for eight years. Jeff has volunteered in many capacities over the years, and is an active member of the Finance Committee.

Most recently, the synagogue was in need of ushers for the High Holiday services, and Jeff stepped up, without reservation at the 11th hour, to assemble a complete group of ushers to facilitate the services. According to Jeff, "I enjoy volunteering as it makes me feel good to help others. Hearing my mom talk of the good feelings and pride of her volunteering experiences has been influential in my desire to volunteer. I especially enjoy volunteering at Shaare Tefila...My Community. Ushering for the High Holidays also provided me with a goal, to ensure the Shaare Tefila Community would be able to pray and experience the High Holidays without interruptions, distractions, and ease of access to and for the sanctuary. The success of my efforts could not have been possible without those who volunteered as ushers."

Thank you Jeff, for your service to Shaare Tefila!!

Shaare Tefila Congregation

YOUTH GROUPS

First Program:

OCTOBER 20, 2013, 12:00 Noon

Introducing:

BONIM (Building)

for Kindergarten through Second Grade

Machar (Tomorrow)

or Third through Fifth Grade

AND NEW THIS YEAR!

KADIMA (Forward)

for Sixth through Eighth Grade

MEMBERSHIP OPEN TO ALL SHAARE TEFILA YOUTH AS WELL AS YOUTH NOT AFFILIATED WITH SHAARE TEFILA (non-member rate)

For more information, look on the daf, web, group e-mails, after the holidays, or

contact **Youth Director Lisa Ginsburg Arber**

arberld@aol.com

See the "Youth Group News Flash" in this edition of the Shofar.



Meet our Bat Mitzvah: Alycia Levy
 Alycia Sarah Levy, daughter of Stefanie and Michael and sister of Emily, will become a bat mitzvah during the Shabbat Mincha service on Saturday, October 26. Aly, as she prefers to be called, has been a part of Shaare Tefila since she was born and attended Shaare Tefila Nursery School. She's now an eighth grade student at Takoma Park Middle School. Aly really enjoys fashion design and has a special place in her heart

for animals, especially cats, dogs and horses. She has a cat named GG and a dog name Dolly at home, and is raising money for her bat mitzvah project to benefit CHAI, an organization in Israel that protects animals.

Alycia's bat mitzvah service will begin promptly at 6:00 pm. The Levy family warmly extends an invitation to the congregation to attend Mincha, which will be followed by Maariv and Havdalah, and to join them for the cocktail hour immediately following services. Please RSVP by October 13 to ssmdlevy@comcast.net if you are going to attend so the family can prepare accordingly.

College Moms 2013-14

No quiz this year, just a list of our 30 undergraduate and graduate students:

Noah Arber
 Yarden Arber
 Heather Auerbach

Jonathan Bass
 Melanie Gross
 Daniel Hagler
 Max Hedgepeth
 Dylan Hysen
 Joshua Kahn
 Brian Kaye

Zackary Kaye
 Madison Kantzer
 Michael Kantzer
 Jason Kensky

Ian Kolmaister
 Sam Krosnick
 Saul Krosnick

Aliza Layman
 Ilan Layman
 Jacob Lefler
 Samantha Levitt
 Amanda Libby
 Jacob Marder
 Talia Plotkin
 Zachary Plotkin
 Melissa Ronis
 David Rosenberg
 Michael Rosenberg
 Leah Ross
 Elyssa Sagall
 Submitted by Zella Shabasson Rosenberg

Brandeis University
 Indiana University
 University of Maryland School of Medicine
 Tulane University
 University of Pittsburgh
 Towson University
 University of Maryland College of William & Mary
 Salisbury University
 Mountbatten Institute at St Mary's Univ. College
 University of Maryland Columbia U. Grad School
 University of Maryland Simmons College
 School of Physical Therapy
 Towson University
 University of Maryland
 University of Maryland School of Pharmacy
 University of Maryland
 University of Maryland Montgomery College
 Pennsylvania State U
 Guilford College
 UC Davis
 Towson University
 Young Judea Year Course
 University of Maryland
 University of Michigan
 University of Michigan
 James Madison University
 McDaniel College

Shaare Tefila Youth Group Membership Form (2013/2014)

Build friendships.....have fun.....and experience new things together!

Bonim (*Building*) K-2nd Grade; Machar (*Tomorrow*) 3rd-5th Grade; Kadima (*Forward*) 6th-8th Grade

Membership Dues: \$36M/42NM (Bonim/Machar); \$48M/\$55 NM (Kadima)

Annual Dues will be used to cover administrative expenses, to purchase supplies, maintain the Youth Lounge, purchase snacks, and help offset costs related to programming throughout the year.

Youth Group Membership (at member rates) is open to all Shaare Tefila youth including Chavaya Religious School students, Day School students, youth unaffiliated with Chavaya or Day School environments whose parents are members of the congregation. Non-member rates are available for youth outside of the Shaare Tefila Community.

Name _____ Age _____

Grade _____ Gender ___M___F

Bonim _____ Machar _____ Kadima _____

Name _____ Age _____

Grade _____ Gender ___M___F

Bonim _____ Machar _____ Kadima _____

Name _____ Age _____

Grade _____ Gender ___M___F

Bonim _____ Machar _____ Kadima _____

Total Amount Enclosed: \$ _____

(payable to Shaare Tefila Youth Commission)

Parent Name _____

E-mail Address _____

Home Phone _____

Cell Phone _____

Name of Public School and/or Private School your child/children attend _____

___I am a member of Shaare Tefila Congregation.

___I am not a member of Shaare Tefila Congregation.

I give permission for my child's picture to be used on Youth Department brochures, flyers, or web-sites.

___ yes ___ no

Please make all checks payable to Shaare Tefila Youth Commission and send to Shaare Tefila Congregation at 16620 Georgia Avenue, Olney, MD 20832 or put in the Youth Commission box in the synagogue office.

The Shofar

SHAARE TEFILA CONGREGATION
KIDDUSH ORDER FORM

Mazel Tov on your upcoming simcha!

Please complete this form & mail or email it at least FOUR (4) weeks before your event to:

Jill Goldwater, Executive Director; jgoldwater@shaaretefila.org
Shaare Tefila Congregation; 16620 Georgia Ave.; Olney, MD 20832

Keep in mind that certain items may not be available if this form is not received BY THE DUE DATE.

NAME: _____ PHONE: _____ - _____

KIDDUSH DATE: _____

EVENT: _____

ROUND TABLES NEEDED, IF MORE THAN 6 TABLES ARE REQUIRED (AT \$5 ea): _____

OF NON-MEMBER GUESTS: _____

RESERVED TABLES: _____

NAME OF KIDDUSH SPONSOR: _____

Please select one of the following:

_____ Basic Kiddush: June through August = \$205; September through May = \$300

+ \$30 for each additional ten (10) guests

2 uncut challahs	Hummus and pita chips	Assorted sweets	Instant coffee, tea and soda
Paper goods			

_____ "B'nai Mitzvah" Kiddush: June through August = \$520; September through May = \$775

◆ \$70 for each additional ten (10) guests

Bagels & cream cheese	Vegetable tray	Hummus and pita chips
2 uncut challahs	Assorted sliced cheese	
Choice of two of the following proteins:		Herring
Egg salad	Tuna salad	Gefilte fish
Choice of one of the following sides:		Assorted sweets
Pasta salad	Carrot & Raisin Salad	Cottage cheese/peaches and/or Greek yogurt/granola
Urn of brewed coffee, tea, and soda	Paper goods	

◆ Additionally, for the B'nai Mitzvah Kiddush, you must provide two bottles of liquor; otherwise you will be billed accordingly. Please ensure that the liquor has proper kosher certification.

_____ My Kiddush will be catered; minimum usage fee; \$400. Other fees may apply.

Supplements (use number of non-member guests for calculating guest charges):

The above listed items are fixed, however some additions/customizations can be made. You may order additional items at your expense from any of the approved caterers or kosher markets. Any item(s) you bring in **must** be certified kosher according to our approved list and must remain sealed until delivered to the synagogue. Please note: any items you are providing need to be delivered and checked in at the synagogue before Friday at noon.

Please circle any of the following items you will be providing: /Kippot//Candy (certified Kosher only)//Centerpieces//Napkins//Table Covers

TO PACKAGE YOUR LEFTOVERS, if any, you must provide a new package of zip bags and a new package of plastic containers.

Nothing may be removed from the synagogue before Havdallah on Saturday evening. Any leftovers remaining in the kitchen on the following Tuesday will be donated. Please check here if you would like your items donated to Chesed _____

Prices are driven by the economy and are therefore subject to change. Some items may be subject to availability.

Rev. 10/8/12

SHAARE TEFILA

16620 Georgia Avenue

Olney, Maryland 20832

301 593 3410



Click [here](#) for our Calendar

The Shofar

Shaare Tefila Congregation
301-593-3410

www.shaaretefila.org or info@shaaretefila.org

Rabbi	Jonah Layman
Cantor	Wendi Fried
Rabbi Emeritus	Martin S. Halpern, Z"L
Cantor Emeritus	Gershon E. Levin
President	David Ronis
Executive Director	Jill Goldwater
Education Director	Aviva Janus
Early Education Director	Beth Adler
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