

OUR WHOLE LIVES (OWL) TEACHER TRAINING

Training for Elementary Level Friday, August 9, 2013 through Sunday, August 11, 2013 Unitarian Universalist Congregation of Columbia

> Trainers: Lara Campbell Sandra Greenfield

Our Whole Lives (OWL) is an excellent, comprehensive sexuality education program that offers our young people the opportunity to explore their values, gain accurate information about topics that are often not easily accessible. The overall goal of the *Our Whole Lives* program is to help participants gain the knowledge, values, and skills they need to lead sexually healthy, responsible lives. We are proud that our congregations recognize that in order for young people to grow into spiritually whole, mature individuals we need to address the topic of sexuality. The material on *Sexuality and Our Faith* connects our religious beliefs with sexuality, spirituality, and issues on justice.

The *Our Whole Lives* teacher training will cover the curricula for the elementary level. The goals of this workshop are to prepare the participants to implement the curriculum as well as the *Sexuality and Our Faith* component. Through a varied program including practice and participation activities, the trainers will cover implementation techniques, information about adolescents, curricula details, and technical information.

Our Whole Lives leaders will have a commitment to values-based, comprehensive sexuality education, have willingness to affirm the *Our Whole Lives* program goals, values, and philosophy, have a demonstrated ability to appreciate and work with people of diverse races, cultures, ages, abilities, and sexual and gender orientations and have the ability to provide a safe, engaging learning environment.

This training is an opportunity not only to learn about the program and how to lead it, but also to see how comfortable you are as an *Our Whole Lives* leader. At the end of the weekend, you and we, the trainers, may determine that teaching *Our Whole Lives* is not the best fit for you at this time. And that is fine. The most important thing is that each of us be open and honest about our comfort and abilities in facilitating sexuality education in the best possible way with our young people.

About The Trainers

Lara Campbell is the DRE at Community Unitarian Church at White Plains, NY. She is a fifth generation UU with an extensive UU leadership background, including having served as a RE program assistant, middle and high school youth advisor, chaplain for district and continental YRUU conferences, and participating in Young Adult programming. She is also a continental trainer of teachers for both the Our Wholes Lives 7-9/10-12 and the K-1/4-6 programs and one of the developers of the YRUU Chaplain Training Program. Lara has a MA in Marriage and Family Therapy and a BA in Family Social Science.

Sandra Greenfield is a faith-based sexuality educator with over 12 years' experience with Our Whole Lives and its predecessor About Your Sexuality (AYS). She recently retired as a UU religious educator. Sandra completed her Master's in Human Sexuality Education from Widener University and is now a doctoral candidate expecting to graduate in May 2014. She has two young adult children, both graduates of the OWL program, and one cat who provides moral support for her thesis work.

More Information

Dates and Times: Friday, August 9, 2013 starting at 7:00 pm running through Sunday, August 11, 2013 ending at 3:00 pm. Attendance at all sessions is required for certification. Please note that times are TENTATIVE. Time will be confirmed in the participant welcome letter.

Location: Unitarian Universalist Congregation of Columbia, 7246 Cradlerock Way, Columbia, MD 21045.

Registration: Registration is **LIMITED to 20 participants**, on a firstcome, first-served basis. Deadline to register is August 2, 2013. A JPD registration form is attached. A registration form is required for each person.

Cost: \$250.00 per person

The fee includes registration, materials, meals and snacks, leaders' fees, and administrative costs. Lodging is not included in the registration fee. If you require lodging, please contact one of the following local hotels:

- Springhill Suites Columbia (410) 290-7896
- Courtyard Columbia (410) 290-0002

Limited home hospitality will be available on a first come, first served basis.

Please be aware that attendance is **<u>required</u>** at all sessions!

*Registration fees are refundable minus a \$30.00 administrative charge after all incurred expenses for the training are paid for.

Participants should bring their copies of the *Our Whole Lives* curriculum and *Sexuality and Our Faith* with them. Please look the materials over and become familiar with them before you arrive. (These materials can be borrowed from the JPD Lending Library)

JPD REGISTRATION FORM



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Cost: \$250.00 per person

(Please <u>print</u> clearly)

Name						
	Email					
	District:	🗖 JPD	□ Ohio Meadville	□ Metro NY	□ St. Lawrence	□ Other
Congregation (full name)						
Your Lea	dership H	Role in C	Congregation			
Special Needs / Dietary Restrictions						

- Checks should be made payable to "JPD of the UUA"
- Please mail registration form and check to: JPD of the UUA, 100 W. 10th Street, Suite 1008, Wilmington, DE 19801
- Registrations will be accepted via fax, 302-778-4590, or email, <u>office@jpduua.org</u>, but prepayment by mail is required.