



## OUR WHOLE LIVES (OWL) TEACHER TRAINING

Young Adult/Adult Level

**Friday, August 9, 2013 through Sunday, August 11, 2013**  
Unitarian Universalist Congregation of Columbia

Trainers:

Kirsten deFur

Tom Hartnett

*Our Whole Lives (OWL)* is an excellent, comprehensive sexuality education program that offers our young people the opportunity to explore their values, gain accurate information about topics that are often not easily accessible. The overall goal of the *Our Whole Lives* program is to help participants gain the knowledge, values, and skills they need to lead sexually healthy, responsible lives. We are proud that our congregations recognize that in order for people to grow into spiritually whole, mature individuals we need to address the topic of sexuality. The material on *Sexuality and Our Faith* connects our religious beliefs with sexuality, spirituality, and issues on justice.

The *Our Whole Lives* teacher training will cover the curricula Young Adults and Adults. The goals of this workshop are to prepare the participants to implement either curriculum or both curricula as well as the *Sexuality and Our Faith* component. Through a varied program including practice and participation activities, the trainers will cover implementation techniques, information about adolescents, curricula details, and technical information.

*Our Whole Lives* leaders will have a commitment to values-based, comprehensive sexuality education, have willingness to affirm the *Our Whole Lives* program goals, values, and philosophy, have a demonstrated ability to appreciate and work with people of diverse races, cultures, ages, abilities, and sexual and gender orientations and have the ability to provide a safe, engaging learning environment.

This training is an opportunity not only to learn about the program and how to lead it, but also to see how comfortable you are as an *Our Whole Lives* leader. At the end of the weekend, you and we, the trainers, may determine that teaching *Our Whole Lives* is not the best fit for you at this time. And that is fine. The most important thing is that each of us be open and honest about our comfort and abilities in facilitating sexuality education in the best possible way.

### About The Trainers

**Kirsten deFur** is a lifelong Unitarian Universalist from Brooklyn, NY and a member of the First Unitarian Congregational Society of Brooklyn. She is a trainer for the Adult/Young Adult *Our Whole Lives* curricula, and has taught all of the OWL levels at several UU congregations. Kirsten received her Master of Public Health in Sexuality & Health from Columbia University. She has extensive experience in facilitating workshops and trainings, developing curricula and lesson plans, and implementing sexuality and health education programs. In her free time, Kirsten plays volleyball, goes bike riding, and tries out new recipes. Check out her blog [www.fearlesssexualityeducator.com](http://www.fearlesssexualityeducator.com) and follow her on twitter @FearlessSexEd.

**Tom Hartnett**

## More Information

**Dates and Times:** Friday, August 9, 2013 starting at 7:00 pm running through Sunday, August 11, 2013 ending at 3:00 pm. **Attendance at all sessions is required for certification.** Please note that times are TENTATIVE. Time will be confirmed in the participant welcome letter.

**Location:** Unitarian Universalist Congregation of Columbia, 7246 Cradlerock Way, Columbia, MD 21045.

**Registration:** Registration is **LIMITED to 20 participants**, on a first-come, first-served basis. Deadline to register is August 2, 2013. A JPD registration form is attached. A registration form is required for each person.

**Cost:** \$250.00 per person

The fee includes registration, materials, meals and snacks, leaders' fees, and administrative costs. **Lodging is not included in the registration fee.** If you require lodging, please contact one of the following local hotels:

- Springhill Suites Columbia – (410) 290-7896
- Courtyard Columbia – (410) 290-0002

**Limited home hospitality will be available on a first come, first served basis.**

Please be aware that attendance is **required** at all sessions!

**\*Registration fees are refundable minus a \$30.00 administrative charge after all incurred expenses for the training are paid for.**

Participants should bring their copies of the *Our Whole Lives* curriculum and *Sexuality and Our Faith* with them. Please look the materials over and become familiar with them before you arrive. (These materials can be borrowed from the JPD Lending Library)

## JPD REGISTRATION FORM



### *Our Whole Lives (OWL) Teacher Training Young Adult/Adult*

Friday, August 9, 2013 through Sunday, August 11, 2013

Unitarian Universalist Congregation of Columbia  
7246 Cradlerock Way  
Columbia, MD 21045

[www.uucolumbia.net](http://www.uucolumbia.net) (for directions)

Cost: \$250.00 per person

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***OWL Teacher Training: YA/Adult – August 9-11, 2013 (Columbia)***

**(Please print clearly.)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

District:  JPD     Ohio Meadville     Metro NY     St. Lawrence     Other

Congregation (*full name*) \_\_\_\_\_

Your Leadership Role in Congregation \_\_\_\_\_

Special Needs / Dietary Restrictions \_\_\_\_\_

✓ Checks should be made payable to “JPD of the UUA”

✓ Please mail registration form and check to:

JPD of the UUA, 100 W. 10<sup>th</sup> Street, Suite 1008, Wilmington, DE 19801.

**Registrations will be accepted via fax, 302-778-4590, or email, [office@jpdoua.org](mailto:office@jpdoua.org), but prepayment by mail is required.**