August, 2014
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The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

Mission Statement: "*To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community.*"

St. Demetrios
Office Hours:
9:30 am - 5:30 pm
Monday - Friday

Phone: 206-631-2500
Fax: 206-631-2550
Rentals: 206-726-9400

www.saintdemetrios.com

Parish Directory

Rev.Fr. Photios Dumont
Proistamenos
206-631-2501,
frphotios@saintdemetrios.com

Dn. Perry Angelos,*Deacon*
425-652-2983,
Angelos3@msn.com

Vasilios Lazarou, *Chantor*

George Tsantilas
Parish Council President
pcpresi-
dent@saintdemetrios.com

Lefteris Sitaras
Youth Ministry Director
206-631-2504,
lsitaras@saintdemetrios.com

Simoni Shirland
Administrative Assistant
206-631-2503,
sshirland@saintdemetrios.com

Maria Barbas
Financial/Stewardship Admin
206-631-2505,
mbarbas@saintdemetrios.com

Saundra Maroussis
Hall Rental Manager
Ext. 2515,
smaroussis@saintdemetrios.com

Paula Charuhas-Macris
Sunday School Director
Ext 2507,
pcharuhas@saintdemetrios.com

Susan Reichmann,
Philoptochos President
425-772-1605
susanreichmann@yahoo.com

Tedros Habte-Mezengi,
Custodian

Recharging Our Spiritual Life

By speaking in parables, Jesus used familiar scenes from everyday life to teach His divine truths. We use the same method of teaching in many areas of our own lives. For example, when we speak with our children, we use words and imagery they know and understand in order to teach them. We need to use this method in order to understand the teaching of our Church about *Dekapentavgoustos,* the spiritual discipline for preparation for the Dormition of the Theotokos on August 15.

The plan for the mission of repairing the space station Mir, the astronauts practiced on earth, rehearsing the procedures that they would follow to fix the damage when they arrived. Similarly, our space agencies in Houston and Pasadena directed the robot "Sojourner" on Mars to solve the various problems they encountered by working out the solution on a similar model on our planet earth. Our athletes go to training camps to strengthen their physical condition, tone their muscles, and rehearse the plays that they will use in order to win.

How do we train ourselves to become spiritual athletes and worthy citizens of heaven when our time comes to leave our spaceship earth? Jesus showed us the way. He took time out from His busy ministry of teaching and healing and withdrew to quiet places to sometimes be alone with His Father and other times alone with His Disciples. The evangelists have recorded for us in the gospels the intimate relationship of Jesus to His Father and the deep conversations Jesus shared with His Disciples. Much of our theology is based upon these intimate scenes of Jesus with His Father and His Disciples.

Our Church prepares us for the celebration of Great Feasts by a rigorous spiritual training. She wants both our body and spirit to participate in the joy of the feast of the celebrated saint. Beginning August 1, we train for the Feast of the Dormition (Falling Asleep) of the Theotokos.

What does this spiritual training consist of? We will start with the training of the body. We fast from meat and dairy products, according to our ability. Only the sick and the expectant and nursing mothers are exempt from the fast. All others can receive their nutrients from the foods of the shellfish and vegetarian world. The doctors and dieticians tell us that it is good for our bodily health to abstain periodically from animal products. To our regular physical exercise, we should add the spiritual exercise of *metanoies* (prostrations) before the Lord. It is good for our body to pray with our spirit.

Then we will practice our spiritual exercises: Read the Bible, attend the Paraklesis (supplication) service in the evening, pray in the morning and evening, repeat "Jesus Prayer' several times a day, repent for our sins and offer forgiveness to others, and go to the sacrament of Confession and definitely receive Holy Communion frequently.

The Theotokos, whom we honor on August 15, set aside her proud will and in humility said "yes" to the plan of God for our salvation. It is our turn, as her spiritual children, to imitate her exemplary life and do the will of God during this salvatory period of preparation.

In Christ's Love,
Fr. John P. Angelis

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The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to sshirland@saintdemetrios.com; or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

Church Services, Epistle and Gospel Readings

Date	Church Service	
August 3rd	8th Sunday of Matthew	8h Kuriakhv Matqaivou
August 6th	Holy Transfiguration	Metamovrfwsi~ tou Swthvro~
August 6th	Paraklisis, 6:30 pm	Paravklisi~, 6:30 m.m.
Aug. 7th	Paraklisis, 6:30 pm	Paravklisi~, 6:30 m.m.
Aug. 8th	Paraklisis, 6:30 pm	Paravklisi~, 6:30 m.m.
Aug. 10th	9th Sunday of Matthew	9h Kuriakhv Matqaivou
Aug. 11th	Paraklisis, 6:30 pm	Paravklisi~, 6:30 m.m.
Aug. 12th	Paraklisis, 6:30 pm	Paravklisi~, 6:30 m.m.
Aug. 13th	Paraklisis, 6:30 pm	Paravklisi~, 6:30 m.m.
Aug. 14th	Great Vespers at Assumption	Mevga~ Esperinov~ sthn Panagiva
Aug. 15th	DORMITION OF THE THEOTOKOS (Services at Assumption)	KOIMHSIS THS QEOTOKOU (Qeiva Leitourgiva sthn Panagiva)
Aug. 17th	10th Sunday of Matthew	10h Kuriakhv Matqaivou
Aug. 24th	11th Sunday of Matthew	11h Kuriakhv Matqaivou
Aug. 29th	Beheading of St. John the Baptist	Apotomhv Kefalhv~ Iwavnnou tou Prodrovmou
Aug. 31st	12th Sunday of Matthew	12h Kuriakhv Matqaivou

Altar servers

Aug. 3rd, 17th & 31st	Joseph Dumont, Peter Ales, Andrew Christianson, Nicholas Christianson, Theodore Looney, William Grosvenor, Demetre Teodosiadis, Alex Rotar, Jack Hillman, Samir Kharoufeh, Paul Dudunakis, Peter Dudunakis, Niko Pagones, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Ethan Weigle.
Aug. 10th & 24th	Joseph Dumont, Andrew Christianson, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, John Christofilis, Nicholas Biros, Nasi Contoravdis, Niko Contoravdis, Themio Pallis, George Pallis, Stassi Tsantilas, Yiannis Tsantilas, Phillip Stamolis, Anthony Sampson, James Konugres, Omar Mallouk, Stavros Panos.

Parish council servers

Aug. 3rd 17th & 31st	John Ales, Tom Contoravdis, Stephanos Margaritis, George Tsantilas, Christos Psichos, George Tramountanas, Jim Kost
Aug. 10th & 24th	Pam Plumis, George Papanastasiou, George Constantine, Dale Hazapis, Evangelia Lagos, Bob Read, Louis Kotsakis

Epistle readers–Arthur Saridakis–instructor; Chris Macris– assistant

NO STUDENT EPISTLE READERS DURING THE SUMMER MONTHS.

Parish Council President's Message August 2014

Dear Saint Demetrios Parishioners,

I hope all of you are enjoying the sunny days of summer. While it is a more relaxed time for families with school out, the work of the church continues. One of the difficulties we face is lower church attendance and stewardship suffers during these months even though our obligations remain the same.

Our stewardship campaign for 2014 continues and if you haven't signed and returned your pledge card for 2014, I hope you will soon. Stewardship is what sustains our Church and its ministries so that we can operate our programs and provide for our church families. Thank you to those who have already returned their pledge cards and thank you in advance to those who will send their cards.

The Parish Council would like to thank Margo Christophilis and George and Kay Constantine for another successful Twilight Auction. In addition to our partnership with our Montlake neighbor Boyer Children's Clinic, funds raised are a vital part of our yearly church budget. It was a lovely evening celebrating the 10th anniversary of the Twilight Auction. My heartfelt thanks to everyone who volunteered to make this year's event a success!

Planning is in full swing for our 2014 Greek Festival and help is needed. Please contact Jim Kost at jkost@saintdemetrios.com to volunteer. Festival dates are October 10th, 11th and 12th and I hope you will join us in this fun parish wide celebration. This fundraiser is very important to our parish and your participation is crucial. No job is too small - please consider what you can do to help as there are many volunteer spots available. Thank you to those of you already hard at work. We appreciate you!

I encourage you to consider your commitment of time, treasure and talent to our beloved Church. In addition to stewardship, the Twilight Auction and our festival, the ministries of our church offer many opportunities for our parishioners to be involved in church life. We hope you will join us to make our church family stronger than ever.

As your Parish Council president, I join our Parish Council members and officers in service to each member of our parish. We are a resource for you and we hope that you will contact us so that we may be of assistance to you.

Sincerely,
George Tsantilas, Parish Council President
pcpresident@saintdemetrios.com

This & That Shop News—Time to Donate…

This & That Shop Chairperson, Mary Xenos Maciejewski, would like to thank all our Parishioners and Friends who donated items for the This & That Shop. We gladly accept dishes, flatware, glassware, pots and pans, paperbacks, stationery supplies, adult and children's jewelry, Christmas decorations, toys, knick-knacks, purses, small appliances only (and if they work). Volunteers are needed to help with the sorting and preparation of donated items during the summer or help staff the shop during the Festival. Any amount of time you can donate is welcome—many hands lighten the load. To volunteer, please contact Mary at 206-783-5087.

Item donation can be made to the Church Office Monday through Friday from 9:30 am to 5 pm.
Thank you for your support!

From the Boutique:

The St. Demetrios Boutique is in need of handmade items for the Greek Festival. Knitting, crocheting, needle work, arts and crafts are appreciated. Any questions, please call Julie Legeros at 206-364-1706.

Sunday Offerings for July 2014	
July 6	$ 1,895.26
July 13	$ 2,336.00
July 20	$ 3,227.00
July 27	$ 1,632.00
Total	**$ 9,090.26**

Fasting Type	August
Fish Allowed	6, 15
Wine & Oil Allowed	2, 3, 9, 10
Strict Fast	1, 4, 5, 8, 9, 11-14, 20, 22, 27, 29

"**A person who feels appreciated will always do more than expected."**

Summer is in full swing and I can hardly believe August is here. In the past month I have had the opportunity to observe the amazing women of Philoptochos and other volunteers from across the country working tirelessly to accomplish the mission we so cherish of helping the less fortunate. It inspires me to spend the last year of my third term as your Philoptochos president working to accomplish as much as possible…. AND….to thank everyone who has helped me along the way. I appreciate each and every one of you – my heartfelt thanks to all!

National Philoptochos Biennial Convention

I just returned from the National Philoptochos Biennial Convention in July which was held in tandem with the Clergy-Laity Congress in Philadelphia. What an opportunity to celebrate the Sisterhood of Philoptochos from all over the country and rediscover the joy of service, to see old friends and make new ones. The meetings, seminars and panel discussions not only told of our rich history and tradition but provided insight from the experience of other chapters as we adapt to the challenges of a modern world. How do we bring love in action to the bruised and broken and warmth to the disadvantaged in a model that speaks to the younger women in our parish who we hope will carry on our work in the future? Chapters all over the country are struggling with the same question. I look forward to sharing what I learned this year in a future newsletter.

Camp Agape July 20-26th

Upon my return from Philadelphia, I had the pleasure of attending Reunion Day at Camp Agape. Everyone is welcome and I would encourage you to consider coming next year. It is a wonderful opportunity to meet past campers and their families, the staff and volunteers who make camp such a success and other camp supporters. It is so inspiring to spend the day with families who have suffered so much and yet have such joy in the experience of camp. On Monday the families for this year's camp arrived and it was great to see returning families and meet the new ones. Jeannie Ranglas, our Metropolis Philoptochos president and several Metropolis Board members arrived to spend several days experiencing Camp Agape in Northwest fashion. Georgia Gianacos Steenis, this year's camp director, will report about the week of camp in next month's Philoptochos News. Until then, may I just say "Bravo Georgia!"

Save the Date – Sinatra Chocolate Wine Ball

The Chocolate Ball which is a Philoptochos fundraiser to benefit Camp Agape will be held on Sunday, November 16th this year. Mark your calendar for this elegant evening at Herban Feast.... if you would like to volunteer contact Chocolate Ball Chairperson Susan Reichmann at 425.772.1605 or susanreichmann@yahoo.com. Your Save-the-Date postcard will arrive soon.

Dress for Success

Georgene Karambelas will continue the clothing collection over the summer. Donations can be dropped off in the church office. If you need a receipt, please leave your information attached to your donation. Questions? Call Georgene at 206.829.9337.

Parishioner Visitation

If you know of a parishioner who would enjoy a visit from Philoptochos, please contact our Visitation Chairperson Kathy Mitalas at 206.824.8511 or kathym2002@q.com.

Jubilee Womens Shelter

Thank you to Georgene Karambelas who volunteers at Jubilee and brought this wonderful opportunity to our chapter. The monthly dinners have been a huge success, enjoyed by the ladies at Jubilee and our ladies who have provided the dinners. Donations are welcome ~ extra large clothing is especially needed but all sizes are welcome. If you would like to sponsor a monthly meal for the ladies at Jubilee or for more information, contact Georgene at 206.829.9337.

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

No regular Philoptochos meeting in August

- August 21st - cook for St Martin de Porres Men's Shelter
- August 27th – cook for Jubilee Women's Shelter
- September 8th – regular meeting at church after Divine Liturgy
- September 18th - cook for St Martin de Porres Men's Shelter
- September 24th - cook for Jubilee Women's Shelter

Your Sister in Christ,
Susan Reichmann, President
425.772.1605
susanreichmann@yahoo.com

ALL SAINTS CAMP 2014

"This is My commandment, that you love one another as I have loved you." *John 15-12*

This summer our youth were invited to follow Christ's command to love and we shared in Christ's love during two wonderful weeks of camp. We learned the Jesus Prayer and that God always loves us unconditionally.

We sincerely thank everyone who made the summer so meaningful...

Our Counselors & Staff:
Alexia Aliferakis, Demetrios Constantine, Elefteria Contoravdis, Nick & Chris Dudler, Alexander Kamalaris, Andoni Kocolas, Katie McClure, Baidar Oweiss, Anna Teodosiadis, Thanassi Teodosiadis, Stavroula Tsantilas.

Our Clergy:
Fr. John Angelis, Fr. Daniel Armatas and Fr. Dean Kouldoukis.

Our Kitchen Staff, Nurses & Volunteers:
Prsv. Anna Angelis, Diana Argeres, Lexi Balser, Nikki Christophilis, Lea John, Christina Meletis, Kathy Mitalas, George Plumis, John Rost, Sandy Serpanos, Annette Sheperd, Stacy Taylor, Sue Themelis, Gabriella Tirko, George Tsantilas, Andrea Tsiakilos-Dunbar and Carmen Visan.

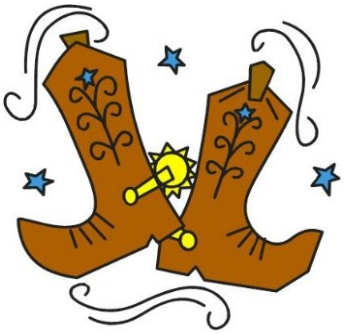
Thanks also to our camp board, our caretakers, our bus drivers and our campers.

With Love in Christ,
Lefteris Sitaras, Camp Director

SAVE THE DATE

Saturday, September 20th

1st Annual Daddy/Daughter Dance



More information coming soon!

Elementary Camp

Advanced Camp

High School Camp

Stewardship update

For our 2014 Stewardship Campaign, we currently have 449 stewards who have returned their signed pledge cards and have pledged $ 434,168 Our goal for 2014 is $535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)
We thank the below stewards for their contributions!

The Stewardship Committee

2014 Stewards:

John and Margaret Ales
Andrew and Vicky Aliferakis
Christopher Anagnostopoulos
Dina Anast
Irene Anastasiou
Larry and Aikaterine Anderson
Rothopi Andrews
Fr. John and Presb. Anna Angelis
Theodore and Kim Angelis
Dn. Perry and Fran Angelos
Evangelos and Magdaline Angelou
Basil Anton
George and Dina Apostolou
K.G. and Kostoula Apostolou
Serafim and Eva Apostolou
Scott and Fotini Arehart
Clifford and Theodora Argue
Patricia Arvanitidis
Yeshareg Asfaha
Andrew and Carole Asimakopoulos
Anna Asimakopoulos
Brent and Rhea Aslin
John and Stella Athans
Niko and Kiriaky (Carrie) Avlonitis
Nancy Aziz
John and Zacharou Babarakos
Pat Bacolas
William and Dina Bakamus
Josh and Eleni Banchero
Thomas and Maria Barbas
Eleni Athans and George Bariames
George and Frances Barnecut
Greg Bartell and Fotini Georgiadou
Bassam and Duaa Bayouk
Gabriel Bayouk
George and Alice Bayouk
Lena Bayouk
Anastasia Bekris
Hristos and Diamando Bekris
Konstantinos Bekris
Helen Benis
Kay Betts
Zachariah and Aliki Birkenbuel
Panagiotis and Demetra Biros
Neena Blackwell
Joanne Blankenburg
Maria Bollman
Andrew and Rosalie Boulieris
Gus Boutsinis
Jeffrey and Allison Brooks
John and Theodora Broutzakis
Frank and Shelley Buhler
Steve and Chryssa Calandrillo
Lance and Soraya Campbell
Constantine Carkonen
Nick and Vanessa Carkonen
Paul and Paulette Carkonen
Nick Castas
Susanna Cerasuolo
Douglas and Jillian Chandler
Mark Charonis
Chris and Effie Chriest
Ron and Vicky Christianson
Eleni Christo
Constantinos and Jeannine Christofilis
Demetrios and Katherine Christofilis
John and Helen Christofilis
Anastasios and Voula Christophilis
Dino and Nikki Christophilis
Margo Christophilis
Kosta and Maria Christopoulos
Dino and Heather Christothoulou
Edward and Anastasia Clarke
Daniel and Vicky Cohen
Jeffrey and Katie Comstock
Madeline Conom
O. George and Kay Constantine
Paul Constantine
Elefteria Contoravdis
Tom and Evelyn Contoravdis
Olivia Contos
Gus and Margaret Cooper
Maria Cooper
Jerry and Eva Costacos
Barbara Cotton
Maria Cotton
Gus Courounes
Jerry and Nicoleta Courounes
Renee Courounes
Dale and Marianna Crane
Donald and Laura Crews
Christos and Judith Dagadakis
Eftihia Dagadakis
George and Angela Dalas
Mary Dallas-Smith
Mary Damascus
Daniel and Angela Daoura
Marguerite Daoura
Pamela Darvirris and Andrew Heidt
Vince Davis and Effe Manolakos
Bettye DeLappe
George and Alexandra Delegans
Sam and Vicki Deliganis
Nicholas and Stella Demonakos
Peter and Diane Demopulos
Ryan and Demetra Dennis
Volodymyr and Olivera Derevyanyy
Sophia Derezes
Dimitrios and Maria Devekos
Nick and Athena Diafos
Darden Dickson
Panagiotis and Voula Dikeakos
Stephanie Dikeakos
Vasili and Katherine Dikeakos
John and Aksenia Dikun
Kay Doces
Thelma Doces
Voula Dodd
Athena Doolittle
Joseph and Manal Doughly
Gus and Gregoria Dounis
Paul and Anna Dremousis
David and Nicole Drumhiller
Katherine Drumhiller
Robert and Janie Drumhiller
Thomas and Pandora Christie Dudler
Kenneth and Kristina Dudunakis
Fr. Photios and Presb. Katherine Dumont
Robert and Andrea Tsiakilos Dunbar
Kevin and Trina Durgan
James and Janis Dyment
Chris and Marla Economou
George and Elizabeth Economou Hatziantoniou
Richard and Christina Economou Grunder
Mary P. Economou
Litsa Edwards
Sophia and David Eitel-Mcshea
Helen and Arianna Exarhos
Nicolette Farmasonis
Petros and Colleen Farmasonis
Yemane and Sharon Glein Fecadu
Alex and Anna Fleet
Georgios and Maria Flemetakis
Matthew and Alexandra Flugstad
Irene Fotes
Loukas and Zoe Ganoulis
Nick Ganoulis
Panagiotis and Nicoletta Gennaios
Dan George
Evan George
Harry and Mary George
Tyler and Anastasia Geving
Konstantinos and Mary Ann Giakoumatos
Kyriakos and Sandi Gianotas
Michael and Wanda Gikas
Elaine and Lars Giusti

Our Stewards...

Katina Gotsis
Basil Gregores
Robert and Danielle Griffith
Efy Grivas
James and Shawn Hages
Joann Hanna
Dorothy Haskell
Neil and Terri Hawdon
Dale Hazapis
Helen Heuer
John and Maria Hillman
Patrick and Vickie Howard
Mary Hulbush
Stavros and Elsa Ioannou
Carlos Jimenez and Eleni Lagos
John and Emilie John
James and Pota Johnson
Jeff and Johanna Jones
John and Natalie Kusulos Jury
Panagiotis and Rena Kalasountas
Jim Kaloris
George and Christina Kaltsounis
Theodore and Maria Kaltsounis
Vicky Kangles
John and Virginia Kapelouzos
Elia Karagiannis
Maurice and Carmen Karagiorgos
James and Georgene Karambelas
Francine Karavias
Spiros and Zoe Karimbakas
Anthony and Sarah Karis
Nick and Nancy Karis
Terry and Hannah Karis
Christine Karzmar
Aimee Kassir
Nicholas and Kalliopi Katholos
Matthew and Sophia Katinas
Jean Katsandres
Gregory and Angela Kavounas
Teresa Kazaras
Stephen and Ann-Marie Keeney
Constantine and Helen Kefalas
Peter Kenny
Timothy and Sofia Kenny
Bishara and Diane Kharoufeh
Don and Kathy Klausing
Joshua and Karen Knabe
Brian and Jiovanna Koceski
James and Vickie Kolios Morris
Evyenia Kollia and Naguib Youssef
Vivie Kollias
George and Maria Kost
James and Patti Kost
Louie and Vicky Kotsakis
Petros Koumantaros
Yiannis Koumantaros
Panos and Toula Koutlas
Helene A. Krikris
Gary Kuhar
Ales and Dena Kusulos
Angela Kusulos
Harold Kusulos
Steven and Annie Kyriakides
Yota Maria Kyriakos
Kostas and Linda Kyrimis
Angelos and Katerina Lagos Tsakopoulos
Demetrios and Evangelia Lagos
George and Eleni Lagos
Michael and Lena LaMarche
James and Sharon Langus
Angelina and Henry Larson
Vasilios and Emorfia Lazarou
Christopher and Julie Legeros
Jason and Sanaz Lemelson
Dean and Kathleen Lentgis
Thomas Leonidas
Jeffrey and Tina Lewis
John and Polette Limantzakis
Johnette Limantzakis
Johnny and Lucy Limantzakis
Bill and Florence Lolos
Glen and Georgine Looney
Asimo Loukas
George and Giannoula Lymberis
Paul and Rebecca Lymberis
Chris and Paula Macris
Eugenia Macris
Greg and Mia Macris
Wendell and Demitrula Madison
Emanuel and Dina Magoulas
Louis and Mary Malesis
Helen Malevitsis
Samuel and Sarah Mallos
Bechara and Xiomara Mallouk
Luca and Danika Manfredi
Nicky Manitaras
Pete and Georgia Manolakos
Demetris and Emily Manolopoulos
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James and Mary Lou Manus
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George and Vera Mazoonin
Lillian C. McDermott
David and Georgia McFarlan
Christina Meletis
Michael and Kelly Meyers
Michael and Elaine Michaelidis
Katherene Mitalas
Chuck and Anne Mitsakos
Walter and Frances Moldskred
Dorothea Mootafes
Alexandros and Maria Moroseos
James and Sandra Mykris
Pete and Carol Mykris
Bettyann Nassar
Peter Neckas
Sandy Neckas
James and Stella Nelson
Kristin Nelson
James and Carolyn O'Donnell
Shirley Olsen
Insaf and Madison Oraivej
Jonathan and Stephanie Otis
Yacoub and Ruba Oweis
Bill Pallis
Chris and Rebecca Pallis
Chris and Vasiliki Pallis
Elli Pallis
Margie Pallis
Evangelos and Anastasia Pampoukas
Alice Panagakis
Froso Panagiotopoulos
James and Ursula Panagiotou
John and Lisa Panagiotou
Sam and Colleen Panagiotou
Constantinos and Evgenia Pangopoulos
Artemios and Rebecca Panos
Steve Panos
Gregory and Stellee Papadeas
George Papanastasiou
George and Lora Pappas
Ryan and Stacy Parnell
Norman and Frances Parr
Christopher and A. Ellie Pedersen
Robert and Penelopy Perkins
Claire Pess
George and Susan Pess
Irene Peterson
Kristopher and Clara Peterson
Helen Petratos
William Phillips
Harry and Alethea Platis
George and Diana Plumis
Kristina Plumis
Paul and Pamela Plumis
David and Toula Poletti
Theologia Polizos
Andonios and Evangelia Polychronopoulos
Nikolaos and Charekleia Poulias
Lia Preftes
Eleftheria Proios
Christos and Tammy Psichos
Nicholas and Anastasia Raissis
Robert and Despina Read
Susan Reichmann
James Retelas
Harry and Evie Rigas
Erik and Nicole Rolfness
Sorin and Maria Rotar
Cathy Rottle
Adele Rottle-Williams
Chris Roumeliotis
Kary Roumeliotis
Kayla Roumeliotis
Christina Routos
Ted Routos
Emanuel and Marilyn Rouvelas
Gordon and Katina Ruh
Brad and Renee Russell
Mark and Angelique Saffle
Chris and Dina Saites
John Sakas and Paris Johnson
Dena Sakelaris
John and Penelope Sakellaris

(Continued on Page 11)

August 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 7th Sunday of Matthew Epistle: 2 Corinthians 2:1-10 Gospel: Matthew 9:27-35 8:15a Orthros 9:30a Divine Liturgy *St. Panteleimon the Great*	28 *St. Irene Chrysovalantou*	29 *Eusignius, Martyr* *Kallinikos & Theodotis, Martyrs*	30 *Apostles Silas, Sylvanus & Creskes*	31 Cook for St. Martin de Porres *Jospeh of Arimathea*	1 Parking lot rental *Procession of the Cross*	2 Parking Lot Rental *Translation of Relics of St. Stephen*
3 8th Sunday of Matthew Epistle: 1 Corinthians 1:10-17 Gospel: Matthew 14:14-22 8:15a Orthros 9:30a Divine Liturgy *Dalmatos, Isaakios & Faustus,...*	4 *Seven Holy Youths of Ephesus*	5 *Photios & Aniketos, Martyrs*	6 8:30a Orthros 9:30a Divine Liturgy 5p St. Philaret - Cook for Homeless - Large Kitchen 6:30p Paraklisis Service *Transfiguration of the Lord*	7 6:30p Paraklisis Service *Dometios, Nikanor, Theodosios t...*	8 6:30p Paraklisis Service *Myron, Bishop of Crete*	9 5p Wedding Reception *Glorification of St. Herman* *Mathias, Apostle*
10 9th Sunday of Matthew Epistle: 1 Corinthians 3:9-17 Gospel: Matthew 14:22-34 8:15a Orthros 9:30a Divine Liturgy *St. Lavrentios the Deacon*	11 6:30p Paraklisis Service *Euplus the Deacon* *St. Georgia, Great Martyr*	12 6:30p Parish Council Meeting 6:30p Paraklisis Service *Photios & Aniketos, Martyrs* *St. Andrew the Commander*	13 8:30a Open Confession 6:30p Paraklisis Service *St. Maximos the Confessor*	14 7p Great Vespers @ Assumption *Micah the Prophet* *St. Markellos, Bishop*	15 8:45a Orthros @ Assumption 10a Divine Liturgy @ Assumption 4p Wedding Rehearsal *Falling Asleep of the Holy Theot...*	16 4p Wedding *Diomides, Alkiviades, Stamatios...*
17 10th Sunday of Matthew Epistle: 1 Corinthians 4:9-16 Gospel: Matthew 17:14-23 8:15a Orthros 9:30a Divine Liturgy *Myron, Paul & Juliane, Martyrs*	18 *Floros, Lavros, Leon & Hermos,...*	19 Make Baklava 6:30p Stewardship Meeting	20 *Samuel the Prophet*	21 Cook for St. Martin de Porres *Thaddaios, Apostle*	22 *Charisimos, Martyr*	23 *St. Irinaios, Bishop*
24 11th Sunday of Matthew Epistle: 1 Corinthians 9:2-12 Gospel: Matthew 18:23-35 8:15a Orthros 9:30a Divine Liturgy *St. Eutichos, Martyr* *St. Kosmas Aitolos*	25 *Titos & Bartholomew, Apostles*	26 6:30p Vespers @ Holy Apostles 7p Born to Hate and Reborn to Love -Klaus Kenneth & Dr. Christopher Veniamin @ Holy Apostles *Adrianos & Natalia, Martyrs*	27 Cook for Jubilee Center 8:30a Open Confession 7p Born to Hate and Reborn to Love -Klaus Kenneth & Dr. Christopher Veniamin *St. Poemen the Righteous*	28 St. Andrew Cook for Homeless St. Moses the Ethiopian *Lavrentios the Martyr* *St. Anna the Prophet*	29 8:30a Orthros 9:30a Divine Liturgy *...beheadding of St. John the Baptist*	30 5p Great Vespers *Alexandros, Paul & John, Patria...*
31 12th Sunday of Matthew Epistle: Hebrews 9:1-7 Gospel: Matthew 19:16-26 8:15a Orthros 9:30a Divine Liturgy *Placing of the Holy Cincture of t...*	1 Church Office Closed Labor Day *Sts. Simeon & Meletios the Rig...*	2 *John, Patriarch of C/nple* *Mamas, Martyr*	3 8:30a Open Confession 6:30p All Saints Camp Board Meeting *Anthimos & Theoktistos the Ri...*	4 5p Wedding Rehearsal *Babylas, Bishop of Antioch* *Moses the Prophet*	5 *Zacharias & Elizabeth*	6 4p Wedding *Archangel Michael's Miracle* *Kalodotis, Martyr*

Weddings and Baptisms

Weddings:

Congratulations to Derek Lloyd and Alia Christine (Wyatt) Arnold who were married on July 19th, 2014. Their Koumbaroi are Michael and Christine Stollings. "Na zesoun!"

Congratulations to Charles Pascal and Aspasia Mary (Bartell) Clark who were married on July 26th, 2014. Their Koumbara is Georgine Looney. "Na zesoun!"

Congratulations to Nick and Anysia (Dumont) Metrakos who were married on July 27th, 2014 in Santa Barbara, CA. Their Koumbaroi are Peter and Chrysann Vlahakos. "Na zesoun!"

Baptisms:

Congratulations to John and Natalie Morgan Kusulos Jury whose son, Paxton John Aristide was baptized on July 1st, 2014. His sponsor is Angela Kusulos. "Na sas zese!"

Congratulations to Steve and Kari Manos whose daughter, Eleftheria Anna Christina was baptized on July 5th, 2014. Her sponsors are Johnette (Limantzakis) and Yiannis Panopoulos. "Na sas zese!"

Bookstore News:

The Dormition of the Mother of God is our special focus for August. The feastday of her Dormition on August 15th holds great theological significance for all Orthodox Christians. The falling asleep of the Theotokos is a joyous feast as she now dwells with her Son in eternity.

In commemoration we have several books on her life as well as a variety of icons. She knows our struggles and is always praying for us. Let us always call on our Panagia for help each day as she will never cease to intercede for us.

A wonderful new prayer book for mothers is now in your St. Demetrios Bookstore: The Ascetic Lives of Mothers is a practical prayer book by Orthodox mother Annalisa Boyd who knows motherhood -- its challenges, its joys, its potential for spiritual growth. Come in for your copy of this valuable book. Perfect to have this summer and onward.

Our Condolences

We express our Deep Condolences to Sandra Mykris and Toni Umpleby and their families for the passing of her husband, and her father, James Mykris. May his memory be eternal!

We express our Deep Condolences to Elenitsa Kalasountas and Helen Kalasountas for the passing of her mother, and her daughter-in-law, Elizabeth Kalasountas. May her memory be eternal!

We express our Deep Condolences to Evgenia Pangopoulos and her family for the passing of her husband, Constantinos Pangopoulos. May his memory be eternal! "Aiwniva autwvn h mnhvmh!"

OCMC Mission Teams need qualified volunteers for 2014.

There are openings for all hard workers in Albania, Kenya Uganda and Tanzania. Details are available on the OCMC website www.ocmc.org. Please consider these opportunities to share in a journey of faith.

· Albania – Tirana; Women's retreats; Sep 17-29, $1160
· Tanzania – Mwanza; Clergy retreats; Oct 27-Nov 8; $1370 ·
Uganda – Jinja; Stewardship teaching; Oct 27–Nov 8, $1475
· Kenya – Nairobi; Teaching ministry; Oct 27-Nov 8, $1165

Yiayia & Friends

Please mark your calendars for August 7, when we will be going to Sunfish, located at 2800 Alki Avenue Southwest in West Seattle. Time is 11:30 a.m. Please contact Mary Damascus (509.951.2975 or mndamascus@comcast.net) for more information. Hope to see everyone there!

Sunday School Update

We are looking for parishioners to assist with the 2014-2015 Sunday School program. This is a wonderful opportunity to be involved with the Orthodox education of our youth. For more information, please contact Paula Charuhas Macris at pcharuhas@hotmail.com.

Sunday school registration is **September 7, 2014** in the small hall, following Liturgy. Classes begin on **Sunday, September 14, 2014.**

Festival Baking Schedule and Thank You for Festival Donations

Our Festival dates this year are, October 10, 11 & 12. Please mark your calendar and plan to attend and most importantly to help for the preparation for baking and the set-up.

Festival Baking Schedule:
August 19: Make Baklava
September 9 & 10: Make Kourambiethes
September 17 & 18: Make Koulourakia

We wish to thank Stephanos Margaritis and Steve Tselios of "Greek Gods Yogurt" for their Platinum Level sponsorship, and for their donation of Yogurt for Tzatziki.

Your generosity is truly appreciated!

Modern Greek Language (On Line)

Jackson School of International Studies at the University of WA will be offering Modern Greek Language online this Fall (JSIS E 111). The Instructor is Heracles Panagiotides. For more information please go to: info:hercp@uw.edu.

2014-2015 St. Demetrios Greek Orthodox Church- Sunday School Enrollment Form

Classes begin on September 14, 2014

Thank you for enrolling your child in the St. Demetrios Sunday School Program. Each Sunday, your child will learn about their faith and Christ and participate in fun and educational activities surrounding the Church. Please complete this form to register your child for Sunday School and submit it to the Sunday School Director.

We ask that you kindly consider including a voluntary monetary donation with your registration to help defray the cost of materials and purchase of books for the school year.
Please note that a child must be 3 years old before September 1, 2014 to register this year.

Child #1			
Child/Youth Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):		Age:	Gender (M/F):
Patron Saint/Feast Day:			
Interest in joining:	Junior Choir ☐	Epistle Reader (Must be in 7th grade) ☐	Altar Server (Must be in 3rd grade) ☐
Child #2			
Child/Youth Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):		Age:	Gender (M/F):
Patron Saint/Feast Day:			
Interest in joining:	Junior Choir ☐	Epistle Reader (Must be in 7th grade) ☐	Altar Server (Must be in 3rd grade) ☐
Child #3			
Child/Youth Full Name:	Last:	First:	
Current Academic School Grade:			
Birthdate (mm/dd/yyyy):		Age:	Gender (M/F):
Patron Saint/Feast Day:			
Interest in joining:	Junior Choir ☐	Epistle Reader (Must be in 7th grade) ☐	Altar Server (Must be in 3rd grade) ☐
Parent Information			
Father:	Last:	First:	
Mother:	Last:	First:	
Home Address Information			
Street:			
City/State:		Zip Code:	
Email:			
Home Phone:			
Emergency Contact (other than parent)			
Name:		Phone:	
Medical Information			
Special Medical Condition or Allergies (including any foods or food ingredients):			
Please check the Youth Ministry your child will participate in.			
HOPE—Grades K – 3 ☐	**JOY**- Grades 4 – 6 ☐	**Jr. GOYA**- Grades 7 – 9 ☐	**Sr. GOYA**- Grades 10 – 12 ☐
PARENTS: would you be interested in volunteering as: ***Sunday School Teacher*** ☐ ***Substitute Teacher*** ☐ ***Assist with Coffee Hour***, ☐ ***Assist with Christmas Program,*** ☐ ***Assist with Service Projects*** ☐			

Please mail or email registration form to: Paula Charuhas Macris, Sunday School Director, St. Demetrios Greek Orthodox Church, 2100 Boyer Ave. East, Seattle, WA 98112; email: pcharuhas@hotmail.com

Our Stewards...

(Continued from Page 7)

Pantazis and Katina Samolis
Katherine Sampson
Philip and Barbara Sancken
Arthur Saridakis
Angelos and Penelopi Savranakis
Patrick and Ioanna Schmidt
Alexandra Schwenke
George Seal and Alithia Squires
Iyad and Christina Shahwan
Mike and Elaina Shemeta
Annette Shepherd
Simoni Shirland
Tanya Shirland
Christos and Agapi Siskos
Nikolaos and Brenda Skokos
Alexander and Vassie Skoulis
Sofia Smetheram
Alicia Sourapas
Steve Sourapas
Jeff and Angela Sourapas Jones
Stavros and Aimee Sourelos
Audrey Southas
Pauline Spyridis
George and Joanna Staikos
George and Thalia Stamatoyannopoulos
George and Zoe Stamolis
Gregory and Vicky Stamolis
Vasilike Stamos
Thelma Stasinos
Alexi J. Stavros
John A. and Dimitra Stavros
Peter A. and Maria Stavros
Vlasi J. Stavros
Phyllis Steen
Kevin and Georgia Steenis
Andy and Joann Stergachis
Andrew Stergachis and Emily Brice
Chris and Heidi Stoumbos
Eugene and Cleo Supernaw
Linda Tavernarakis
Bryan and Stacy Taylor
Kevin and Angela Taylor
Stephen and Georgia Teodosiadis
Demetri Themelis
Perry and Billie Jo Therson
Brian and Mary Thurber
Spyros and Niki Todoulos
Christto and Dorothea Tolias
Irene Tolias
Kegan and Nichole Tosto
Evangelia Tountas
Antonios and Antonia Touras
Nikolas Touras
Harry and Angela Tourikis
Athan and Cindy Tramountanas
Emmanuel and Peggy Tramountanas
George and Dana Tramountanas
James and Barbara Trehearne
George and Thelma Treperinas
Sam and Elly Treperinas
Vasilios and Dionisia Tsafos
Sam and Stephanie Tsakonas
George and Eftihia Tsantilas
Stavroula Tsantilas
Stavros Tsitsis
George and Susan Tsoukalas
Michael and Jodi Tveit
Dometios Tziotis
Ourania Tziotis
Yiannis and Katerina Tziotis
Liz Valauri and Ivan Orton
Jordan and Emily Vardell
John and Karin Varlamos
Kosta and Judy Varlamos
Nick and Eleni Varlamos
Vasilis and Nina Varlamos
Irina Visintainer
Demetrios and Aspasia Voltsis
Evangelos Voltsis
Darlene Vyzis
Mia Vyzis
Mia (Efthemia) Vyzis
Elliott and Demetra Waldron
J. Robert and Effie Walker
John Walker
Rob and Katherine Watson
George Webb and Anastasia Deliganis
William and Darlene Weigle
Joann West
Brett and Yvonne Willard
Vivian Williamson
Edmund Wood and Cathy Chohlas
Melissa Wyatt
Demetra Xenos
John Xenos
Spiros and Voula Xenos
John and Andreanna Zafiropoulos
Anthony Zardis
Nicholas and Lizabeth Zardis
Arvid and Sophia Zervas Berg
John and Mary Ellen Zoulas

Memorials and Vigil Lights

Holy Altar Candles for August 3rd

A Holy Altar Table Vigil Light is offered in loving memory of **Dennisia Vassilatos** (six months since her passing), by her daughter, Aspasia Vassilatos and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Tom and Coula Cotton** (thirty-eight years and thirty-two years since their passing), by their daughters, Mary Cotton and Irene Lehman and Family.

Memorials and Holy Altar Candles for August 10th

A Forty-Day Memorial Service, two Holy Altar Table Vigil Lights and a donation to All Saints Camp (in lieu of the Coffee Hour) are offered in loving memory of **James Mykris**, by his wife, Sandra Mykris and Family.

A One-Year Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Nick Fournarakis**, by his wife, Dora Fournarakis and Family.

The Eight Holy Altar Table Vigil Lights are offered in loving memory of **Georgia Samolis** (two years since her passing), by her children, Pantazis and Katina Samolis.

A Holy Altar Table Vigil Light is offered in loving memory of **Constantine (Gus) Gumas** (thirty-five years since his passing), by Polette and John Limantzakis and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **George Krikris** (one year since his passing), by his sister-in-law, Helene Krikris.

Memorials and Holy Altar Candles for August 17th

A One-Year Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Evangelia Constantine**, by her husband, Benny Constantine and her children, Jiovanna Koceski, Fay Sitaras and Bill Constantine.

Memorials and Holy Altar Candles for August 24th

A Three-Year Memorial Service, the Eight Holy Altar Table Vigil Lights and a donation to All Saints Camp (in lieu of the Coffee Hour) are offered in loving memory of **Paul Panagakis**, by his wife, Alice Panagakis.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Louis Bussiere and Helen Baroumes Bussiere** (eighteen months and thirteen years since their passing), by their daughter, Mary Bussiere-Watts and Family.

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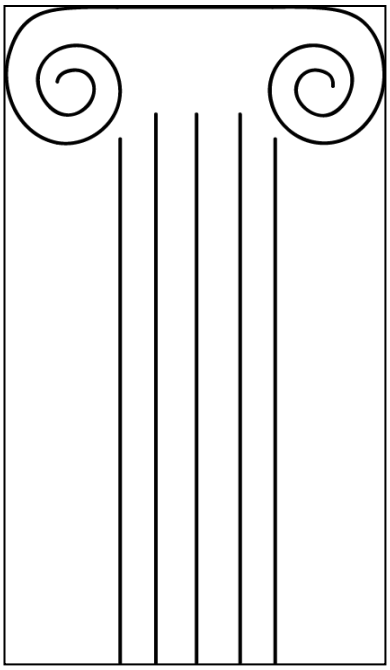
ST. DEMETRIOS
GREEK FESTIVAL
OCTOBER 10, 11, 12



Friday: 12 p.m.—9 p.m.
Saturday: 10 a.m.—9 p.m.
Sunday: 12 p.m.—7 p.m.

- Authentic Greek Food & Pastries
- Live Greek Music and Dance Performance
- Taverna with Greek Wine & Beer
- Shuttle Park Services from Seattle Prep & Montlake Elementary School
- Large Tent—Come Rain or Shine!

www.SeattleGreekFestival.com

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