

CPR TRAINING

Get certified. Save a life. You'll be glad you did.

Wednesday, September 10th, 1:00-5:00 PM (RSVP by 9/3/14)

or

Sunday, September 14th, 1:00-5:00 PM (RSVP by 9/7/14)

At Temple Emunah

Nearly 400,000 out-of-hospital sudden cardiac arrests occur annually, with 88% of all cardiac arrests occurring in the home. **Put very simply: The life you save with CPR is mostly likely to be someone you love.** Sadly, only 32% of cardiac arrest victims get CPR from a bystander and, as a result, less than 8% of people who suffer cardiac arrest outside the hospital survive. If bystander CPR is not provided immediately, a sudden cardiac arrest victim's chance of survival falls 7-10% for every minute of delay. **HOWEVER**, effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival.

Be someone who can make a difference!

Details

- The course lasts 4 hours and you must attend the entire class to become certified.
- The cost of the class is \$50 / person (\$38 for additional members of the same household).
 - Each class can only accommodate 20 people—so sign up today!
 - Teens are welcome to participate.
- ***We must have FULL payment in advance.*** Checks should be written out to: Emergency Response Training and mailed to Temple Emunah, attention to Jodie Parmer.
- **To register, please email Jodie (jparmer@templeemunah.org) with your name(s), and mail in payment to the Temple office (9 Piper Road, Lexington, MA 02421).**
 - If there is enough interest, we will add more training sessions to the calendar.



For more information contact Dan Palant: dpalant@verizon.net