

Laughter Workshop in Ohio Holistic-Multidisciplinary-Evidence Based

Laughter, Humor, and Positive Attitudes are Just What the Doctor Ordered!



Graduate from this 2-Day basic course and become a *Certified Laughter Leader* ™ *"How to Create Therapeutic Laughter" Tools for Well-Being*

> June 12-13, 2014 [Thu-Fri] At Best Western Columbus Airport Hotel

THIS WORKSHOP IS BROUGHT TO YOU BY



Faculty: Psychologist Steve Wilson

"Laughter is the best medicine." Now there is Laughter Therapy. There are plenty of Ha-Ha's and Ho-Ho's but nothing ho-hum about this innovative program. The course provides a uniquely joyful tool box for positive thinking, positive emotions, a healthy, balanced life, and well being. Laughter's benefits include reducing stress hormones, lowering blood pressure, less pain, improving digestion. It has a place in healthcare, business, education, senior services, and workplaces. A life-changing program.

For more information & to register with a deposit:

1-800-NOW-LAFF(1-800-669-5233) and http://www.WorldLaughterTour.com

Tuition for the 2-day workshop is \$379.00, per person, which includes the downloadable Study Guide & Reference Manual, CLL t-shirt, a box lunch, and a full year of follow-up support. Companion Textbooks are available separately: "Compassionate Laughter" (Wooten); "Laughter: A Scientific Investigation" (Provine); "Good-Hearted Living" (Wilson)

WORKSHOP OBJECTIVES: Participants will be better able to:

- 1. Use evidence from laughter science, *Positive Psychology* findings, and knowledge of ancient practices, in clinical, educational, consulting, corporate, and volunteer work.
- 2. Help their clients use *life energies* to choose and modify their life and work in the direction of healthier lifestyles.
- 3. Identify emotional and attitudinal factors that improve health, happiness & life satisfaction for clients, patients,
- residents, and students.

USA CE CREDIT AVAILABLE FOR NURSES, ACTIVITY PROFESSIONALS, and CASE MANAGERS

Activity Therapy: The workshop is pre-approved for 11 clock hours by NCCAP: NCCAP24272-09-14. <u>Nursing</u>: This continuing nursing education activity was approved for 12 contact hours by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA. Code 727. <u>Social Work</u>: This program is approved by the National Association of Social Workers #886555693-8036, for 11 Social Work continuing education contact hours. <u>Case Managers:</u> Approved by CCMC for 12 clock hours. Approval CM7198-A200.

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