

Starved Rock Lodge & Conference Center

POW WOW

Fall 2013
 www.starvedrocklodge.com
 www.starvedrockstatepark.org
 800-868-7625



Get the free mobile app at
<http://gettag.mobi>



GREAT Hospitality
 IS IN OUR Nature

STARVED ROCK ILLINOIS' FAVORITE TOURIST DESTINATION

There's no better place in the Midwest to see fall colors than at Starved Rock State Park. Utica is so comfortably close, you'll wonder why you've never ventured here before. Autumn is not just a day, it's a season. Fall colors last for weeks. Take in the panoramic view with a hike to the top of Starved Rock. Explore our canyons and see why Mother Nature gets a glowing review. Take a Trolley Tour or ride on the "Belle of the Rock". Book a lodge room, a cabin in the woods or a business meeting. Find us on-line at www.starvedrocklodge.com or call (800) 868-7625.



OKTOBERFEST CELEBRATION!



GUIDED HIKES & MEGAHIKES



MEETINGS



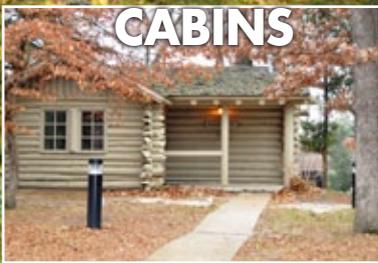
BANQUETS



CONFERENCES



TRADE SHOWS



CABINS



WEDDINGS

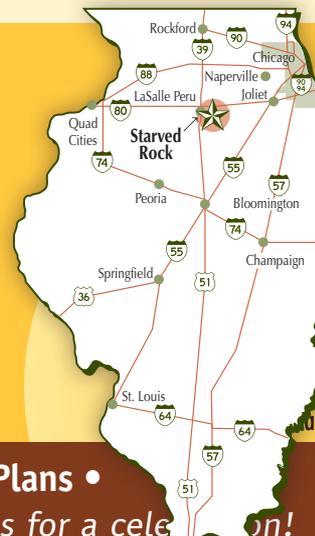
- Competitively Priced
- Comfortably Close
- Only 90 minutes from Chicago
- Custom Catering
- Experienced Meeting Planners
- Teambuilding Fun
- Bar, Restaurant, Indoor Pool
- Outdoor Weddings
- Trolley Tours
- Year 'Round Activities

Starved Rock's Official

FALL COLORS FACT FINDER

- Best Fall Drives in LaSalle County
- The Science of Autumn & More!

Snap here to
 download our E-Book!

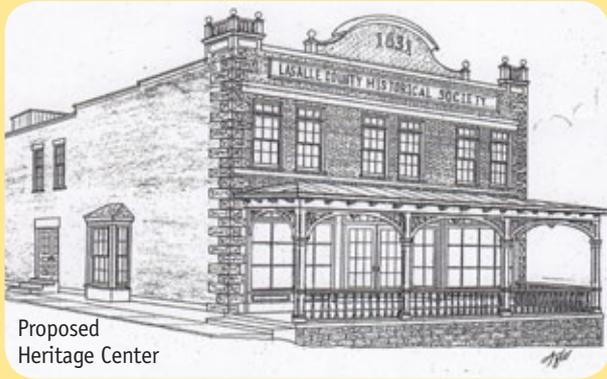


Distance from Starved Rock to:
 Chicago: 94
 Naperville: 95
 Joliet: 54
 Springfield: 127
 Bloomington: 64
 Peoria: 73
 St. Louis: 63

INSIDE

Autumn Escape Plans •
 The forecast calls for a celebration!

The Future of Local



Proposed Heritage Center

Taking History Across the Canal

The LaSalle County Historical Society has great plans to expand its downtown Utica campus, located next to the Illinois & Michigan Canal. Lodge guests will appreciate the museum improvements including an 1835 barn, the 1848 Canal Warehouse, the 1865 Aitken one-room schoolhouse and an 1892 working Blacksmith Shop.

“We focused on educational opportunities for visitors to learn more about LaSalle County, where Illinois history began,” says Doug Holland, President of the LSCHS, “We also plan to have new events, attractions, activities and excitement pulsating through our new Heritage Center and Canal Market.”

The Historical Society’s 44th Annual Burgoo Festival will be on Sunday, Oct. 13, 2013. A new Canal Market will be added and the search is on for unique vendors! If you’d like to learn more about the Burgoo Festival, call (815) 667-4861 or e-mail: office.lchs@gmail.com.

YOUR PATH TO Fall Fun!



1. Stand on the arrow (shown above) located on the east end of the Veranda. CCC workers cut the arrow-shaped flagstone and thoughtfully placed it here in the 1930s! It points directly at Starved Rock. To begin your journey, take the stairs down to the Visitor Center.
2. Hike into a canyon, where you can see, hear and smell fall taking place as the leaves flutter to the ground!
3. Watch a sunrise or sunset on the Illinois River and take photos of the beauty.
4. Make reservations today for a romantic getaway or a family reunion at Starved Rock Lodge.
5. Trek to Eagle Cliff and take in the amazing Autumn scenery! Don’t forget your camera.
6. Sit by a campfire at Fox Ridge or in the Great Hall. Nothing says fall like a warm fire.
7. Spend the night in a cabin in the woods at Starved Rock. Open the windows and let some fresh air fill the room.
8. Try something you’ve never tried in the Main Dining Room (we have lots of choices).
9. Explore LaSalle County! Try skydiving, ziplining or horseback riding. Stop by the wine and antique shops for unique treasures.
10. Check out the Starved Rock Marketplace (US 6 & Hwy 178) for winetasting (offered daily), unique gifts, home décor and Chillin’ on 6 (Artisan Ice Cream & gelato).

Tribute to the Stars

... the perfect gift
... the perfect getaway

for anyone who loves the music that made this country great... from Elvis Presley to the Andrews Sisters... Matinees include lunch (\$32 per person), Evening Shows (\$37 per person) include a wine tasting, dinner and the show!

Our 2014 Tribute Show dates are now available!

Call (815) 220-7386 for tickets, dates & times.

Dream Weddings All Year Long!

**Annual Bridal Expo • January 5, 2014
Noon to 3 pm**

2013 PICK
the knot best of weddings

Let us help you have the wedding of your dreams. Call us at your convenience **(815) 220-7333**. Better yet, attend our Bridal Expo on Jan. 5, 2014. Sample our food, Starved Rock Wines and wedding cake, too. Meet photographers, DJs, florists and more. If it’s a one-of-a-kind wedding you want, say “I Do” at Starved Rock!



CALENDAR OF EVENTS

See more fun events at www.starvedrocklodge.com

OCTOBER

“Take a (Guided) Hike” & Lunch (Every Saturday & Sunday, 11 am)
Historic Trolley Tours (Sundays at Noon & 1:30 pm)
Fall Colors Trolley Tours (Mondays & Saturdays)
Canal Boat & Trolley Tour (Every Friday)
Wine Tasting in the Café (Every Saturday, 4 pm)
Storytelling at Fox Ridge (Every Saturday, 7 pm)

1: Tribute to Elvis Matinee
12 & 13: Oktoberfest Dinner
13: LaSalle County Historical Society Burgoo Festival
17: Spa Night at Cattails
19 & 20: Oktoberfest Dinner
19 & 20: Fall Colors Weekend at Starved Rock
21 & 22: Tribute to Neil Diamond Matinee

NOVEMBER

“Take a (Guided) Hike” & Lunch (Every Saturday & Sunday, 11 am)
Historic Trolley Tours (Sundays at Noon & 1:30 pm)
Wine Tasting in the Café (Every Saturday, 4 pm)
4 & 5: Johnny Cash “Walk the Line” Tribute Shows
8: Annual Leinenkugel Dinner (Sold Out!)
9 & 23: Survival Skills Workshop-Native Tools
9: Leinenkugel Pub Crawl
11 & 12: Legacy Girls-Andrews Sisters Matinee
23: Starved Rock Photography Club (9 am)
28: Thanksgiving Buffet (Reservations: 815-220-7321)
Book your Holiday Party with us! (815-220-7333)

DECEMBER

Historic Trolley Tours (Sundays at Noon & 1:30 pm)
Guided Winter Hikes (Every Saturday & Sunday, 11 am)
Wine Tasting in the Café (Every Saturday, 4 pm)
3-23: Trolley Holiday Lights Tours
9: Legacy Girls Christmas Show in the Great Hall
16 & 17: Christmas with “Frank Sinatra”
21: Breakfast with Santa
25: Christmas Day Buffet (Reservations: 815-220-7321)
31: New Year’s Eve Party (Book now! Call 815-220-7386)



UNPLUG

Have a Walking Meeting at Starved Rock

A recent published article *Can't Beat the Retreat* by Michael Gelfand stated "Few initiatives in the business world can consistently generate enough ROI to compete with what a well-planned and well-executed retreat can do for you and your team. Nothing adds long-term value to your leadership team's working relationship than an executive retreat."

Employers are unplugging their employees from the office and taking on the great outdoors with a "walking meeting".

Walking and talking meetings are not a new phenomenon. Aristotle was said to walk with his students as he taught. The Sophists, philosophers predating Socrates, traveled place to place on foot delivering talks. Steve Jobs made a habit of the walking meeting according to *CNNMoney*. Walking inspired productivity of these great people and it can benefit you and your company.

A walking meeting can lead to fresh perspectives, generate new ideas, increase morale and strengthen team spirit. If your group is large, several conversations happen at the same time, people can move around easily to talk to others in the group. The spontaneous mixing that occurs can enhance interactions and problem solving.

Different environments can inspire new ideas and stimulate creativity. Natural settings such as parks or trails work best, there's less noise than on a busy street. Plus, time outdoors, in nature, with fresh air and light, improves physical and mental well-being. Walking burns calories, stimulates oxygen flow around the body that increases brain function that also increases the ability to solve problems faster. It's a win-win for both: employers benefit from employees' increased energy, renewed creativity

and improved cognitive skills, while employees benefit from the physical and mental benefits of exercise. Definitely a take-away strategy for any corporate meeting or retreat.

Starved Rock Lodge and Conference Center, tucked away in Starved Rock State Park's 2630 acres, is the ideal venue for a walking meeting.

Starved Rock State Park is a place not only popular with tourists but also with groups interested in making their next meeting productive and a memorable event. Round table/break out sessions are taken outdoors where the combination of fresh air, relationship-building and the meeting's topic/question(s) are addressed. Starved Rock's sales staff can help you plan for the right size meeting space and present to you the timing, logistics and outline attractive routes in nature for your group's walking meeting. Call Jenny, Tiffany or Margie today at (815) 220-7333.

SIMPLE SOLUTIONS TO IMPROVING YOUR MEETING



IN THE KNOW Allowing attendees to mingle and get to know fellow meeting goers can improve creativity.



NO MORE BLAH Bored attendees lose focus. When boredom sets in, it's time to take a walk.



MAKE 'EM LAUGH Keeping things humorous and upbeat can avoid tension and aggression.



DITCH THE PHONE Encourage attendees to participate without their phones. Easy to do in a walking meeting when you leave the phone behind!



SOCIAL COPYCATS Humans are more likely to participate in a behavior if they know someone else has made the same choice. Advertise the number of registrations to further increase expected attendance.

Resources: ChiefExecutive.net; prweb.com; feefirst.org

Generations of Celebrations

PROPOSALS ♥ WEDDINGS ♥ ANNIVERSARIES
FAMILY REUNIONS ♥ BIRTHDAYS

Starved Rock Lodge has been a Celebration Destination since 1939. Seventy-five years ago, a proposal of marriage was made outside of one of our cabins by Lauren Hansen's great grandfather. Over the years, her mother was proposed to here and so was she! Her parents and grandparents return here year after year (as do many of our loyal guests). They've celebrated milestones like Lauren's 16th birthday and her parents' wedding anniversary. That's why Lauren and her newlywed husband, Andrew, decided that the perfect place to spend their honeymoon was at Starved Rock. The couple, both active in the military, lead busy lives and longed for a respite before they returned to duty after their summer wedding. Andrew, who is part Native American, thought he'd like to experience hiking in the park to see if it reminded him of his ancestry. "I reconnected with my past here," said Hansen, "I had never been here before, but I like what I see and plan to come back many times in the future."

**What special event do you have to celebrate?
Give us a call and we'll help make it one to remember!**

Falconry Flies High at Starved Rock Lodge



Rich Escutia is a Master Falconer. He and his Red-tailed Hawk, Mac (shown above) are often seen together at Starved Rock, but they're not hunting, they're teaching. Escutia is the resident falconer at Starved Rock Lodge and presents programs on the art of Falconry several times a year.

Considered a sport of kings, falconry dates back to ancient times and Escutia parallels his passion for birds of prey with life lessons we can learn from nature. Escutia flies three birds, one Red-tailed Hawk and two Harris Hawks. In the culture and traditions of Native Americans, the Red-tailed Hawk is a "messenger" bird. According to legend, the hawk's appearance soaring in the sky brings a message that the viewer must prepare himself to receive.

A falconer must be able to lead in a subtle, but powerful way. A bird of prey does not naturally follow a human and each bird will demonstrate a different temperament; the falconer must adapt to be successful. Starved Rock Lodge and Escutia have partnered to give wings to motivational programming linking leadership to falconry. "Many ties to team building, character development, integrity and survival have implications in the business world and this connects well to the artistry involved in falconry," comments Escutia.

For an opportunity to see one of Rich's programs check the Lodge's website or contact the Activities Department. To book Rich for your group's meeting or retreat at Starved Rock Lodge, contact the Sales Department at (815) 220-7333.



BACK DOOR LOUNGE & VERANDA

Non-Stop Fun this Fall!

The look-out at Wildcat Canyon is one of Starved Rock State Park's BEST Photo Hotspots!



Harley Davidson Street Bob Giveaway
September 8



Keg Tapping
Oktoberfest Beer Kick Off
September 29



Outdoor Dining
on the Veranda



Oktoberfest Dinners
October 12 & 13 and 19 & 20



New Year's Eve Party
December 31
Overnight Package, too.
Book Now! Party Later!
(815) 220-7386



Music in the Back Door Lounge
Every Friday 8-11 pm

Fantastic FALL FASHION!

Hiking Gear & Stylin' Shoes, Sweaters, Coats & More!

Shop brilliantly for great fall fashions and accessories. Check out **CATTAILS** & the **STARVED ROCK MARKETPLACE** (located at US Hwy. 6 and IL Rt. 178/Utica) for home décor, seasonal florals, wine, unique gifts and unexpected finds. Find the perfect Starved Rock hoodie, T-shirt and souvenirs at our **LODGE GIFT SHOP** or at **TRAILHEADS CONCESSIONS** (located in the **STARVED ROCK VISITOR CENTER**).

Our **CAFÉ** has the best must-have souvenirs: home-made fudge, plus wine and Melissa & Doug games, toys and puzzles for the children. Just like fall colors, the fall flavors of our Artisan Ice Cream are always changing. We make it here at the **LODGE** with fresh ingredients. Try some at our Café,

Trailheads, on the **VERANDA** or in the **MAIN DINING ROOM**. We feature over 75 different wines and most are made in Illinois! We invite you to stop by our wine tasting room, open daily, for wine lovers of all ages (ID required).

Ask about our wine club!

Welcome Winter With Us ❄️



Holiday decorations fill the Lodge from the Friday after Thanksgiving to early January. This special time of year is perfect for a family gathering, holiday party or winter getaway.

- Cross Country Skiing • Winter Hiking • Eagle Watch
- New Year's Eve Party • Valentine's Day Getaways
- Winter Wilderness Weekend • Sled Dog Demos

Make your reservations today
at starvedrocklodge.com

SNAP HERE TO WIN!

a 2-Night Winter Getaway
at Starved Rock Lodge 🐾



Visit www.starvedrocklodge.com and
www.starvedrockstatepark.org to see our complete calendar.



at Starved Rock State Park
Celebrating 70 Years

Routes 178 & 71
Utica, IL 61373
1-800-868-7625
www.starvedrocklodge.com



Enjoy
LaSalle County
Come for the Beauty, Stay for the Adventure.

Heritage Corridor
convention & visitors bureau

ILLINOIS
MILE AFTER MAGNIFICENT MILE