



# Partners In Prevention

Hosted by Adat Shalom, Facilitated by Beit T'Shuvah

Sunday, November 24th from 10:00 am-12:15 pm

Teen Program (6th-12th Grade): Newmark Hall

Parent Program: Sanctuary



Cost: \$20 per family

RSVP to Julie at [julienolte@adatshalomla.org](mailto:julienolte@adatshalomla.org)

by Thursday, November 21st

## About Partners in Prevention

The teen program is a one-time session where we talk about issues teens face and how to cope with them in a healthy manner. We are not a “Just Say No” program. Instilling fear and falsehood in our children about drugs and alcohol has a long track record of ineffectiveness. At Beit T'Shuvah's Partners in Prevention Program, we recognize the emotional issues underlying drug use necessitate the most attention. Not everyone is an addict, but we hope that through our stories and lessons of recovery, audience members and participants will become more aware of their behavior and have the tools to rectify destructive tendencies.

The parent program, led by Doug Rosen, helps parents learn how to deal with their kids and problems that come down the line. Doug uses a direct, unique approach to relay the pros and cons of parenting methods. He specializes in how to prevent issues before children enter their teen years. His unique outlook on parenting has brought him to speak all over the country to parents and kids alike.

## Teen Facilitator: Nicole Goodman



Nicole Goodman grew up in a Jewish home in Calabasas, CA. She will share her story on how she thought she was immune to addiction due to her privileged background—a story that includes siblings, divorce, mourning, extracurricular activities, college, and finally: addiction. Nicole will also lead a discussion with the kids and hope to talk with them one on one.

Nicole has been working in Beit T'Shuvah's Youth Services department for over a year and has knowledge on how to talk with kids in a helpful, appropriate manner.

## Parent Facilitator: Doug Rosen



Doug Rosen and the Partners in Prevention Program are Beit T'Shuvah's response to the sobering issue of addiction amongst today's youth – a generation in which all are “at risk.” Throughout Los Angeles, “Doug Rosen” has become synonymous with substance abuse education, teaching positive decision making, and in many cases, pre-empting families and their at-risk youth from a path of destruction. Doug speaks to a national audience of adolescents and their communities, educating them about self-awareness, coping mechanisms for common teen issues, staring down peer pressure, and teaching them tools that will prevent or stop harmful thoughts and behaviors. Doug is a captivating speaker for wide audiences but also to the individual, personally mentoring a multitude of troubled youth. He has developed a forward-thinking curriculum that is demanded by schools and temples throughout the country. He holds a Bachelor's degree in Political Science and Film from the University of Colorado and an MFTI from the Chicago School of Professional Psychology. Doug has put his education and social skills to dire use, relating to thousands of teens in a way that allows them to understand the message of living well, but spread it too.

Adat Shalom 3030 Westwood Blvd. Los Angeles, CA 90034 [www.adatshalomla.org](http://www.adatshalomla.org)