

# More Vitamin D and No more Vaccines

Mayer Eisenstein MD,JD,MPH

June 2013



# Mayer Eisenstein MD, JD, MPH

## Medical Director

### The Eisenstein Clinics

- Since 1973 Dr. Eisenstein has, given [vaccine choice](#) to over 100,000 children, parents and grandparent. They apply the principles of minimal pharmaceuticals to medicine with emphasis on Natural substitutes to control chronic conditions



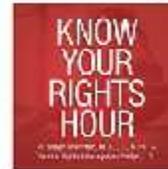
## No Shots, No School, No Sports, No Camp...**NOT TRUE!!!**

Dr. Mayer Eisenstein and Advanced Nurse Practitioner Jennifer Eisenstein are pleased to announce The Eisenstein Clinics for School, Camp, Sports Physicals and Wellness Clinic for those who have decided to exercise their right of Vaccine choice and Natural treatment. Dr. Eisenstein and his practice have cared for more than 50,000 children and more than 75,000 adults. There is virtually no autism, asthma, allergies, respiratory illness, or diabetes in his unvaccinated children and adults, an impressive statistic when compared to national rates. Most conditions can be treated with natural treatments.



### The "Eisenstein Clinics" Feature

1. Vaccine Choice Wellness Clinics
2. Pediatric Care
3. Women's Care
4. Men's Care
5. Metabolic Syndrome HCG Protocol (The Eisenstein Protocol)
6. Bio-Identical Hormone Therapy
7. Natural Treatments and more



NATURALNEWS **RADIO** DISCUSSING

### Know Your Rights Radio

Wednesday, 4-5pm EST, Hosted by Dr. Mayer Eisenstein & Vaccine Rights Attorney Alan Phillips

Dr. Mayer Eisenstein, M.D., J.D., M.P.H. and Vaccine Rights Attorney Alan Phillips, J.D. discuss your questions and concerns about vaccines, medical politics and your personal rights.

### Locations:

135 E. Algonquin Rd., Arlington Heights, IL 60005

1100 Sherman, #107, Naperville, IL 60563

847-329-2020



# See us at Booth 207

- Dr. Mayer Eisenstein and Advanced Nurse Practitioner Jennifer Eisenstein are pleased to announce the School, Camp and Sports Physicals Clinic for those parents who have decided on vaccine choice and a more natural approach to health care
- Dr. Eisenstein and his practice have cared for more than 50,000 children who were minimally or not vaccinated at all. There is virtually no autism, asthma, allergies, respiratory illness, or diabetes in his unvaccinated children, an impressive statistic when compared to national rates.

**VACCINATIONS?**  
KNOW THE RISKS AND FAILURES.

 **NVIC.org**



01400

 CLEAR CHANNEL

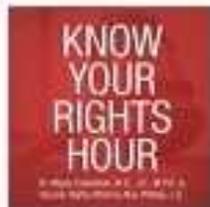
**Know Your Rights Hour- [www.NaturalNews.com](http://www.NaturalNews.com)**

# THE BEST IN HEALTH TALK RADIO

with Patrick Timpone, Robert Scott Bell, Curt Linderman, Joni Cox, Mike Adams, Mike Bundrant and Ed Corcoran

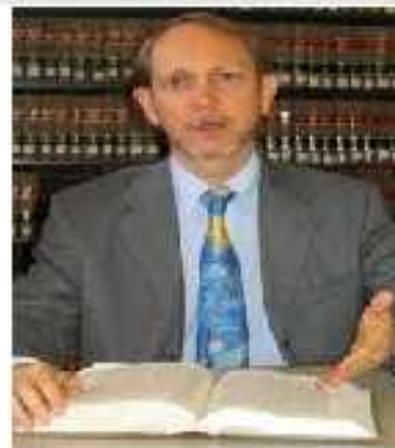
## Know Your Rights Hour

New show every Wednesday, 9am-10am EST



Dr. Mayer Eisenstein, M.D., J.D., M.P.H. and Vaccine Rights Attorney Alan Phillips, J.D. discuss your questions and concerns about vaccines, medical politics and your personal rights.

[Browse the Know Your Rights Hour Archive »](#)



# Don't Vaccinate! Before You Educate™

Don't Vaccinate Before You Educate is a compilation of Dr. Eisenstein's lectures, webinars and seminars on vaccinations. Dr. Eisenstein brings his knowledge as a physician, with a Masters in Public Health and his legal expertise as an attorney to help educate you on this very important topic. Dr. Eisenstein has concluded that the scientific literature, both pro and con vaccine, makes it virtually impossible to come to a scientific conclusion with regard to the benefit vs. the risks of vaccines. Unlike most other physicians, he feels parents have the right to be involved in the final decision about vaccinating their children. He discusses vaccine law and the various legal exemptions. In this revised edition, Dr. Eisenstein explains why a personal religious exemption is the best route for obtaining a legal, valid vaccine waiver. Don't Vaccinate Before You Educate is the beginning of a path to educate families with vaccines and vaccine exemptions.



\$25.00  
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Don't Vaccinate! Before You Educate™ - Mayer Eisenstein MD, JD, MPH



# Don't Vaccinate! Before You Educate™

Mayer Eisenstein MD, JD, MPH



Updated/Revised

## Mayer Eisenstein MD,JD,MPH

# ARE WE POISONING OUR KIDS IN THE NAME OF PROTECTING THEIR HEALTH?

COMPARISON OF CDC MANDATORY SCHEDULE  
Children birth to six years (recommended month)



Green our vaccines.  
And administer them  
with greater care.

**Mercury. Aluminum. Formaldehyde. Ether. Antifreeze.** Not exactly what you'd expect—or want—to find in your child's vaccinations. Vaccines that are supposed to safeguard their health yet, according to our studies, can also do harm to some children.

The statistics speak for themselves. Since 1983, the number of vaccines the CDC recommends we give to our kids has gone from 10 to 36, a whopping increase of 260%. And, with it, the prevalence of neurological disorders like autism and ADHD has grown exponentially as well.

Just a coincidence? We don't think so. Thousands of parents believe their child's regression into autism was triggered, if not caused, by over-immunization with toxic ingredients and live viruses found in vaccines. The Centers for Disease Control and the American Academy of Pediatrics dispute this, but independent research and the first-hand accounts of parents tell a different story.

### Why are we giving our children so many more vaccines so early in life?

Why do we only test vaccines individually and never consider the combination risk of vaccines administered together? Given the dramatic rise of autism to epidemic levels, isn't it time for the scientific community to seriously consider the anecdotal evidence of so many parents? We urge the CDC and AAP to help us find the answers to these questions and learn why the increase in the number and composition of so many vaccinations has led to a surge in neurodevelopmental disorders. Our children deserve no less.

GENERATION RESCUE  
[www.generationrescue.org](http://www.generationrescue.org)

# 1940

DTP  
SMALLPOX

\*\*some children got 4 shots before the age of 2. NEVER with more than 1 shot per visit



\*49 DOSES of 14 vaccines by the age of 6 (in 2012)

**Educate Before You Vaccinate**

proud parents of unvaccinated: children [find us on facebook](#)

# 1980

DTP (2 months)  
Polio (2 months)  
DTP (4 months)  
Polio (4 months)  
DTP (6 months)  
Polio (6 months)  
MMR (12 months)  
DTP (18 months)  
DTP (5 years old)

\*\*children got 8 shots before age 2 and NEVER with more than 2 shots per visit

# 2012

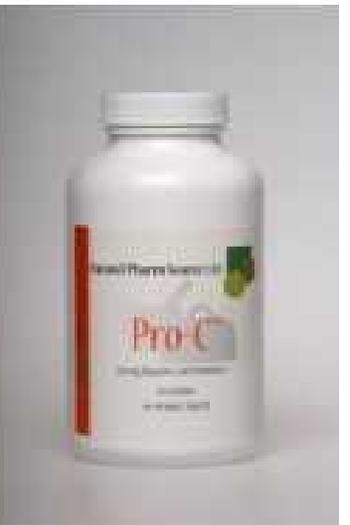
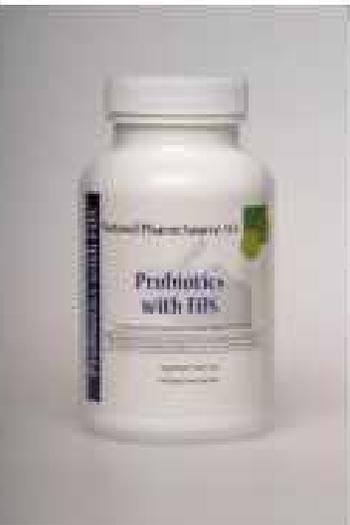
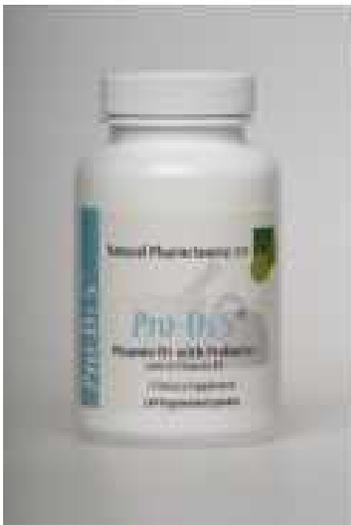
Flu/H1N1 (Prenatal)  
HepB (Birth)  
Dtap (2 months)  
Polio (2 months)  
Hib (2 months)  
Pneu (2 months)  
Rotavirus (2 months)  
HepB (2 months)  
Dtap (4 months)  
Polio (4 months)  
Hib (4 months)  
Pneu (4 months)  
Rotavirus (4 months)  
Dtap (6 months)  
Polio (6 months)  
Hib (6 months)  
Flu/H1N1 (6 months)  
Flu/H1N1 (7 months)  
Pneu (12 months)  
MMR (12 months)  
Varicella (15 months)  
HepA (15 months)  
Dtap (18 months)  
Polio (18 Months)  
Hib (18 months)  
HepA (18 months)  
Flu/H1N1 (18 months)  
Flu/H1N1 (2.5 years)  
Dtap (4-6 years)  
Polio (4-6 years)  
MMR (4-6 years)  
Varicella (4-6 years)  
Flu/H1N1 (4-6 years)

# Buzz Words That Work



## Bugs and More Bugs

- [Vitamin D](#), [Vitamin C](#), [Omega 3](#) and [Probiotics](#)
- Instead of Antibiotics, Anti-Virals and Vaccines



**"We should be thinking of antibiotics not as a magic bullet, but as a precious resource that we should only use when absolutely necessary,"  
Dr. Hicks (CDC Medical director)**



- **Dr. Hicks CDC Medical Director**
- **U.S. Outpatient Antibiotic Prescribing, 2010**
- **New England Journal Medicine**
- N Engl J Med 2013; 368:1461-1462 [April 11, 2013](#) DOI: 10.1056/NEJMc1212055

- For every 1,000 people in the U.S., over 800 antibiotic prescriptions were written in 2010 -- alarming numbers, according to a new study by the U.S. Centers Disease Control and Prevention.
- The CDC says antibiotics are losing their punch because they're being overused. Dr. Lauri Hicks the CDC medical director, said some patients may put pressure on their doctors to prescribe the meds as a "quick fix" so they may return to their jobs sooner. But if this is the case, it may be only adding to the growing problem of resistance, she adds.

**"We should be thinking of antibiotics not as a magic bullet, but as a precious resource that we should only use when absolutely necessary," said Hicks.**

# FDA warns about Zithromax and fatal heart risks



- The US Food and Drug Administration issued a warning last week about the popular and powerful antibiotic azithromycin (Zithromax or Zmax), saying that it could lead to a potentially fatal irregular heart rhythm in patients who are at higher risk for heart problems. These include people with low blood levels of potassium or magnesium or a slower than normal heart rate, or who use certain drugs to treat abnormal heart rhythms.
- A study published last May in the New England Journal of Medicine found that the estimated excess risk of cardiovascular death from taking azithromycin compared with amoxicillin varied from roughly 1 in 111,000 among healthier patients to 1 in 4,100 among high-risk patients
- **“Health care professionals should consider the risk of fatal heart rhythms with azithromycin when considering treatment options for patients who are already at risk for cardiovascular events,” the FDA recommends on its website.**

# The Age of Safe Medicine is Over

- **Dr. Sally Davies Britain's Health chief warns: age of safe medicine is ending Antibiotic-resistant infections spread through Europe Antibiotics no more effective at relieving coughs and colds than a sugar pill**



- **Britain's health system could slip back by 200 years unless the "catastrophic threat" of antibiotic resistance is successfully tackled.**

## AAP Issues New Guidelines on Treating Ear Infections in Children



- **AAP Issues New Guidelines on Treating Ear Infections in Children**
- **2/25/2013**

The American Academy of Pediatrics (AAP) is updating its guidelines for treating ear infections, the new guidelines highlight more stringent criteria...

- **Dr. Eisenstein's comment:**

Doctors need to prescribe, More Vitamin D, Vitamin C, Omega 3, and Probiotics instead of Antibiotics. This will reduce the number of resistance strains.

- **The guidelines include recommendations for treatment with antibiotics and pain relievers, or observation alone, based on the child's age and severity of symptoms.**

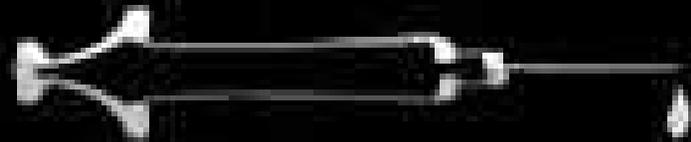
# Flu Vaccines are Silly!!!



*THE FLU SHOT:  
MERCURY (250 times  
the EPA's safety limit),  
FORMALDEHYDE,  
ALUMINUM, MSG,  
detergents, ANTIFREEZE,  
polysorbate 80, phenol,  
and antibiotics in one  
dose*



# MERCURY POISONING



Kid Tested



**CDC admits to flu vaccine's ineffectiveness  
as huge influx of flu victims fills  
hospitals across the country**





TEAM COVERAGE

**DR. MAYER EISENSTEIN**  
OPPOSES H1N1 VACCINE

12:05 72°

**Atlanta**  
cbsatlanta.com

# Know Your Rights

Vaccine Rights Attorney and Mayer Eisenstein MD, JD, MPH

Live Every Monday 8PM CT



Never Take  
Flu Shots!!

# HISTORY OF RECOMENDATIONS



- Originally: over 65
- Expanded to over 65, children from 6 months to two years
- Expanded to over 65, children from 6 months to five years
- Expanded to over 50, children from 6 months to 18 years
- Always included: hospitalised individuals, immunocompromised, healthcare workers, pregnant women and people who are in contact with the above mentioned

• **What's next?**

# Flu shots don't cut mortality rates in the elderly



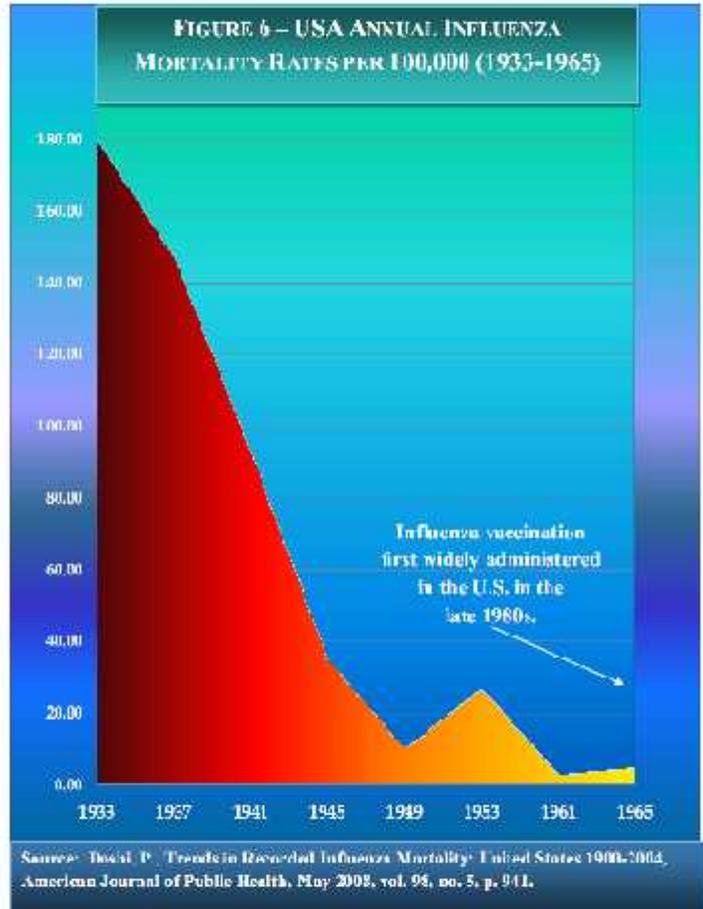
- Influenza vaccinations don't reduce flu-related mortality rates in elderly adults in the United States, and prior reports of the vaccine's efficacy in this population have been exaggerated, according to a report published Sept. 24, 2007 in the
- **Lancet Infectious Diseases.**

# Mortality Benefits of Influenza Vaccine Questioned



- A study by researchers at the National Institutes of Health (NIH), Bethesda, MD, USA, concludes that influenza vaccinations in the USA have prevented fewer deaths than indicated by previous research (*Arch Intern Med* 2005; **165**: 265–72).
- Over the past 25 years the proportion of those aged 65 years or over receiving flu jabs in the USA has climbed from a fifth to two-thirds. **Yet estimates of winter deaths suggest that flu-related mortality has risen during this period.**
- Ira Longini (Emory University, Atlanta, GA) notes that an ecological analysis cannot infer causality. **“However, it is clear that increasing vaccination of the elderly has not resulted in a decrease in pneumonia and influenza mortality on a population level in that age group.”**

FIGURE 6 – USA ANNUAL INFLUENZA MORTALITY RATES PER 100,000 (1933-1965)



Source: Hensel, P. Trends in Reported Influenza Mortality: United States 1900-2004. American Journal of Public Health, May 2008, vol. 98, no. 5, p. 941.

**FIGURE 26 - UNDER AGE 5 INFLUENZA DEATHS BEFORE AND AFTER U.S. CDC MANDATES FLU VACCINES IN EARLY CHILDHOOD**



Under Age 5 Influenza Mortality statistics derived from: Center for Disease Control Vital Statistics Reports covering Years 1999-2003 reported in Miller, N.Z., Vaccine Safety Manual, New Atlantean Press, Santa Fe, New Mexico, 2008, p. 97.

# Facts suggesting that Vitamin D was protective against the Flu of 1918:



- The mass of deaths in the Northern hemisphere occurred when Vitamin D levels were low (fall and winter).
- While infection rates were similar for sailors and troops on infected troop transport ships, the sailors had 1/4 the mortality of the troops. One has to assume the 25(OH)D of sailors aboard 1918 troop transport ships was higher than the troops inside.
- Underground coal miners in North America had the highest mortality of any occupation.
- Open air hospitals in North America allegedly had lower mortalities than regular hospitals.
- Mortality for sailors at sea was markedly lower than sailors ashore, despite the crowded conditions on board.

# More Evidence that Vitamin D is Protective against the Flu

- **Dr. Norris Glick September 17,2009**
- **Central Wisconsin Center is a long-term care facility for people with developmental disabilities, home for approx. 275 people with approx. 800 staff. Serum 25-OHD has been monitored in virtually all residents for several years and patients supplemented with vitamin D.**
- **In June, 2009, at the time of the well-publicized Wisconsin spike in H1N1 cases, two residents developed influenza-like illness (ILI) and had positive tests for H1N1: one was a long-term resident; the other, a child, was transferred to us with what was later proven to be H1N1**
- **So, it is rather remarkable that only two residents of 275 developed ILI, one of which did not develop it here, while 103 of 800 staff members had ILI. It appears that the spread of H1N1 was not from staff-to-resident but from resident-to-staff (most obvious in the imported case) and between staff, implying that staff were susceptible and our residents protected.**



# Vitamin D, Vitamin D and more Vitamin D

Mayer Eisenstein MD,JD,MPH



*June 2013*



# The Chicago Blackhawks are the first vitamin D team in modern professional sports history.

- According to my sources, the Chicago Blackhawk team physicians began diagnosing and treating vitamin D deficiency in all Blackhawk players about 18 months ago. Apparently, most players are on 5,000 IU per day.
- After many losing seasons, last year the Blackhawks came out of nowhere to get to the Western conference finals. This year they are playing even better.
- According to my sources, improved athletic performance is only one of the benefits for the Blackhawk players. The other is a reduction in the number and severity of colds and flu and a reduction in the number and severity of repetitive use injuries.



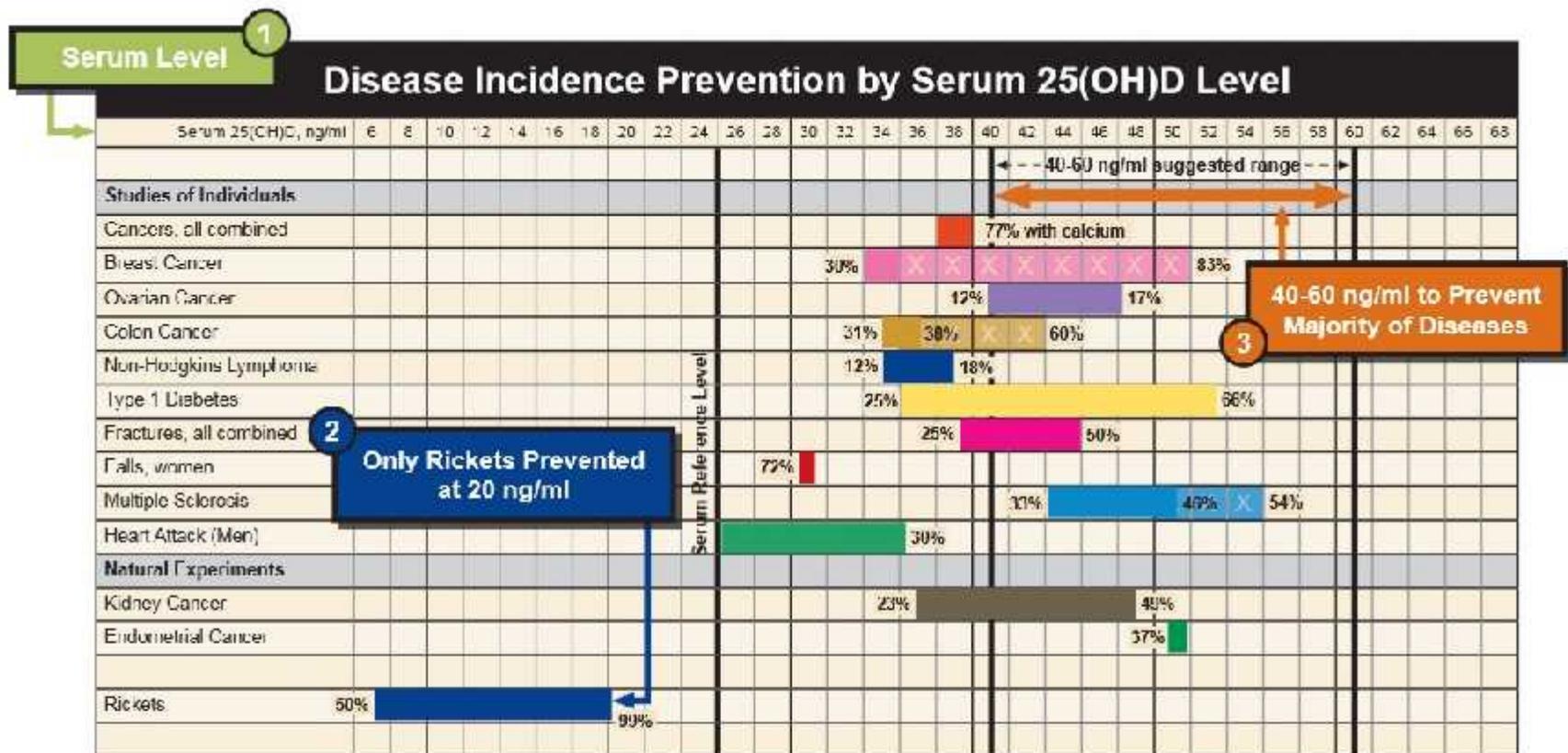


Chart prepared by: Garland CF, Baggerly CA

**Legend**

All percentages reference a common baseline of 25 ng/ml as shown on the chart.

%s reflect the disease prevention % at the beginning and ending of available data. Example: Breast cancer incidence is reduced by 30% when the serum level is 34 ng/ml vs the baseline of 25 ng/ml. There is an 83% reduction in incidence when the serum level is 60 ng/ml vs the baseline of 25 ng/ml.

The x's in the bars indicate 'reasonable extrapolations' from the data but are beyond existing data.

**References:**

All Cancers: Lappe JM, et al. Am J Clin Nutr. 2007;85:1586-91. Breast: Garland CF, Gorham ED, Mohr SB, Grant WB, Garland FC. Breast cancer risk according to serum 25-Hydroxyvitamin D. Meta-analysis of Dose-Response (abstract). American Association for Cancer Research Annual Meeting, 2008. Reference serum 25(OH)D was 5 ng/ml. Garland, CF, et al. Amer. Assoc. Cancer Research Annual Mtg, April 2006. Colon: Gorham ED, et al. Am J Prev Med. 2007;32:210-6. Diabetes: Hyppönen E, et al. Lancet. 2001;358:1500-3. Endometrium: Mohr SB, et al. Prev Med. 2007;45:323-4. Falls: Bruce KE, et al. J Am Geriatr Soc. 2007;55:234-9. Fractures: Bischof-Ferrari HA, et al. JAMA. 2005;293:2257-64. Heart Attack: Giovannucci et al. Arch Intern Med/Vol 163 (No 11). June 9, 2003. Multiple Sclerosis: Mungen KL, et al. JAMA. 2006;296:2832-8. Non-Hodgkin's Lymphoma: Purdue MP, et al. Cancer Causes Control. 2007;18:989-99. Ovary: Tworoger SS, et al. Cancer Epidemiol Biomarkers Prev. 2007;16:783-8. Renal: Mohr SB, et al. Int J Cancer. 2006;119:2707-9. Rickets: Amdur SR, et al. Pediatrics. 1970;Feb;57(2):221-7.

# Dr. Eisenstein's Daily Minimum Recommendation for Vitamin D

1. Pregnant and nursing mothers- -10,000IU
2. Children and Adolescents- 2,000-3000IU
3. Adults 5,000-10,000IU
4. Adults with Chronic Illness-10,000IU
5. Adults with Colds and flu -50,000IU 3-5 days or 1,000IU per lb. per day

The 25(OH)D blood test can determine your levels 100IU of Vitamin D will raise your blood levels approximately 1ng/ml

Normal Blood levels should be in the range of 60-80ng/ml  
Blood levels for chronic conditions 80-100ng/ml

## Dr. Eisenstein's Minimal Vitamin D Recommendations

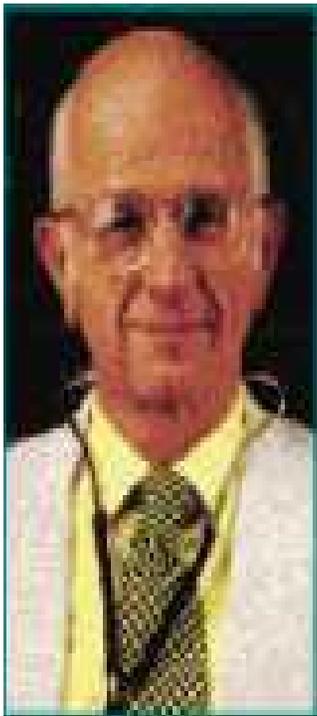
- At the first symptoms of a cold or flu  
1,000IU/ lb. daily for 7 days.
- 
- Examples:
- 50 lb daily            50,000IU daily.
- 100 lb daily           100,000IU daily.
- 150 lb daily           150,000IU daily.
- 200 lb daily           200,000 IU daily.



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Are Vaccines Safe?????

# Dr Robert Mendelsohn 1973

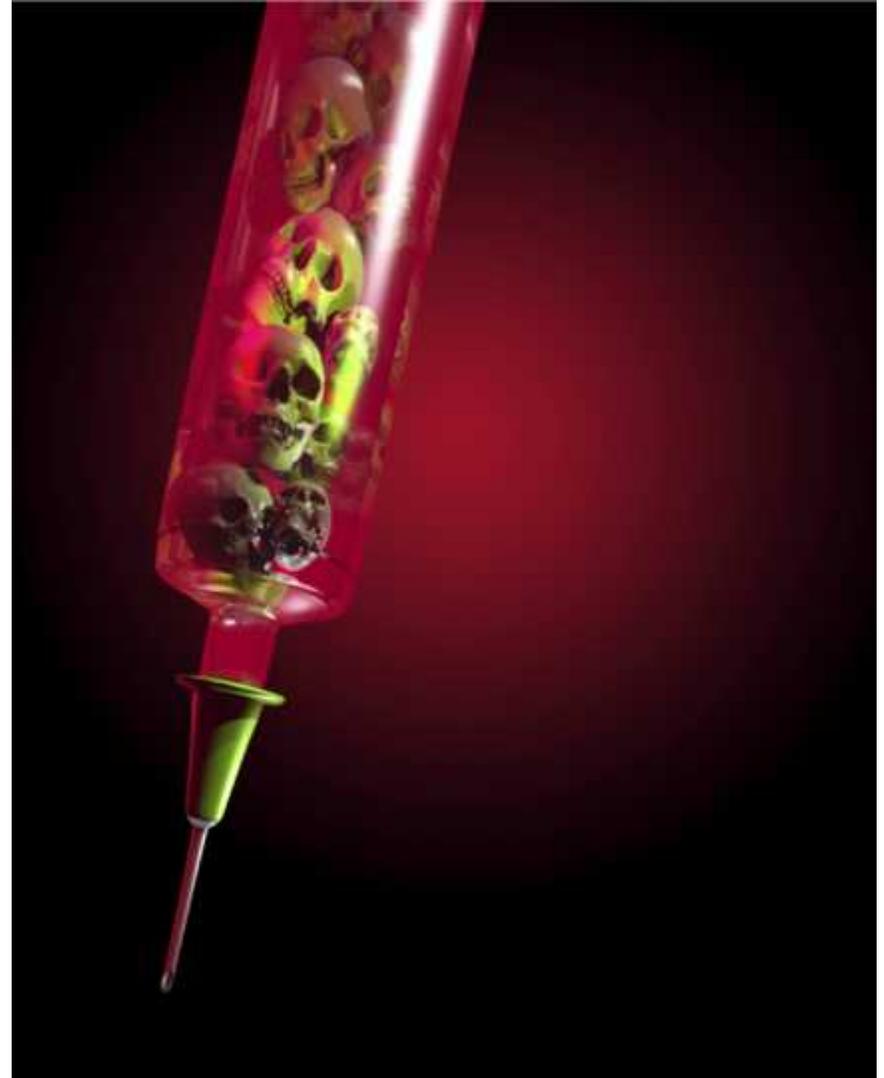


"The greatest threat of childhood diseases lies in the dangerous and ineffectual efforts made to prevent them through mass immunization.... There is no convincing scientific evidence that mass inoculations can be credited with eliminating any childhood disease."

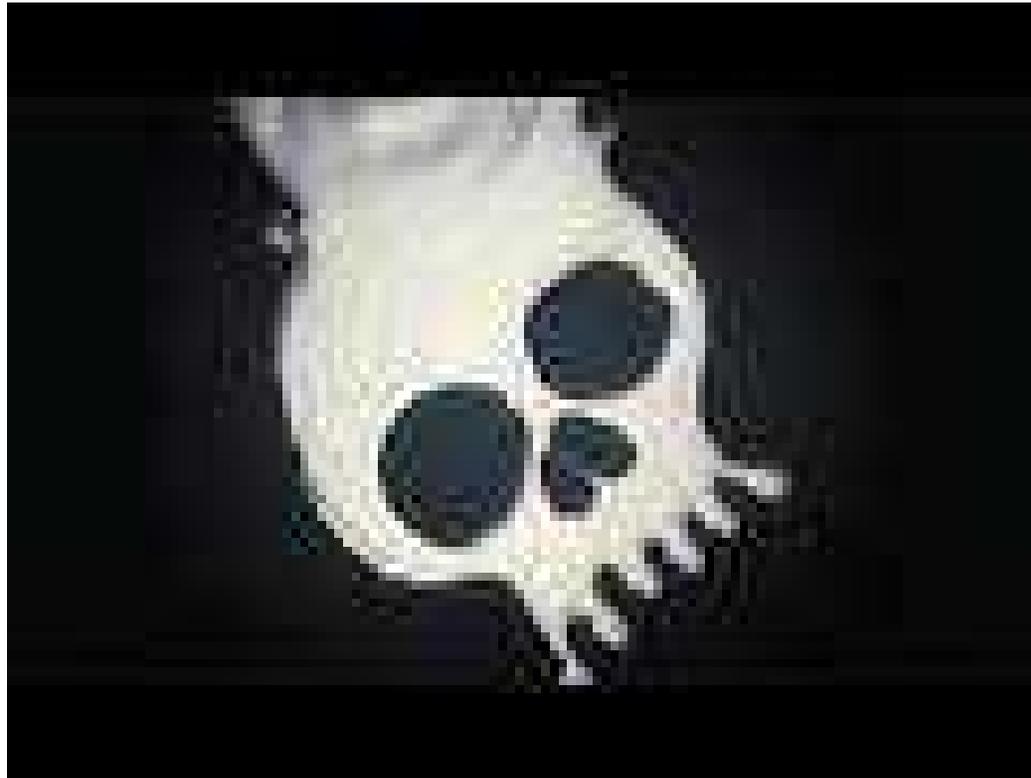
Dr Robert Mendelsohn, M.D.

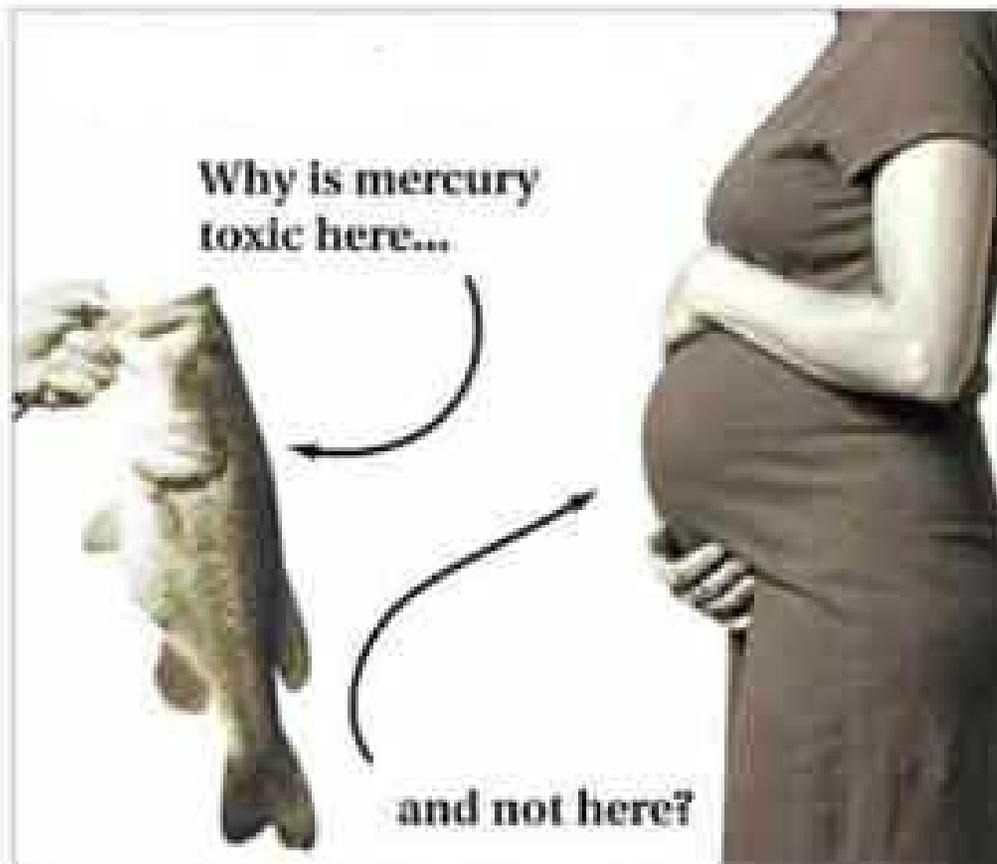
# Ingredients in Vaccines

- Parents should understand that vaccines are drugs.
- They contain antigens, preservatives, adjuvants, stabilizers, antibiotics, buffers, diluents, emulsifiers, excipients, residuals, solvents, and inactivating chemicals.
- They also contain residue from animal and human growth mediums.



# Don't Mess with Mercury





Why is mercury  
toxic here...

and not here?

In 1990, the United States government passed the Minamata Convention on Mercury, which is the only international treaty that specifically addresses mercury. The United States has signed the convention, but has not yet ratified it. The convention calls for reducing mercury emissions from power plants, and for reducing mercury in consumer products. The convention also calls for reducing mercury in the environment, and for reducing mercury in the diet. The convention is a landmark in the history of mercury regulation, and it is a step towards protecting public health and the environment from mercury. For more information, visit [www.mercuryconvention.org](http://www.mercuryconvention.org).

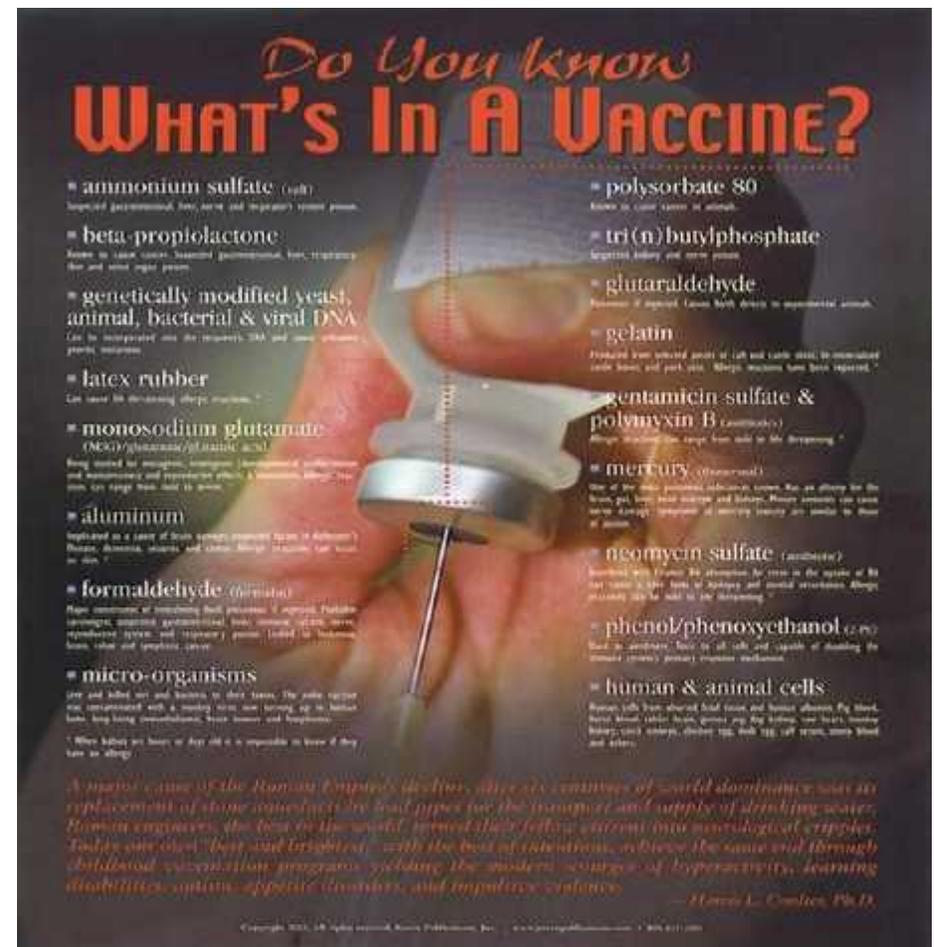
**GIVING MERCURY TO CHILDREN  
ON PURPOSE IS STUPID.**

*Call President Bush and Congress today to demand that mercury be removed from seafood.*  
 For information on how to contact your representatives, visit [www.congress.gov](http://www.congress.gov).  
 For more information on mercury, visit [www.mercuryconvention.org](http://www.mercuryconvention.org).  
 © 2001 Environmental Defense Fund. All rights reserved.

*THE FLU SHOT:  
MERCURY (250 times  
the EPA's safety limit),  
FORMALDEHYDE,  
ALUMINUM, MSG,  
detergents, ANTIFREEZE,  
polysorbate 80, phenol,  
and antibiotics in one  
dose*

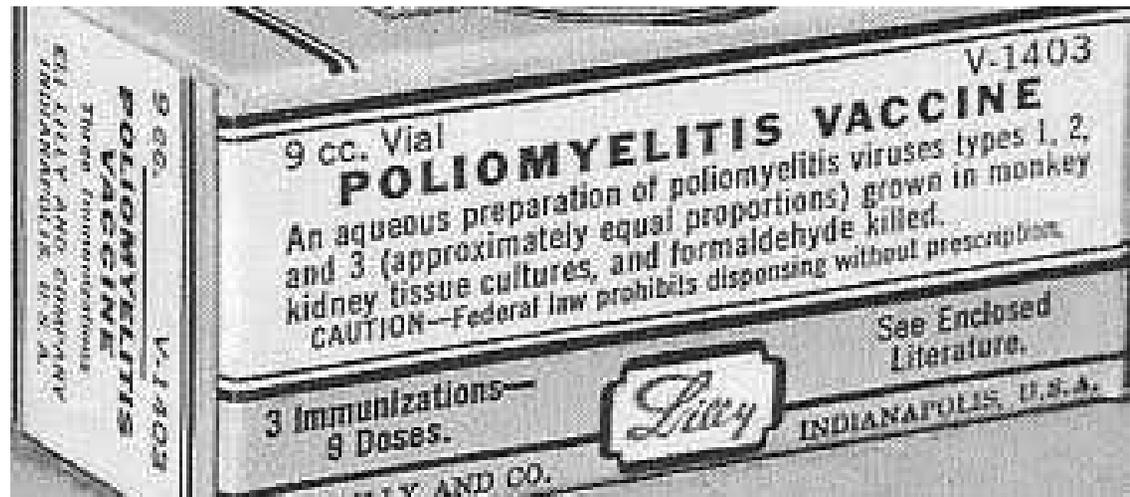
# Stabilizers

- **STABILIZERS:** Inhibit chemical reactions and prevent vaccine contents from separating or sticking to the vial. **Fetal bovine (calf) serum** is a commonly used stabilizer. **Monosodium glutamate (MSG)** helps the vaccine remain unchanged when exposed to heat, light, acidity, or humidity.
- **Human serum albumin** helps stabilize live viruses. **Porcine (pig) gelatin**, which protects vaccines from freeze-drying or heat, can cause severe allergic reactions.



# Vaccine Growth Mediums

- **GROWTH MEDIUMS:**  
Viruses require a medium in which to
- propagate. Common broths include chick embryo fibroblasts; chick kidney
- cells; mouse brains; African green monkey kidney (Vero) cells; and human
- diploid (fetal) cells (MRC-5, RA 27/3, WI-38).



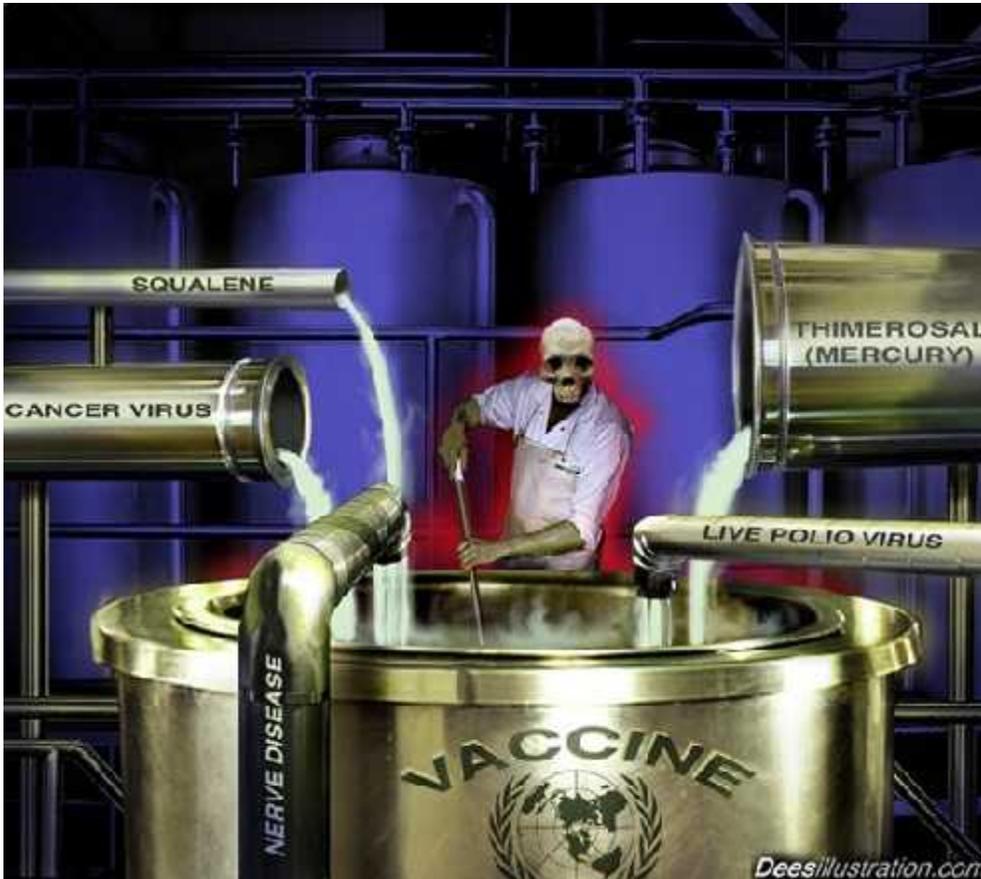


WE FOUND THE WEAPONS OF MASS DESTRUCTION

MERCURY IS...

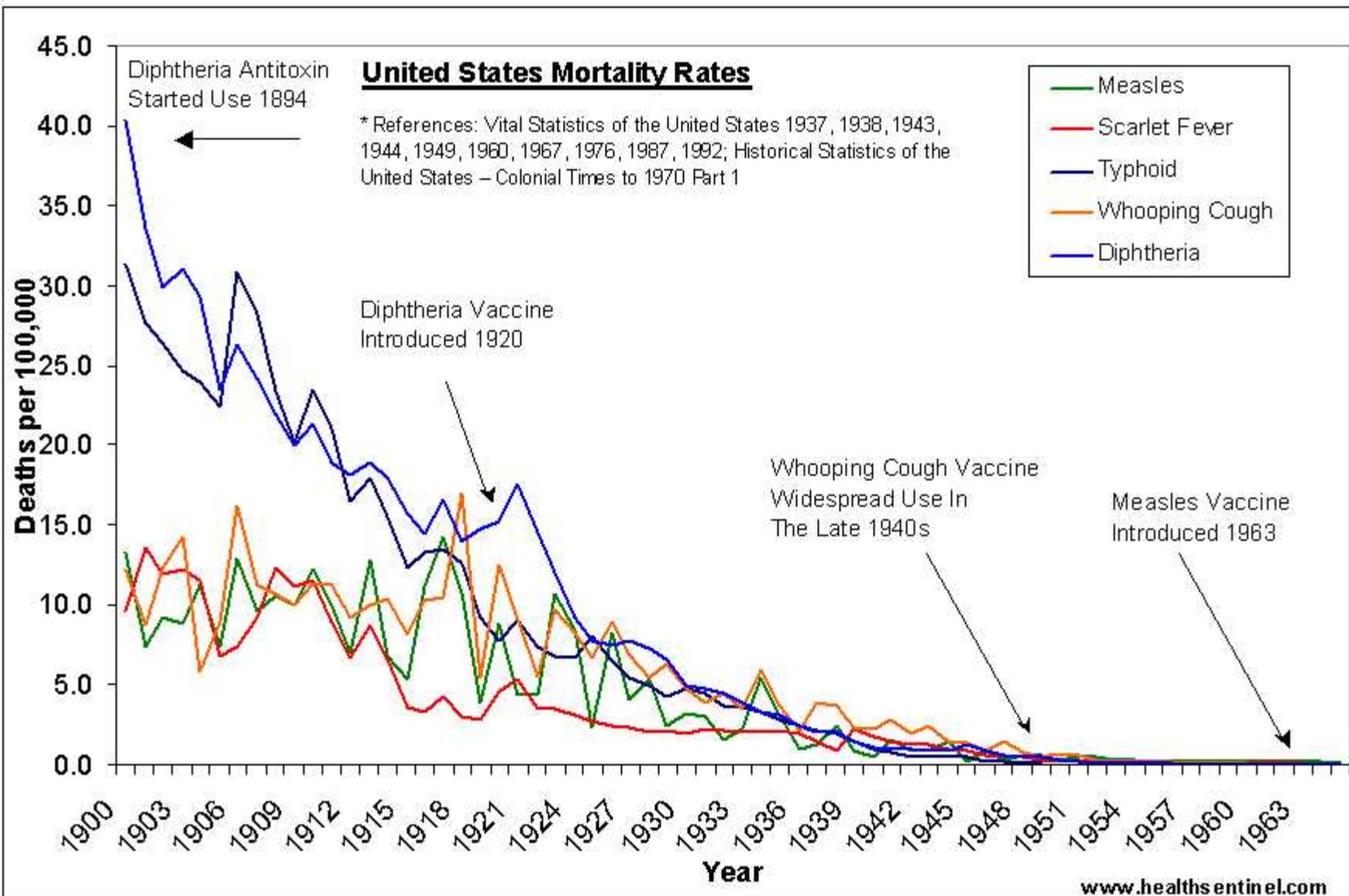
- in the air we breathe
- in the fish we eat
- in the vaccines we inject

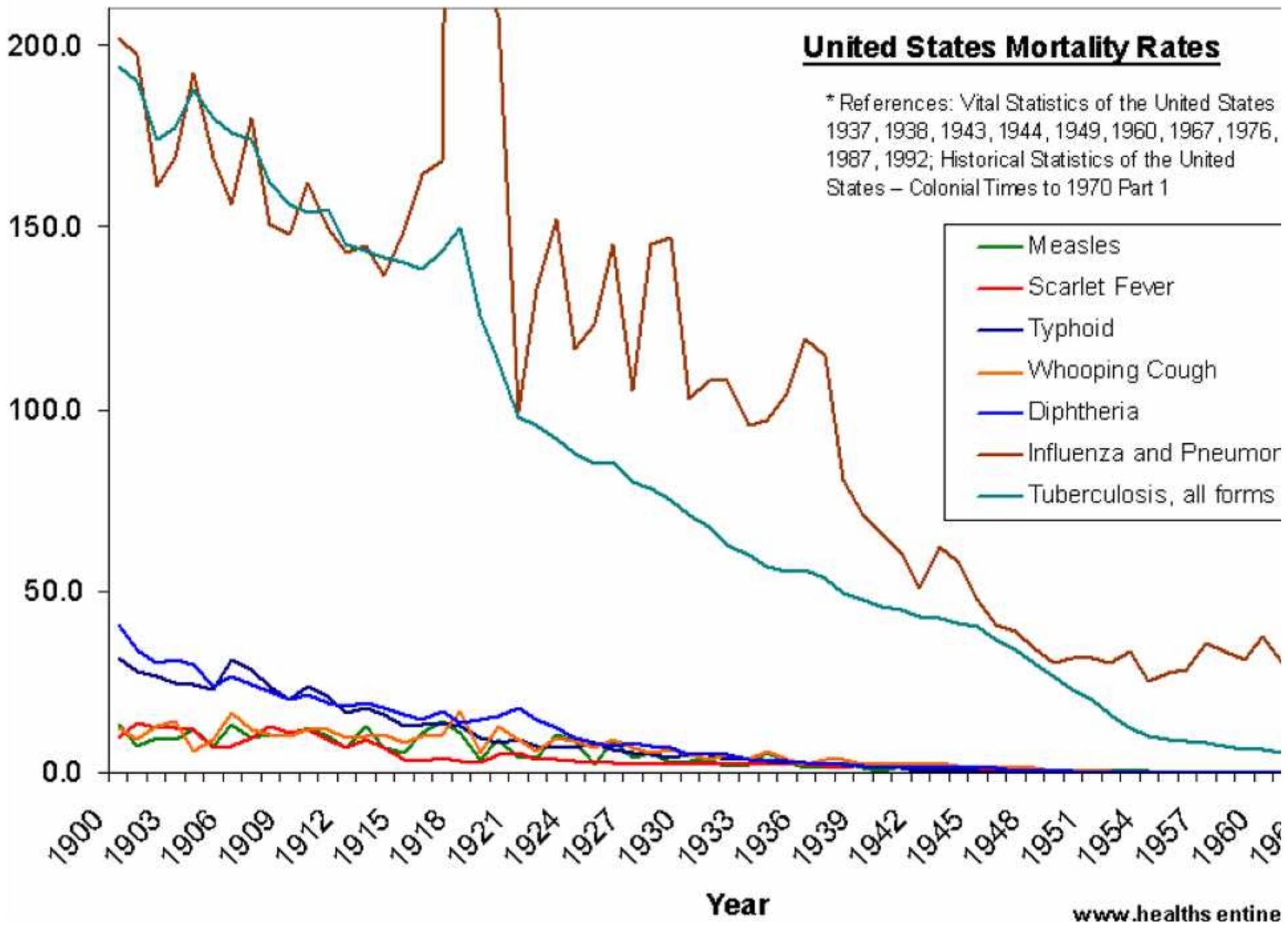
# American Academy of Pharmaceuticals



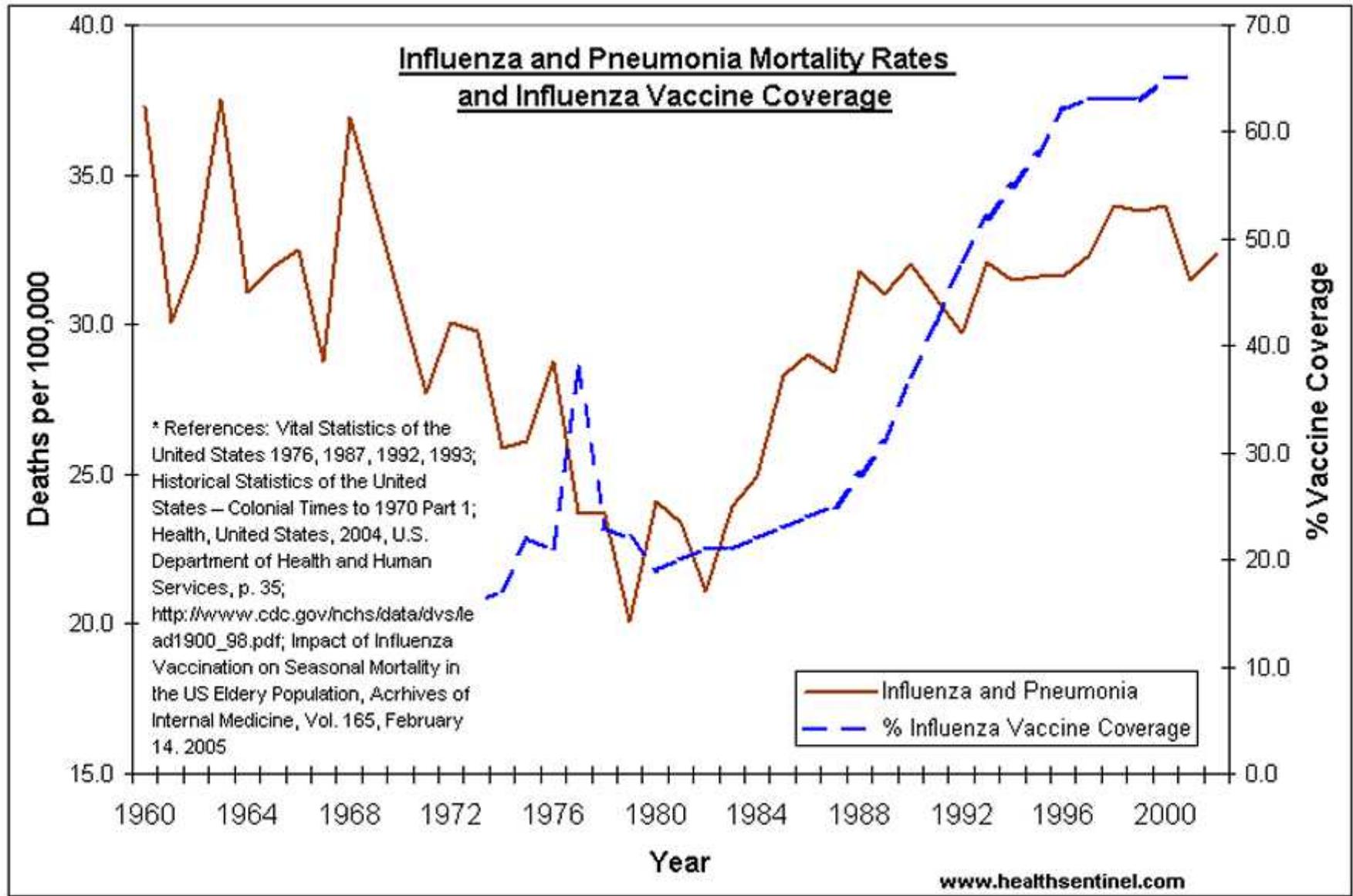
- In a stunning statement, the American Academy of Pediatrics (AAP) has supported the World Health Organization's (WHO) recommendation that thimerosal, a mercury-containing preservative, be retained for use in the global vaccine supply.

Are Vaccines Effective????





### Influenza and Pneumonia Mortality Rates and Influenza Vaccine Coverage



# *Autism*

- *“More children will be diagnosed with autism this year than AIDS, diabetes and cancer combined.”*

—Congressman Chip Pickering



# What do the DTaP vaccine Manufacturers Say?

- A recent check of the most current product data sheets published by
- DTaP vaccine manufacturers—as of July 2009—revealed dire warnings of irreversible risks and an extensive list of serious adverse reactions
- that have been reported following receipt of the DTaP shot. The following
- list includes “events which have a probable causal connection to
- components” of the DTaP vaccine:
- anaphylactic reactions, encephalopathy,
- neuropathy, brachial neuritis, Guillain-Barré syndrome, demyelinating
- diseases of the central nervous system, lymphadenopathy, bulging fontanelle,
- cranial mononeuropathy, seizures, grand mal convulsions, high-pitched
- cry, persistent cry, screaming, hypotonic/hyporesponsive episodes, cellulitis,
- cyanosis, thrombocytopenia, anorexia, diarrhea, vomiting, ear pain,
- **autism,**
- apnea, difficulty breathing, and sudden infant death syndrome (SIDS).



# SICK MONKEYS: RESEARCH LINKS VACCINE LOAD AUTISM SIGNS

The first research project to examine effects of the total vaccine load received by children in the 1990s has found autism-like signs and symptoms in vaccinated infant monkeys.

Reports show developmental delays, behavior problems and brain changes in macaque monkeys that mimic "certain neurological abnormalities of autism."

The findings are being reported at a major autism conference in London.

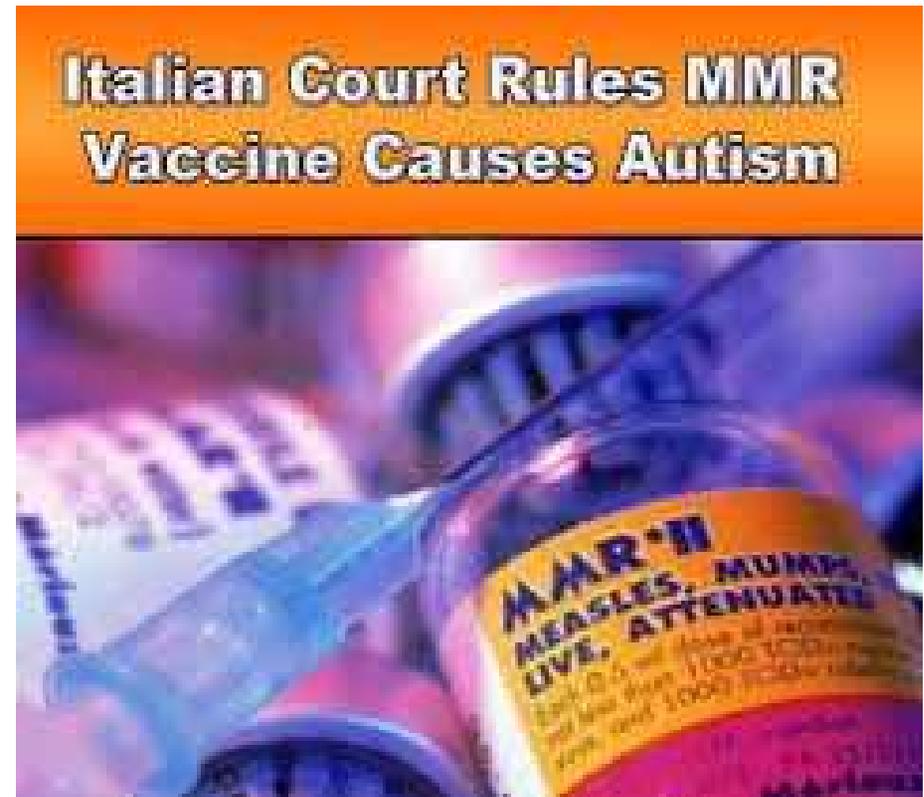
## **Age of Autism**

<http://www.ageofautism.com/2008/05/sick-monkeys-st.html>



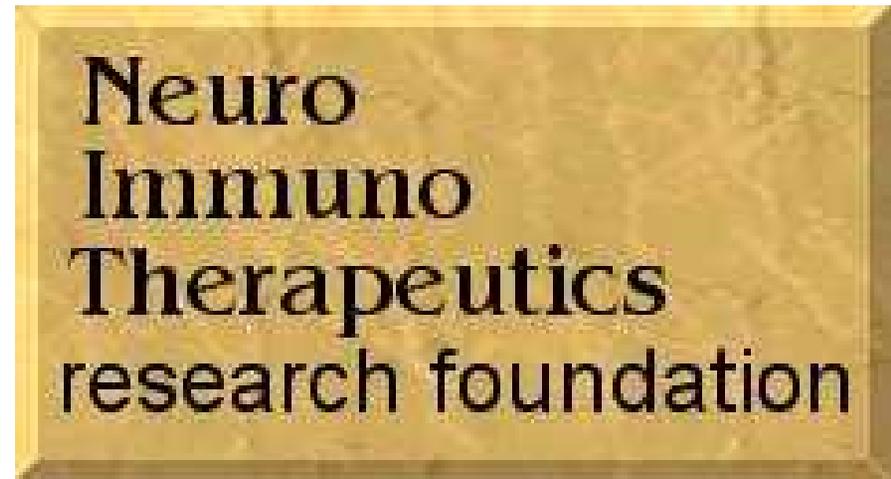
# MMR and AUTISM: Case Reports by Parents

- *“After my son’s MMR at 12 months, his development and personality changed.*
- *“My son received the MMR shot shortly after his first birthday.*
- *I complained to his doctor when he did not walk, talk or respond as a normal one-year-old.*
- *I was told that the shots would not have that reaction. He was diagnosed*
- *as mentally retarded, autistic, and Tourette’s syndrome.”*
- *“My son is vaccine-injured. After his 15-month vaccines, he could no longer stand, quit talking, and had terrible diarrhea that still isn’t resolved six years later. He is autistic, and his spinal fluid contains vaccine-strain measles virus.”*



# MMR and Autism

- In 1996, Dr. Hugh Fudenberg, director of the *NeuroImmuno Therapeutics Research Foundation*, published a pilot study on infantile onset autism
- and noted that 75 percent of his subjects exhibited their initial symptoms
- within one week of vaccination.



# Where are the autistic children at Homefirst® Health Services?



## VACCINE AUTISM EXCEEDINGLY OBVIOUS

"We have about 30,000 or 35,000 children that we've taken care of over the years, and I don't think we have a single case of autism in children delivered by us who never received vaccines.....Every doctor now essentially in this country has done something as heinous as the Nazis did, unknowingly."

Dr. Mayer Eisenstein

[whale.to/vaccines/autism.html](http://whale.to/vaccines/autism.html)

[whale.to/vaccines.html](http://whale.to/vaccines.html)

- In 1973, I founded Homefirst Health Services. *We have cared for over 50,000 children who have not been vaccinated and there is virtually not a single case of autism in these children .*
- **Mayer Eisenstein, MD, Director, Homefirst Health Services**
- now known as **the Eisenstein Medical Centers**

# Where are the Autistic Amish?

- Amish community for cases of autism. He began his quest in Lancaster
- County, the heart of Pennsylvania Dutch country, where statistically there
- should have been at least 130 people with autism. However, the Amish,
- who still ride horse-and- buggies, also shun modern medicine and do not
- vaccinate their children. This may have been the reason Olmsted had
- a difficult time finding autistic Amish.



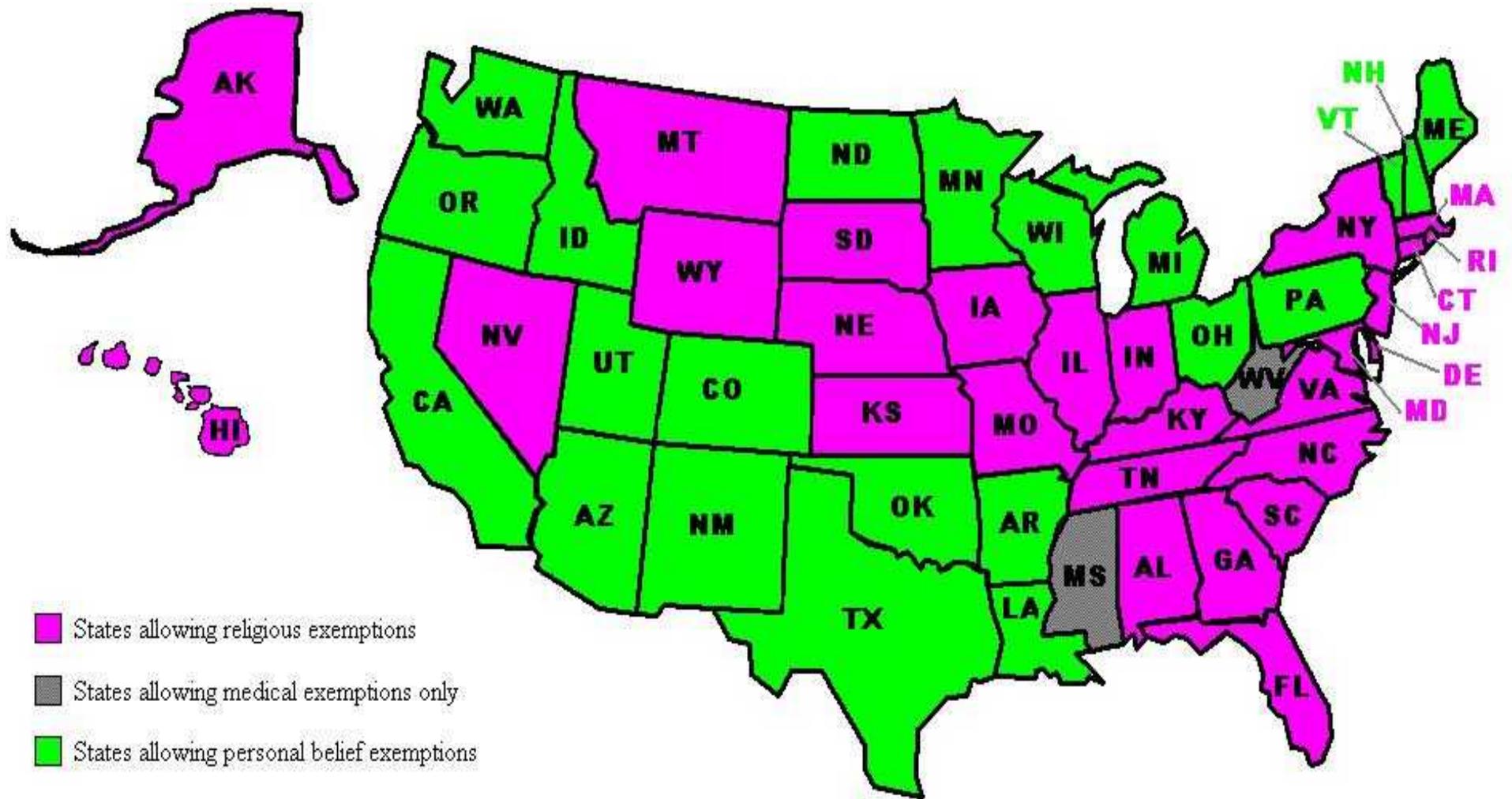
# Vaccine Exemptions

Excerpts from Dr. Eisenstein's book  
*Don't Vaccinate Before You Educate*

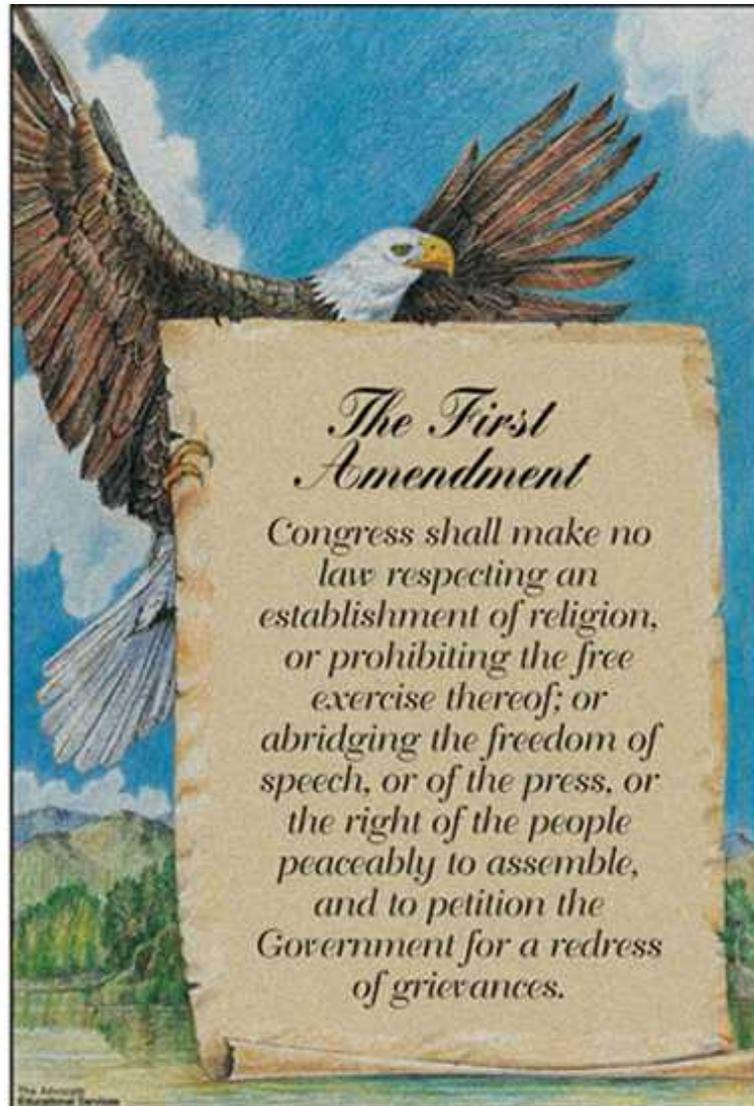


# Vaccine Waivers

- There are three legal waivers available –
- 1. **Medical** (accepted by all 50 states),
- 2. **Philosophical** (accepted currently in 18 states),
- 3. **Religious** (allowed in all states except Mississippi and Virginia).
- After reviewing all of the choices, I have come to the conclusion that a religious waiver is the best legal argument to avoid mandated vaccines.



# The First Amendment Protects Our Religious Right To Refuse Vaccine



Judge Leonard D. Wexler  
United States District Court, Eastern District of New York

October 21, 1987

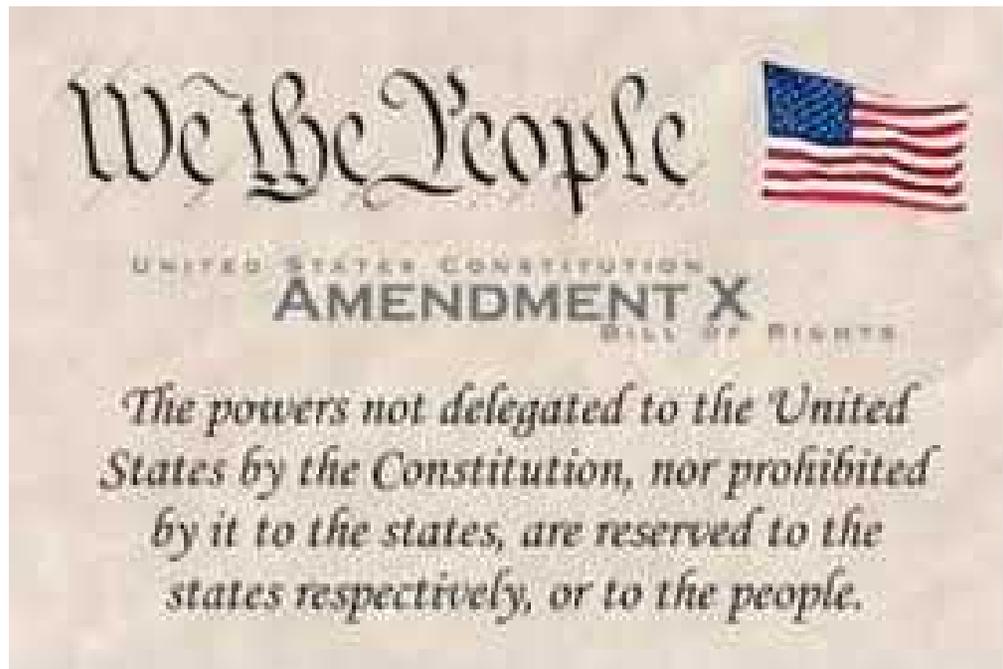


Until 1987 New York's law requiring vaccination of school-aged children provided a religious exemption only to "bona fide members of a recognized religious organization," but in that year a United States district judge ruled that limiting the exemption in this manner was unconstitutional.

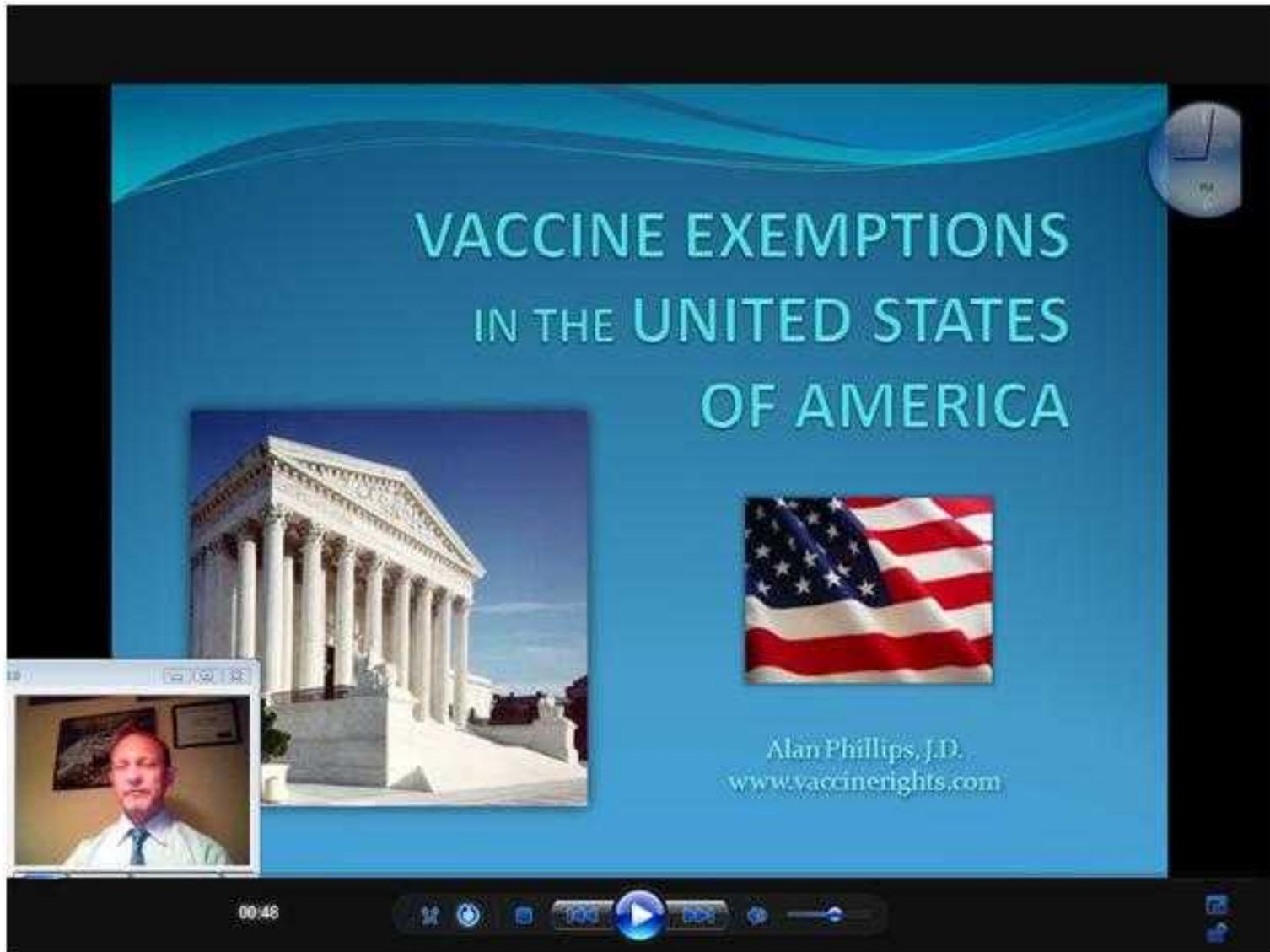
The religious beliefs may be personal religious beliefs and not necessarily the tenets of a recognized organized religion. Most states, including Illinois, have adopted the Wexler court's definition of personal.

# Each State Writes It's Own Vaccine Laws and Requirements

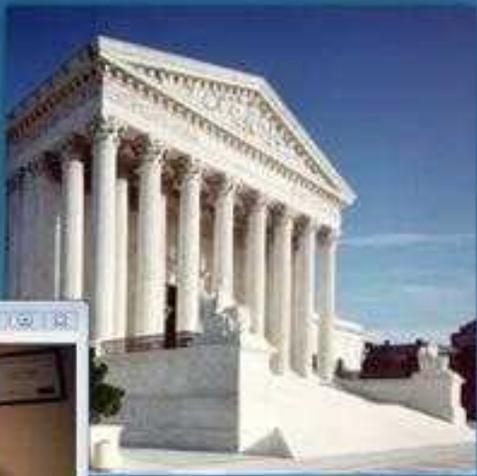
- However, The 10<sup>th</sup> Amendment bars any state from writing any law that violates the Constitution



# Vaccine Waivers



VACCINE EXEMPTIONS  
IN THE UNITED STATES  
OF AMERICA



Alan Phillips, J.D.  
[www.vaccinerights.com](http://www.vaccinerights.com)

00:48

The image shows a video player interface. The main content is a presentation slide with a blue background. The slide features the title 'VACCINE EXEMPTIONS IN THE UNITED STATES OF AMERICA' in large, light blue, sans-serif capital letters. Below the title, there are two images: on the left, a photograph of the United States Supreme Court building, and on the right, a photograph of the American flag. At the bottom right of the slide, the text 'Alan Phillips, J.D.' and the website 'www.vaccinerights.com' are displayed. In the bottom left corner of the video player, there is a small inset window showing a man in a light blue shirt and tie. The video player's control bar at the bottom includes a play button, a progress bar, and a timestamp of '00:48'. A clock icon is visible in the top right corner of the slide area.

## **Elements of an Illinois Religious Exemption Letter Concerning Mandated Childhood Vaccines**

- Following is an outline of a religious waiver letter regarding childhood vaccines. It is meant as a reference to point out the necessary and required elements as
- defined by Illinois law. It is not meant as a form letter.
- Each family must assess their religious beliefs or the tenets of their church to see if they meet the
- requirements of a valid religious exemption.

Dear local school authority...

We are the parents/legal guardian of...

We are exercising our rights as Illinois citizens...

Under Illinois Administrative Code § 665.510... 1

(a) We are setting forth our specific religious personal objection why our religious beliefs are in conflict with giving childhood vaccinations...2

or,

(b) We are setting forth our specific religious objections based on the tenets of our established religious organization.3

Both parents should sign the letter in front of a notary.4

1 You should quote the Administrative Code §665.510 verbatim.

2 You must set forth specific religious beliefs, i.e. passages from scripture. The specific personal religious objection cannot be medical, i.e., vaccines are dangerous therefore I religiously object. Since the scientific literature has articles pro and con with regard to childhood vaccines, it would be difficult to make scientific evidence based decision based on the medical literature. Therefore, if you are a religious person, the reason you would be objecting would most probably be religious not medical. i.e. I don't believe God allows human beings to inject foreign substances into their bodies. If your objection mentions anything medical, it becomes a medical exemption, (must be written by a licensed Illinois physician as discussed in ?), not a personal religious exemption.

3 To be in compliance with the law you need to select (a) or (b), you do not need both.)

4 This is not a legal requirement, however, in case of divorce or separation one spouse could not claim that he or she was against not vaccinating without recanting the original religious position.

## BIBLICAL & RELIGIOUS REFERENCES

“We believe in God, and that God has created us in his image. In being created in God's image, we are given his perfect immune system. We are bestowed with His gift, the immune system. We believe it is sacrilegious and a violation of our sacred religious beliefs to violate what God has given us by showing a lack of faith in God. Immunizations are a lack of faith in God and His way, the immune system.”

“We believe in Jesus' many promises of protection for us, and the He loves us, and will take care of us if we place our trust in Him. I believe that immunizations show no faith in God's promises of protection for us, saying to God that you trust man more than His holy words of protection for us.”

“God desires us to love Him and our neighbors first and foremost. This is His first command. By loving Him, we are to fully trust on Him for all things. He is our Lord Father. He is our Rock, our fortress and our Savior.”

“Our faith is in God and in the Holy Word, being the Holy Bible which is authored by God. This is the instruction book for living that He has left us and in it He tells us He is our protector and we stand firm on His promise. Our faith is in Him!”

“And hearing this, Jesus said to them, ‘It is not those who are healthy who need a physician, but those who are sick; I did not come to call the righteous, but sinners.’” (Mark 2:17)

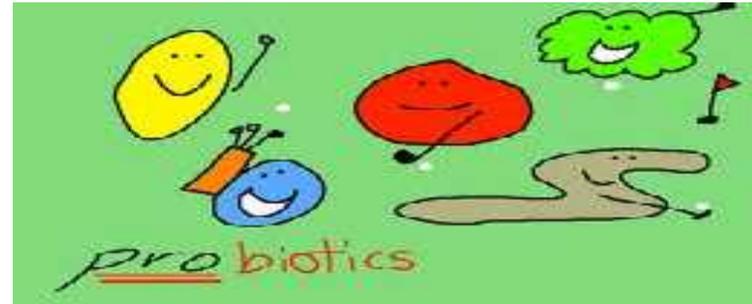
# **Vitamin D and Probiotics to the Rescue**

# Vitamin D

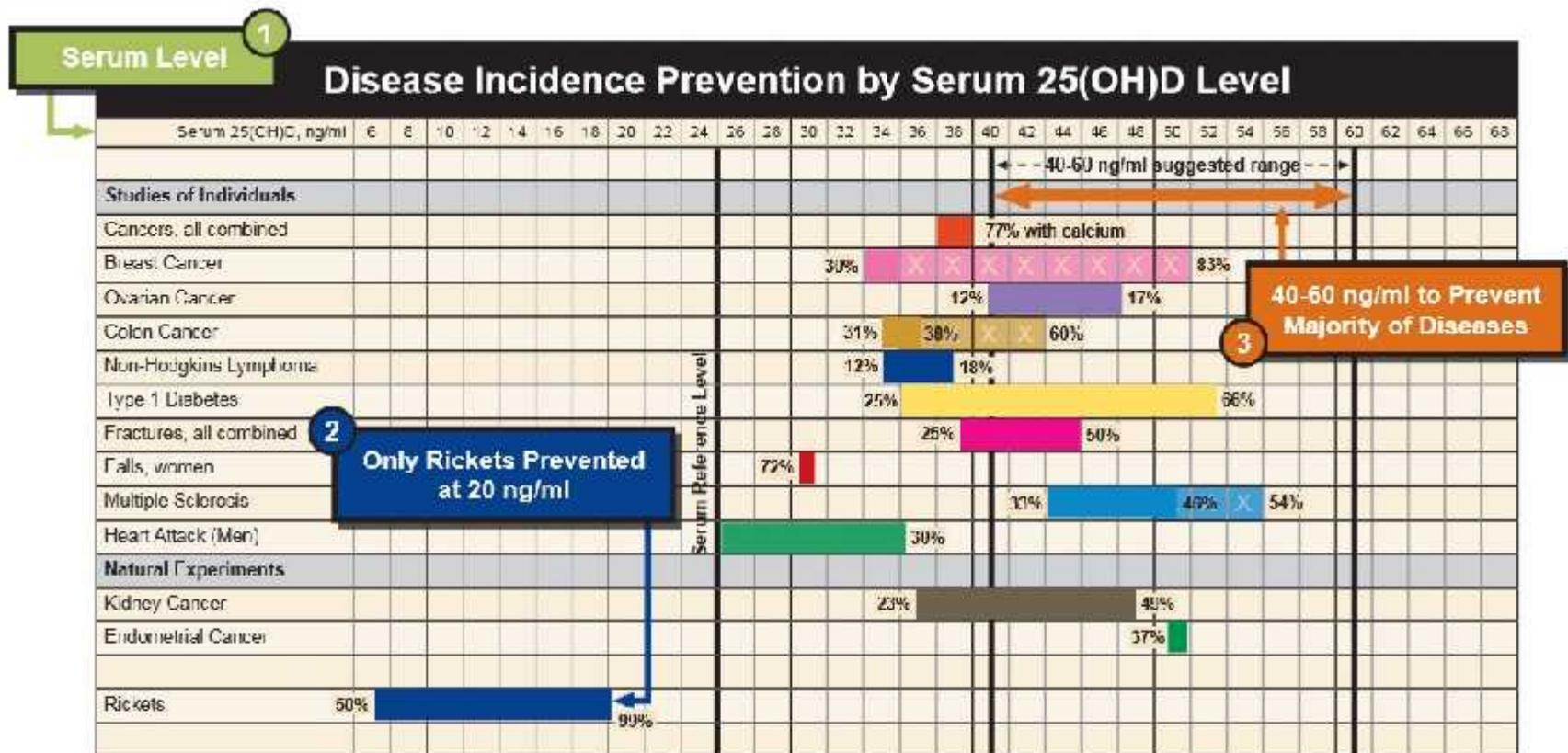


- **It's Not Just For Bones**
  - **Less Flu and colds**
  - **Less Back Pain**
- **Less Falls in Seniors**
  - **Less Cancer**
  - **Live Longer**
- **More Than Just Rickets**
  - **Less Autism**

# Probiotics



- **Less Heartburn**
- **Less Arthritis**
- **Less Asthma**
- **Less Hay Fever**
- **Less Colds and Flu**
  - **Less Infections**
- **Less Digestive Issues**
  - **Less Autism**
- **Health Maintenance**
- **Less Dental Cavities**
- **Less Colon Cancer**



**Legend**

All percentages reference a common baseline of 25 ng/ml as shown on the chart.

%s reflect the disease prevention % at the beginning and ending of available data. Example: Breast cancer incidence is reduced by 30% when the serum level is 34 ng/ml vs the baseline of 25 ng/ml. There is an 83% reduction in incidence when the serum level is 60 ng/ml vs the baseline of 25 ng/ml.

The x's in the bars indicate 'reasonable extrapolations' from the data but are beyond existing data.

**References:**

All Cancers: Lappe JM, et al. Am J Clin Nutr. 2007;85:1586-91. Breast: Garland CF, Gorham ED, Mohr SB, Grant WB, Garland FC. Breast cancer risk according to serum 25-Hydroxyvitamin D. Meta-analysis of Dose-Response (abstract). American Association for Cancer Research Annual Meeting, 2008. Reference serum 25(OH)D was 5 ng/ml. Garland, CF, et al. Amer. Assoc. Cancer Research Annual Mtg, April 2006. Colon: Gorham ED, et al. Am J Prev Med. 2007;32:210-6. Diabetes: Hyppönen E, et al. Lancet. 2001;358:1500-3. Endometrium: Mohr SB, et al. Prev Med. 2007;45:323-4. Falls: Bruce KE, et al. J Am Geriatr Soc. 2007;55:234-9. Fractures: Bischoff-Ferrari HA, et al. JAMA. 2005;293:2257-64. Heart Attack: Giovannucci et al. Arch Intern Med/Vol 163 (No 11). June 9, 2003. Multiple Sclerosis: Mungen KL, et al. JAMA. 2006;296:2832-8. Non-Hodgkin's Lymphoma: Purdue MP, et al. Cancer Causes Control. 2007;18:989-99. Ovary: Tworoger SS, et al. Cancer Epidemiol Biomarkers Prev. 2007;16:783-8. Renal: Mohr SB, et al. Int J Cancer. 2006;119:2707-9. Rickets: Amdur SB, et al. Pediatrics. 1970;Feb;57(2):221-7.

## Dr. Eisenstein's Minimal Vitamin D Recommendations

- At the first symptoms of a cold or flu  
1,000IU/ lb. daily for 7 days.
- 
- Examples:
- 50 lb daily            50,000IU daily.
- 100 lb daily           100,000IU daily.
- 150 lb daily           150,000IU daily.
- 200 lb daily           200,000 IU daily.

# Dr. Eisenstein's Daily Minimum Recommendation for Vitamin D

1. Pregnant and nursing mothers- -10,000IU
2. Children and Adolescents- 2,000-3000IU
3. Adults 5,000-10,000IU
4. Adults with Chronic Illness-10,000IU
5. Adults with Colds and flu -50,000IU 3-5 days or 1,000IU per lb. per day

The 25(OH)D blood test can determine your levels 100IU of Vitamin D will raise your blood levels approximately 1ng/ml

Normal Blood levels should be in the range of 60-80ng/ml  
Blood levels for chronic conditions 80-100ng/ml

# Think Outside the Box

- Chiropractors
- Naturopaths
- Homeopaths
- Advanced Nurse Practitioners
- Osteopaths
- Naprapaths



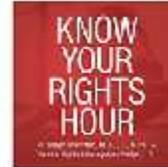
## No Shots, No School, No Sports, No Camp...**NOT TRUE!!!**

Dr. Mayer Eisenstein and Advanced Nurse Practitioner Jennifer Eisenstein are pleased to announce The Eisenstein Clinics for School, Camp, Sports Physicals and Wellness Clinic for those who have decided to exercise their right of Vaccine choice and Natural treatment. Dr. Eisenstein and his practice have cared for more than 50,000 children and more than 75,000 adults. There is virtually no autism, asthma, allergies, respiratory illness, or diabetes in his unvaccinated children and adults, an impressive statistic when compared to national rates. Most conditions can be treated with natural treatments.



### The "Eisenstein Clinics" Feature

1. Vaccine Choice Wellness Clinics
2. Pediatric Care
3. Women's Care
4. Men's Care
5. Metabolic Syndrome HCG Protocol (The Eisenstein Protocol)
6. Bio-Identical Hormone Therapy
7. Natural Treatments and more



NATURALNEWS **RADIO** DISCUSSING

### Know Your Rights Radio

Wednesday, 4-5pm EST, Hosted by Dr. Mayer Eisenstein & Vaccine Rights Attorney Alan Phillips

Dr. Mayer Eisenstein, M.D., J.D., M.P.H. and Vaccine Rights Attorney Alan Phillips, J.D. discuss your questions and concerns about vaccines, medical politics and your personal rights.

### Locations:

135 E. Algonquin Rd., Arlington Heights, IL 60005

1100 Sherman, #107, Naperville, IL 60563

847-329-2020



# See us at Booth 207

- Dr. Mayer Eisenstein and Advanced Nurse Practitioner Jennifer Eisenstein are pleased to announce the School, Camp and Sports Physicals Clinic for those parents who have decided on vaccine choice and a more natural approach to health care
- Dr. Eisenstein and his practice have cared for more than 50,000 children who were minimally or not vaccinated at all. There is virtually no autism, asthma, allergies, respiratory illness, or diabetes in his unvaccinated children, an impressive statistic when compared to national rates.

**Thank you**