

Windy City Tee Times

October 2013 Newsletter



Thanks a Bunch!

President's Message

Wow – can you believe the 2013 golf season has almost come to a close? I know we will have several die-hards golfing until it snows or swinging away at Top Golf all winter, but the official season really is winding down. I hope you all had a FUN season! Fun is part of our EWGA mission and I think we delivered!

Your 2013 Chicago Metro Board received some actionable feedback from you at the beginning of the season and we listened. We consciously “gave back” to our membership this year. We used our annual operating budget closely managed by Julie Suh and the sponsorship dollars that Vicky Condell worked so hard to get for us to *subsidize* events. Total event costs to you were lower! Sue Miller and Shirley Brown made meals simpler – lunch instead of dinner, order on your own and tried to make events more efficient so you could join us on the course but also tend to your families. We had some great learning opportunities like the Player Development leagues in the spring and the PGA education session AND wine event that Kelly Storm hosted at Bolingbrook in August. We had a record number of leagues coordinated by Susan Mura and lead by our awesome league captains and assistants. Carol Gouty and new webmaster Chris Busch have continued to upgrade our web-site so it’s easier to find things AND sign up for leagues and events. Liz Tallman and Cris Marik worked in tandem to recruit new members, meet the needs of current members and new this year – recognize member anniversaries for those achieving 5,10,15 and 20 years! Special competitive events continued his year thanks to the leadership of Ali Rogala. Joan Adamczyk helped us all work on establishing and lowering our handicap. And get this – Patricia Tripar is already working on sponsorships for the 2014 season!

We gave back to our local membership and we also gave to charities – the American Cancer Society, LPGA Girl’s Golf, Women’s Health First and the EWGA Foundation benefited from the money our chapter contributed. What a busy and successful season. It’s really not quite over yet – we have social events planned for Oct 24th all over the Chicago Metro area and a Food Pantry volunteer event in November. Check out the website and sign up today!

I’d like to personally thank all of our Chicago Metro Volunteers. That includes the Board, the League captains and assistants, the event volunteers – particularly those who helped sell “chances” to win prizes! A chapter is only as successful as the members make it and the Chicago Metro Chapter is a great success! It’s been my pleasure to hold the office of Chapter President for all of you – It’s been rewarding and FUN! Thanks for the opportunity to lead this organization.

Robin

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Just Golfers (& a little wine): A taste of EWGA: Oct 24th

Join your fellow EWGA golfers and friends for a casual night of wine tasting, and socializing! Bring a friend who is interested in joining EWGA! Light appetizers will be provided. Attendees are responsible for purchasing their own drinks and additional food.

Please register by clicking on the site you are planning to attend so that we can provide the venue with an idea of headcount, thank you!

[Wheeling](#) [Naperville](#) [Orland](#) [Downtown/BIN 36](#)

Education Tip of the Month

By [Kelly Storm](#)

Practicing your golf swing in the winter requires determination and some creativity -- if you live in a cold climate. Freezing temperatures and snow drifts make it hard to get outside to work on your chipping, putting and long shots. Despite that you should resist the urge to put your clubs away until spring. There are lots of drills and techniques you can work on to improve your swing even when it's cold outside.

Step 1

Work on strength and flexibility during the winter. Pro golfers such as Tiger Woods and Phil Mickelson often use the offseason to improve their physical conditioning. That alone won't improve your golf swing, but losing some weight and adding muscle can help you avoid injury and play better overall when the weather improves. PGA of America vice president Ted Bishop recommends at least 45 minutes of aerobic exercise four or five days a week. Following a fitness program designed by a personal trainer also helps, Bishop says.

Step 2

Find an indoor driving range to escape the cold. Practicing shots in a heated, domed facility is an option during winters in some cold weather areas. You won't be able to hit your [driver](#) and fairway woods the full distance indoors, but some domed facilities are open late into the evening, allowing you to [practice](#) your golf swing at night if you work during the day. Find indoor ranges by asking fellow golfers or check with your [club](#) pro.

Step 3

Swing a weighted club in your garage if an indoor driving range isn't an option. Weighted golf clubs are usually shorter than regular clubs, allowing you to swing them easily in your garage. The PGA of America recommends swinging a weighted club a few minutes every day to improve strength in your wrists and arms, and to increase your club head speed.

Step 4

Work on your grip indoors. If necessary have a professional golf instructor show you a proper grip, or buy a club at your local golf store with a training grip attached. Keep the club inside your house during the winter and work on your grip several days a week. While watching TV, grip the club during each commercial and hold it until the



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Commercial is over. Celebrity PGA teaching professional Michael Breed also recommends wrapping paper around the grip of a regular club. Practice holding the club with a grip so light that the paper doesn't make a crinkling sound. Breed maintains that this teaches you to hold a club without tension in your hands and arms.

Step 5

Practice golf at courses that are open during the winter. The Chicago area, for example, has some of the harshest winters in the country, yet some golf courses remain open year-round. Outdoor driving ranges with heated stalls are another option in some areas. Use the driving ranges to work on all your clubs.

Step 6

Get outside into your backyard on a nice winter day if golf courses or driving ranges are not an option. Swing a golf club 100 times without hitting any balls. Practice each swing as if it were the real thing. Working on your strength and flexibility, your grip and taking 100 practice swings as many days as possible during the winter could be enough for significant improvement in your swing.

Member Services News

By [Cristine Marik](#)

A BIG THANK YOU!!

As we wrap up another golf season and a successful year for the Chicago Metro Chapter, we want to recognize all of the volunteers who helped out along the way. This year we had a total of 74 volunteers—WHICH IS AWESOME! Thank you to each and every one of you for making a difference in our Chapter!

2013 Volunteers

Joan Adamczyk	Patsy Albrecht	Charlotte Allen	Sue Andersen	Michelle Aronson
Lisa Barrow	Shirley Brown	Naomi Buerkle	Kathy Burns	Chris Busch
Cathy Carmody	Sheryl Cheatham	Lizz Chung	Julie Clausing	June Courtney
Sandy David	Cheri Davied	Alice Davitt	Carol DeMarco	Aleda Downs
Tracy Faloon	Judie Feilen-Kocsis	Arlene Fine	Cindy Freeman	Carol Frieburg
Cathy Fuller	Sheryl Ghezzi	Marianne Gorzkowski	Christina Grimaldi	Nancy Haney
Michele Harland	Jennifer Hill	Noel Hoekstra	Sherrin Ingram	Stacey Jakes
Diane Johnston	Betteann Keslinke	Dena Lamb	Jennifer Lamp	Mary Leonard
Penny Link	Susan Lippa	Karen McClure	Dorothy McElligott	Kerry McLaren
Catherine McNamara	Joanne Miller	Karen Moretti	Marguerite Morrall	Sonya Morris
Susan Mura	Sue Myers	Linda Nagle	Beth O'Connor	Mary Ogle
Karen Perlman	Jackie Pomis	Kip Probst	Ali Rogala	Gwen Russell
Carrie Ruzicka	Stacey Rychlewski	Joy Siddhiteja	Helen Sigman	Beth Silenzi
Jenny Spence	Julita Stinebaugh	Laurie Taylor	Trudy Walk	Kris Ward
Mara Wasar	Jennifer Watson	Bev Wesolowski	Karen Wilmot	

Our “Volunteer of the Year” is Shirley Brown!!!!



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Chapter Board Transition

Our 2014 Chapter elections are now complete and our new Board will take office starting November 1, 2013. Another big thank you to our 2013 Board of Directors for all of their hard work and dedication. I know our new 2014 Board is looking forward to another great year for our Chapter.

2013 EWGA Chicago Metro Board – THANK YOU!

Chapter President – Robin Natzke
Communications Director – Carol Gouty
Golf Events & Activities Director – Sue Miller
Finance & Records Director – Julie Suh
Golf Programs & Services Director – Kelly Storm
Marketing Director (Nov 2012 – Feb 2013) – Vicky Condell
Marketing Director – Patricia Tripar
Member Recruitment Director – Liz Tallman
Member Services Director – Cristine Marik

2014 EWGA Chicago Metro Board – WELCOME!

Chapter President – Shirley Brown
Communications Director – Chris Busch
Golf Events & Activities Director – Sue Miller
Finance & Records Director – Julie Suh
Golf Programs & Services Director – Kelly Storm
Marketing Director – Patricia Tripar
Member Recruitment Director – Cindy Freeman
Member Services Director – Cristine Marik

If you have any questions please contact Cristine Marik, Member Services Director at
currentmembers@ewgachicago.com

Solheim w/ a Twist Results

Forty four women participated in the annual Solheim event at Oak Brook Golf Club. The weather was great. And fun was had by all. On-course golf events were won by Alice Davitt, Cheri Davied, Liz Talman, Carol Gouty, Nancy Haney, and Sue Blodgett.

The team of Dorothy McElligott and Chris Busch won the golf rules contest.

The partnership of Cris Marek and Julie Suh had a fabulous net score in the 60's and took home the first place prize!



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EWGA Chicago Metro Chapter 20th Anniversary Insignia Design Contest

To celebrate EWGA Chicago Metro Chapter's **20th Anniversary**, the Chapter wants to design a commemorative insignia to be utilized throughout the 2014 calendar year in Chapter marketing and promotional efforts. Chapter Leadership is inviting you-our chapter members-to submit proposed designs for consideration.

General Requirements (per EWGA HQ):

The 20th Anniversary Insignia can be used in tandem with the EWGA Chicago Metro's official Chapter logo on merchandise, print promotions (event flyers, business cards, correspondence, brochures, advertisements, newsletters) and online (electronic newsletters, communications/correspondence, chapter website) to highlight and celebrate this important chapter milestone, but cannot contain any of the same graphic elements as the Chapter's official logo. That is, you cannot use "EWGA" or the chapter name, or cut apart and use various parts of the chapter logo to make an insignia. They must be totally distinct pieces. An example is provided below showing the difference between the Milwaukee Logo and the Anniversary Pin they designed.

(EWGA Milwaukee, WI Chapter Used As Example).



The board has received permission from HQ to develop the insignia within the guidelines stated above. HQ also stated the following:

- In designing the insignia, you may use one of the single colors in the 3-color EWGA Chicago Metro Chapter Logo to complement the official Logo
- Designs cannot use your chapter name, "EWGA" or the graphic elements of the chapter logo within the insignia design.
- When using the chapter's insignia with the chapter logo, we will still need to follow all guidelines attendant with use of the chapter logo when adding an insignia to the marketing piece (i.e. the two graphics cannot be combined, altered/stretched, must maintain appropriate 'white space' etc.).

Please submit your insignia design by December 1st in digital format to:

events@ewgachicago.com Feel free to contact me with any questions at the same address.

Sue Miller,
Director of Golf Events



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Member Benefits at Golf Galaxy

Take advantage of our EWGA member benefits and shop at Golf Galaxy. This year's discount card is available electronically. Here's the link. http://www.ewgachicago.com/EWGA_Golf_Galaxy_discount_card.pdf
Happy Shopping!!!

Contact US

EWGA Chicago Metro 2013 Board

Chapter President -[Robin Natzke](#)

Events & Activities Director-[Sue Miller](#)

Member Services Director-[Cris Marik](#)

Member Recruitment Director-[Liz Tallman](#)

Golf Programs & Services Director-[Kelly Storm](#)

Finance & Records Director-[Julie Suh](#)

For More Information: Website: [ChicagoMetroChapter Home](#)

For General Inquiries, send email to info@ewgachicago.org or call 1-866-210-5306

Billing Coordinator: 1351 West Altgeld Street, Apt. 2H, Chicago, IL 60614

For all other inquiries: 1353 Regent Drive, Mundelein, IL 60060-2085

Marketing Director-[Patricia Tripar](#)

Communications Director- [Carol Gouty](#)

Handicaps- [Joan Adamczyk](#)

Billing Coordinator - [Lizz Chung](#)

Website – [Chris Busch](#)

2014 Board contact information will be in the November Newsletter!!!!

